ATOP MEANINGFULWORLD Minutes

DATE: 2 November 2026, 7:45 PM EST

Join Zoom Meeting
https://us02web.zoom.us/j/85277259844?pwd=T0ROd2psATnVOTUh4RWNUa1UrR Xhxdz09

Meetings are mandatory! We should always be present! However, things come up, and we understand that. However, let us know ahead of time & e-mail your report a day before to Dr. Ani. Only two meetings may be excused.

1. **A Moment of Silence:**

2. Current Research Projects:. Gamze

1. Kalayjian, A., Toussaint, L., Sen, G., & Bashayar, B. (2026). *Forgiveness and trauma symptoms in adults living in the West Bank and the Israeli-Palestinian region* [Manuscript submitted for publication]
2. Sen, G., Kalayjian, A., & Kuraner, E. (2026). Coping with isolation, loneliness and negative emotions: Online peer support & 7-step integrative healing model can be transformative. *International Psychology Bulletin, 30*(3).
3. Kuraner, S. E., & Kalayjian, A. (xxxx). *Thriving beyond trauma: Harnessing post traumatic growth through meaning-making & forgiveness.* In X. X. (Ed.), *Xxxxxxx* (pp. xx–xx). Xxxxxxx.
4. Kuraner, S. E., & Kalayjian, A. (2026). Firearm violence in a national and international context: Policies, risk factors, and protective measures—An integrative review. *Peace and Conflict: Journal of Peace Psychology.* Advance online publication.
5. Kuraner, S., & Kalayjian, A. (2026). Harnessing post-traumatic growth through meaning-making and forgiveness. In S. Singh et al. (Eds.), *Flourishing in everyday life: Science-backed advice from experts* (pp. nn–nn). Springer.
6. Kshtriya, S., Kalayjian, A., Lowe, S. R., Diakonova-Curtis, D., & Toussaint, L. (2022). Exploring the association between forgiveness, meaning-making, and post-traumatic stress symptoms: The case of Hurricane Maria in Puerto Rico. *International Journal of Educational Research*, 115, 102020. https://doi.org/10.1016/j.ijer.2022.102020
7. Kalayjian, A., & Sen, G. (2026). Nurturing peace through feeding and educating children: The case of slums in Uganda. *Peace Psychology Digest*, Issue 7.
8. Kalayjian, A., Albarqawi, R., Sen, G., Ummak, S., & Sipilian, P. S. (2026). Trauma, forgiveness, resilience, & meaning-making: International humanitarian relief in Uganda. *International Psychology Bulletin, 30*(1).
9. Kuraner, E., Kalayjian, A. (2026). Chapter 14 Thriving Beyond Trauma Harnessing Post Traumatic Growth through Meaning-making & Forgiveness. Toussaint, L. Editor.
10. Kalayjian, A and Takooshian, h. Creating a Global Network of Armenian Psychologists
11. Dr. Ani contributed forward for The Powerful She: Stories of 18 Women with LOVE, GRACE & COURAGE by Liza Boubari (2023)

https://www.amazon.com/POWERFUL-SHE-Stories-Women-COURAGE-ebook/dp/B0CH3V3WLH/

12. Our 6th book is published: ***A Journey of Empowerment, Healing and Transformation***. Kalayjian, A. (2023).
13. Invited to write a chapter on Horizontal Violence in Global UN Book
    Kalayjian, A., & Dolinar, A. (2023). Transforming horizontal violence globally. Trauma Psychology News, 18(1), 22-27. https://traumapsychnews.com
14. Submitted: Dolinar, A.; Kalayjian, A.; Huang, K. (2023). Trauma Mediated through Meaning and Forgiveness: Lessons from the 2020 Artsakh War. Int. Journal of Mental Health.
15. Sheehan, N. & Kalayjian, A. (2022). SDG #11 Making Urban Urban Cities Sustainable: Establishing Peace & Forgiveness Gardens. *Trauma Psychology Bulletin (Dr. Ani resubmitted.)*
16. Kalayjian, A., Huang, K., Sabbour, S., and Yasin, M. (2022). Grassroots Collaborations to Address the Trauma of Suicide: Establishing the First Suicide Prevention Lifeline in the Republic of Armenia. *International Journal of Mental Health*. doi 10.1080/00207411.2022.2083392
17. Toussaint, L., Kshtriya, S., Kalayjian, A., Cameron, E., & Diakonova-Curtis, D. (2022). Christian Religious Affiliation Is Associated with Less Posttraumatic Stress": Symptoms Through Forgiveness but Not Search for Meaning After Hurricane Irma and Maria. *American Psychological Association*. https://doi.org/10.1037/rel0000454.
18. Cameron, E., Kalayjian, A., Toussaint, L., Cunningham, F., Jacquin, K. (2021). Meaning Making Predicts Forgiveness as an Indicator of PTG with Stronger Effect for Natural Disaster, *Journal of Humanistic Psychology*.
19. Gorrie, C., Kalayjian, A. (2021). Post-War Recovery: Humanitarian Mission in Armenia. *International Psychology Bulletin*.
20. Sabbour, S. (2021). COVID-19 and Global Disparities: The Role of Civil Society and the United Nation. A research report was submitted on 01 April 2021 to the *Peace Psychology Bulletin*. 14. EPA Summary submitted to *International Psychology Bulletin* by Samer & Dr. Ani.
21. Special Issue on Positive Psychology was posted in the RUDN *Journal of Psychology and Pedagogics*, Russia, Dec 2020, Dr. Ani's article is entitled: Meaning-Making, Forgiveness, and Gratitude: Nurturing a Healthy, Peaceful, and Prosperous Haiti. http://journals.rudn.ru/psychology-pedagogics/issue/view/1391
22. Kollemeier, M. & Kalayjian, A. (2021). Nurturing Ecological Consciousness: Incentivizing Establishing Urban Green Spaces. Submitted on 05 March 2021 to the *Trauma Psychology Bulletin*.
23. Davidovich, R., Taylor, J., Kalayjian, A. (2021). Cultivating a Meaningful World View with Seeds of Forgiveness. Commemorating United Nations Universal Declaration for Human Rights, and Prevention of Genocide Forgiveness: Religious Perspectives. *Int.Psychology Bulletin*. http://div52.net/ipb-2021-25-1/.
24. Kalayjian, A. (2020). Disaster Preparedness and Healing: Nurturing Meaning-Making through the 7-step Integrative Healing Model. Crisis Management and Technologies Scientific Journal. pp 136-147. *Publication of the Armenian Ministry of Emergency Situations, Psychological Crisis Academia.*
25. Dr. Ani was invited to share a chapter on Post-Traumatic Growth by Prof Loren Toussaint, Emre will co-author ***Chapter 14. Thriving Beyond Trauma: Harnessing Post-Traumatic Growth.*** focusing on interventions to promote post-traumatic growth, which facilitate positive psychological adjustments after trauma. It explores techniques like narrative therapy and social support development, aiming to promote resilience, personal growth, and renewed purpose.

Ongoing Projects: Gamze and Bashayar

COVID Support Group Research: Dr. Ani

- Submitted: Review Of General Psychology 8 Jan, accepted with a few edits

Guatemala Research:

- Submitted to Peace and Conflict
- Update on Guatemala Research Paper: Revise and Resubmit Decision (APA Journal of Peace

Psychology)

Uganda Research (Dr. Ani, Romance, Gamze, Sena)

- Dr. Ani emailed data to statistician to run more tests
- A short version was submitted to Society for. Global Psychology (SGP/Division 52 APA), Feb 1st, 2026, published. February 25, 2026 as listed above in #4

Racial Justice Dr. Ani

- It was submitted to the *Journal of Peace Psychology* but was not recommended for review.

#RealLifeHeroes: MeaningfulWorld Humanitarian Mission Volunteer Interviews. The initial invitation to complete the Volunteer Functions Inventory.

2024 Armenia Mission Surveys Dr. Ani, Yeva, Paulina

- Received 25 surveys from a recent mission - to be incorporated with AI/ EI paper and HV paper.

AI and EI: need to be developed

Horizontal Violence: Peace and Conflict request for submission

1. A new survey has been spreading to collect data -Invitation from Lexington Books on Horizontal Violence in different nations
- Short, 1500-word concept papers with a connection to the United Nations SDG goals (i.e., human rights, gender equality, climate change) What is the UN doing? What are other INGOs doing? What is ATOP MeaningfulWorld doing?

Middle East paper: Gamze and Bashayar

-submitted to Psychological Trauma: Theory, Research, Practice, and Policy October 21th

Lateral/Horizontal violence: - Gamze, Bashayar

- **Cultural Diversity & Ethnic Minority Psychology** this is the target journal

Conclusion and abstract is missing

Volunteering - two new research ideas are in the process of revival: : Gamze, Bashayar

1. **Humanitarian Mission Volunteers -** semi-structors interview questions
2. **Volunteer Functions Inventory (VFI) review -** Quantitative online

CHAPTER!

Meaning-making & Forgiveness: Pillars for Peace Building & Conflict Transformation-*Chapter in Dr. Gruyter's* ***Handbook of Peace Psychology.***

- Submitted the 1st Draft chapters submitted to the Editors (Sep 27th)

Lessons learned: Be well organized, have all details, talk with all research partners,
How to make meaning after a failure??

3. Media Update, Dr. Ani Kalayjian interviewed and quoted in: *Watch at least one video a week & post reviews on WhatsApp*

(Dr.Ani encourages everyone to promote their work and position from MeaningfulWorld to their local paper.)

1. 2026 26 Sept, UN International Day of Peace @ MeaningfulWorld 2026 UN International Day of Peace MW
2. Forgiveness Series 5: Forgiveness is Possible Despite Denial YouTube
3. Humanitarian Mission in Senegal YouTube
4. 2026 16 June. MeaningfulWorld Commencement Message- Dr. Dana & Rev Juliehttps YouTube
5. 2026 MeaningfulWorld Ambassador Graduation YouTube
6. 2026 April. Humanitarian Outreach Mission Senegal Summary. Senegal Mission Summary

7. 2026 March. Dr. Kalayjian interviewed on Generational & Horizontal trauma. Dr. Ani Kalayjian Tackles Generational Trauma through the Gift of Forgiveness - The Armenian Mirror-Spectator
8. Humanitarian mission published in "Autumn 2025 International Psychology Bulletin Issue" - https://div52.net/ipb-2025-29-3-1/
9. Dr. Kalayjian Interviewed on Radio 2050
10. 2025 9 Nov. Disaster Relief Training in Philippines
11. Armenia and Georgia Mission - https://armenianweekly.com/2025/11/11/meaningfulworld-and-absa-return-from-humanitarian-mission-in-armenia-and-georgia/
12. What is "crab disease" and how does it affect Armenian society? Psychologist Ani Kalayjian. "Voice of the Diaspora" https://hy.armradio.am/archives/689747
13. Board of Directors - https://aptsdr.org/about-us/advisory-board/
14. Genocide - 10 Questions 10 Answers https://open.substack.com/pub/heidikingstone/p/genocide-10-questions-10-answers-748?r=97dl&utm_campaign=post&utm_medium=web&showWelcomeOnShare=true
15. 16 May 2025 Dr. Kalayjian will be interviewed on Talk Radio on Non profits
16. 2 May 2025, Dr Kalayjian received the highest Medal of Honor from Columbia University, at Teachers College- https://voiceofarmenians.com/programs/dr-kalayjian-received-medal-of-honor-from-columbia-university-at-teachers-college
17. Feb 24 2025, Dr. Kalayjian Interviewed by TalkRadioNYC- https://www.youtube.com/live/hOFG2mm5tRY?si=obEWS7u99t0qS1Xx
18. Dr. Kalayjian: KCBS Radio Interview, Jan. 12th- Is alcohol losing popularity and being replaced by other substances?
19. Dr. Ani was named new chair for the International Program Committee of Eastern Psychological Association from 2025-2027.
20. A Short Film About Our New Plans in 2025: Women's Health in War Torn Areas
21. Holiday Healing Party 2024-https://www.youtube.com/watch?v=QIOYpAZw8OY
22. Voice of Armenians.com repost of ATOP MeaningfulWorld Holiday Healing Party 2024- https://voiceofarmenians.com/programs/pamper-yourself-atop-meaningfulworld-gratitude-healing-holiday-party
23. Summary of A mission in Armenia published Fall 2024 International Psychology Bulletin- Global Perspectives and Collaborations
24. WAFUNIF President Liliana Bucur Cress speaks with Dr. Ani Kalayjian of MeaningfulWorld https://www.youtube.com/watch?v=2mVcckIvT5s
25. Dr. Kalayjian interviewed on ™ benefits of integrating ™ Meditatoin https://drive.google.com/file/d/16Jt_dn_2EFLGgPCHRFDcuOnFLAMkeZ5f/view?usp=drive_link
26. MeaningfulWorld Humanitarian Mission in Uganda: https://www.youtube.com/watch?v=gb38be4-KnA
27. MeaningfulWorld Humanitarian Mission post Azeri ethnic cleansing in Nagorno-Karapagh (Artsakh)! https://youtu.be/AllvXJ7Tqh8?si=0dmYnHDi_jJCMd6t
28. https://www.facebook.com/share/v/V7vfk5ZjV1tBuCbs/?mibextid=WC7FNe
29. Bari Luys Program at Armenia TV - https://shorturl.at/x0zpF
30. Areveik Media - https://shorturl.at/9JGnu
31. YSU https://www.ysu.am/sci/764/articles/55930
32. Empty Chair: How to cope with multiple losses during COVID-19 Pandemic!
    a. https://youtu.be/g5166MnCSoI
33. Voice of America: Impact of anger in Armenia
    a. https://youtu.be/7J9PsyyFIjM
34. Impact of war in 2020 in Armenia https://youtu.be/bVU3X0CSrCE
35. How to manage anger? https://youtu.be/7J9PsyyFIjM

36. Here is the published article - I was interviewed regarding psychological consequences of hostages, on CNN! https://www.cnn.com/2023/11/28/health/the-severe-psychological-impacts-released-hostages-detainees-may-face
37. MeaningfulWorld Humanitarian Mission post Azeri ethnic cleansing in Nagorno-Karabakh (Artsakh)! https://youtu.be/AllvXJ7Tqh8?si=0dmYnHDi_jJCMd6t
38. https://aptsdr.org/?fbclid=IwAR3PNfosrhUza0uDNL7e9r6Nh4UuwyYFbQD3SqChgcmiYblv58NtC7JExnI_aem_AfYOEAcY05-75-2uu3wV6pqIfSH6yhCZLVMUD2rOWpDJaSMln_umYF90KEX1jD4hkAI
39. https://youtu.be/vswr8J4PjUM?si=oHvQqAwLdb44AwQ
40. https://www.facebook.com/share/v/V7vfk5ZjV1tBuCbs/?mibextid=WC7FNe
41. https://youtu.be/CTMmvi3U8pc
42. How to manage our negative emotions!
43. https://youtu.be/zLLlbj8v_9w?
44. «Իմաստալից աշխարհ»–ը օտարներին ծանոթացնում է հայկական հարցերին. «Ափյուռի ձայնը» https://hy.armradio.am/archives/571823
45. Dr. Ani interviewed by TM international-
    Ani Kalayjian - GMT20240812-173023_Recording_1600x720.mp4
46. MeaningfulWorld Celebration of UN International Day of Peace 2024- https://www.un.org/en/observances/international-day-peace
47. ATOP Meaningful World's Celebration for the UN International Day of Peace 2024 (voiceofarmenians.com)
48. 2024 27 April Preventing Genocide, & Nurturing Human Rights at Fordham U.
49. https://voiceofarmenians.com/programs/genocide-prevention-upholding-united-nations-human-rights-declaration-and-sdg-s
50. 2024 April Genocide Prevention, PA: https://www.albustanseeds.org/news/philadelphians-mark-1915-armenian-genocide-and-ongoing-displacement
51. 2024 Humanitarian mission in Uganda, Interview on GNTV:
52. Mental Illness and Trauma with Dr. Ani Kalayjian President Meaningfulworld USA - YouTube
53. Dr. Ani Kalayjian interviewed on benefits of TM with Mario Orsatti www.tm.
54. https://drive.google.com/file/d/16Jt_dn_2EFLGgPCHRFDcuOnFLAMkeZ5f/view?usp=drive_link
55. 2024 Humanitarian Mission to Uganda: https://www.youtube.com/watch?v=gb38be4-KnA
56. 2024 Humanitarian Mission to Armenia: https://youtu.be/yR4oPG2UT00
57. Dr. Ani's program from her mission in Armenia- https://voiceofarmenians.com/programs/genocide-prevention-upholding-united-nations-human-rights-declaration-and-sdg-s
58. https://voiceofarmenians.com/programs/genocide-prevention-upholding-united-nations-human-rights-declaration-and-sdg-s
59. Dr. Ani's lecture on Armenian Genocide at the American University of Armenia- https://newsroom.aua.am/2024/05/15/aua-hosts-dr-ani-kalayjian-lecture-armenian-genocide/#prettyPhoto
60. https://newsroom.aua.am/2024/05/15/aua-hosts-dr-ani-kalayjian-lecture-armenian-genocide/?fbclid=IwZXh0bgNhZW0CMTEAAR0win3jY4WE2A2kqhT5CtLQ9Fpc2O6AyqaQP3f_tj1XbJFqIz9Vy5f-F3Q_aem_AeFzxsg7roun5ViKh2hJrasbj3iuLBiCJ3K35UbdeXTCKLYDeD1RED86Hh1cikoRhn8MJYyNVB9Lcy1O_iXuR6ms#prettyPhoto
61. Dr. Ani's keynote address at Global Transformation Project. U.N. Affiliated Mind Body Healing Program for the World's Traumatized. - YouTube
62. Dr. Ani interviewed about SAD in an online health magazine. YouTube
63. Armenia Mission Film on YouTube
64. Dr. Ani interviewed on CNN.com on psychological impact for hostages released in Palestine.
65. 10 and 17 Oct on Armenian Radio, Dr. Ani discussed psychological impact of Azeri invasion & ethnic cleansing

66. 26 October - Cable TV program with NYSPA and Dr. Ani
67. 29 August 2023 Fordham University hosts forum on "unheard voices" of the Armenian Genocide- https://armenianweekly.com/2023/08/29/fordham-university-hosts-forum-on-unheard-voices-of-the-armenian-genocide/
68. 30 June, 2023 Dr. Kalayjian gave a short presentation on the Interfaith Conference
69. 2023 The National Digest: Dr. Kalayjian, Helping Survivors Find Meaning in Trauma - http://bitly.ws/QSRS
70. 12 May, 2023 Dr.Kalayjian featured on National Digest
71. May 08, 2023 Sona Hakobyan interviews Dr. Ani for Voice of America
72. https://fb.watch/kom-Z3pKcq/?mibextid=l2pjGR
73. May 04, 2023 9pm Dr. Ani discusses gun violence with Dr. Aranda on Tribuna TV
74. April 28 2023 9pm Dr Ani will be interviewed on noise pollution
75. https://www.tribunatv.us/05-04-2023-el-show-del-dr-roy-aranda-85-con-dr-ani-kalayjian-alyssa-blanejewski-dr-peter-kanaris/
76. 2023 TribunaTV USA: Coping aftermath of earthquake in Syra & Turkey. Guest speaker Dr. Kalayjian, 2023 - https://rb.gy/0qyyp
77. March 15 2023 Dr. Ani discusses Gender Equity and transforming Gender Stereotypes with Tatev March 10 and 30 2023 Dr. Ani interviewed by Voice of America - Link forthcoming
78. 16 Feb. 2023 live TV show, on Disaster Awareness, Stages, Coping, Preparedness & Resources. Dr. Aranda interviewed Dr. Kalayjian:
79. May 25, 2022 Dr. Ani was interviewed by Roy Aranda, on mass shootings and hate-based violence on TribunaTV
80. https://www.tribunatv.us/category/videos-on-demand/roy-aranda/
81. *April 29, Interview* with Bogota, Columbia, on collective trauma of mass shootings in USA
82. April 28, Radio Free Europe, interview on Psychological impact of war in Ukraine for soldiers and families
83. April 27, Interview with journalist in Bogota, Columbia, on opioid crisis in USA in *Ahora International*
84. April 25, 2022 Dr. Ani was interviewed by Chelsea Greenwood, a Freelance Writer at InStyle on the effectiveness of EMDR treatment
85. December 2021. Dr. Kalayjian interviewed for "What the Pandemic Has Done to Our Memories: Experts Offer Coping Strategies:"
86. https://www.nbcnews.com/health/health-news/pandemic-memory-problems-omicron-stress-rcna9686.
87. 02 December 2021. Dr. Kalayjian was interviewed by Alan Mozes, a HealthDay reporter, on "Omicron Latest Mental Blow to Americans Exhausted by Pandemic:" https://consumer.healthday.com/12-3-omicron-is-latest-mental-blow-to americans-exhausted-by-pandemic-2655888219.html.
88. 23 October 2021. Dr. Kalayjian was quoted in the Washington Post in an article discussing Seasonal Affective Disorder: https://www.thelily.com/your-coping-kit-for-another-pandemic-winter
89. 10 October 2021. Dr. Kalayjian was interviewed on KCBS, Radio in San Francisco, on World Mental: https://www.audacy.com/kcbsradio/podcasts/kcbs-on-demand-20757/its world-mental-health-day-this-years-theme-is-mental-health-in-an-unequal-world-831387647.
90. 09 October 2021. Prayers for Humanity. Dr. Kalayjian was the keynote speaker on Spiritual Empowerment through EQ, gratitude, and forgiveness: https://www.facebook.com/100000939733365/videos/404158811308663/.
91. 26 June 2021. Presentation at North American Yoga Festival, presented on our 7-steps, focusing on Soul-Surfing.
92. 31 March 2021. Dr. Ani was interviewed at Seton Hall University regarding April events and the Armenia mission:

https://youtu.be/bVU3X0CSrCE.

93. 10 February 2021. Dr. Ani was interviewed by Faith Ritter, BeneFit Personal Training, stress & weight gain, emotional eating.
94. SAD during COVID, interview with Dr. Kalayjian: https://www.vitacost.com/blog/seasonal-affective-disorder-pandemic-de pression.
95. 02 December 2020. Dr. Ani was interviewed by Kelsey Ogletree, on SAD during COVID.
96. 04 December 2020. Dr. Ani was interviewed by Liz Sauchelli, Healthy Women: https://healthywomen.org.
97. 16 November 2020. Dr. Ani interviewed re SAD during COVID & Light Therapy by Allison Chiu.
98. 27 October 2020. Dr. Ani interviewed on radio, Benefits of Personal Training, Affordable Fitness at home.
99. 24 August 2020. Dr. Ani was interviewed on BronxNet TV: The Bronx Social Justice and Anti-Violence Forums: https://www.youtube.com/watch?v=ur1m30vD90Y&feature=youtu.be.
100. 19 June 2020. Dr. Ani was interviewed on BronxNet TV's on Perspectives on Psychological Impact of Racism: https://www.bronxnet.org/watch/videos/9919/.
101. 20 June 2020. Dr. Ani was interviewed at the UNILAG Television, Channel 184, by Mr. Lamu in Nigeria.
102. 18 June 2020. Dr. Ani was interviewed at the UNILAG radio, 103.1 FM at Lagos in Nigeria.
103. New interview with Dr. Ani at the National Honor Society in Psychology (Psi Chi), was released
104. https://m.facebook.com/story.php?story_fbid=3010465169024476&id = 100001830666317.
105. TribunaTV USA: Coping with COVID, Coping Strategies. Dr. Aranda & Dr. Ani Kalayjian, 2020 - http://bitly.ws/QSRZ
106. January 2019. Healthy Body, Dr. Ani interviewed on "SAD Seasonal Affective Disorder, Feeling Sad? Winter May Be to Blame?:"
107. https://www.sanctuary-magazine.com/jan-19-healthy-body.html.
108. 06 April. Dr. Ani at St. Gregory Church:
109. http://voiceofarmenians.com/programs/dr-ani-kalayjian-meaningfulwo rl d-guided-by-love-peace-passion-and-meaning.
110. Dr. Ani was interviewed by Psi Chi, Honor Society of Psychology: https://www.psichi.org/page/ PodcastSeason1.
111. August 2019. Dr. Ani was interviewed and quoted in AGBU New Magazine on Psyche and Family History https://agbu.org/news-item/agbu-news-magazine-august-2019/.
112. Nanar wrote an article about Fordham University Diaspora Forum that Dr. Ani participated in: https://armenianweekly.com/2019/12/04/diaspora-armenia-relations-do minate-fordham- university-forum/ & https://www.aesa-ne.org/post/aesa-ne-participates-in-nyc-forum.
113. 10 December. Dr. Ani was interviewed for an article dealing with winter sadness in Woman's World Magazine (waiting for link).
114. 25 September 2018. Dr. Ani was quoted in the Washington Post in an article discussing Seasonal Affective Disorder: https://www.washingtonpost.com/weather/2018/09/25/weather-is-makin g-us-sad/.
115. Self-Care Video: https://www.youtube.com/watch?v=WET34N9htNw.
116. Soul-Surfing Video: https://www.youtube.com/watch?v=nk-aedntLWs.
117. Dr. Ani on APodcast: Psychotherapy and Integrative Healing: https://www.youtube.com/ watch?v=z7WJaeDN8i8.

118. Armenia Mission 2019: https://www.youtube.com/watch?v=hwzQJG2LUYs.
119. Ecological Consciousness During Times of Global Pandemic: https://www.youtube.com/watch?v=aC8XQ2Z_YGE.
120. Dr. Ani Kalayjian, Poetry Series: Please Call God: https://www.youtube.com/watch?v=LJdxy8VF1Mo.
121. Dr. Ani Kalayjian Poetry Series; Love Will Prevail: https://www.youtube.com/watch?v=406kaBbCqZo.
122. Dr. Ani Kalayjian Poetry Series; The Other Side of Love: https://www.youtube.com/watch?v=cvz4qz7JTDs.
123. Dr. Ani Kalayjian Poetry Series; Let Love Transform You: https://www.youtube.com/watch?v=AiAWuCxeORE.
124. Dr. Ani Kalayjian Poetry Series: COVID-19 Phone Call: https://www.youtube.com/watch?v=oRekOIeSZ34.
125. MeaningfulWorld Celebration of Graduates 2020: https://www.youtube.com/watch?v=JDxfy9sL13E.
126. Dr. Ani Kalayjian Poetry Series: Terminal 3: https://www.youtube.com/watch?v=Q9n3Bc94osg.
127. MeaningfulWorld 16 July 2020 Panel Discussion Transforming Racism: https://www.youtube.com/watch?v=d2UXdm6L9q8.
128. Real Life Heroes MeaningfulWorld 2020: https://www.youtube.com/watch?v=gi5MyhTW9uc.
129. Help us to begin conversations with people worldwide and help us transform the trauma of racism: https://www.youtube.com/watch?v=EI7ns20xThs.
130. Forgiveness Series - Part 1, Myths on Forgiveness: https://www.youtube.com/watch? v=CrPJxn5-r0I.
131. "Forgiveness is Liberating" MW Forgiveness Series Part 2: https://www.youtube.com/watch?v=eEsBSSVFfBA.
132. Dr. Kalayjian on CBS Evening News- https://youtu.be/P0I6wnggFUk?si=XVayUsI4gS2rQDaq
133. Feb 2005, Humanitarian Relief In Sri Lanka, Post Tsunami- https://youtu.be/L3bzYaXPsXQ?si=-vNZuDLduh0CzwXg
134. May 18, 2003, Turkish Armenian Relations Chaired by Dr. Kalayjian- https://youtu.be/nd5kwsVJj_o?si=p2jQ_LhW8dNqzopP
135. Post 9 11 2001, Terrorism Relief- https://youtu.be/Vx8D4_gWGek?si=ILVum0Fq5rSW48bk
136. 7 April 1995, Genocide & other Human Rights Violations, St Vartan Cathedral- https://youtu.be/vnxzRrU7Ruc?si=55tks34GheQ0i1Jg
137. Feb 1989, Dr. Kalayjian Earthquake Relief In Armenia- https://youtu.be/IX6lIDS-7Rk?si=Rl3NazFWd5rk_Tyi

4. UN Update: Dr. Ani March is 8-19 March 71st CSW & 10 June graduation

a. AI & EI: Challenges for Empowerment of Women & Girls Globally. 189 attendees virtually.

UN team members must follow UN, UNICEF, UNDP, UNDGC, UNIFEM on Social Media

b. 25 April, 2026. Conference on Genocide Prevention at Fordham was great but very low attendance
c. 21 June International Day of Yoga.
d. 19 June, Juneteenth Obolish slavery
e. 21 Sept, International Day of Peace Peace post for social media, deadline 28 August,
f. 24 Oct. UN Foundation day
g. 10 Dec. Human Rights Day

Videos from 25 April Genocide Prevention:
1. #Kwibuka30 - Rwanda, from despair to hope: https://youtu.be/IJ_wUrS1Kd8?si=mjxTTCuUr_EJTu3d
2. Faces of Persecution - Genocide 2.0 - Sizzle Reel: https://youtu.be/EFhAiCM6LeY?si=dH49f4rougXSViAo

5. Intern Update: Lily Manukyan- Team Coordinator
Davit Arutuinian- New Intern davit.arutiunian.e@gmail.com

Lida Asilyan (completed her term)
Nairy Bzdigian (completed her term)

<u>Intern Fair</u>
Hunter College Tuesday October 6, 2:00pm-4:00pm, in person, no volunteers
CUNY BMCC Wednesday Oct. 7, 1:00pm-4:00pm, in person, Dr. Ani & Kartikay

A. **NEW OPPORTUNITIES:**



Intern Call– UN Interns, Ed Intern, Grant Writer
Interviewed- Caroline Knight

Please continue to disseminate info through your social media networks, University departments, colleagues and peers!

- Please remember SMART goals are due THURSDAYS!!!

B. Please make sure to do your SMART Goals!

C. **REMINDERS**

**** Check in with Dr. Ani <u>EACH WEEK</u>* CONSISTENCY is expected!!**
*****SMART Goals are DUE on Thursdays!**** This is a <u>mandatory requirement</u> as part of your internship and upcoming graduation. Please email weekly submissions at (and cc Dr. Ani) ***Zero tolerance for delayed goals! *** Team members are encouraged to Read 1 article and Watch 1 YouTube video each week. Report in your SMART Goals and post reflections in the WhatsApp group to keep us connected & engaged during the week!***
**** Reading published articles on our website, commenting on WhatsApp team chat.**

- **Weekly reminders set**

**** Subscribing to our Youtube channel, forwarding to your circles!!**
**** Everyone needs to follow our organization and one another on socials!**
**** Quarterly Review Feedback:**

- **MeaningfulWorld has helped with goals towards our future careers.**
- **Website Improvement: In progress**

6. Graduate Fellowship: Avani Rocio Kaur Sihra, Interviewed, no agreement re contract
7. Humanitarian Outreach Missions: Dr. Ani

10-24 February: Mission to Nepal and India, Dr. Ani, Dr. Shayla,

4-17 April 2026, Mission to Senegal, W. Africa. Dr. Ani, Natalia, Lori, IRB approval from Luther College,

7-23 Oct. 2025 Armenia & Georgia - Following up with Artsakh individuals following ethnic cleansing by Azerbaijan.

- Reached 600 people directly through workshops/seminars and 2 million people indirectly through radio and published articles

A. **2024 Missions 18 June to 1 July**

- Uganda: Dr. Ani, Romance, Margo
  - Continuing to raise funds for children "Feed & Educate the children in Slums, $125 per month of feeding healthy food to 90 children & teaching them empathy(until January), EQ
- Armenia (28 Apr-12 May): Continuing with monthly TM Meditation
- Palestine: Dr. Ani & Romance, zoom support group for the Palestinians. Their TM teacher joined our support group Basma Abu Sway. We have had 4 meetings, and we donated $200
  - Arabic translation of 7 Steps and Managing Emotions handouts by 07 Sep 2024

* Turkey: Initial meeting was held on Saturday 5 Oct. Collaboration with TM and trauma healers. Dr Ani to do separate workshop on 7 step healing

***Palestine, Syria & Lebanon**: Looking for volunteers for mission 2nd week of June. Contact Dr. Ani if interested

***Philippines - 7 step healing model, training on 9 November, 59 people registered**

***Ethiopia -zoom training**

*** Vermont: Burlington. 68 people attended, lawyers, investigator, social workers, nurses, psychologists**

8. Monthly Self-Care & Development Workshops: **Kartikay**

Upcoming Workshops:

- 31 October 2026: Stage II- Disaster Relief and Mindfulness (VS: Lori Henrikson) sound healing
- 21 November 2026: Stage III - Conflict Transformation & Peace-Building (VS: Dr. Andrew Han)
- 5 December 2026: Healing Party
- **2027**
- 27 February 2027: Self Care, Dr. Anita Vestal
- 27 March 2027: **Frédéric Giraud**
- 24 April 2027 : Dr Robert Hoyt
- 22 May 2027 : Micheal R Montgomery

Our Roles:

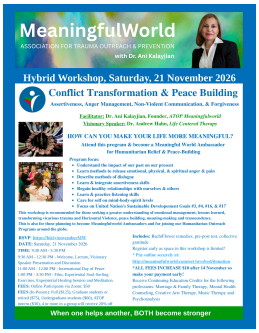
October: weekly support group, 31st workshop

Facilitate: Kartikay, Soul-Surfing: Davit, Logistics: Kartikay, Summary: Bashayar, Davit

21 Nov: Facilitate, Lori; present, Kartikay; summary, Gamze; Soul-Surfing, Mariam

Monthly Workshop

21 November -



5 December - 

9. Grants Update: Need a coordinator

August is my last month at ATOP and it's been wonderful to work with all of you, thank you for everything. Here is the list of things I will be working on and finalizing this month.

- This is the grants pipeline and handover document with grants I have applied or will be applying for this month, and the rest will be handed over to the new Grant Coordinator:
  Grants Pipeline & Handover Strategy Worksheet
- Applied for Costco Grant, which unfortunately was not accepted; we heard from them just recently.
- Up next is the American Psychological Foundation (APF) grant, which I am drafting; will be ready by this Thursday for Dr. Ani's review.
- We sent a couple of LOIs to different orgs, including Taylor Swift and her husband, Gulbenkian Foundation; Ellie helped to draft one for Rockefeller foundation and one for Humana Foundation is in progress.

10. Social Media Update: (Mariam Manucharyan) *Need more engagement on social media* Social Media Report

I wrote my report for September, I am not sure if I would be able to stay awake this time) But remember I am there with you even while sleeping. Thank you!

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It is encouraged that everyone turns on their post notification for MeaningfulWorld on instagram to remind everyone to like, share, and comment on each post.

- Facebook Page, Facebook Group, Twitter , LinkedIn & Instagram
- 1-minute video post- Your role at MeaningfulWorld, How the opportunity has helped you.

This month we raised more than $1400 for Dr. Ani's birthday fundraiser, through actively sharing and social media. Still we have a lot to go! https://gofund.me/097525a01

2. Platform Performance & Metrics

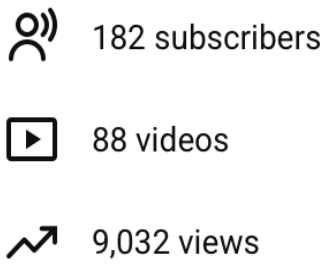
LinkedIn Revitalization

- **Status:** Account successfully reactivated with regular posting schedules reinstated.
- **Audience:**A total of **2,724 followers**.
- **Active Audience:** Currently averaging **110 active page viewers**.
- **Action Plan:** Implementing a targeted outreach campaign over the coming month to boost page interactions, connect with aligned professionals, and foster meaningful institutional relationships.

YouTube Content Growth

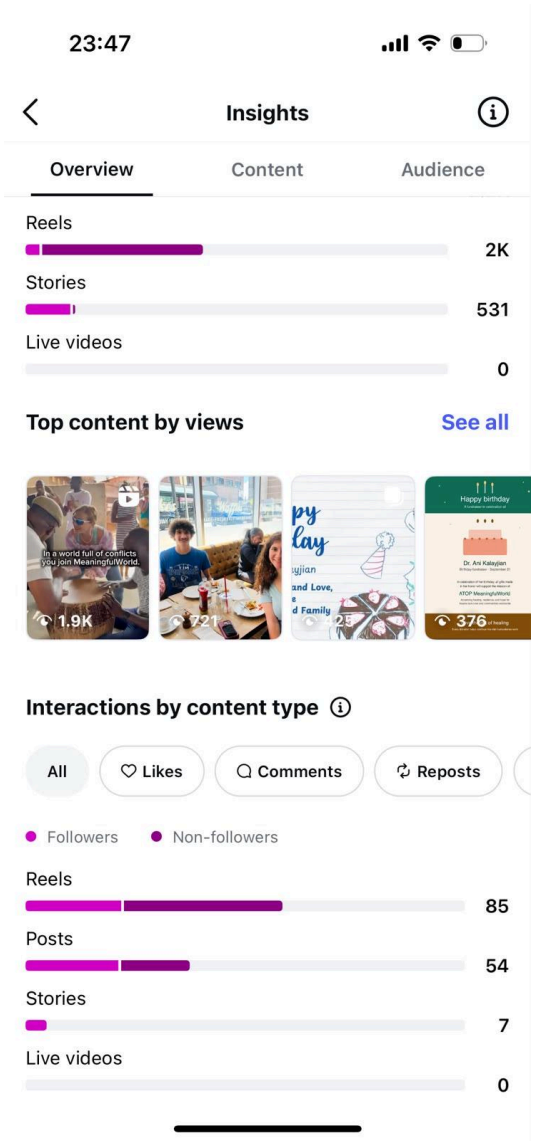
- **New Uploads:** Published **1 new video**
- Nurturing Sustainable Peace through Emotional Intelligence | UN International Day of Peace 2026 (https://youtu.be/0ppQ2SXK8es)
- **Impact:** Expanded video library footprint to improve multi-channel engagement and long-form story sharing.

Here is the engagement on youtube.



Social Media (Instagram, Facebook) - reached more than 4743 views this month people increased the activities on instagram by 45%. We reached new followers (more than 58.9% were new people). 21 posts were published (about sessions, workshops, quotes from Dr. Ani, Fundraiser, International Day of Peace, World Mental Health Awareness Day and more!)

Here I will paste some statistics from Instagram and Facebook for the last month. Thank you!





11. Google Calendar Update: [MeaningfulWorld Calendar] David

12. Bulletin: Davit Bulletin to be sent on the 15th of each month to 1,600 emails
New feature: guest articles to be included, Prof Richard Valeyo in Nov and Dec.??? Bashayar

Hoyt, R. (2026, December). Global caring: Kindness without borders. *Association for Trauma Outreach and Prevention (ATOP) Bulletin*.

Velayo, R. S. (2026, November). Internationalizing psychology education for humanitarian service: Building bridges between knowledge and action. *Association for Trauma Outreach and Prevention (ATOP) Bulletin*.

13. Fundraising & Outreach Committee:

Public Outreach by Dr. Ani

A. Dr. Ani met with Stevenson Dunn photo exhibit (TBD) at Bishop Gallery in Brooklyn, NY B. Dr. Ani & Natalia have outreach to the following

A. African Union Day Foundation

B. Islamic Cultural Center in Harlem, Sheik Musa
- Working on youth outreach locally, planning to do a workshop

C. Center for conscious living Moorestown NJ, Rev Paul & Marlene
- Event 10 September, 10am-4pm Conscious Living through Meaning Making

D. Tiara Smith, https://www.projectrewiredglobal.com/

E. David Wilcox (REACH Scale) - Dr. Ani had meetings on partnership for potential grant on ecological consciousness

F. Dr. Ani meeting with William Paterson University collaboration panel on 12 Nov. at 4 PM

G. Dr. Ani collaborating with The New York Academy of Medicine for partnership and photo exhibit

H. Dr. Ani collaborating with Peace Islands Institute New York

I. Dr Ani collaborated with HMH, which is a community-driven program that empowers and connects migrants in New York to claim their rights and access effective health and mental healthcare.

Fundraising

- Bake Sale?, Lecture on Tap (form submitted) - https://lecturesontap.com/ who?
- **Link for GoFundMe - https://gofund.me/aa66e4a0**

Outreach Efforts to Organizations: Work-in-progress- Ellie

Reached out to Microsoft, Google, Walmart, Salesforce, Office Depot, Costco, AT&T
https://docs.google.com/spreadsheets/d/1NhLDX8uY5yKk7TJUXP6N0GzZsvzLlrbs-VeCvqTlwUg/edit?usp=sharing

Reached out to Verizon, T-Mobile, AmEx, MasterCard, Workday, iCims, Zoe, Disney, Meta and PwC

Reaching out to corporate- HR emails, starting 05/05 to invite for May 16 Event-Mindful Leadership & Forgiveness Workshop. Email draft created.

Next outreach meeting:

Monthly Themes for posts, ALL are responsible

January – *Healthy Resolutions*

February – *Black History Month & Love and Valentines Narod: Valentines, Nairy: Black history, Lida: Love, Bashayar: Love, David: black history, Annika: Black History, Ani: love Friday 6 February.*

March: Women's history month

April: Genocide Awareness & Prevention

May: Mental Health Awareness,

June abolishing slavery or Int Day of Yoga (Soul-Surfing)

Sept: 21 Sept. Int Day of Peace, What does Peace mean to me? By 17 Sept, posts on Suicide Prevention

October if UN Foundation, posts on about the UN, 10 Oct, World Mental Health

Nov. Gratitude deadline 10 Nov.

Dec. Holiday spirit what it means. 10 December

I. Past Fundraising Efforts

a. T-Shirt Sales Raised approximately $280 by selling MeaningfulWorld t-shirts

b. Meet-Ups

c. Fundraising at bars, restaurants etc have previously raised approximately $300 per event

d. Birthday Dr. Ani's raised $980, everyone is welcome to do same

e. Kristina's **gofundme raised $4K and going BRAVO Kristina**

J. Marouscha van de Groep from the Dutch newspaper De Telegraaf interviewed Dr. Kalayjian about the impact of being held hostage for a longer period on (mental) health, as is the case in the Hamas-Israël conflict. Based on Dr. Kalayjian's work published in CNN.

K. Dr Ani collaborating with William Paterson University, for internship, mentoring, and Holocaust &

Genocide center Photography exhibit, zoom meeting 25 April
L. Dr. Ani also outreached to International House @ Columbia University to revive past relationships.
M. Dr Ani collaborated with Myles to get access to Mr Ernesto Perez at Cuban Permanent Mission to UN
Outreach continues:
N. Dr Ani collaborated with Armenian Bar Association who donated contest funds $3k
O. Dr Ani collaborated with Jennifer Borg of Bergen Record & scholarship in law @Yale Law School

Online Auction: everyone to add to your social media

a) Auction items are on our website, collectible books, need you to disseminate: https://meaningfulworld.com/online-auction.

b) Vacation auction: 4 tickets sold; we need 40 tickets sold by end of June

Possible Future Fundraisers

Gofundme, should be constantly monitored and advertised

- Make fliers for gofundme
- Posts about gofundme
- Share on interns accounts
- We advertise in conferences/workshops/events we go to
- Working on getting a page on LinkedIn:

We can have an in-person fundraising event (at a workshop or separate event like the yoga trip at Central Park)

14. Genocide Prevention Project: Dr. Ani

- Working with Think Tank on Armenian/ Turkish reconciliation project
- Working with Armenian/ Azeri conflict resolution group

15. Past Conferences/Events (last 6 months):

04 May 2024 52nd Annual Hunter College Psychology Convention, Romance, Emre &
27 Apr 2024 - Workshop/ panel at Fordham University: Genocide Prevention: Upholding UNHRD and SDGs
25 Apr 2024 - Psychology Day at the UN (watch party at Fordham at 11am)
24 Apr 2024 - Dr. Ani Keynote at Commemoration of Genocide of Armenians in Philadelphia - https://www.albustanseeds.org/news/philadelphians-mark-1915-armenian-genocide-and-ongoing-displacement
19 Apr 2024 - Mentoring conference @ Fordham
01 Mar 2024 - Dr. Ani and Romance presented on Horizontal Violence at 2024 EPA conference in Philadelphia
18 Feb 2024 Dr. Ani presented at Global Transformation Project
11 Dec 2023 - Dr. Ani spoke to students at John Jay on Psychology and Law
11 Nov 2023 - Workshop at Center for Conscious Living, Moorestown, NJ 1-4pm
04 Nov 2023 - Greater New York Conference on Behavioral Research at St. Francis College, Brooklyn, NY
01 Nov 2023 - Dr. Ani speaking at Psychology at the United Nations panel, Fordham Univ 6pm
29 September - Dr. Ani gave speech at John Jay college on trauma assessment
21 September International Day of Peace event in Central Park
16 September 2023 Garden Gratitude Party
10 September 2023 Raising Consciousness through Meaning Making. Dr. Ani to be speaking with the Center for Conscious Living in Moorestown, NJ
25 August MeaningfulWorld Peace essay contest
21 September UN International Day of Peace Event at Central Park
28 September Hybrid Workshop Self-Care and Meaning-Making
08 October Fordham University and PCUN, Dr. Ani is one of the speakers
18 October Hyes at the United Nations (Fordham University)
26 October workshop on Disaster Relief and Mindfulness (Hybrid)
02 Nov St. Francis University Conference - accepted: Dr. Ani, Andrew, Paulina, Sena
11 Nov Dr. Ani lectured at John Jay College of Criminal Justice. Mental Health Professionals, Social Science and the Law- PSY 700 class

12 Nov Panel on Transforming Victimhood to Victorhood. Wiliam Paterson University, art exhibit"The Armenian Genocide One Family's Story," panel with Vicki Shoghag Hovanessian, Dr. Ani, & LLucy Yegyazaryan

23 Nov workshop on Peace building and conflict transformation (Hybrid)

07 Dec Pre Holiday-Healing & Gratitude party at Dr. Ani's house.

09-10 Dec. Human rights and genocide prevention

22 Feb. Stage 1, Peace Building & Mindful Leadership (VS Tanya Vartanyan-Reiki Energetic Healing)

26 Feb. Rutgers Intern Fair

8 March 2025: EPA at Marriott NYC, Dr. Ani, Paulina, Sena, Romance & Shambhavi

13 March 2025: UN CSW Program

28 March 2025: 10:30-11:30am virtual PSI/CHI research lab opportunities

28 March 2025: Mentoring Conference at Fordham University

4-5 April 2025: Panel Presentation on AI & EI: Human Rights and Mental Health Challenges in Global Health at "Benjamin V. Cohen Peace Conference: Cultivating Paths to Sustainable Peace. Held over zoom. Dr. Ani

24 April 2025, 8th Annual Psychology Day at the United Nations

28 April 2025, Panel on Armenian Organizations

3 May 2025, 53rd Hunter College Psychology Convention, "How important are mentors in psychology?"

10 May 2025: Dr. Kalayjian, Organized by Heartfulness Organization

5 June 2025: Graduation

26 July, Garden Gratitude Party

21 September 2025 United Nations International Day of Peace: 11:00AM-12:00AM hybrid yoga and soul surfing class, followed by optional group hike.

10th anniversary Conference 10-12 October, 2025, 10th anniversary Conference, Yerevan, International Scientific Conference "The Current Issues in Theoretical and Applied Psychology" Drs Kalayjian & Takooshian have organized a full 10 days of workshops, healing groups, tree planting, establishing PSI CHI honor society chapters, and much more.

25 October 2025: Stage II- Disaster Relief and Mindfulness (VS Sarkis Chuljian, Hypnotherapy)

22 November 2025: Stage III - Conflict Transformation & Peace-Building

6 December 2025, Holiday Healing Party

10 February 2026, Rutgers Recruitment & Networking Event @ Rutgers University - New Brunswick campus at the Livingston Student Center in Livingston Hall (Ballroom); 11:00AM – 2:00PM.

17 February 2026, John Jay Education fair. 11 am - 5 pm, Dr. Ani, Annika, & Gamze

21 February 2026, Workshop "Self-Care and Meaning-Making" VS: Laurie Schwartz

28 Feb 2026, EPA - Dr. Ani will chair PSI CHI Conference on International Psychology around the world. EPA Past Conference

12 March 2026, UN CSW conference (9–21 March) virtual

20 March, UN CSW, Her Rights, Her Future: Advancing Access to Justice

28 March 2026, disaster relief workshop "Disaster Relief and Mindfulness" VS: Lada Levit

24 April 2026, Kreigar Genocide Prevention Essey or Video Contest

25 April 2026, Genocide Prevention Conference

1 May 2026. Therapeutic WORKS Incorporated (TWI) offers an exclusive full-day training with Dr. Ani Kalayjian (MeaningfulWorld), internationally recognized trauma expert: The Path to Healing: Trauma Recovery Through Emotional Intelligence, Meaning-Making and Self-Care. 8:30 AM – 5:00 PM, Delta Hotels Burlington, South Burlington, VT Reserve: https://www.eventbrite.com/e/1985066455204?aff=oddtdtcreator

9 May 2026, 54th Annual Hunter College Psychology Convention

15 May 2026, Networking RoundTable Armenians at the UN forum in NYC

16 May 2026, Mindful Leadership & Forgiveness Workshop

18 June 2026, Graduation

9-12 June 2026, 12 June, Association for Conflict Resolution, “ACR-GNY's 25th annual conference: Ex/change: Established Practices & Emerging Ideas” 3:05-4:05, Lida, Gamze, Nairy

21 Sept. 2026 International Day of Peace Summary

26 Sept. 2026, Self-care workshop 9:30-3:30 PM

10 Oct. 2026, World Mental Health Day

18 Oct. 2026, Remembering Florence L. Denmark. 1-5 PM at Fordham University McNally Auditorium

20 Oct. 2026, Dr. Ani was the Chairperson for Trauma Informed Panel at Mercy University Abstracts, Program

24 Oct. 2026, UN Foundation Day

31 Oct. 2026, Disaster Relief & Meaning-Making, 10-3:30 PM

Upcoming Events:

21 Nov. Peace Building, Anger Management, & Assertiveness Workshop

5 Dec. Holiday Healing Party

16. **Conference Outreach:** Continue checking
17. **Website: Ani Minasian and we paid company to update our website**
18. **Annual Report: In progress**
19. **Next Meeting: 7 December at 7:45pm**
20. **Moment of Silence and closure with gratitude**