



Association for Trauma Outreach and Prevention (ATOP)

Bulletin, August 2026

MeaningfulWorld
United Nations International Day of Peace

**YOUTH EMPOWERMENT PROGRAM
(YEP) ANNOUNCES**

STOP BULLYING
ESSAY, POETRY, RAP, SKIT CONTEST

**Creating Inner Peace:
Transforming Bullying**
For the UN International Day of Peace

ELIGIBILITY & CRITERIA

1. NY Tri-state (NY, NJ, PA) Area Students
2. Essay (500-750 words, typewritten, double-spaced)
3. Poems, Rap, Skits: No length guidelines
4. Include cover letter with contact details (Name, Address, Age, Year, Email, School/College)

WHY PARTICIPATE?
Empower yourself. Make a difference.
Teach empathy. Writing makes you part of the healing process.

DEADLINE
Postmarked by: **AUGUST 25**

HOW TO SUBMIT

- ✉ Email to: info@Meaningfulworld.com & Drkalayjian@meaningfulworld.com
- ✉ Subject: YEP Contest Submission [Your Name]
(Cover letter with details as listed)

WEBSITE
Visit: www.MeaningfulWorld.com

Deadline: August 25

25 August 2026

Creating Inner Peace: Transforming Bullying Contest

Use your voice and creativity to take a stand against bullying! Join MeaningfulWorld's Youth Empowerment Program (YEP) "Stop Bullying" Contest with your essay, poem, rap, or skit exploring "Creating Inner Peace: Transforming Bullying."

Open to NY Tri-State area students from elementary school through college. **Deadline: August 25!** Share your ideas, inspire empathy, and be part of creating a more peaceful, compassionate community

[Register Here](#)

Upcoming Events

Humanitarian Relief Certificate Program, 2026 Workshop Dates

26 September 2026 Self-Care & Meaning-Making

26 September 2026 United Nations International Day of Peace, Nurturing Sustainable Peace through EI

31 October 2026 Disaster Relief & Meaning-making

21 November 2026 Conflict Transformation and Peace-Building

5 December 2026 Holiday Gratitude Party

MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian



Hybrid Workshop, Saturday, 26 September 2026





Self-Care & Mindfulness

EQ, Preventing Vicarious Trauma & Post-Traumatic Growth

Facilitator: Dr. Ani Kalayjian, Founder, *ATOP Meaningfulworld*

Visionary Speaker: Juan Rodriguez, *Boundless Freedom*

HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?

Attend this program & become a Meaningful World Ambassador
for Humanitarian Relief & Peace-Building

Program focus:

- Identify the importance of self-care
- Identify the impact of, kinds, and other variables of trauma
- Review theorists: Erickson, Sullivan, Kohlberg, Freud, Frankl, & Ruiz
- Learn about United Nation's Sustainable Development Goals
- Identify interventions for recovery, healing, & integration
- Connect & empower self through Mind-Body-Eco-Spirit
- Learn ways to nurture Emotional Intelligence (EQ)
- Learn Emotional Genograms to understand family dynamics & generational transmissions
- Learn techniques of mindful meditation
- Includes didactic presentation of theory, method, research, and techniques

This workshop is recommended for those seeking a greater understanding of emotional management, lessons learned, transforming vicarious trauma and Horizontal Violence, peace building, meaning-making and transcendence. This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

RSVP: <https://bit.ly/MWSeptember>

DATE: Saturday, 26 September 2026

TIME: 10:00 AM - 3:30 PM

10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker Presentation and Discussion

1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation.

FEES: Online Participants via Zoom: \$50

FEES (In-Person): Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a group will receive 20% off

Includes: Bach/Flower remedies, pre-post test, collective gratitude

Register early as space in this workshop is limited!

*** Pay online securely at:**

http://meaningfulworld.com/get_involved/donation

***ALL FEES INCREASE \$10 after 20 September so make your payment early!**

Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Mental Health Counseling, Creative Arts Therapy, Music Therapy and Psychoanalysis

When one helps another, BOTH become stronger

26 September 2026, 9:30 AM - 3:30 PM

MeaningfulWorld Self Care & Mindfulness Hybrid Workshop

Discover the power of self-care, mindfulness, emotional intelligence, and healing in this hybrid workshop on September 26, 2026. Learn practical tools for managing emotions, preventing vicarious trauma, fostering post-traumatic growth, and building greater meaning and peace in your life.



MeaningfulWorld



Affiliated with The United Nations

United Nations International Day of Peace

Nurturing Sustainable Peace through EI

Observed on Saturday 26 September 2026

Time: 11:00 AM - 12:00 PM

Sustainable Development Goals: 1, 3, 4, 5, 8, 10, 11, 16, 17

Chairperson: Dr. Ani Kalayjian

Speakers: Siobhan Hutchinson, MA, EEMCP - Holistic Health of Next Step Strategies, LLC

Invited: Mr. Peter Preziosi, President CoNGO, United Nations

Winners of the Peace Contest will be announced, messages of Peace from youth, presentation about peace from MeaningfulWorld team members

WHAT IS THE INTERNATIONAL DAY OF PEACE?

The International Day of Peace ("Peace Day") is observed around the world each year on 21 September. Established in 1981 by a unanimous United Nations resolution, Peace Day provides a globally shared date for all humanity to commit to Peace above all differences and to contribute to building a Culture of Peace. This is a long-established universal commemoration that serves all involved in Peace Day, beginning annually with the 100-day Countdown. MeaningfulWorld has begun its 10 week countdown; check our social media every Wednesday!

Email us to receive the link:
info@meaninfulworld.com

Sponsor: ATOP Meaningfulworld,
Armenian Constitutional Rights
Protective Center, World Yoga
Community, AGBU PCUN

When one helps another, Both become stronger.

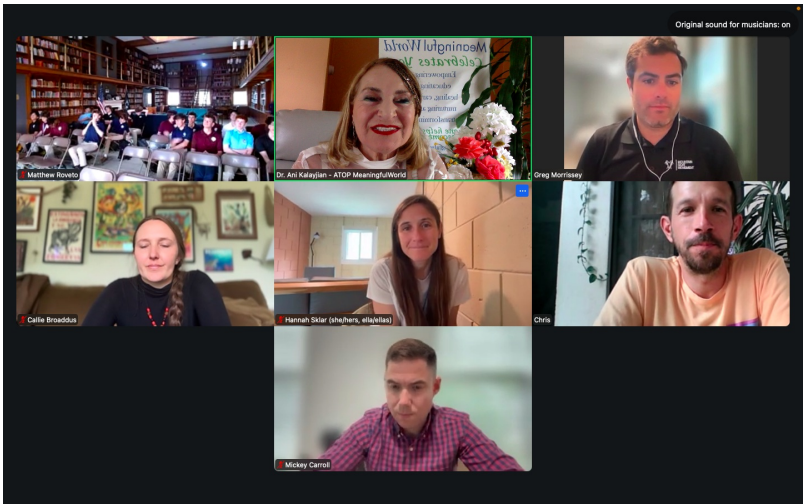
Peace is always beautiful!

26 September 2026 United Nations International Day of Peace, Nurturing Sustainable Peace through EI , 11:00AM - 12:00PM

MeaningfulWorld invites you to “Nurturing Sustainable Peace through EI” on Saturday, September 26, 2026, from 11:00 AM-12:00 PM. Enjoy meaningful presentations and the announcement of our Peace Contest winners as we come together to promote peace, understanding, and emotional intelligence.

Meet MeaningfulWorld's Team Members

Click here to read more about our Team



Successful Past Events:

28 May 2026: Nonprofit Leadership Panel Virtual Panel | Xavier High School x Mountain Goat Movement

Dr. Ani Kalayjian joined three fellow nonprofit founders for a virtual leadership panel hosted by Mountain Goat Movement, speaking to 70 high school students about a life of service and the mission of ATOP MeaningfulWorld.

[Click here for panel summary](#)

MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian



Hybrid Workshop, Saturday, 16 May 2026





Mindful Leadership & Forgiveness

Conscientious Leadership, Forgiveness, MeaningfulWorld View, Logotherapy

Facilitator: Dr. Ani Kalayjian, Founder — ATOP Meaningfulworld

Visionary Speaker: Lada Levit, L.Ac. Premordial voice

HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?

Attend this program & become a Meaningful World Ambassador for Humanitarian Relief & Peace-Building

Program Focus:

- * Review the importance of service
- * Learn to integrate mind-body-spirit-soul-environment connection
- * Learn the 5 shadows impacting us negatively and 5 pillars of service
- * List & describe 12 steps of mindful leadership
- * Integrate benefits of forgiveness while shedding light on myths of forgiveness
- * Practice forgiveness and forgiveness meditation and learn about religions and forgiveness
- * Learn healthy patterns of connecting with ourselves, the world, those we serve, and the universe
- * Includes didactic presentation of theory, method, research, and techniques

This workshop is recommended for those seeking a greater understanding of emotional management, lessons learned, transforming vicarious trauma and Horizontal Violence, peace building, meaning-making and transcendence. This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

RSVP to: <https://bit.ly/MeaningfulWorldMay>

Phone: 201-941-2266

DATE: Saturday, 16 May 2026

TIME: 10:00 AM - 3:30 PM

10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker Presentation and Discussion

1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation.

FEES: Online Participants via Zoom: \$50

FEES (In-Person): Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a group will receive 20% off

Includes: Bach/Flower remedies, pre-post test, collective gratitude

Register early as space in this workshop is limited!

*** Pay online securely at:**

<https://meaningfulworld.com/get-involved/donation>

*** ALL FEES INCREASE \$10 after 10 May so make your payment early!**

Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Mental Health Counseling, Creative Arts Therapy, Music Therapy and Psychoanalysis

When one helps another, BOTH become stronger

16 May 2026, 10 - 3:30 PM EST

This May, MeaningfulWorld hosted a transformative day of healing and education, bringing together scholars, practitioners, and community members for a powerful program of reflection, dialogue, and renewal. From visionary presentations to experiential soul-surfing exercises and a closing meditation, the day wove together wisdom, art, and collective healing. Special gratitude to our visionary speaker Lada Levit, L.Ac., for her profound contributions.



Therapeutic Works Presents an all-day training on 1 May 2026

The Path to Healing: Trauma Recovery Through Emotional Intelligence, Meaning Making, & Self-Care

This was the theme of a full-day master class organized by Therapeutic Works Inc., led by Crystal Barry and Hope Love. More than 65 participants from South Burlington, Vermont—including lawyers, case workers, nurses, psychologists, social workers, and caregivers—attended this engaging and interactive training facilitated by Dr. Ani Kalayjian, Founder and President of ATOP MeaningfulWorld, recipient of the Highest Medal of Honor from Columbia University, author of 6 books, & A humanitarian with 116 missions in 51 countries & 26 states in USA.

1. Describe the five kinds of trauma,
2. List the seven steps of the Integrative Healing Model
3. Define the Four Agreements,
4. Participating in Soul-Surfing® exercises,
5. Differentiate empathy from sympathy,
6. Define Emotional Intelligence (EI),
7. Understand the process of meaning-making

A wonderful networking lunch provided participants with opportunities to connect, exchange ideas, and raise important questions. The afternoon included a healing session featuring Soul-Surfing®, meditation, and an informational presentation on Therapeutic Works Inc. The training strengthened participants' ability to respond to trauma with greater awareness, compassion, and confidence, with 65% reporting increased preparedness following the workshop.

Participant Reflections: *"It was such a pleasure to share time with Dr. Ani. Her energy is so infectious, and she is very easy to listen to. I loved doing yoga with positive affirmations with her. I could see how she gets people to connect from everywhere!"*
"I'm in awe of Dr. Ani's life experience, journey, and contributions to the field of trauma. She is fascinating."

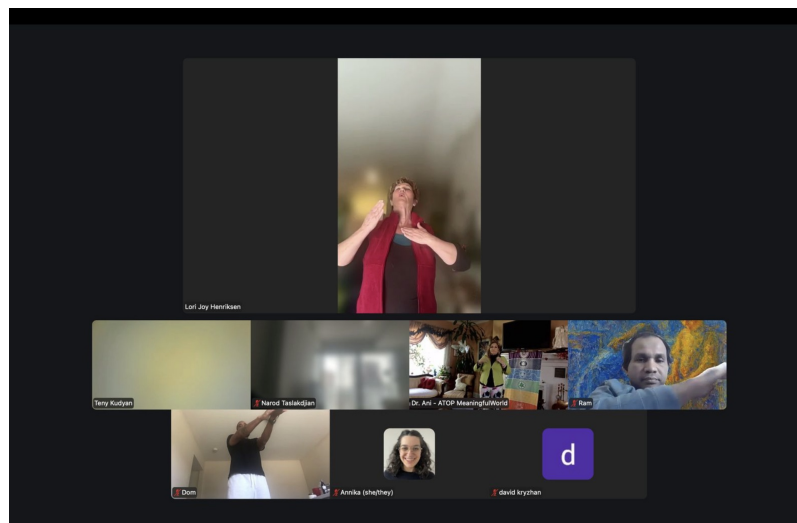
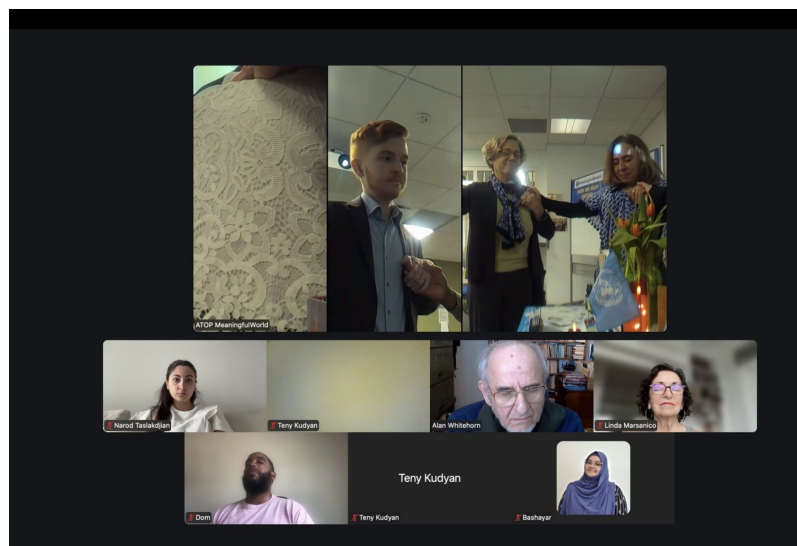


Dr. Ani's signature Heart-To-Heart-Circle-of-Love-and-Gratitude

1 May 2026

Master Class & Training at TWI in Vermont by Dr. Kalayjian.

Over 65 participants gathered.



Saturday 25 April 2026, 10 - 3:30 PM EST

This April, MeaningfulWorld brought together scholars, survivors, diplomats, and healing practitioners at Fordham University for a powerful day of witnessing, educating, and preventing Genocide. From opening remarks to the Heart-to-Heart Circle of Love and Gratitude, the day wove together testimony, art, and dialogue in the spirit of Genocide prevention and healing. Special gratitude to speakers, and Fordham University.

Saturday 28 March 2026, 10 - 3:30 PM EST, Virtual

Disaster Relief & Meaning-making Workshop

The Disaster Relief & Meaning-Making Workshop was a powerful and grounding experience, bringing participants together to process collective trauma, build resilience, and explore how meaning-making can support healing in the aftermath of crisis. Special gratitude to Lori Henriksen, our Visionary Speaker, who shared sound and energy healing experiential meditation.

MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian

Thursday 12 March 2026, 2:30 PM EST, Virtual

ATOP Meaningfulworld at United Nations Presents a parallel Program at the 70th Commission on Status of Women (CSW) on

AI & EI: Challenges for Empowerment of Women & Girls Globally

Sustainable Development Goals: 2, 3, 4, 5, 8, 10, 11, 16, 17

Chair Person: Dr. Ani Kalayjian

Welcome: Dr. Kalyani Gopal, Psychology Coalition of Accredited NGOs at the United Nations

Dr. Tara Pir, Institute For Multicultural Counseling & Educational Services (IMCES)

Invocation: Mr. Eric Shokei Manigian, M.Div. Union Theological Seminary, NY.

Faculty:

Guatemala, Prof. Maria Del Pilar Grazioso, Universidad Del Valle. Challenges for women in Guatemala

Uganda, Mr. Jacob Bole. Hope Renewed NGO. Feeding, Healing, & Educating Women & Girls in Uganda.

Lebanon, Dr. Maral Boyadjian, Lebanese Psychological Association. Challenge in EI & AI in Lebanon

USA, Lida Asilyan, MeaningfulWorld. Empowering Women & Girls Globally: Lessons learned

Closure: Heart-to-Heart-Circle of Love, Gratitude, and Peace, Mariam Manucharyan, Komitas (Kaqavik) on piano

This panel will focus on healing traumatized women and girls globally. Our organization has volunteered in 50 countries and 26 states in the USA. Our observations have highlighted the continued violence against women and girls globally. Panelists will be focusing on challenges to healing in Guatemala, Nigeria, Uganda, Armenia, Lebanon, Palestine, and others. We will share strategies to transform women's trauma and nurture their emotional intelligence, which is increasingly important in a world full of AI. We have observed women are often leaders in their community and family, so investing in this population is investing in our future.

When one helps another, BOTH become stronger!

DATE: Thursday 12 March 2026

Info@meaningfulworld.com

RSVP by 7 March to receive zoom link!

For more information call:

Dr. Kalayjian, 201-723-9578

www.meaningfulworld.com

Cosponsors: Association for Trauma Outreach & Prevention (ATOP)

Meaningfulworld, ACRPC, AGBU & Institute for Multicultural Counseling & Educational Services (IMCES)

Must register for a link;

info@meaningfulworld.com deadline: 6 March 2025

Thursday 12 March 2026, 2:30 PM EST, Virtual

MeaningfulWorld organized a Parallel Conference at the United Nations Commission on Status of Women, 70th Anniversary

AI & EI: Challenges for Empowerment of Women & Girls Globally

2026 21 February, Self-Care & Meaning-Making Meaningfulworld Workshop

The workshop was a meaningful success, bringing participants together to reflect, heal, and explore the role of self-care and meaning-making in personal and collective wellbeing.

Visionary Speaker: Laurie Schwartz

2025 20 December, From Empathy to Action: Teacher & Parent Master Seminar on Supporting Adolescents



MeaningfulWorld

Pamper Yourself Holiday Gratitude Healing Party

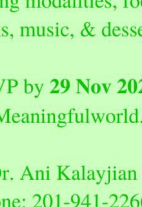
Saturday 6 December 2025

4-6:30 pm Personalized Healing, and 6:30-10 pm Party



Meaningfulworld's
Annual Holiday
Gratitude Healing
Party

Kindly, join us for an afternoon of celebration as we remember all that we have accomplished as a team and as a community in the world this year!





Date: Saturday 6 December 2025

4-6:30 PM: Pampering & Integrative Healing with invited healers:

- Reiki - Natalia Tomassini
- Spiral Massage (Deep Tissue) - Art Jaffe
- Energy Healing - Tanya Vartanyan
- Flower Remedies - Dr. Ani
- Mindfulness - Dana Mark
- Neurographic Art Journey - Karine Arshakyan
- LifeWave & MiCure Phototherapy - Nina Terzian

6:30-7:00 PM: Films & Photos from Missions

7-10:00 PM: Food, Drinks, Music and Games

Live music:
DJ Harry Latiofian

Offering: \$39 includes 7 healing modalities, food, drinks, music, & desserts

RSVP by **29 Nov 2025**
Info@Meaningfulworld.com

Dr. Ani Kalayjian
Phone: 201-941-2266

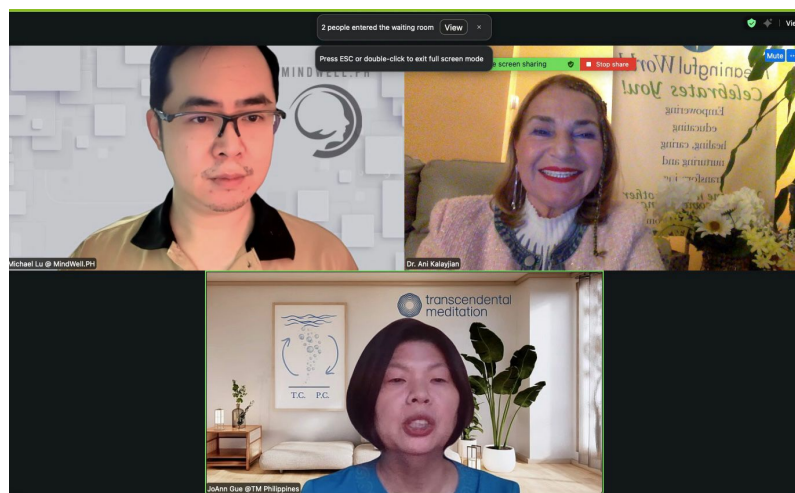



Saturday 6 December 2025, Holiday Gratitude Party

[Click Here for Summary](#)

2025 11 November Radio interview with Dr. Kalayjian

Listen here



9 Nov. Philippines, Disaster Relief Training, Preparation, Meaning-Making & EI workshop

Read more



Mission Summary, Armenia and Georgia, 7-23 October 2025

Read more

Mission in Uganda

18 JUNE TO 1 JULY 2024

Dr. Ani Kalayjian



ATOP MeaningfulWorld



MeaningfulWorld Humanitarian Mission to Uganda will focus on healing, transforming horizontal violence, generational trauma, teaching Emotional Intelligence, empathy, ecological consciousness, and gender empowerment.

**Kindly click the link below for the full video:*
<https://youtu.be/gb38be4-KnA>

Transforming Trauma in Uganda: ATOP MeaningfulWorld's 2024 Humanitarian Mission in Uganda Film!

Watch Film Here!



Feed, Heal, & Teach Children in the Slums of Uganda.

We have fed over 7,000 children since August 2024.

More Information



Partnering to offer free Transcendental Meditation for mothers in the Slums of Uganda

More Information



Weekly Meetings

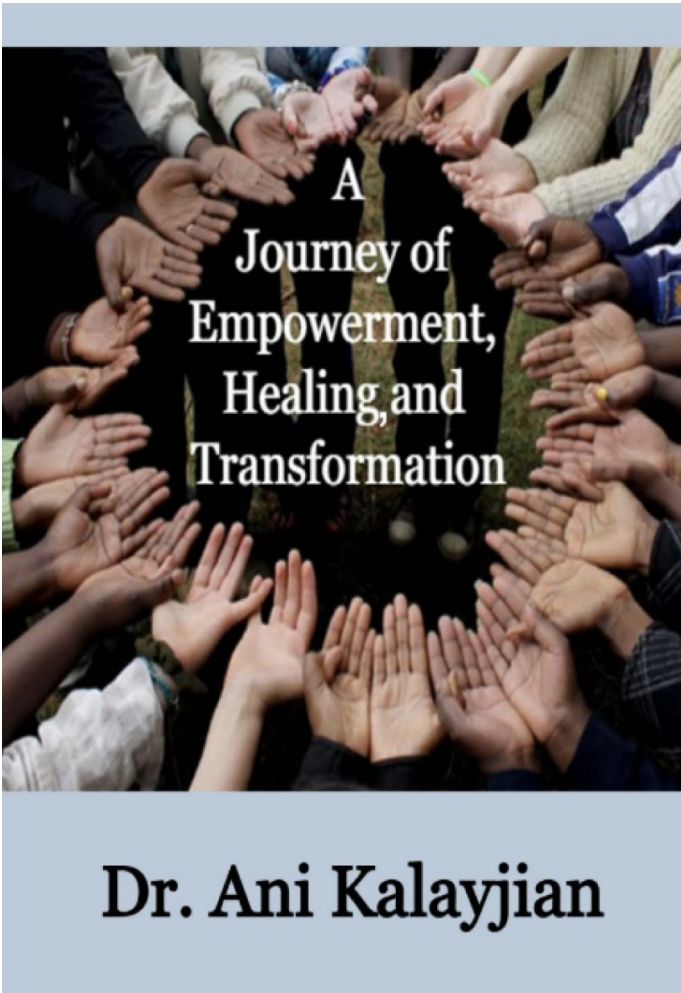
Weekly Support Groups
\$5 tax deductible donation
Managing stress, anxiety, fear, and uncertainty in times of global crises
When: Every Thursday

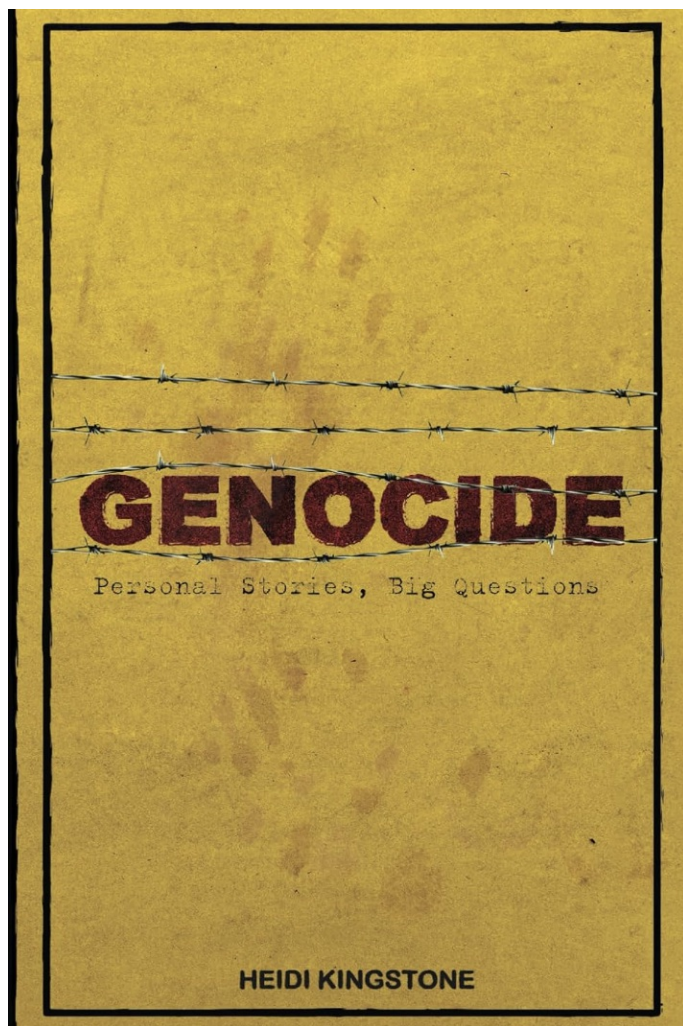
Time: 12:00 - 1:00 PM (EST)
Where: info@meaningfulworld.com for zoom link

[RSVP Here](#)

Meet Up Zoom Yoga & Soul Surfing with Dr. Ani
ATOP MeaningfulWorld offers yoga and meditation during these times of panic and unrest.
Join us every Tuesday & Friday at 10:00 AM EST on Zoom, by appointment.

[RSVP Here](#)





COFFEE TABLE BOOK RELEASE

A Journey to Empowerment, Healing, & Transformation: 35 Years of Humanitarian Relief Outreach
By: Dr. Ani Kalayjian

A review from David Dawud said: “I love your writings in the coffee table book. I’m reading a poem everyday, and traveling to a new country with beautiful photos of your humanitarian volunteer service. You make me think, reflect, release and it helps me clear my thoughts.”

[Click HERE for the link](#)

Genocide: Personal Stories, Big Questions
By: Heidi Kingstone

This book chronicles 20th and 21st-century genocide, which remains one of the most pressing topics today. To further her exploration of one of the worst human rights crimes, she has asked several experts, journalists, scholars, health care professionals, to answer 10 questions.



The A Train to Sedona - From Victim to Survivor. ATOP MeaningfulWorld President Dr. Ani Kalayian's interview for TalkRadioNYC.

Click [HERE](#) for the link



Global Firearm Violence - An Integrative Review

[More Information](#)



MeaningfulWorld invites you to share your love!



REUSABLE CANVAS BAGS

Let's reduce the use of plastic and raise money for those in need! We want to continue to help launch a suicide lifeline in Armenia, educate others on emotional intelligence, and deploy our teams for humanitarian relief missions! There are 4 different colors to choose from! Buy a reusable bag and help us help others!



MEANINGFULWORLD TSHIRTS

Show off your MeaningfulWorld spirit by wearing our newly designed t-shirts! You can choose from a range of colors and styles! Show off your MeaningfulWorld pride while simultaneously helping others! Proceeds will help us help others!

Reusable Canvas Bags

T-Shirt Sale



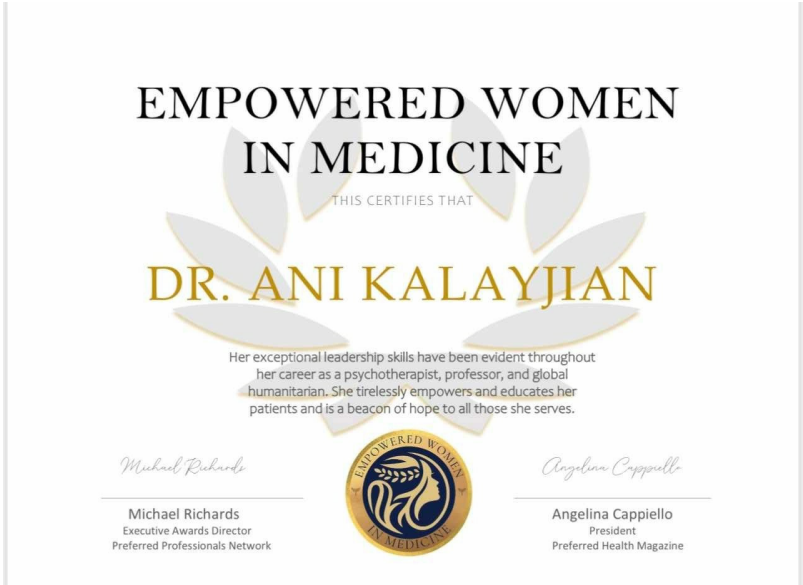
Awards

MeaningfulWorld ATOP founder Dr. Ani Kalayjian was awarded the 2025 R. Louise McManus Medal by NEAA, created by Teachers College, Columbia University

Watch the Video



2024 Lifetime Achievement Award in the Field of Psychology, presented to Dr. Ani Kalayjian for her exemplary dedication and leadership in trauma psychology, as well as her impactful global humanitarian efforts, transforming lives through healing and education worldwide.



Empowered Women in Medicine Award, given to Dr. Ani Kalayjian, for her exceptional leadership and dedication as a psychotherapist, professor, and global humanitarian.



Spotlight on Ani Kalayjian, Teachers College Columbia University Courier

More Information



Intern Call: 2026-2027

Association for Trauma Outreach and Prevention (ATOP)

Mission:

At Meaningfulworld, the goal is to prepare a generation of conscientious individuals who are guided by love, peace, passion, and meaning. Meaningfulworld is dedicated to fostering a meaningful, peaceful, and just world in which every individual enjoys physical, mental, social, economic, and spiritual health. A sense of meaning, peace, and justice, although unique to each individual, is achieved through a transformative journey that integrates knowledge and experience with a sense of responsibility and reflection. This transformative process is also attained through healthy relationships that nurture open, honest, and transparent communication, insight into forgiveness, love and spiritual connection, and sacred activism.

Available Positions:

All internships are conducted under the supervision of both Dr. Ani Kalayjian-Founder and CEO, Board of Directors of ATOP, and the Intern Coordinator.

1. **Grant Writer/Researcher:** Assisting the Grant Committee to research & write grants, apply for awards, disseminate the work through printed materials
2. **United Nations Internship:** Presence is essential on Thursdays to attend international meetings & join DGC and CoNGO Committees. One year minimum.
3. **Web Support:** Upload photos, press release, and reports on our website.
4. **Digital Media:** International footage from our humanitarian missions. Successful candidates could make a short film for YouTube for educational outreach.
5. **Marketing Intern:** Taking part in our active research team with local and international research from around the world.
6. **Fundraising & Outreach Intern:** To maintain sustainability of our organization, organizing fundraising events for social gatherings to raise funds.
7. **Educational Coordinator and assistant:** Managing monthly educational workshops.

Location: Although based in the New York Metropolitan Tri-State area, USA, other internships are welcomed. Internships are mainly virtual except the UN. Monthly meetings are virtual, mandatory on first Monday eve. Monthly training programs are mandatory and are hybrid.

Time commitment: 12 months–2 years, 5-6 hours a week (some internship less hrs)

Kindly send your resume, statement of purpose, internship position of interest, 3 goals consistent with our mission, 2 contacts for reference, to Dr. Kalayjian

DrKalayjian@meaningfulworld.com, kindly visit: www.meaningfulworld.com

INTERN CALL: PART TIME INTERNS NEEDED

**Looking for experience in research? UN? Humanitarian Work? Fundraising? Social Media? Only 4-5 hours a week!
Be the change you want to see in the world!**

More Information



ATOP Latest Publishing

1. Kshtriya, S., Kalayjian, A., Lowe, S. R., Diakonova-Curtis, D., Toussaint, L. (2022). Exploring the Association between Forgiveness, Meaning-Making, Post-Traumatic Stress Symptoms: The Case of Hurricane Maria in Puerto Rico. *International Journal of Educational Research*.
2. Kalayjian, A., Huang, K., Sabbour, S., & Yasin, M. (2022). Grassroots Collaborations to Address the Trauma of Suicide: Establishing the First Suicide Prevention Lifeline in the Republic of Armenia. *International Journal of Mental Health*. <https://doi.org/10.1080/00207411.2022.2983392>. View [HERE](#)
3. Toussaint, L., Kshtriya, S., Kalayjian, A., Cameron, E., & Diakonova-Curtis, D. (2022). Christian Religious Affiliation is Associated with Less Posttraumatic Stress Symptoms Through Forgiveness but Not Search for Meaning After



Gratitude To Our Visionary Speakers

Lo Anne Mayer, Alexis Brink, Dr. Yolanda Hancock, Dr. Douglas Scherer, Laurie Schwartz, Dr. Linda Marsanico, Nupur Kothari, Paul Jaffe, Simone Coonrod, Linda Turner, Erica Rodriguez, Arthur Jaffe, Christina Nunez Gomes, Cristina Como, Mark Ackerman, Marianne Gunther, Ron Friedman, Kathleen Booker, Lata Cheri-Kennedy, Anisa Keith, Dr. Deborah Barbieri, & Ali Fischer

Gratitude To Our Donors

Anonymous; Armenian Constitutional Rights Protective Center; Armenian General Benevolent Union of America; Kari Akgulian; Dr. Maggie Avedissian; Lola Aznavur; Vanessa Billups; Ara & Joyce Boghosian; Dr. Garen & Diana Boghosian; Zarmine & Missak Boghosian; Mark Chenian; Jacob Yahiaayan; Suzanne Crespo; David Dawud; Dr. Dominique Eugene; FesFlowers.com; Mary Ryan Garcia; Taleen Gergerian; Randolph Giudice; Anisa Goz; Dr. Andrew Hahn; Dr. Noyemi Isnar; Art Jaffe; Dr. Marianne Jeffreys; Dr. Ani Kalayjian; Nayri Kalayjian; Dr. Mallika Kamana; Jackie Kazarian; Sylia Koroglu; Betty Labine; Carol Lachman; The Life Centered Therapy Training Institute; Long

Island Psychological Consulting (Dr. Roy Aranda); Eric Manigian; Talin Manukian; Janet Marcarian; Yeran Marcoosi; Linda Marsanico; Jinnie & Chuck McCormick; Siroun Terzian Meguerditchian; Alice Movsesian; Ray Paloutzian; Dr. Sreeram Parupudi; Kailash Peri; Psychology Coalition at United Nations; Supriya Reddy; Betty Anne Rougier; Margie Satian; Lisa Schiller; Dr. Geetha Seerangan; Ilene Serlin; Lorraine Simmons; Deborah Stiles; Karri Swathi; Prof. Harold Takooshian; Irene Tananyan; Randal E Tellalian; Suresh Tipimeni; Natalia Tomassini; Lynne Tracey; Carla Tufenkdjian; Kevork Ucaryan; Kiranmai Valluri; Tanya & Siroun Vartanian; Sree Venuthurupalli; P. Vinaya; Marian Weisberg; & Rita Zoroghlian.

This QR Code is for donating to our various fundraising efforts and workshops. Please, help us to help others around the world by donating.

Donate Here



ATTENTION: Additional Media

~ 2014 Meaningfulworld Haiti Mission - [VIEW HERE](#)

In June 2024, the Meaningfulworld team returned to Haiti for their eighth humanitarian mission, guiding communities through trauma healing, forgiveness, and empowerment using Dr. Kalayjian's Integrative Healing Model. From university students to orphan caretakers, participants left feeling heard, hopeful, and reconnected.

~ 2025 Armenia Humanitarian Mission - [VIEW HERE](#)

2025 marked Meaningfulworld's 27th humanitarian mission to Armenia, where Dr. Kalayjian and Professor Takooshian spent 11 impactful days leading 14 healing and educational programs across six universities, two ministries, and eight NGOs — reaching over 600 individuals directly and 2 million through radio and social media. The team also sponsored four children in distress, including two who lost their fathers in the 2023 Artsakh attacks. Even amid political unrest, the resilience and warmth of the Armenian and Georgian people reminded us that the human spirit remains unbreakable.

~Armenia Radio Link. VIEW IT [HERE](#). Ի՞նչ է «խեցգետնի հիվանդությունը» և ինչպե՞ս է այն ազդում հայ հասարակության վրա. հոգեբան Անի Գալայճյան. «Մփյուռքի ձայնը»:

~2024 Humanitarian Mission to Armenia. VIEW IT [HERE](#)

~ MeaningfulWorld UN International Day of Peace. VIEW IT [HERE](#)

~ Suicide awareness & prevention Dr. Ani interviewed by Carl Birman. VIEW IT [HERE](#)

~ WUFUNIF President Liliana Bucur Cress interviewed Dr. Kalayjian, President ATOP MeaningfulWorld. VIEW IT [HERE](#)

~February 2024: Intern Introductions from David Babigian and Terri Lao. View it [HERE](#)

~March 2023: Gender Equity. Transforming Gender Stereotypes. View it [HERE](#)

~March 2023: 12th Annual Mentoring Forum at Fordham University. View it [HERE](#)

~February 2023: Photography Exhibit Opening Ceremony. View it [HERE](#)

~January 2023: MLK Day poem by Dr. Ani:

*I have a dream
Dr. Kalayjian*

*Martin Luther King, Jr., you were the youngest man to have received the Nobel Peace Prize.
You were the King, but you led the people humbly;
You were the King, using your peaceful leadership to actualize your dreams.
You had a dream, your dream inspired us all.
Unfortunately, 60 years later, we are still dreaming with the hopes that “Justice will roll down like water;”
and we will live in harmony.
You defined peaceful resistance,
You were the colossal of the civil rights movement.
You motivated thousands to stand with you,
In peace & justice, with faith and love!*

**~January 2023: Poem by Dr. Ani:
Thrust forward! Enjoying the lessons from the past. Release the negative, imagine they are clouds, let the tears clear your view, as you are now the best version of yourself!**

~January 2023: Forget Me Not by Dr. Ani Kalayjian - book review & Lachin corridor humanitarian crisis. View it [HERE](#)
~January 2023: Dr. Ani Kalayjian wrote a beautiful poem for the start of the New Year. View it [HERE](#)
~July 2022: Humanitarian Outreach Mission to Guatemala, video by Lorraine Simmons. View it [HERE](#)
~9 November 2022: Belle Unobe and Kristina Khrimian discussing the objectives and activities of MeaningfulWorld's Genocide Prevention Committee. View it [HERE](#)
~9 November 2022: Shubhrata Shukla interviewing Dr. Ani Kalayjian on her experiences with trauma and healing. View it [HERE](#)
~9 November 2022: Kristina Khrimian and Rishi Guntur bringing awareness on the topic of suicide. View it [HERE](#)
~September 2022: Dr. Ani Kalayjian, President, MeaningfulWorld & Marietta Khurshudyan, Psychologist discuss: Anger Management: In Armenia Nurturing Emotional Intelligence. View it [HERE](#)
~September 2022: Dr. Ani Kalayjian and Marietta Khursduhyan have an informative conversation about Horizontal Violence in Armenia. View it [HERE](#)
~2 May 2022: Dr. Ani Kalyajian, Lorraine Simmons, and Andrew Dolinar spoke about Self Care and Peace Building: Healing the Self, Mother Nature, and the World. View it [HERE](#)
~25 April 2022: Dr. Ani Kalayjian was interviewed by freelance writer Chelsea Greenwood about the effectiveness of EMDR treatment.
~13 April 2022: Dr. Ani Kalayjian and Outreach Coordinator Paige McDonald met for part two of their

discussion on Horizontal Violence. View it [HERE](#)
~30 March 2022: Dr. Ani Kalayjian and Outreach Coordinator Paige McDonald met for a series of Instagram Lives to discuss Horizontal Violence. View part one [HERE](#)
~24 March 2022: Interns Nola Sheehan and Alyssa Curcio spoke together about empathy and what it means. View the video [HERE](#)
~ 15 March 2022: Dr. Ani Kalayjian sat down and spoke with intern Will Robbins about SAD. View the video [HERE](#)
~2020 Dignity Workshop 27.2: Message tot he World from Dr. Ani Kalayjian. View it [HERE](#)

