

# Patience is a Virtue

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Learning to be patient  
just like a Christmas cactus!  
Epiphytic succulents known for their vibrant,  
segmented stems and colorful flowers that bloom in winter,  
right around Christmas!

We learn to care for the cactus  
the entire year,  
To witness her bloom in December,  
vibrant beautiful colors, in shades of red & pink!

Today be mindful to learn that  
Life, just like the Christmas cactus,  
Requires our patience, consistent care,  
Being mindful of the environment, the temperature,  
and humidity!

Words, thoughts and deeds,  
All resonate with energy, temperature,  
And a unique vibration,  
providing the sustenance we need!

Patience is a virtue!