

Let's be Mindful to Invite Peace

Dr Ani Kalayjian (2013)

Let's be mindful that whatever
We engage in we are inviting more of the same.
If it is violence that we engage in,
then we will invite more violence into our world...

It is almost unbelievable that once again
we are threatening yet another country
to engage in the offensive,
Acting from our past mistakes,
Reacting to our past pain,
Without reflecting on the consequences
Of our actions impacting the next
Seven generations, into the eternity...

Once again we act out of greed,
We act out of our insecurity
And hide behind our drowns,
Without being mindful of the
Negative footprints we leave behind
For generations to endure...

Once again we act out of anger
Letting rage override our empathy,
Instead of embracing peaceful dialogue
We draw resolutions to attack another country
For using weapons of mass destruction
When we have used it in Vietnam and Iraq,
When Israel has used it in Gaza,
While the entire world was silent about it...

Although we may acknowledge at times that we
In fact were created differently than animals and plants
But we act mindlessly ignoring our abilities to communicate,
Stepping over empathy, and staying stubborn in our stance. ..

Are we the problem or the solution?
Why are we forcing others into democracy?
While ignoring all its principles at home? Such as
Understanding, empathy, compromise and unity??

War and violence has failed repeatedly,
War has never resolved a real problem,
Only exacerbates it, and causes 7-generations to
Suffer, to be traumatized, and in grieve...