

Enjoy the Moment

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She ran to the window
With amazement and curiosity of a child
She watched with her eyes wide open and smiled ear-to-ear,
Its snow, she exclaimed, its coming down so beautifully...

The flakes are so carefree, dancing in the air,
Although looking much alike, but they are so uniquely shaped.
As if they are flying or floating around
Before snuggling with one another, while embracing all that they touch.

What a beautiful creation of pure, white, fluffy
Layer of protection and aesthetic beautify
Covering the trees, branches, sidewalks, cars, and streets alike.
While she continues watching with wonderment...

Meanwhile, at the next door, another woman, with many
Bad memories of shoveling snow, pain and discomfort,
Ran to the window, looked at the same snow
And wept, feeling bad, anticipating pain and sorrow...

Her past was so painful,
She wasn't able to enjoy the same beauty
Right in front of her eyes.. .
As all she could remember was pain!

She had many options at hand,
Perhaps to have someone else remove the snow,
Perhaps to remove the snow slowly and mindfully,
But she chose to bring in the pain and depression
From her gloomy past, while tears ran on her cheeks.

Don't let your past destroy your present,
Be in the moment, and connect with your childhood curiosity,
Embrace a care-free attitude, with fun and laughter,
Celebrate the moment and enjoy the aesthetic beauty before you..

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