

Meaningful World

***Association for Trauma Outreach and Prevention
(ATOP)***

Bulletin, May 2026

Upcoming Events



This May, MeaningfulWorld honors the deep connection between collective trauma and mental health. Genocide, displacement, and human rights violations leave lasting wounds – on individuals, families, and entire communities. Healing is not only possible, it is necessary.

As we raise awareness this month, we recommit to our work in trauma outreach, prevention, and meaning-making – because mental health is a human right.

Humanitarian Relief Certificate Program, 2026 Workshop Dates

16 May 2026, Mindful Leadership & Forgiveness

26 September 2026 Self-Care & Meaning-Making

31 October 2026 Disaster Relief & Meaning-making

21 November 2026 Conflict Transformation and Peace-Building

5 December 2026 Holiday Gratitude Party

MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian

Hybrid Workshop, Saturday, 16 May 2026

Mindful Leadership & Forgiveness

Conscientious Leadership, Forgiveness, MeaningfulWorld View, Logotherapy

Facilitator: Dr. Ani Kalayjian, Founder — ATOP Meaningfulworld
Visionary Speaker: Lada Levit, L.Ac. Premordial voice

HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?
Attend this program & become a Meaningful World Ambassador for Humanitarian Relief & Peace-Building

Program Focus:

- * Review the importance of service
- * Learn to integrate mind-body-spirit-soul-environment connection
- * Learn the 5 shadows impacting us negatively and 5 pillars of service
- * List & describe 12 steps of mindful leadership
- * Integrate benefits of forgiveness while shedding light on myths of forgiveness
- * Practice forgiveness and forgiveness meditation and learn about religions and forgiveness
- * Learn healthy patterns of connecting with ourselves, the world, those we serve, and the universe
- * Includes didactic presentation of theory, method, research, and techniques

This workshop is recommended for those seeking a greater understanding of emotional management, lessons learned, transforming vicarious trauma and Horizontal Violence, peace building, meaning-making and transcendence. This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

RSVP to: <https://bit.ly/MeaningfulWorldMay>

Phone: 201-941-2266

DATE: Saturday, 16 May 2026

TIME: 10:00 AM - 3:30 PM

10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker Presentation and Discussion

1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation.

FEES: Online Participants via Zoom: \$50

FEES (In-Person): Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a group will receive 20% off

Includes: Bach/Flower remedies, pre-post test, collective gratitude

Register early as space in this workshop is limited!

* Pay online securely at: http://meaningfulworld.com/get_involved/donation

*ALL FEES INCREASE \$10 after 10 May so make your payment early!

Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Mental Health Counseling, Creative Arts Therapy, Music Therapy and Psychoanalysis

When one helps another, BOTH become stronger

16 May 2026

10 AM - 12:30 PM Welcome, Lecture, Visionary Speaker Presentation and Discussion

1:00 PM - 3:30 PM Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation

Visionary Speaker: Lada Levit, L.Ac. Premordial Voice

RSVP Here to Register



YOUR OPINION MATTERS!
WE INVITE YOU TO PARTICIPATE IN A SURVEY ON LATERAL/HORIZONTAL VIOLENCE IN ARMENIAN, INDIAN, AND TURKISH COMMUNITIES!

We are conducting research to better understand experiences of lateral/horizontal violence within community interactions. Your responses will help raise awareness and help us guide these communities into healing & nurturing sustainable peace.

WHO CAN PARTICIPATE: Individuals aged 18 or older who identify as Armenian, Turkish, and Indian.

Your participation is voluntary and confidential.

This survey takes approximately 5-10 minutes to complete.

How to participate: Scan the QR code or click the link below.

[Lateral/Horizontal Violence Survey Link](#)



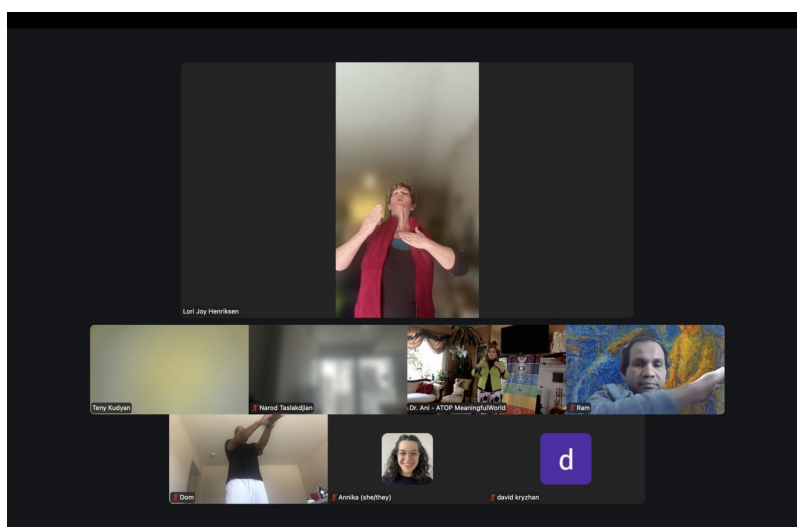
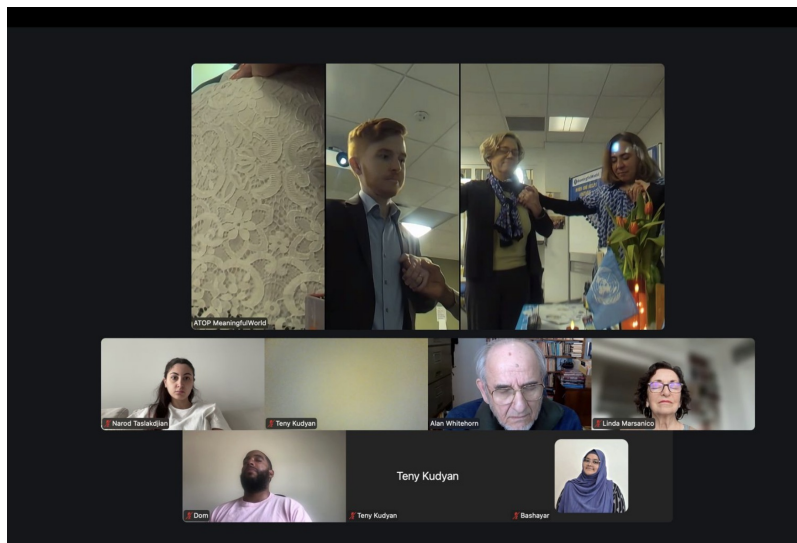
For more information, please contact:
Research Team at Info@meaningfulworld.com

Lateral/Horizontal Violence Research

Fill the Survey Here

[Meet MeaningfulWorld's Team Members](#)

[Click here to read more about our Team](#)



[Successful Past Events:](#)

[Saturday 25 April 2026, 10 - 3:30 PM EST](#)

This April, MeaningfulWorld brought together scholars, survivors, diplomats, and healing practitioners at Fordham University for a powerful day of witnessing, educating, and preventing Genocide. From opening remarks to the Heart-to-Heart Circle of Love and Gratitude, the day wove together testimony, art, and dialogue in the spirit of Genocide prevention and healing. Special gratitude to speakers, and Fordham University.

[Saturday 28 March 2026, 10 - 3:30 PM EST, Virtual](#)

[Disaster Relief & Meaning-making Workshop](#)

The Disaster Relief & Meaning-Making Workshop was a powerful and grounding experience, bringing participants together to process collective trauma, build resilience, and explore how meaning-making can support healing in the aftermath of crisis. Special gratitude to Lori Henriksen, our Visionary Speaker, who shared sound and energy healing experiential meditation.

MeaningfulWorld
ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian

Thursday 12 March 2026, 2:30 PM EST, Virtual

ATOP Meaningfulworld at United Nations Presents a parallel Program at the 70th Commission on Status of Women (CSW) on
AI & EI: Challenges for Empowerment of Women & Girls Globally

Sustainable Development Goals: 2, 3, 4, 5, 8, 10, 11, 16, 17

Chair Person: Dr. Ani Kalayjian
Welcome: Dr. Kalyani Gopal, Psychology Coalition of Accredited NGOs at the United Nations
Dr. Tara Pir, Institute For Multicultural Counseling & Educational Services (IMCES)
Invocation: Mr. Eric Shokei Manigian, M.Div. Union Theological Seminary, NY.
Faculty:
Guatemala, Prof. Maria Del Pilar Grazioso, Universidad Del Valle. Challenges for women in Guatemala
Uganda, Mr. Jacob Bole. Hope Renewed NGO. Feeding, Healing, & Educating Women & Girls in Uganda.
Lebanon, Dr. Maral Boyadjian, Lebanese Psychological Association. Challenge in EI & AI in Lebanon
USA, Lida Asilyan, MeaningfulWorld. Empowering Women & Girls Globally: Lessons learned
Closure: Heart-to-Heart-Circle of Love, Gratitude, and Peace, Mariam Manucharyan, Komitas (Kaqavik) on piano

This panel will focus on healing traumatized women and girls globally. Our organization has volunteered in 50 countries and 26 states in the USA. Our observations have highlighted the continued violence against women and girls globally. Panelists will be focusing on challenges to healing in Guatemala, Nigeria, Uganda, Armenia, Lebanon, Palestine, and others. We will share strategies to transform women's trauma and nurture their emotional intelligence, which is increasingly important in a world full of AI. We have observed women are often leaders in their community and family, so investing in this population is investing in our future.

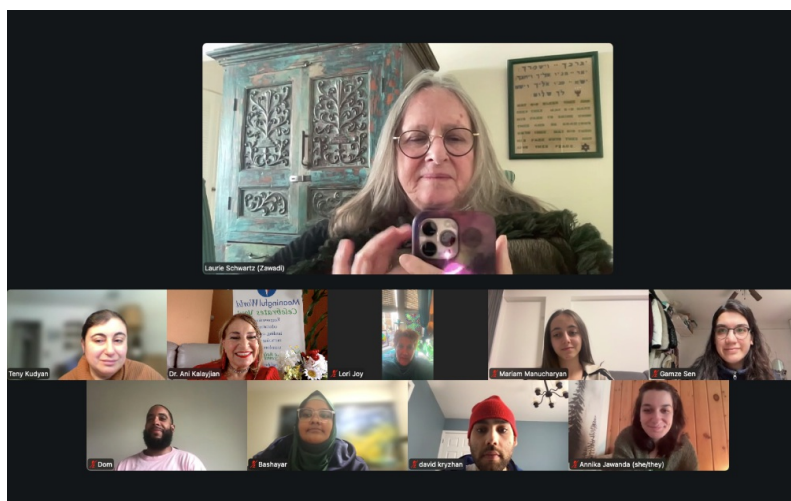
When one helps another, BOTH become stronger!

<p>DATE: Thursday 12 March 2026 Info@meaningfulworld.com RSVP by 7 March to receive zoom link!</p> <p>For more information call: Dr. Kalayjian, 201-723-9578 www.meaningfulworld.com</p>	<p>Cosponsors: Association for Trauma Outreach & Prevention (ATOP) Meaningfulworld, ACRPC, AGBU & Institute for Multicultural Counseling & Educational Services (IMCES) Must register for a link; info@meaningfulworld.com deadline: 6 March 2025</p>
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Thursday 12 March 2026, 2:30 PM EST, Virtual

MeaningfulWorld organized a Parallel Conference at the United Nations Commission on Status of Women, 70th Anniversary

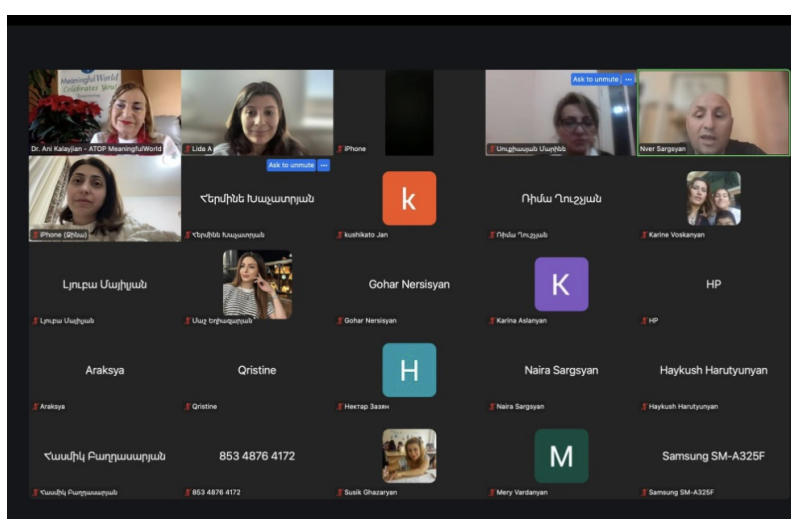
AI & EI: Challenges for Empowerment of Women & Girls Globally



2026 21 February, Self-Care & Meaning-Making Meaningfulworld Workshop

The workshop was a meaningful success, bringing participants together to reflect, heal, and explore the role of self-care and meaning-making in personal and collective wellbeing.

Visionary Speaker: Laurie Schwartz



2025 20 December, From Empathy to Action: Teacher & Parent Master Seminar on Supporting Adolescents



MeaningfulWorld



Pamper Yourself Holiday Gratitude Healing Party
Saturday 6 December 2025
4-6:30 pm Personalized Healing, and 6:30-10 pm Party



**Meaningfulworld's
Annual Holiday
Gratitude Healing
Party**

Kindly, join us for an afternoon of celebration as we remember all that we have accomplished as a team and as a community in the world this year!





Date: Saturday 6 December 2025

4-6:30 PM: Pampering & Integrative Healing with invited healers:

- Reiki - Natalia Tomassini
- Spiral Massage (Deep Tissue) - Art Jaffe
- Energy Healing - Tanya Vartanyan
- Flower Remedies - Dr. Ani
- Mindfulness - Dana Mark
- Neurographic Art Journey - Karine Arshakyan
- LifeWave & MiCure Phototherapy - Nina Terzian

6:30-7:00 PM: Films & Photos from Missions

7-10:00 PM: Food, Drinks, Music and Games

Live music:
DJ Harry Latirofan

Offering: \$39 includes 7 healing modalities, food, drinks, music, & desserts

RSVP by **29 Nov 2025**
Info@Meaningfulworld.com


Dr. Ani Kalayjian
Phone: 201-941-2266





Saturday 6 December 2025, Holiday Gratitude Party

Click Here for Summary


შეცვალე ცხოვრება საკუთარი შინაგანი ძალის გაღვივებით



Announcing a forum with *
Ana Arveladze, MS
on
Positive psychology for peak performance



How can positive psychology promote peak performance for athletes, businesspeople, and students? Ana Arveladze is an executive coach, consultant to Olympic athletes, and President of the Uznadze Institute of High Performance Psychology in Tbilisi, Georgia. Here at Fordham, she shares her experiences applying positive psychology with elite athletes and high-performing organizations.






Moderator: **Harold Takooshian, PhD, Fordham U**
Welcome: **Jason R. Young, PhD, President, Psi Chi**
Discussants: **Dr. Ani Kalayjian, Meaningful World**

23 November 2025, Sunday at 4 pm
Fordham University, 113 West 60 St., Manhattan, room 1021

All are welcome.

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* This session is hosted by Fordham University, in cooperation with Psi Chi, SPSSI-NY, ABSA, and Manhattan Psychological Association
For any details: takooshian@fordham.edu
NOTES: <https://www.parliament.gov.ge/print/news/sports-komiteti-sportis-fikologiasa-da-mattan-dakavshihel-sakikhibe-imjide>
https://www.linkedin.com/posts/ana-arveladze-b24717a5_#toppsychology-nationalteam-stamppsychology-actio-ty-7388732427298914304-ZY2V
https://www.psiichi.org/page/chapter_search

23 November Workshop, Positive Psychology for Peak Performance

Ana Arveladze, MS

2025 11 November Radio interview with Dr. Kalayjian

Listen here



9 Nov. Philippines, Disaster Relief Training, Preparation, Meaning-Making & EI workshop

Read more

MeaningfulWorld
ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION
with Dr. Ani Kalayjian

Hybrid Workshop, Saturday, 25 October 2025

Disaster Relief & Meaning-Making
Disaster Relief, Rehabilitation, Meaning-Making, & Empathy

Facilitator: Dr. Ani Kalayjian, Founder - ATOP Meaningfulworld
Visionary Speaker: Sarkis Chuldjian, MDT, CCHt, Hypnotherapy

HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?
Attend this program & become a Meaningful World Ambassador for Humanitarian Relief & Peace-Building

Hybrid workshop program focus:

- Understand the impact of disaster on survivors: children, adults, families, & communities
- Identify the interventions for rehabilitation, recovery, healing, & integration
- Mentor, empower, & support professionals & the next generation
- Empower self through Mind-Body-Eco-Spirit for health & peace-making
- Disseminate global tool, 7-Step Integrative Healing Model (Biopsychosocial and Eco-Spiritual Model)
- Describe and practice meaning-making
- Describe and list stages of disaster relief

This hybrid workshop is recommended for those seeking deeper insight into the stages of disaster, approaches to relief and recovery, meaning-making and emotional resilience, and practice the 7-Step Integrative Healing Model. This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

RSVP: [/bit.ly/MeaningfulWorldOct](https://bit.ly/MeaningfulWorldOct)
Phone: 201-941-2266
DATE: Saturday, 25 October 2025
TIME: 10:00 AM - 3:30 PM
10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker
Presentation and Discussion
1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation
FEES: Online Participants via Zoom: \$50
FEES (In-Person): Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a group will receive 20% off

Includes: Bach/Flower remedies, pre-post test, collective gratitude
Register early as space in this workshop is limited!
* Pay online securely at: <http://meaningfulworld.com/getinvolved/donation>
*ALL FEES INCREASE \$10 after 18 October so make your payment early!
Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Mental Health Counseling, Creative Arts Therapy, Music Therapy and Psychoanalysis

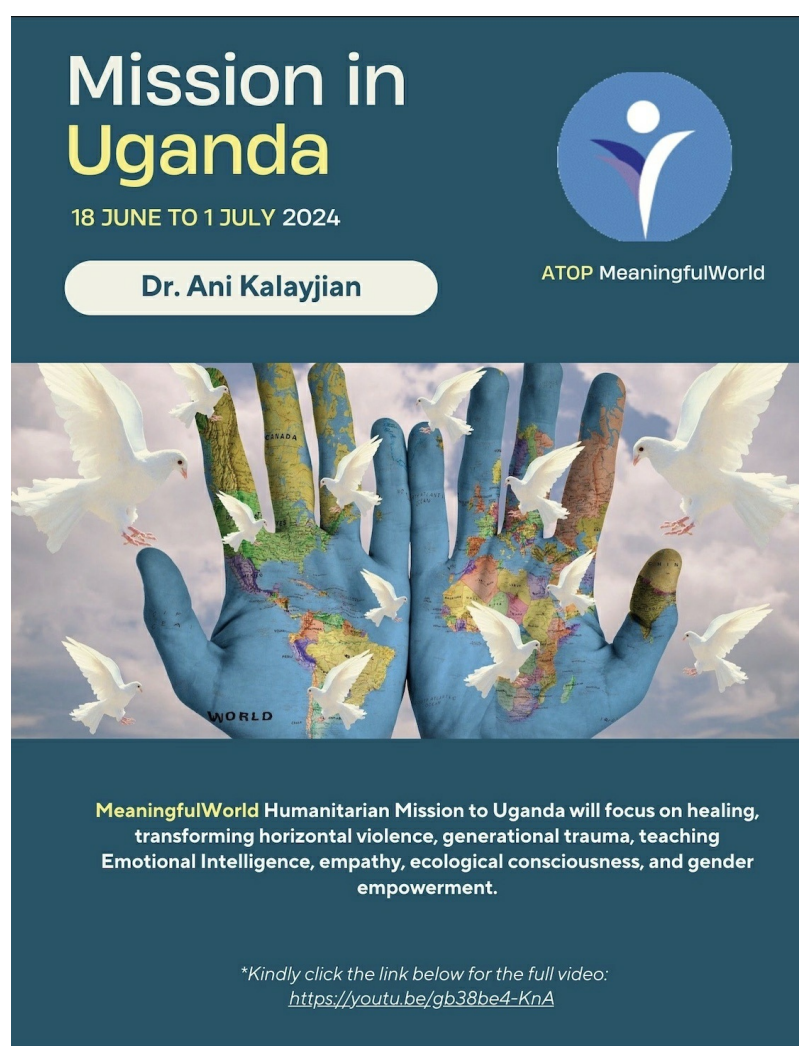
When one helps another, BOTH become stronger

Disaster Relief & Meaning-Making Workshop, 25 October 2025

Read more



Read more



Mission in Uganda
18 JUNE TO 1 JULY 2024

Dr. Ani Kalayjian

ATOP MeaningfulWorld

MeaningfulWorld Humanitarian Mission to Uganda will focus on healing, transforming horizontal violence, generational trauma, teaching Emotional Intelligence, empathy, ecological consciousness, and gender empowerment.

**Kindly click the link below for the full video:
<https://youtu.be/gb38be4-KnA>*

The poster features a central image of two hands painted with a world map, surrounded by white doves flying against a cloudy sky. The text is set against a dark blue background.

Transforming Trauma in Uganda: ATOP MeaningfulWorld's 2024 Humanitarian Mission in Uganda Film!

Watch Film Here!



Feed, Heal, & Teach Children in the Slums of Uganda.

We have fed over 7,000 children since August 2024.

More Information



Partnering to offer free Transcendental Meditation for mothers in the Slums of Uganda

More Information



Weekly Meetings

Weekly Support Groups

\$5 tax deductible donation

Managing stress, anxiety, fear, and uncertainty in times of global crises

When: Every Thursday

Time: 12:00 - 1:00 PM (EST)

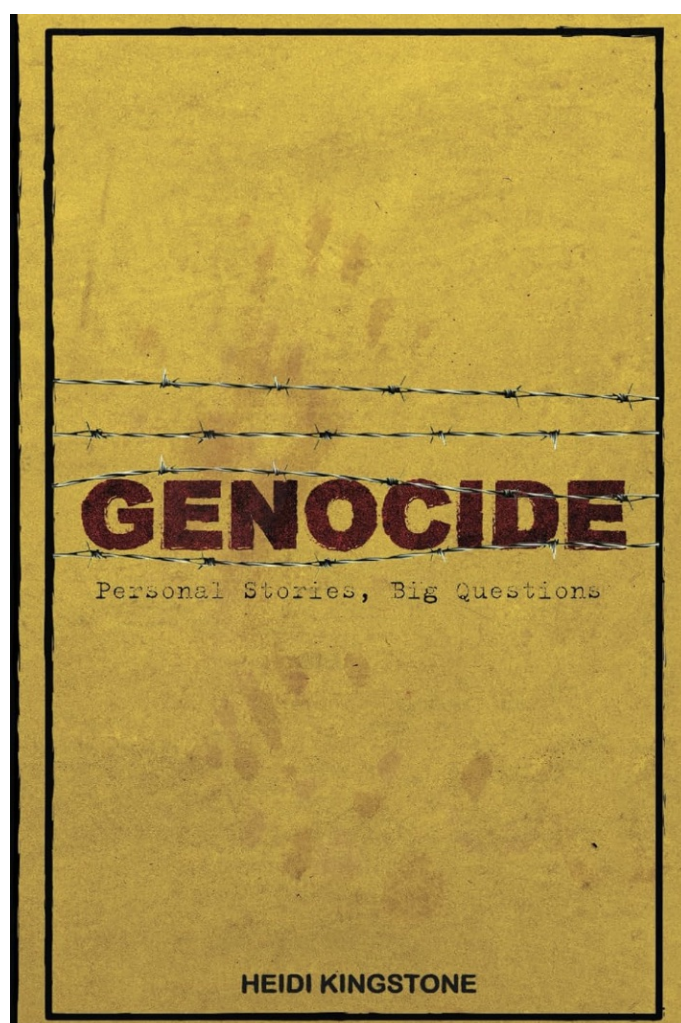
Where: info@meaningfulworld.com for zoom link

RSVP Here

Meet Up Zoom Yoga & Soul Surfing with Dr. Ani
ATOP MeaningfulWorld offers yoga and meditation during these times of panic and unrest.

Join us every Tuesday & Friday at 10:00 AM EST on Zoom, by appointment.

RSVP Here



COFFEE TABLE BOOK RELEASE

A Journey to Empowerment, Healing, & Transformation: 35 Years of Humanitarian Relief Outreach

By: Dr. Ani Kalayjian

A review from David Dawud said: "I love your writings in the coffee table book. I'm reading a poem everyday, and traveling to a new country with beautiful photos of your humanitarian volunteer service. You make me think, reflect, release and it helps me clear my thoughts."

Click [HERE](#) for the link

Genocide: Personal Stories, Big Questions

By: Heidi Kingstone

This book chronicles 20th and 21st-century genocide, which remains one of the most pressing topics today. To further her exploration of one of the worst human rights crimes, she has asked several experts, journalists, scholars, health care professionals, to answer 10 questions.



The A Train to Sedona - From Victim to Survivor. ATOP MeaningfulWorld President Dr. Ani Kalayian's interview for TalkRadioNYC.

Click [HERE](#) for the link



Global Firearm Violence - An Integrative Review

More Information

MeaningfulWorld invites you to share your love!



REUSABLE CANVAS BAGS

Let's reduce the use of plastic and raise money for those in need! We want to continue to help launch a suicide lifeline in Armenia, educate others on emotional intelligence, and deploy our teams for humanitarian relief missions! There are 4 different colors to choose from! Buy a reusable bag and help us help others!



MEANINGFULWORLD TSHIRTS

Show off your MeaningfulWorld spirit by wearing our newly designed t-shirts! You can choose from a range of colors and styles! Show off your MeaningfulWorld pride while simultaneously helping others! Proceeds will help us help others!

Reusable Canvas Bags

T-Shirt Sale



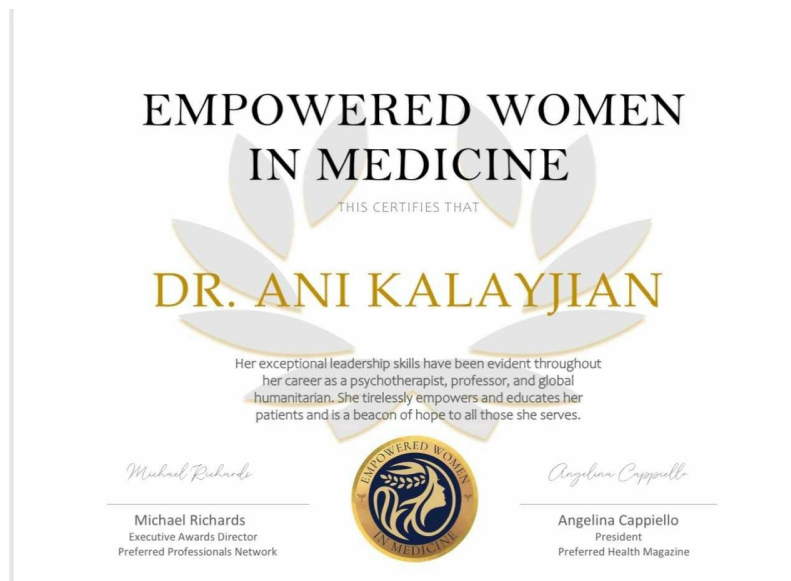
Awards

MeaningfulWorld ATOP founder Dr. Ani Kalayjian was awarded the 2025 R. Louise McManus Medal by NEAA, created by Teachers College, Columbia

Watch the Video



2024 Lifetime Achievement Award in the Field of Psychology, presented to Dr. Ani Kalayjian for her exemplary dedication and leadership in trauma psychology, as well as her impactful global humanitarian efforts, transforming lives through healing and education worldwide.



Empowered Women in Medicine Award, given to Dr. Ani Kalayjian, for her exceptional leadership and dedication as a psychotherapist, professor, and global humanitarian.



Courier

Official Publication of the Nursing Education Alumni Association

Spotlight on Ani Kalayjian, EdD, BC-RN, BCETS, DDL

By Diane J. Mancino

Dr. Ani Kalayjian is a graduate of Columbia University Teachers College with Master's and Doctoral Degrees and holds an Honorary Doctor of Science Degree from Long Island University. She is the founder and President of the Association for Trauma Outreach and Prevention (ATOP) Meaningfulworld. Since 1998, she has been a consultant at the United Nations (UN), and more recently has been the representative of ATOP Meaningfulworld at the UN. She is an editor and author of numerous books and scholarly articles. Dr. Kalayjian has been recognized by many different organizations including the American Nurses Association Honorary Human Rights Award. The following interview offers insight into Dr. Kalayjian's professional development as a nurse and as a humanitarian extraordinaire.

Editor: When did you decide to become a RN? What attracted you to nursing as a career?

I was 8 years of age, growing up in Aleppo Syria, and saw my parents extremely sad and angrily shuffling the papers looking for their lost family members from the Ottoman Turkish Genocide of the Armenians (1915). When I asked them what was wrong, they brushed me off to do my homework. I went to the outhouse and cried. I did not know at that time that I had inherited their post-traumatic stress disorder, and even though they never told me about the Genocide, I felt the gravity of being amongst traumatized people. I witnessed my grandfather at his death bed having night terrors and yelling "close the doors, the Turks are coming, my love, please close the doors, lock the windows too, its (Genocide) starting again." I then, at an early age, decided to help people become strong and resilient and be able to share their feelings assertively without feeling shame of their sadness and hiding in the outhouse. Additionally, I was in between two brothers one older and one younger, who tor-



Dr. Ani Kalayjian

mented me and who were benefiting from their male advantage by going outside to play and ride a bicycle, while I was forbidden from it all. While I was forced to stay home for my safety, and to learn domestic talents such as crochet, needle point, and cleaning.

Editor: Please describe your early nursing career. Where did you get your basic nursing education? Your early practice settings?

I first studied at Long Island University (LIU), Brooklyn campus, receiving a BS. Then I studied at Teachers College Columbia University, receiving both MEd and EdD, without any breaks.

Editor: How was your academic progression planned? Why did you choose Teachers College for your master's and doctorate?

I am still unsure as to why at Fort Lee High School I was not guided by the counseling center to help me with my higher education.

In fact, my parents were very poor, just immigrated from Syria, they were struggling to find jobs, while none of us spoke in English, all of us were struggling financially and we were unable to communicate our needs. So, as a new immigrant, I thought I had to take a year off. I worked in a meat market (in a food market) and I saved money to be able to secure university education. At work, I learned from my customers that there is financial assistance and that there are community colleges to start, as they are less expensive. So, I began at Manhattan Community College, where I traveled by bus and train from New Jersey. After a semester, while at a career fair, I was discovered by LIU offering scholarships for securing 4.0 GPA. From LIU I was discovered by Teachers College, and once again I received a traineeship and was able to work at night as a registered professional nurse (RN) at Metropolitan Hospital in East Harlem, NY in a psychiatric ward. I attended classes during the day at TC experiencing the most amazing, enlightening, and informative years of my life. By this time, I had a command of the English language, and could read, understand, and express my needs well. I am beyond sad that our nursing program is closing. I am wiping my tears as I type these sentences.

Editor: Please describe your progression as a psychotherapist.

From childhood, inheriting generational trauma, collective trauma, and horizontal violence all around me in Syria, I knew the problem was called lack of Emotional Intelligence, EI. Of course, I did not have the proper words at that time, but I knew that negative emotions, unexpressed and untransformed, will cause physical problems and then get passed on to our offsprings. I saw how my brothers had the anger that my father had suppressed, as they dumped those on me, and the obsessive cleaning that my mother suffered from was passed on as well.

(continued on page 15)

Spotlight on Ani Kalayjian, Teachers College Columbia University Courier

More Information

Meaningful World

Intern Call: 2026-2027

Association for Trauma Outreach and Prevention (ATOP)

Mission:

At Meaningfulworld, the goal is to prepare a generation of conscientious individuals who are guided by love, peace, passion, and meaning. Meaningfulworld is dedicated to fostering a meaningful, peaceful, and just world in which every individual enjoys physical, mental, social, economic, and spiritual health. A sense of meaning, peace, and justice, although unique to each individual, is achieved through a transformative journey that integrates knowledge and experience with a sense of responsibility and reflection. This transformative process is also attained through healthy relationships that nurture open, honest, and transparent communication, insight into forgiveness, love and spiritual connection, and sacred activism.

Available Positions:

All internships are conducted under the supervision of both Dr. Ani Kalayjian-Founder and CEO, Board of Directors of ATOP, and the Intern Coordinator.

1. **Grant Writer/Researcher:** Assisting the Grant Committee to research & write grants, apply for awards, disseminate the work through printed materials
2. **United Nations Internship:** Presence is essential on Thursdays to attend international meetings & join DGC and CoNGO Committees. One year minimum.
3. **Web Support:** Upload photos, press release, and reports on our website.
4. **Digital Media:** International footage from our humanitarian missions. Successful candidates could make a short film for YouTube for educational outreach.
5. **Marketing Intern:** Taking part in our active research team with local and international research from around the world.
6. **Fundraising & Outreach Intern:** To maintain sustainability of our organization, organizing fundraising events for social gatherings to raise funds.
7. **Educational Coordinator and assistant:** Managing monthly educational workshops.

Location: Although based in the New York Metropolitan Tri-State area, USA, other internships are welcomed. Internships are mainly virtual except the UN. Monthly meetings are virtual, mandatory on first Monday eve. Monthly training programs are mandatory and are hybrid.

Time commitment: 12 months-2 years, 5-6 hours a week (some internship less hrs)

Kindly send your resume, statement of purpose, internship position of interest, 3 goals consistent with our mission, 2 contacts for reference, to Dr. Kalayjian DrKalayjian@meaningfulworld.com, kindly visit: www.meaningfulworld.com

INTERN CALL: PART TIME INTERNS NEEDED

Looking for experience in research? UN? Humanitarian Work? Fundraising? Social Media? Only 4-5 hours a week!
Be the change you want to see in the world!

More Information



ATOP Latest Publishing

- 1. Kshtriya, S., Kalayjian, A., Lowe, S. R., Diakonova-Curtis, D., Toussaint, L. (2022). Exploring the Association between Forgiveness, Meaning-Making, Post-Traumatic Stress Symptoms: The Case of Hurricane Maria in Puerto Rico. *International Journal of Educational Research*.**
 - 2. Kalayjian, A., Huang, K., Sabbour, S., & Yasin, M. (2022). Grassroots Collaborations to Address the Trauma of Suicide: Establishing the First Suicide Prevention Lifeline in the Republic of Armenia. *International Journal of Mental Health*. <https://doi.org/10.1080/00207411.2022.2983392>. View [HERE](#)**
 - 3. Toussaint, L., Kshtriya, S., Kalayjian, A., Cameron, E., & Diakonova-Curtis, D. (2022). Christian Religious Affiliation is Associated with Less Posttraumatic Stress Symptoms Through Forgiveness but Not Search for Meaning After Hurricane Irma and Maria. American Psychological Association.**
-



 **MeaningfulWorld**
Association For Trauma, Outreach and Prevention
Helping people heal for 35 years!

SCAN ME

1. Sponsor a Child in Haiti or Armenia.
2. Suicide Prevention in Armenia.
3. Mental Health, Supporting Psychologists in War Torn Areas of Ukraine & Armenia.



90% of your donation goes directly to the people!

www.Meaningfulworld.com



Gratitude To Our Visionary Speakers

Lo Anne Mayer, Alexis Brink, Dr. Yolanda Hancock, Dr. Douglas Scherer, Laurie Schwartz, Dr. Linda Marsanico, Nupur Kothari, Paul Jaffe, Simone Coonrod, Linda Turner, Erica Rodriguez, Arthur Jaffe, Christina Nunez Gomes, Cristina Como, Mark Ackerman, Marianne Gunther, Ron Friedman, Kathleen Booker, Lata Cheri-Kennedy, Anisa Keith, Dr. Deborah Barbriere, & Ali Fischer

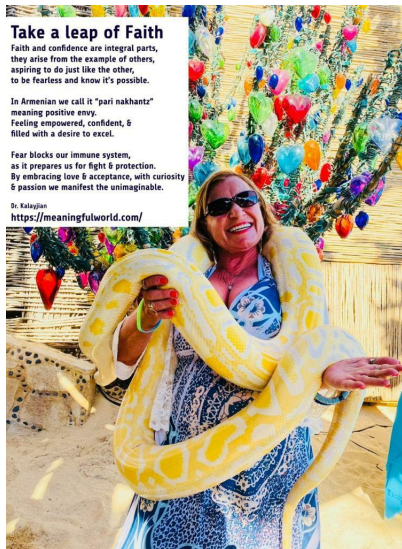
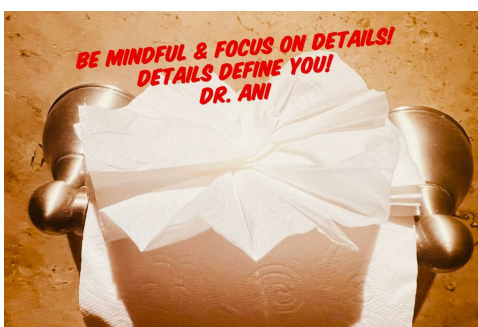
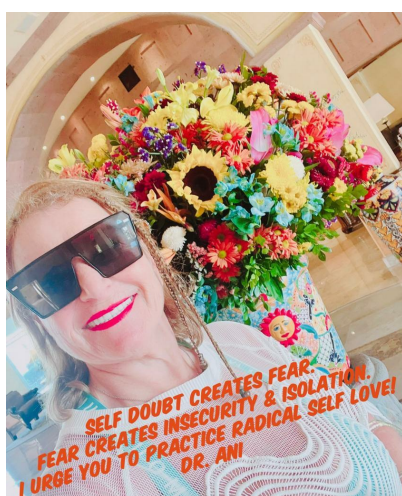
Gratitude To Our Donors

Anonymous; Armenian Constitutional Rights Protective Center; Armenian General Benevolent Union of America; Kari Akgulian; Dr. Maggie Avedissian; Lola Aznavur; Vanessa Billups; Ara & Joyce Boghosian; Dr. Garen & Diana Boghosian; Zarmine & Missak Boghosian; Mark Chenian; Jacob Yahian; Suzanne Crespo; David Dawud; Dr. Dominique Eugene; FesFlowers.com; Mary Ryan Garcia; Taleen Gergerian; Randolph Giudice; Anisa Goz; Dr. Andrew Hahn; Dr. Noyemi Isnar; Art Jaffe; Dr. Marianne Jeffreys; Dr. Ani Kalayjian; Nayri Kalayjian; Dr. Mallika Kamana; Jackie Kazarian; Syla Koroglu; Betty Labine; Carol Lachman; The Life Centered Therapy Training Institute; Long Island Psychological Consulting (Dr. Roy Aranda); Eric Manigian; Talin Manukian; Janet Marcarian; Yeran Marcoosi; Linda Marsanico; Jinnie & Chuck McCormick; Siroun Terzian Meguerditchian; Alice Movsesian; Ray Paloutzian;

Dr. Sreeram Parupudi; Kailash Peri; Psychology Coalition at United Nations; Supriya Reddy; Betty Anne Rougier; Margie Satian; Lisa Schiller; Dr. Geetha Seerangan; Ilene Serlin; Lorraine Simmons; Deborah Stiles; Karri Swathi; Prof. Harold Takooshian; Irene Tananyan; Randal E Tellalian; Suresh Tipimeni; Natalia Tomassini; Lynne Tracey; Carla Tufenkdjian; Kevork Ucaryan; Kiranmai Valluri; Tanya & Siroun Vartanian; Sree Venuthurupalli; P. Vinaya; Marian Weisberg; & Rita Zoroghlian.

This QR Code is for donating to our various fundraising efforts and workshops. Please, help us to help others around the world by donating.

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ATTENTION: Additional Media

~ 2014 Meaningfulworld Haiti Mission - [VIEW HERE](#)

In June 2024, the Meaningfulworld team returned to Haiti for their eighth humanitarian mission, guiding communities through trauma healing, forgiveness, and empowerment using Dr. Kalayjian's Integrative Healing Model. From university students to orphan caretakers, participants left feeling heard, hopeful, and reconnected.

~ **2025 Armenia Humanitarian Mission - [VIEW HERE](#)**

2025 marked Meaningfulworld's 27th humanitarian mission to Armenia, where Dr. Kalayjian and Professor Takooshian spent 11 impactful days leading 14 healing and educational programs across six universities, two ministries, and eight NGOs — reaching over 600 individuals directly and 2 million through radio and social media. The team also sponsored four children in distress, including two who lost their fathers in the 2023 Artsakh attacks. Even amid political unrest, the resilience and warmth of the Armenian and Georgian people reminded us that the human spirit remains unbreakable.

~**Armenia Radio Link. VIEW IT [HERE](#).** Ի՞նչ է «խեցգետնի հիվանդությունը» և ինչպե՞ս է այն ազդում հայ հասարակության վրա. հոգեբան Անի Գալայճյան. «Միջուռքի ձայնը»:

~**2024 Humanitarian Mission to Armenia. VIEW IT [HERE](#)**

~ **MeaningfulWorld UN International Day of Peace. VIEW IT [HERE](#)**

~ **Suicide awareness & prevention Dr. Ani interviewed by Carl Birman. VIEW IT [HERE](#)**

~ **WUFUNIF President Liliana Bucur Cress interviewed Dr. Kalayjian, President ATOP MeaningfulWorld. VIEW IT [HERE](#)**

~**February 2024: Intern Introductions from David Babigian and Terri Lao. View it [HERE](#)**

~**March 2023: Gender Equity. Transforming Gender Stereotypes. View it [HERE](#)**

~**March 2023: 12th Annual Mentoring Forum at Fordham University. View it [HERE](#)**

~**February 2023: Photography Exhibit Opening Ceremony. View it [HERE](#)**

~**January 2023: MLK Day poem by Dr. Ani:**

*I have a dream
Dr. Kalayjian*

*Martin Luther King, Jr., you were the youngest man to have received the Nobel Peace Prize.
You were the King, but you led the people humbly;
You were the King, using your peaceful leadership to actualize your dreams.
You had a dream, your dream inspired us all.
Unfortunately, 60 years later, we are still dreaming with the hopes that “Justice will roll down like water;”
and we will live in harmony.
You defined peaceful resistance,
You were the colossal of the civil rights movement.
You motivated thousands to stand with you,
In peace & justice, with faith and love!*

~**January 2023: Poem by Dr. Ani:**

Thrust forward! Enjoying the lessons from the past. Release the negative, imagine they are clouds, let the tears clear your view, as you are now the best version of yourself!

~**January 2023: Forget Me Not by Dr. Ani Kalayjian - book review & Lachin corridor humanitarian crisis. View it [HERE](#)**

~**January 2023: Dr. Ani Kalayjian wrote a beautiful poem for the start of the New Year. View it [HERE](#)**

~**July 2022: Humanitarian Outreach Mission to Guatemala, video by Lorraine Simmons. View it [HERE](#)**

~**9 November 2022: Belle Unobe and Kristina Khrimian discussing the objectives and activities of MeaningfulWorld's Genocide Prevention Committee. View it [HERE](#)**

~**9 November 2022: Shubhrata Shukla interviewing Dr. Ani Kalayjian on her experiences with trauma and healing. View it [HERE](#)**

~**9 November 2022: Kristina Khrimian and Rishi Guntur bringing awareness on the topic of suicide. View it [HERE](#)**

~**September 2022: Dr. Ani Kalayjian, President, MeaningfulWorld & Marietta Khurshudyan, Psychologist discuss: Anger Management: In Armenia Nurturing Emotional Intelligence. View it [HERE](#)**

~**September 2022: Dr. Ani Kalayjian and Marietta Khursduhyan have an informative conversation about Horizontal Violence in Armenia. View it [HERE](#)**

~**2 May 2022: Dr. Ani Kalyajian, Lorraine Simmons, and Andrew Dolinar spoke about Self Care and Peace Building: Healing the Self, Mother Nature, and the World. View it [HERE](#)**

~**25 April 2022: Dr. Ani Kalayjian was interviewed by freelance writer Chelsea Greenwood about the effectiveness of EMDR treatment.**

~**13 April 2022: Dr. Ani Kalayjian and Outreach Coordinator Paige McDonald met for part two of their discussion on Horizontal Violence. View it [HERE](#)**

~**30 March 2022: Dr. Ani Kalayjian and Outreach Coordinator Paige McDonald met for a series of Instagram Lives to discuss Horizontal Violence. View part one [HERE](#)**

~**24 March 2022: Interns Nola Sheehan and Alyssa Curcio spoke together about empathy and what it**

means. View the video [HERE](#)

~ 15 March 2022: Dr. Ani Kalayjian sat down and spoke with intern Will Robbins about SAD. View the video [HERE](#)

~2020 Dignity Workshop 27.2: Message to the World from Dr. Ani Kalayjian. View it [HERE](#)

