

Meaningful World

Association for Trauma Outreach and Prevention (ATOP)

Bulletin, March 2026

Upcoming Events

MeaningfulWorld
ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION
with Dr. Ani Kalayjian 

Hybrid Workshop, Saturday, 28 March 2026

 **Disaster Relief & Mindfulness**
Disaster Relief, Rehabilitation, Mindfulness, & Empathy

Facilitator: Dr. Ani Kalayjian, Founder - ATOP MeaningfulWorld
Visionary Speaker: Lada Levit, L.Ac. Premordial voice

HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?
Attend this program & become a Meaningful World Ambassador
for Humanitarian Relief & Peace-Building

Program focus:

- Understand the impact of disaster on survivors: children, adults, families, & communities
- Identify the interventions for rehabilitation, recovery, healing, & integration
- Mentor, empower, & support professionals & the next generation
- Empower self through Mind-Body-Eco-Spirit for health & peace-making
- Disseminate global tool, 7-Step Integrative Healing Model (Biopsychosocial and Eco-Spiritual Model)
- Describe and practice mindfulness meditation
- Describe and list stages of disaster relief

This workshop is recommended for those seeking a greater understanding of emotional management, lessons learned, transforming vicarious trauma and Horizontal Violence, peace building, meaning-making and transcendence.
This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

RSVP to: <http://bit.ly/MeaningfulWorldMarch>
Phone: 201-941-2266
DATE: Saturday, 28 March 2026
TIME: 10:00 AM - 3:30 PM
10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker
Presentation and Discussion
1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises,
Experiential Healing Session and Meditation.
FEES: Online Participants via Zoom: \$50
FEES (In-Person): Full (\$125), Graduate students or retired (\$75),
Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a
group will receive 20% off

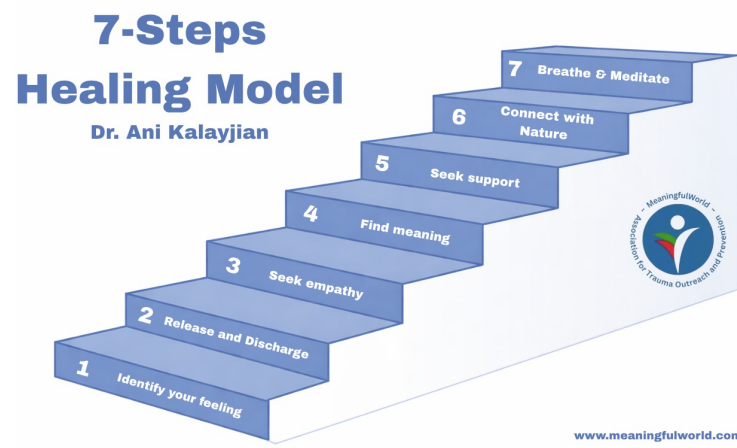
Includes: Bach/Flower remedies, pre-post test,
collective gratitude
Register early as space in this workshop is limited!
* Pay online securely at:
<http://meaningfulworld.com/getinvolved/donation>
*ALL FEES INCREASE \$10 after 21 March so
make your payment early!
Receive Continuing Education Credits for the
following professions: Marriage & Family
Therapy, Mental Health Counseling, Creative Arts
Therapy, Music Therapy and Psychoanalysis

When one helps another, BOTH become stronger

28 March 2026, Disaster Relief & Meaning-making Workshop

[Register Here](#)

[Donate Here](#)



Humanitarian Relief Certificate Program, 2026 Workshop Dates

28 March 2026, Disaster Relief & Meaning-making

25 April 2026, Genocide Prevention & Human Rights

16 May 2026, Mindful Leadership & Forgiveness

28 July 2026, Garden Gratitude & Pampering Party

26 September 2026 Self-Care & Meaning-Making

31 October 2026 Disaster Relief & Meaning-making

21 November 2026 Conflict Transformation and Peace-Building

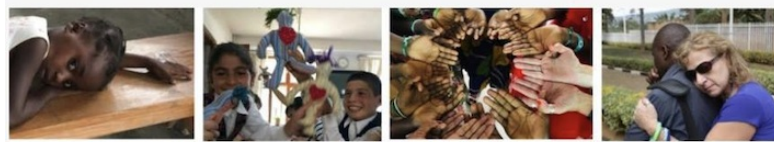
5 December 2026 Holiday Gratitude Party



Mission to Senegal

MeaningfulWorld will be leading a Humanitarian Outreach Mission to Senegal from **4-17 April 2026**. This mission focuses on **trauma healing, emotional intelligence, peacebuilding, and ecological sustainability**, supporting communities impacted by political unrest, poverty, and intergenerational trauma. **Led by USA, Dr. Ani Kalayjian, Natalia Tomassini, M.Ed. Lori Henriksen, Narod Tasladjian, SouKeyna Diouf.** Team members **from Senegal Ibrahima Diallo, Seydou Mbengue** will collaborate with educators, NGOs, community leaders, and institutions to deliver trauma-informed and culturally responsive programs, including:

- The 7-Step Integrative Healing Model
- Transcendental Meditation (TM)
- Mindfulness, breathwork, and emotional regulation
- Empathic listening and conscientious leadership.



Mission goals include:

Supporting trauma recovery and resilience
Promoting emotional intelligence and mindful leadership
Advancing education, wellbeing, and sustainability initiatives
Strengthening partnerships with local institutions and organizations
MeaningfulWorld has conducted **115+ humanitarian missions across 50 countries**, continuing its commitment to global healing, dignity, and peace.

If you are interested in partnering or learning more, please reach out.

Your generous donation is appreciated and tax deductible. ATOP MeaningfulWorld is not-for-profit charitable organization, 501 (c)3, and 100% allocated to this mission.

When one helps another, BOTH become stronger!

Kindly donate generously at: <https://meaningfulworld.com/get-involved/donation>
[http://meaningfulworld.com/ DrKalayjian@MeaningfulWorld.com](http://meaningfulworld.com/DrKalayjian@MeaningfulWorld.com)

4-17 April 2026

Humanitarian Mission in Senegal, Pre-Press Release

Your Support is Invaluable

Click Here to Read More



Meaningful World Launches the Thirty-First Annual Krieger Contest on How to Prevent Genocides & Wars?

FOR HIGH SCHOOL AND COLLEGE STUDENTS
Essay or video, subject: "What the Legacy of Genocide Means to Me"

- ▣ \$200.00 for High School student winner (5 awardees)
- ▣ \$250.00 for College/University student winner (5 awardees)

Eligibility and Submission Criteria:

1. Students must be enrolled in high school (Grades 10-12) or college/university (undergraduate level).
2. Essays must be original and unpublished.
3. Essays must include social, psychological, philosophical, or human rights perspectives, and ideally should reference to multiple genocides both current & past, multiple references, books, research, and eyewitness accounts.
4. Essay must explore the concept of denialism practices against all genocides that are mentioned in the essay
5. Essays must be in English, typewritten, double-spaced, and 1,000-2,000 words in length.
6. Must include the Ottoman Turkish Genocide of the Armenians and other Christian minorities in 1915 and 2023 Azerbaijan's Ethnic cleansing in Artsakh.
7. All submissions become the property of Meaningfulworld and will not be returned.
8. We encourage the use of [Columbia Armenian Oral History Archive, 1968-1977 | Rare Book & Manuscript Library | Columbia University Libraries Finding Aids](#)
9. All entries must be postmarked by 24 April 2026. The winners will receive personal notifications by May 2026. Awards will be given at the United Nations in June 2026.

NEW VIDEO CONTEST

We welcome you to submit a short film, same deadline as above & same awards:

1. The videos must follow the theme of the Annual Krieger contest on preventing genocide on the subject of "What the Legacy of Genocide Means to Me."
2. The participants must be enrolled in high school (grades 10-12) or college/university students.
3. Videos must be original, unpublished, creative and must be in English with references at the end of the film.
4. The videos must include social, psychological, philosophical, or human rights perspectives and should reference to multiple genocides (minimum of 3, must include Ottoman Turkish Genocide, and Azeri ethnic cleansing) multiple references, research, and eyewitness accounts.
5. The videos must be less than 8 min long.
6. The videos must include information on minimum of 3 genocides. It must include Ottoman Turkish Genocide of Armenians & other Christian minorities, current events in Artsakh plus genocide of Native Americans.
7. The video must include ways to transform gov't. denialism towards the committed genocide.
8. The sounds and video images must be clearly recorded and easily viewed.
9. All videos will be viewed by the committee and a selected few will be posted on social media for public voting.
10. A video collecting the highest Liking of the viewers will be the winner of the contest.
11. The winner will be granted the title *The Best Video of the Year* and viewed at our UN event in June 2026.

Our Motto: When one helps another, BOTH become stronger!

Please include: cover letter indicating name, address, age, year of study, e-mail & personal contact, name of school/college attending, college major field of study, and career objectives and Email: info@meaningfulworld.com; for questions Drkalayjian@MeaningfulWorld.com. Kindly visit our website: www.MeaningfulWorld.com

31st Annual Genocide Prevention Contest at MeaningfulWorld, 24 April deadline

Email Us Here

When 03/20/2026
10:30 AM - 12:00 PM

Location Church Center at UN
Headquarters New York
City 777 United Nations
Plaza, 10th Floor, New
York, NY 10017 United
States

[REGISTER](#)



HER RIGHTS,
HER FUTURE

Advancing Access to Justice

March 20, 2026 | 10:30am-12:00pm EST
UN Headquarters, NY, USA,
Church Center 10th Floor

REGISTRATION REQUIRED

Our panel discussion focuses on envisioning a future in which women are not only economically empowered but also actively participate in advancing access and decision-making in the justice system.

Speakers:



<p>Hon. Danielle Peterson Supreme Court Judge</p>	<p>Tamar Dekonisidze Eurasia Regional Representative at Equality Now</p>	<p>Sossi Boladian Pharmacist, Gender Expert, Female Activist</p>	<p>Dr. Ani Kalayjian Psychotherapist and Integrative Healer</p>
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Register with the link below - **Free Admissions.**

<https://aiwa.wildapricot.org/event-6562608>

20 March 2026

Dr.Kalayjian is invited to speak on a panel at UN CSW 70, at United Nations Headquarters, at 10:30 am!

Must register!

Register Here

MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

Genocide Prevention, upholding United Nations Human Rights Declaration and SDG's



Saturday 25 April 2026
10:00 am - 12:00 pm Fordham

12:30 pm - 3:30 pm Healing Circle and Emotional Intelligence



Sustainable Development Goals: 2, 3, 4, 5, 10, 11, 13, 16, 17

Welcome: Professor Harold Takooshian, Fordham University
Chairperson: Dr. Ani Kalayjian, ATOP MeaningfulWorld
Keynote: H. E. Ambassador Martin Ngoga, Permanent Mission of Rwanda to the United Nations, *Rwandan Genocide: Lessons Learned*
Faculty: Amy Fagin, Beyond Genocide Centre for Prevention, *Upstream Prevention: A Case for Thinking Through Art*
Alan Whitehorn, Royal Military College of Canada, *My Grandmother's Story of Surviving Genocide*
Consotee Nishimwe, Rwanda Genocide Survivor, *My Story*
David Phillips, Director of the Program on Peace-building and Rights at Columbia University, *Human Rights Violation and Genocide Prevention*
Film: *Genocide 2.0: Artsakh Ethnic Cleansing* - under production - is part of the *Faces of Persecution* docuseries led by *Bared Maronian* a 4-time regional Emmy Award-winning filmmaker.
Performance: Lauri Schwartz, African Rhythms the Pathway to Unity and Diversity
Closure: Heart-to-Heart-Circle-of-Love-and-Gratitude

The United Nations Convention defines genocide as any of five "acts committed with intent to destroy, in whole or in part, a national, ethnic, racial or religious group." These five acts include killing members of the group, causing them serious bodily or mental harm, imposing living conditions intended to destroy the group, preventing births, and forcibly transferring children out of the group.
9th December: International Day Commemoration and Dignity of the Victims of the Crime of Genocide and the Prevention of this Crime.

When one helps another, BOTH become stronger!

DATE: Saturday, 25 April 2026
LOCATION: Fordham University at Lincoln Center, 113 W 60th St, New York SL-11 (1st Floor)
CONTACT: info@meaningfulworld.com
Dr. Kalayjian, 201-723-9578
Prof. Takooshian, takoosh@aol.com
www.meaningfulworld.com

Cosponsors: Association for Trauma Outreach & Prevention (ATOP) Meaningfulworld, ACRPC, ABSA, AGBU, & Fordham University

25 April 2026

10 AM - 12 PM Fordham University at Lincoln Center, 113 W 60th st, New York

12:30 PM - 3:30 PM Healing Circle and Emotional Intelligence

Email Us Here





Meet MeaningfulWorld's New Team Members

Shweta Nawkar, Educational Coordinator & Marketing Intern

Shweta Nawkar is a STEM-certified Master of Human Resource Management graduate from Rutgers University. She currently serves as the Leadership and Strategy Consultant for the Rutgers University SHRM Graduate Chapter, where she previously held the roles of Co-President and Vice President of Marketing. In these leadership capacities, she played a pivotal role in advancing HR initiatives, strengthening student engagement, and fostering meaningful connections within the HR community. Prior to her graduate studies in the United States, Shweta earned a Master's in Management Studies with a concentration in Marketing from the University of Mumbai, India. With over seven years of professional experience in the private sector, Shweta has led and supported a broad range of HR functions, including talent acquisition, employee engagement, performance management, compliance, and learning & development..

Mariam Manucharyan, Outreach and Fundraising Intern

Mariam is a high school student from Armenia with a strong interest in international relations, public policy, and sustainable development. She is passionate about global issues such as climate change, youth empowerment, and international cooperation, and she actively participates in debates and policy discussions through programs like the European Youth Parliament. Her academic interests include political science, economics, and government studies, and she is preparing to attend international study programs. Mariam is particularly interested in how international organizations and the European Union can support Armenia's development in education, governance, and youth engagement. Beyond academics, Mariam is deeply committed to leadership and social impact. She is the President of her school's Student Council, a leader in several organizations including the Red Cross, and the founder of a volunteering organization at her school. She enjoys working on projects that involve research, writing, and public speaking, and she aims to pursue a future career in government and international affairs. MeaningfulWorld warmly welcomes Mariam to the team as our Outreach and Fundraising Intern!

[Click here to read more about our Team](#)

MeaningfulWorld
ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION
with Dr. Ani Kalayjian

Thursday 12 March 2026, 2:30 PM EST, Virtual

ATOP Meaningfulworld at United Nations Presents a parallel Program at the 70th Commission on Status of Women (CSW) on
AI & EI: Challenges for Empowerment of Women & Girls Globally
Sustainable Development Goals: 2, 3, 4, 5, 8, 10, 11, 16, 17

Chair Person: Dr. Ani Kalayjian
Welcome: Dr. Kalyani Gopal, Psychology Coalition of Accredited NGOs at the United Nations
Dr. Tara Pir, Institute For Multicultural Counseling & Educational Services (IMCES)
Invocation: Mr. Eric Shokei Manigjan, M.Div. Union Theological Seminary, NY.
Faculty:
Guatemala, Prof. Maria Del Pilar Grazioso, Universidad Del Valle. Challenges for women in Guatemala
Uganda, Mr. Jacob Bole. Hope Renewed NGO. Feeding, Healing, & Educating Women & Girls in Uganda.
Lebanon, Dr. Maral Boyadjian, Lebanese Psychological Association. Challenge in EI & AI in Lebanon
USA, Lida Asilyan, MeaningfulWorld. Empowering Women & Girls Globally: Lessons learned
Closure: Heart-to-Heart-Circle of Love, Gratitude, and Peace, Mariam Manucharyan, Komitas (Kaqavik) on piano

This panel will focus on healing traumatized women and girls globally. Our organization has volunteered in 50 countries and 26 states in the USA. Our observations have highlighted the continued violence against women and girls globally. Panelists will be focusing on challenges to healing in Guatemala, Nigeria, Uganda, Armenia, Lebanon, Palestine, and others. We will share strategies to transform women's trauma and nurture their emotional intelligence, which is increasingly important in a world full of AI. We have observed women are often leaders in their community and family, so investing in this population is investing in our future.

When one helps another, BOTH become stronger!

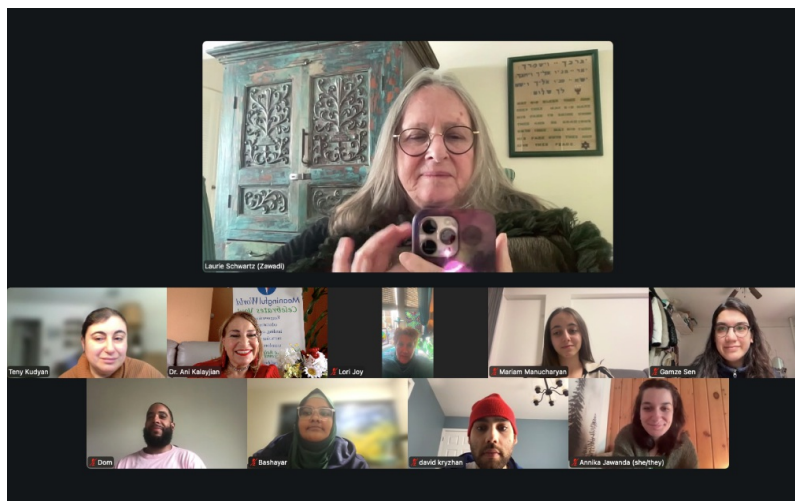
DATE: Thursday 12 March 2026 Info@meaningfulworld.com RSVP by 7 March to receive zoom link!	Cosponsors: Association for Trauma Outreach & Prevention (ATOP) Meaningfulworld, ACRPC, AGBU & Institute for Multicultural Counseling & Educational Services (IMCES) Must register for a link; info@meaningfulworld.com deadline: 6 March 2025
For more information call: Dr. Kalayjian, 201-723-9578 www.meaningfulworld.com	

Successful Past Events:

Thursday 12 March 2026, 2:30 PM EST, Virtual

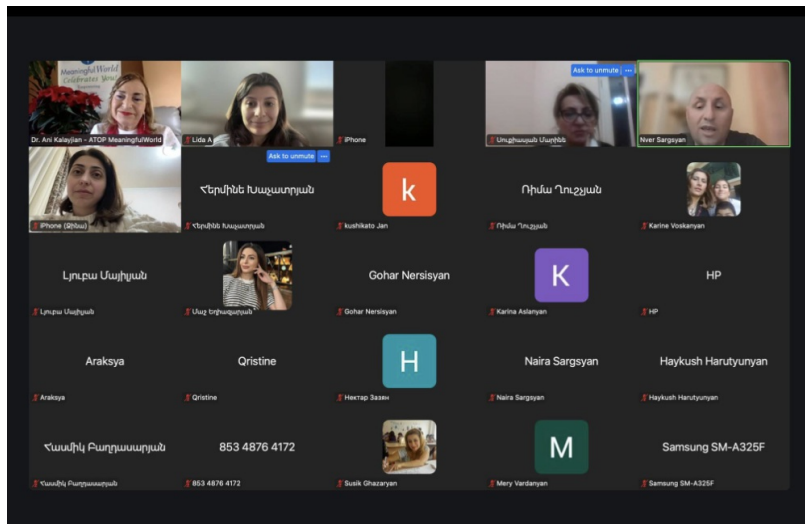
MeaningfulWorld is invited for a Parallel Conference at the United Nations Commission on Status of Women, 70th Anniversary

AI & EI: Challenges for Empowerment of Women & Girls Globally



2026 21 February, Self-Care & Meaning-Making Meaningfulworld Workshop

The workshop was a meaningful success, bringing participants together to reflect, heal, and explore the role of self-care and meaning-making in personal and collective wellbeing.



2025 20 December, From Empathy to Action: Teacher & Parent Master Seminar on Supporting Adolescents

MeaningfulWorld

Pamper Yourself Holiday Gratitude Healing Party
Saturday 6 December 2025
4-6:30 pm Personalized Healing, and 6:30-10 pm Party

Meaningfulworld's
Annual Holiday
Gratitude Healing
Party

Kindly, join us for an afternoon of celebration as we remember all that we have accomplished as a team and as a community in the world this year!

Date: Saturday 6 December 2025

4-6:30 PM: Pampering & Integrative Healing with invited healers:

- Reiki - Natalia Tomassini
- Spiral Massage (Deep Tissue) - Art Jaffe
- Energy Healing - Tanya Vartanyan
- Flower Remedies - Dr. Ani
- Mindfulness - Dana Mark
- Neurographic Art Journey - Karine Arshakyan
- LifeWave & MiCure Phototherapy - Nina Terzian

6:30-7:00 PM: Films & Photos from Missions

7-10:00 PM: Food, Drinks, Music and Games

Live music:
DJ Harry Latiofian

Offering: \$39 includes 7 healing modalities, food, drinks, music, & desserts

RSVP by 29 Nov 2025
Info@Meaningfulworld.com

Dr. Ani Kalayjian
Phone: 201-941-2266

Saturday 6 December 2025, Holiday Gratitude Party

Click Here for Summary

შეცვალე ცხოვრება საკუთარი შინაგანი ძალის გაღვივებით

Announcing a forum with *
Ana Arveladze, MS
on
Positive psychology for peak performance

How can positive psychology promote peak performance for athletes, businesspeople, and students? Ana Arveladze is an executive coach, consultant to Olympic athletes, and President of the Uznadze Institute of High Performance Psychology in Tbilisi, Georgia. Here at Fordham, she shares her experiences applying positive psychology with elite athletes and high-performing organizations.



Moderator: **Harold Takooshian, PhD, Fordham U**
Welcome: **Jason R. Young, PhD, President, Psi Chi**
Discussants: **Dr. Ani Kalayjian, Meaningful World**

23 November 2025, Sunday at 4 pm
Fordham University, 113 West 60 St., Manhattan, room 1021

All are welcome.

* This session is hosted by Fordham University, in cooperation with Psi Chi, SPSSI-NY, ABSA, and Manhattan Psychological Association
For any details: takooshian@fordham.edu

NOTES: <https://www.parliament.gov.ge/psj/press/news/sports-komiteti-apschi-fikologians-da-matne-dkarsvishel-askikhetec-imjideb>
https://www.linkedin.com/post/ana-arveladze-82471765_apschipsychology-nationalteam-peakpsychology-actvity-739873242298914394-ZY2v
https://www.psiichi.org/page/chapter_search



23 November Workshop, Positive Psychology for Peak Performance

Ana Arveladze, MS

2025 11 November Radio interview with Dr. Kalayjian

[Listen here](#)



9 Nov. Philippines, Disaster Relief Training, Preparation, Meaning-Making & EI workshop

[Read more](#)

MeaningfulWorld
ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION
with Dr. Ani Kalayjian

Hybrid Workshop, Saturday, 25 October 2025

Disaster Relief & Meaning-Making
Disaster Relief, Rehabilitation, Meaning-Making, & Empathy

Facilitator: Dr. Ani Kalayjian, Founder - ATOP Meaningfulworld
Visionary Speaker: Sarkis Chuldjian, MDT, CCHI, Hypnotherapy

HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?
Attend this program & become a Meaningful World Ambassador for Humanitarian Relief & Peace-Building

Hybrid workshop program focus:

- Understand the impact of disaster on survivors: children, adults, families, & communities
- Identify the interventions for rehabilitation, recovery, healing, & integration
- Mentor, empower, & support professionals & the next generation
- Empower self through Mind-Body-Eco-Spirit for health & peace-making
- Disseminate global tool, 7-Step Integrative Healing Model (Biopsychosocial and Eco-Spiritual Model)
- Describe and practice meaning-making
- Describe and list stages of disaster relief

This hybrid workshop is recommended for those seeking deeper insight into the stages of disaster, approaches to relief and recovery, meaning-making and emotional resilience, and practice the 7-Step Integrative Healing Model. This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

RSVP: [/bit.ly/MeaningfulWorldOct](https://bit.ly/MeaningfulWorldOct)
Phone: 201-941-2266
DATE: Saturday, 25 October 2025
TIME: 10:00 AM - 3:30 PM
10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker
Presentation and Discussion
1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation.
FEES: Online Participants via Zoom: \$50
FEES (In-Person): Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a group will receive 20% off

Includes: Bach/Flower remedies, pre-post test, collective gratitude
Register early as space in this workshop is limited!
* Pay online securely at:
<http://meaningfulworld.com/getinvolved/donation>
*ALL FEES INCREASE \$10 after 18 October so make your payment early!
Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Mental Health Counseling, Creative Arts Therapy, Music Therapy and Psychoanalysis

When one helps another, BOTH become stronger

Disaster Relief & Meaning-Making Workshop, 25 October 2025

[Read more](#)




Mission Summary, Armenia and Georgia, 7-23 October 2025

[Read more](#)

Mission in Uganda
18 JUNE TO 1 JULY 2024

Dr. Ani Kalayjian

ATOP MeaningfulWorld



MeaningfulWorld Humanitarian Mission to Uganda will focus on healing, transforming horizontal violence, generational trauma, teaching Emotional Intelligence, empathy, ecological consciousness, and gender empowerment.

**Kindly click the link below for the full video:
<https://youtu.be/gb38be4-KnA>*

Transforming Trauma in Uganda: ATOP MeaningfulWorld's 2024 Humanitarian Mission in Uganda Film!

Watch Film Here!



Feed, Heal, & Teach Children in the Slums of Uganda

More Information



Partnering to offer free Transcendental Meditation for mothers in the Slums of Uganda

More Information



Weekly Meetings

Weekly Support Groups

\$5 tax deductible donation

Managing stress, anxiety, fear, and uncertainty in times of global crises

When: Every Thursday

Time: 12:00 - 1:00 PM (EST)

Where: info@meaningfulworld.com for zoom link

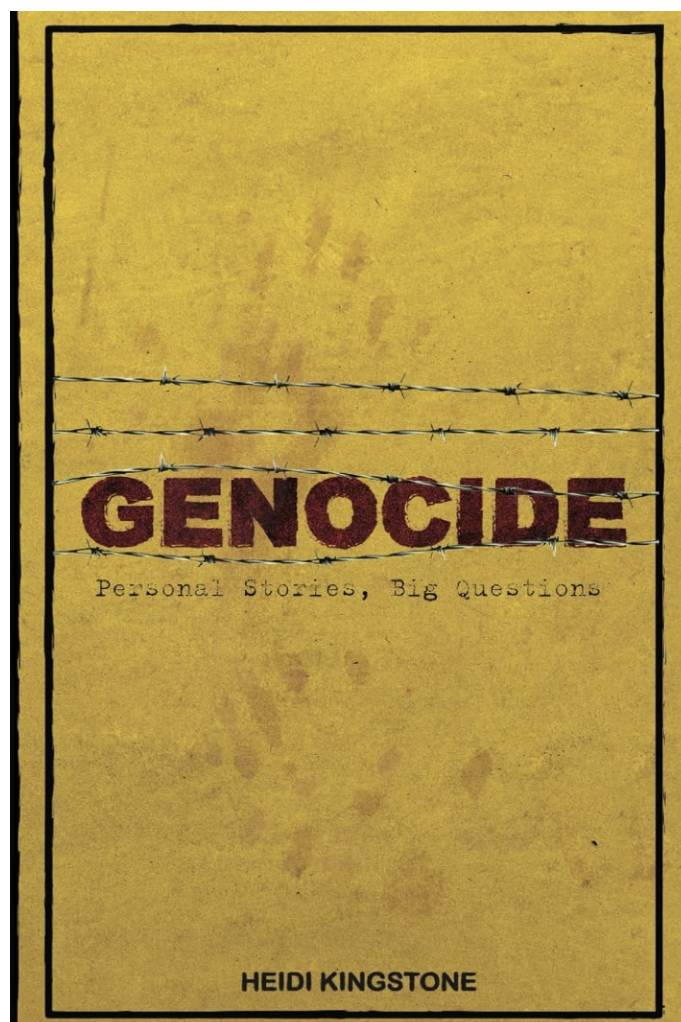
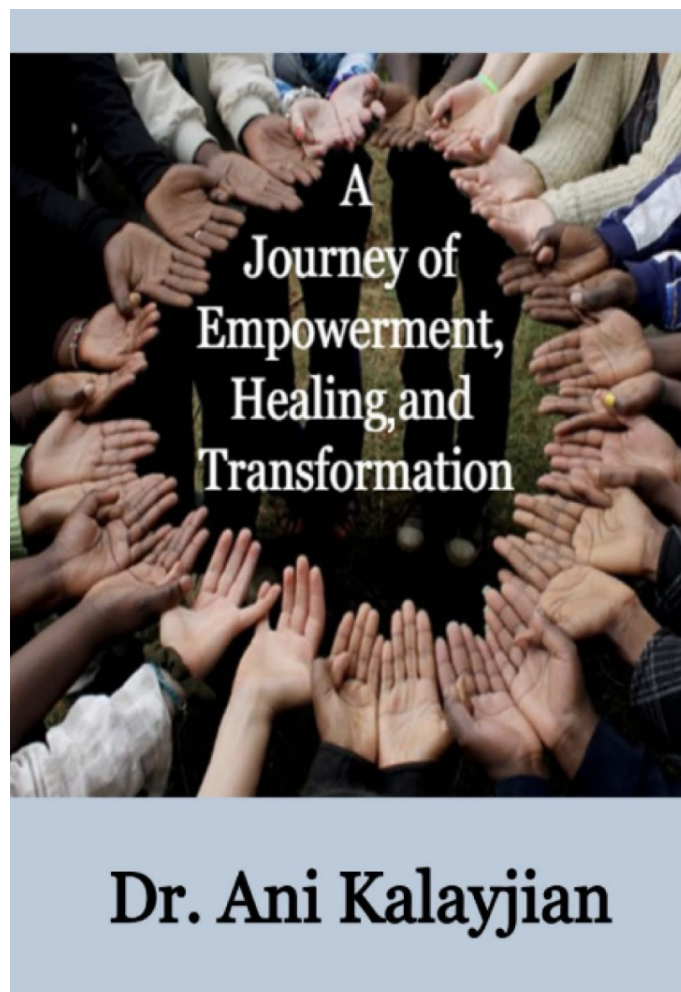
RSVP Here

Meet Up Zoom Yoga & Soul Surfing with Dr. Ani

ATOP MeaningfulWorld offers yoga and meditation during these times of panic and unrest.

Join us every Tuesday & Friday at 10:00 AM EST on Zoom, by appointment.

RSVP Here



COFFEE TABLE BOOK RELEASE

A Journey to Empowerment, Healing, & Transformation: 35 Years of Humanitarian Relief Outreach

By: Dr. Ani Kalayjian

A review from David Dawud said: “I love your writings in the coffee table book. I’m reading a poem everyday, and traveling to a new country with beautiful photos of your humanitarian volunteer service. You make me think, reflect, release and it helps me clear my thoughts.”

Click [HERE](#) for the link

Genocide: Personal Stories, Big Questions
By: Heidi Kingstone

This book chronicles 20th and 21st-century genocide, which remains one of the most pressing topics today. To further her exploration of one of the worst human rights crimes, she has asked several experts, journalists, scholars, health care professionals, to answer 10 questions.



The A Train to Sedona - From Victim to Survivor. ATOP MeaningfulWorld President Dr. Ani Kalayian's interview for TalkRadioNYC.

[Click HERE for the link](#)



Global Firearm Violence - An Integrative Review

[More Information](#)



MeaningfulWorld invites you to share your love!



REUSABLE CANVAS BAGS

Let's reduce the use of plastic and raise money for those in need! We want to continue to help launch a suicide lifeline in Armenia, educate others on emotional intelligence, and deploy our teams for humanitarian relief missions! There are 4 different colors to choose from! Buy a reusable bag and help us help others!



MEANINGFULWORLD TSHIRTS

Show off your MeaningfulWorld spirit by wearing our newly designed t-shirts! You can choose from a range of colors and styles! Show off your MeaningfulWorld pride while simultaneously helping others! Proceeds will help us help others!

Reusable Canvas Bags

T-Shirt Sale



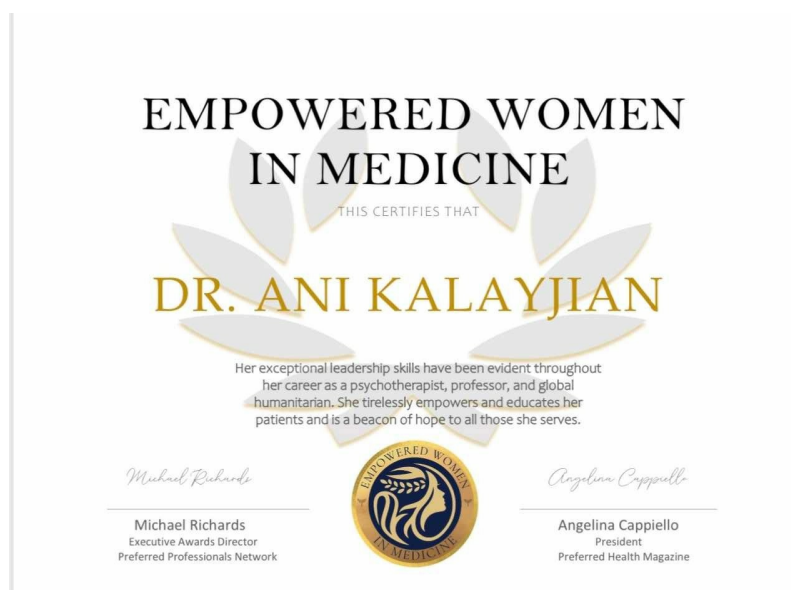
Awards

MeaningfulWorld ATOP founder Dr. Ani Kalayjian was awarded the 2025 R. Louise McManus Medal by NEAA, created by Teachers College, Columbia University

Watch the Video



2024 Lifetime Achievement Award in the Field of Psychology, presented to Dr. Ani Kalayjian for her exemplary dedication and leadership in trauma psychology, as well as her impactful global humanitarian efforts, transforming lives through healing and education worldwide.



Empowered Women in Medicine Award, given to Dr. Ani Kalayjian, for her exceptional leadership and dedication as a psychotherapist, professor, and global humanitarian.



Spotlight on Ani Kalayjian, Teachers College Columbia University Courier

More Information



Intern Call: 2026-2027

Association for Trauma Outreach and Prevention (ATOP)

Mission:

At *Meaningfulworld*, the goal is to prepare a generation of conscientious individuals who are guided by love, peace, passion, and meaning. *Meaningfulworld* is dedicated to fostering a meaningful, peaceful, and just world in which every individual enjoys physical, mental, social, economic, and spiritual health. A sense of meaning, peace, and justice, although unique to each individual, is achieved through a transformative journey that integrates knowledge and experience with a sense of responsibility and reflection. This transformative process is also attained through healthy relationships that nurture open, honest, and transparent communication, insight into forgiveness, love and spiritual connection, and sacred activism.

Available Positions:

All internships are conducted under the supervision of both Dr. Ani Kalayjian-Founder and CEO, Board of Directors of ATOP, and the Intern Coordinator.

1. **Grant Writer/Researcher:** Assisting the Grant Committee to research & write grants, apply for awards, disseminate the work through printed materials
2. **United Nations Internship:** Presence is essential on Thursdays to attend international meetings & join DGC and CoNGO Committees. One year minimum.
3. **Web Support:** Upload photos, press release, and reports on our website.
4. **Digital Media:** International footage from our humanitarian missions. Successful candidates could make a short film for YouTube for educational outreach.
5. **Marketing Intern:** Taking part in our active research team with local and international research from around the world.
6. **Fundraising & Outreach Intern:** To maintain sustainability of our organization, organizing fundraising events for social gatherings to raise funds.
7. **Educational Coordinator and assistant:** Managing monthly educational workshops.

Location: Although based in the New York Metropolitan Tri-State area, USA, other internships are welcomed. Internships are mainly virtual except the UN. Monthly meetings are virtual, mandatory on first Monday eve. Monthly training programs are mandatory and are hybrid.

Time commitment: 12 months–2 years, 5-6 hours a week (some internship less hrs)

Kindly send your resume, statement of purpose, internship position of interest, 3 goals consistent with our mission, 2 contacts for reference, to Dr. Kalayjian

DrKalayjian@meaningfulworld.com, kindly visit: www.meaningfulworld.com

INTERN CALL: PART TIME INTERNS NEEDED

**Looking for experience in research? UN? Humanitarian Work? Fundraising? Social Media? Only 4-5 hours a week!
Be the change you want to see in the world!**

More Information



ATOP Latest Publishing

1. Kshtriya, S., Kalayjian, A., Lowe, S. R., Diakonova-Curtis, D., Toussaint, L. (2022). Exploring the Association between Forgiveness, Meaning-Making, Post-Traumatic Stress Symptoms: The Case of Hurricane Maria in Puerto Rico. *International Journal of Educational Research*.
2. Kalayjian, A., Huang, K., Sabbour, S., & Yasin, M. (2022). Grassroots Collaborations to Address the Trauma of Suicide: Establishing the First Suicide Prevention Lifeline in the Republic of Armenia. *International Journal of Mental Health*. <https://doi.org/10.1080/00207411.2022.2983392>. View [HERE](#)
3. Toussaint, L., Kshtriya, S., Kalayjian, A., Cameron, E., & Diakonova-Curtis, D. (2022). Christian Religious Affiliation is Associated with Less Posttraumatic Stress Symptoms Through Forgiveness but Not Search for Meaning After



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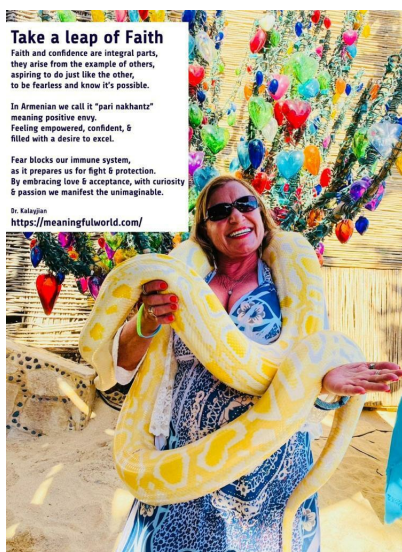
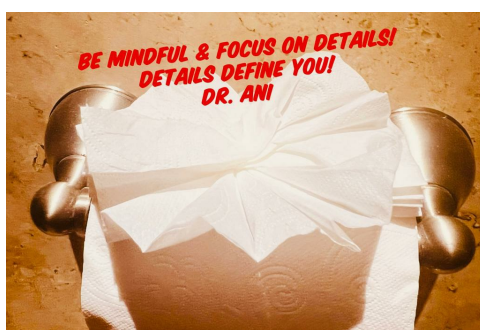
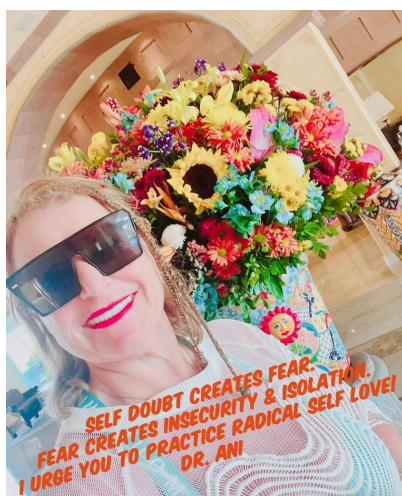
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~Armenia Radio Link. VIEW IT [HERE](#). Ի՞նչ է «խեցգետնի հիվանդությունը» և ինչպե՞ս է այն ազդում հայ հասարակության վրա. հոգեբան Անի Գալայճյան. «Միջուռի ձայնը»:

~2024 Humanitarian Mission to Armenia. VIEW IT [HERE](#)

~ MeaningfulWorld UN International Day of Peace. VIEW IT [HERE](#)

~ Suicide awareness & prevention Dr. Ani interviewed by Carl Birman. VIEW IT [HERE](#)

~ WUFUNIF President Liliana Bucur Cress interviewed Dr. Kalayjian, President ATOP MeaningfulWorld. VIEW IT [HERE](#)

~February 2024: Intern Introductions from David Babigian and Terri Lao. View it [HERE](#)

~March 2023: Gender Equity. Transforming Gender Stereotypes. View it [HERE](#)

~March 2023: 12th Annual Mentoring Forum at Fordham University. View it [HERE](#)

~February 2023: Photography Exhibit Opening Ceremony. View it [HERE](#)

~January 2023: MLK Day poem by Dr. Ani:

*I have a dream
Dr. Kalayjian*

*Martin Luther King, Jr., you were the youngest man to have received the Nobel Peace Prize.
You were the King, but you led the people humbly;
You were the King, using your peaceful leadership to actualize your dreams.
You had a dream, your dream inspired us all.
Unfortunately, 60 years later, we are still dreaming with the hopes that "Justice will roll down like water;"
and we will live in harmony.
You defined peaceful resistance,
You were the colossal of the civil rights movement.
You motivated thousands to stand with you,
In peace & justice, with faith and love!*

~January 2023: Poem by Dr. Ani:

Thrust forward! Enjoying the lessons from the past. Release the negative, imagine they are clouds, let the tears clear your view, as you are now the best version of yourself!

~January 2023: Forget Me Not by Dr. Ani Kalayjian - book review & Lachin corridor humanitarian crisis. View it [HERE](#)

~January 2023: Dr. Ani Kalayjian wrote a beautiful poem for the start of the New Year. View it [HERE](#)

~July 2022: Humanitarian Outreach Mission to Guatemala, video by Lorraine Simmons. View it [HERE](#)

~9 November 2022: Belle Unobe and Kristina Khrimian discussing the objectives and activities of MeaningfulWorld's Genocide Prevention Committee. View it [HERE](#)

~9 November 2022: Shubhrata Shukla interviewing Dr. Ani Kalayjian on her experiences with trauma and healing. View it [HERE](#)

~9 November 2022: Kristina Khrimian and Rishi Guntur bringing awareness on the topic of suicide. View it [HERE](#)

~September 2022: Dr. Ani Kalayjian, President, MeaningfulWorld & Marietta Khurshudyan, Psychologist discuss: Anger Management: In Armenia Nurturing Emotional Intelligence. View it [HERE](#)

~September 2022: Dr. Ani Kalayjian and Marietta Khursduhyan have an informative conversation about Horizontal Violence in Armenia. View it [HERE](#)

~2 May 2022: Dr. Ani Kalyajian, Lorraine Simmons, and Andrew Dolinar spoke about Self Care and Peace Building: Healing the Self, Mother Nature, and the World. View it [HERE](#)

~25 April 2022: Dr. Ani Kalayjian was interviewed by freelance writer Chelsea Greenwood about the effectiveness of EMDR treatment.

~13 April 2022: Dr. Ani Kalayjian and Outreach Coordinator Paige McDonald met for part two of their discussion on Horizontal Violence. View it [HERE](#)

~30 March 2022: Dr. Ani Kalayjian and Outreach Coordinator Paige McDonald met for a series of Instagram Lives to discuss Horizontal Violence. View part one [HERE](#)

~24 March 2022: Interns Nola Sheehan and Alyssa Curcio spoke together about empathy and what it means. View the video [HERE](#)

~ 15 March 2022: Dr. Ani Kalayjian sat down and spoke with intern Will Robbins about SAD. View the video [HERE](#)

~2020 Dignity Workshop 27.2: Message to the World from Dr. Ani Kalayjian. View it [HERE](#)

