

# Meaningful World

**Association for Trauma Outreach and Prevention (ATOP)  
Bulletin, June 2026**

## Upcoming Events



This June, MeaningfulWorld honors the unique mental health challenges faced by men and boys across communities touched by conflict, displacement, and collective trauma. Genocide, war, and human rights violations leave lasting wounds — and men are too often expected to carry them in silence.

Healing is not only possible, it is necessary. As we recognize Men's Mental Health Month, we recommit to our work in trauma outreach, prevention, and meaning-making — because mental health is a human right, and no one should have to heal alone.

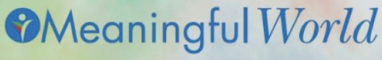

### **Humanitarian Relief Certificate Program, 2026 Workshop Dates**

**26 September 2026 Self-Care & Meaning-Making**

**31 October 2026 Disaster Relief & Meaning-making**

**21 November 2026 Conflict Transformation and Peace-Building**

**5 December 2026 Holiday Gratitude Party**



2026 Annual Conference | June 9-12


**We are presenting at ACR-AGNY 2026 Annual Conference!**

**“AI & EI: Nurturing Emotional Intelligence and Forgiveness Around the World”**


*Examining AI, Emotional Intelligence, Horizontal Violence, and Integrative Healing Models for Global Mental Health Practice.*

**Friday, June 12                      3:05pm-4:05pm**


Registration is required to receive Zoom link.  
 Register through ACR-AGNY website or search:  
<https://bit.ly/MWatACR>




**Dr. Ani Kalayjian,**  
*Founder & President of the Association for Trauma Outreach & Prevention (ATOP) Meaningfulworld*



**Lida Asilyan,**  
*Grant Coordinator at ATOP Meaningfulworld*



**Nairy Bzdigian,**  
*Educational Coordinator at ATOP Meaningfulworld*



**Gamze Sen,**  
*Assistant Research Coordinator at ATOP Meaningfulworld*

**12 June 2026**

## AI & EI: Nurturing Emotional Intelligence and Forgiveness Around the World

MeaningfulWorld is presenting at the ACR-AGNY 2026 Annual Conference! Join Dr. Ani Kalayjian and the ATOP team as they explore the intersection of AI, emotional intelligence, and integrative healing in their session "AI & EI: Nurturing Emotional Intelligence and Forgiveness Around the World."

**Register Here**






Join us to celebrate

# MEANINGFULWORLD AMBASADORS

18 JUNE 2026    11:00 A.M. -12:00 P.M

Email [edcoordinator@meaningfulworld.com](mailto:edcoordinator@meaningfulworld.com) for the Zoom Link

Commencement Speakers:

Rev. Julie Lira

*Creative Director of Front and Center for the Performing Arts.  
MeaningfulWorld Ambassador*

Dr. Dana L. Mark, LMSW

*Clinical Social Worker and D.Th-Interfaith Minister  
MeaningfulWorld Ambassador*

THE GRADUATES



Narod Taslakdjian

MeaningfulWorld represents the intersection of everything I believe in, that healing is possible, that communities deserve to be heard, and that education and compassion are among the most powerful tools we have in the face of trauma and injustice.



Nairy Bzdigian

MeaningfulWorld has been a place of healing, connection, and growth during one of the most transformative periods of my life. Through its supportive community and integrative approach to wellbeing, it has taught me the importance of self-awareness, self-care, and the power of collective healing.



Bashayar

MeaningfulWorld helped me build resilience through mindfulness and emotional awareness. I learned the value of empathy, creating safe spaces, and developing healthier ways to cope with challenges. The tools I gained, including mindfulness, meditation, and healthy boundaries, continue to support my wellbeing.

www.meaningfulworld.com

**18 June 2026, 11:00 AM - 12:00 PM**

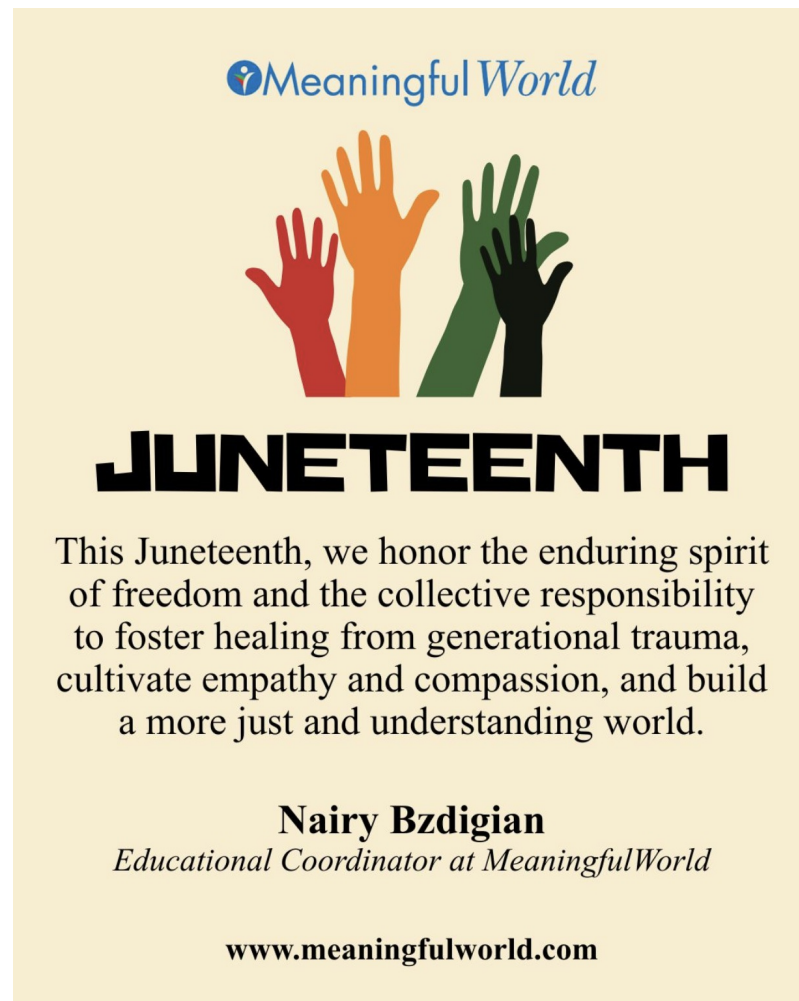
## MeaningfulWorld Ambassador Graduation

MeaningfulWorld is proud to celebrate our newest class of Ambassadors! Join us for a


special graduation ceremony honoring the dedication, compassion, and growth of our Ambassador graduates.

The event will feature commencement speakers Rev. Julie Lira, Creative Director of Front and Center for the Performing Arts, and Dr. Dana L. Mark, LMSW, Clinical Social Worker and D.Th-Interfaith Minister, both proud MeaningfulWorld Ambassadors themselves.

[Click Here for the Zoom Link](#)



Meaningful World



**JUNETEENTH**

This Juneteenth, we honor the enduring spirit of freedom and the collective responsibility to foster healing from generational trauma, cultivate empathy and compassion, and build a more just and understanding world.

**Nairy Bzdigian**  
*Educational Coordinator at MeaningfulWorld*

[www.meaningfulworld.com](http://www.meaningfulworld.com)

19 June 2026

Today we honor Juneteenth — the day in 1865 when the last enslaved people in the United States learned of their freedom. A day of liberation, remembrance, and continued commitment to justice.



Meaningful World

**INTERNATIONAL DAY OF YOGA**  
21 June 2026



Sunday 21 June join Dr. Ani SOUL-SURFING at  
Time Square 41 street at Broadway

[www.MeaningfulWorld](http://www.MeaningfulWorld)  
[info@meaningfulworld.com](mailto:info@meaningfulworld.com)

21 June 2026

International Day of Yoga

Join MeaningfulWorld's Dr. Ani for a Soul-Surfing session in the heart of New York City. Come move, breathe, and reconnect — right in the middle of Times Square.



**YOUR OPINION MATTERS!  
WE INVITE YOU TO PARTICIPATE IN A SURVEY ON  
LATERAL/HORIZONTAL VIOLENCE IN ARMENIAN,  
INDIAN, AND TURKISH COMMUNITIES!**

We are conducting research to better understand experiences of lateral/horizontal violence within community interactions. Your responses will help raise awareness and help us guide these communities into healing & nurturing sustainable peace.

**WHO CAN PARTICIPATE:** Individuals aged 18 or older who identify as Armenian, Turkish, and Indian.

Your participation is voluntary and confidential.

This survey takes approximately 5-10 minutes to complete.

**How to participate:** Scan the QR code or click the link below.

[Lateral/Horizontal Violence Survey Link](#)



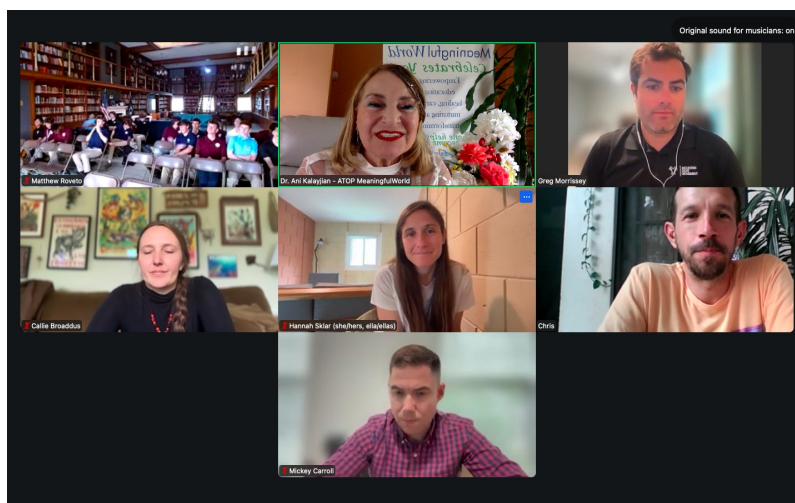
For more information, please contact:  
Research Team at [Info@meaningfulworld.com](mailto:Info@meaningfulworld.com)

## Lateral/Horizontal Violence Research

[Fill the Survey Here](#)

## [Meet MeaningfulWorld's Team Members](#)

[Click here to read more about our Team](#)



## Successful Past Events:

### 28 May 2026: Nonprofit Leadership Panel *Virtual Panel | Xavier High School x Mountain Goat Movement*

Dr. Ani Kalayjian joined three fellow nonprofit founders for a virtual leadership panel hosted by Mountain Goat Movement, speaking to 70 high school students about a life of service and the mission of ATOP MeaningfulWorld.

# MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian

**Hybrid Workshop, Saturday, 16 May 2026**

## Mindful Leadership & Forgiveness

Conscientious Leadership, Forgiveness, MeaningfulWorld View, Logotherapy

Facilitator: Dr. Ani Kalayjian, Founder — ATOP Meaningfulworld  
Visionary Speaker: Lada Levit, L.Ac. Premordial voice

**HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?**

Attend this program & become a Meaningful World Ambassador for Humanitarian Relief & Peace-Building

Program Focus:

- \* Review the importance of service
- \* Learn to integrate mind-body-spirit-soul-environment connection
- \* Learn the 5 shadows impacting us negatively and 5 pillars of service
- \* List & describe 12 steps of mindful leadership
- \* Integrate benefits of forgiveness while shedding light on myths of forgiveness
- \* Practice forgiveness and forgiveness meditation and learn about religions and forgiveness
- \* Learn healthy patterns of connecting with ourselves, the world, those we serve, and the universe
- \* Includes didactic presentation of theory, method, research, and techniques

This workshop is recommended for those seeking a greater understanding of emotional management, lessons learned, transforming vicarious trauma and Horizontal Violence, peace building, meaning-making and transcendence. This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

RSVP to: <https://bit.ly/MeaningfulWorldMay>

Phone: 201-941-2266

DATE: Saturday, 16 May 2026

TIME: 10:00 AM - 3:30 PM

10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker Presentation and Discussion

1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation.

FEES: Online Participants via Zoom: \$50

FEES (In-Person): Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a group will receive 20% off

Includes: Bach/Flower remedies, pre-post test, collective gratitude

Register early as space in this workshop is limited!

\* Pay online securely at: [http://meaningfulworld.com/get\\_involved/donation](http://meaningfulworld.com/get_involved/donation)

\*ALL FEES INCREASE \$10 after 10 May so make your payment early!

Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Mental Health Counseling, Creative Arts Therapy, Music Therapy and Psychoanalysis

**When one helps another, BOTH become stronger**

**16 May 2026, 10 - 3:30 PM EST**

This May, MeaningfulWorld hosted a transformative day of healing and education, bringing together scholars, practitioners, and community members for a powerful program of reflection, dialogue, and renewal. From visionary presentations to experiential soul-surfing exercises and a closing meditation, the day wove together wisdom, art, and collective healing. Special gratitude to our visionary speaker Lada Levit, L.Ac., for her profound contributions.



Therapeutic Works Presents an all-day training on 1 May 2026

**The Path to Healing: Trauma Recovery Through Emotional Intelligence, Meaning-Making, & Self-Care**

This was the theme of a full-day master class organized by Therapeutic Works Inc., led by Crystal Barry and Hope Love. More than 65 participants from South Burlington, Vermont—including lawyers, case workers, nurses, psychologists, social workers, and caregivers—attended this engaging and interactive training facilitated by Dr. Ani Kalayjian, Founder and President of ATOP MeaningfulWorld, recipient of the Highest Medal of Honor from Columbia University, author of 6 books, & A humanitarian with 116 missions in 51 countries & 26 states in USA.

The training integrated experiential learning techniques, including stretching exercises, essential oils, flower essences, guided reflection, and group participation. Dr. Ani shared the following objectives:

1. Describe the five kinds of trauma, 2. List the seven steps of the Integrative Healing Model
3. Define the Four Agreements, 4. Participating in Soul-Surfing© exercises, 5. Differentiate empathy from sympathy, 6. Define Emotional Intelligence (EI), 7. Understand the process of meaning-making

A wonderful networking lunch provided participants with opportunities to connect, exchange ideas, and raise important questions. The afternoon included a healing session featuring Soul-Surfing©, meditation, and an informational presentation on Therapeutic Works Inc. The training strengthened participants' ability to respond to trauma with greater awareness, compassion, and confidence, with 65% reporting increased preparedness following the workshop.

**Participant Reflections:** *"It was such a pleasure to share time with Dr. Ani. Her energy is so infectious, and she is very easy to listen to. I loved doing yoga with positive affirmations with her. I could see how she gets people to connect from everywhere!"*  
*"I'm in awe of Dr. Ani's life experience, journey, and contributions to the field of trauma. She is fascinating."*

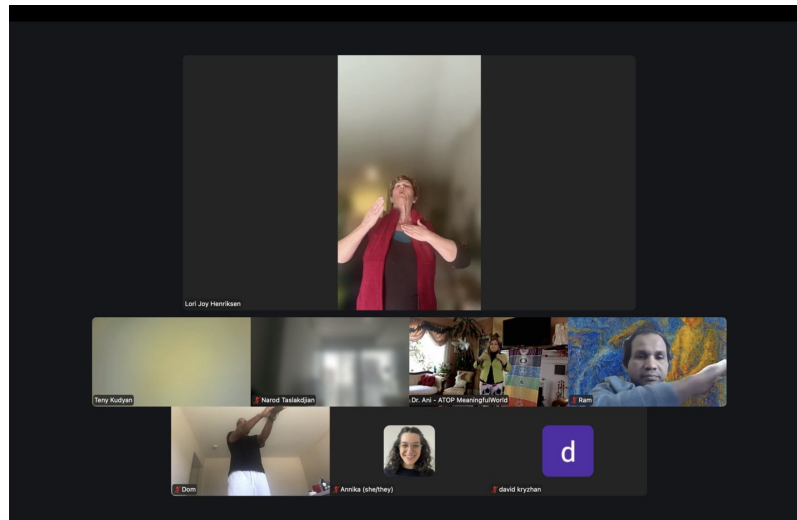
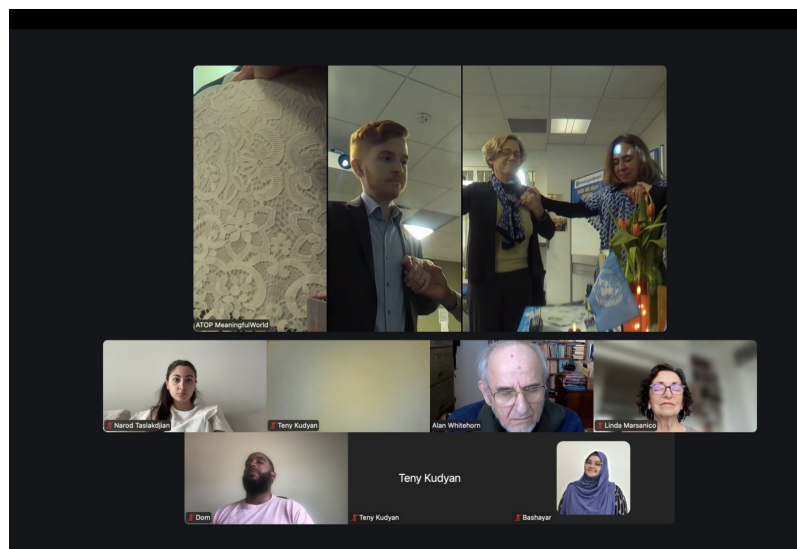


Dr. Ani's signature Heart-To-Heart-Circle-of-Love-and-Gratitude

**1 May 2026**

**Master Class & Training at TWI in Vermont by Dr. Kalayjian.**

**Over 65 participants gathered.**



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### **Saturday 25 April 2026, 10 - 3:30 PM EST**

This April, MeaningfulWorld brought together scholars, survivors, diplomats, and healing practitioners at Fordham University for a powerful day of witnessing, educating, and preventing Genocide. From opening remarks to the Heart-to-Heart Circle of Love and Gratitude, the day wove together testimony, art, and dialogue in the spirit of Genocide prevention and healing. Special gratitude to speakers, and Fordham University.

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### **Saturday 28 March 2026, 10 - 3:30 PM EST, Virtual**

#### **Disaster Relief & Meaning-making Workshop**

The Disaster Relief & Meaning-Making Workshop was a powerful and grounding experience, bringing participants together to process collective trauma, build resilience, and explore how meaning-making can support healing in the aftermath of crisis. Special gratitude to Lori Henriksen, our Visionary Speaker, who shared sound and energy healing experiential meditation.

**MeaningfulWorld**  
ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian

Thursday 12 March 2026, 2:30 PM EST, Virtual

ATOP Meaningfulworld at United Nations Presents a parallel Program at the 70th Commission on Status of Women (CSW) on  
**AI & EI: Challenges for Empowerment of Women & Girls Globally**

**Sustainable Development Goals: 2, 3, 4, 5, 8, 10, 11, 16, 17**

Chair Person: Dr. Ani Kalayjian  
Welcome: Dr. Kalyani Gopal, Psychology Coalition of Accredited NGOs at the United Nations  
Dr. Tara Pir, Institute For Multicultural Counseling & Educational Services (IMCES)  
Invocation: Mr. Eric Shokei Manigian, M.Div. Union Theological Seminary, NY.  
Faculty:  
Guatemala, Prof. Maria Del Pilar Grazioso, Universidad Del Valle. Challenges for women in Guatemala  
Uganda, Mr. Jacob Bole. Hope Renewed NGO. Feeding, Healing, & Educating Women & Girls in Uganda.  
Lebanon, Dr. Maral Boyadjian, Lebanese Psychological Association. Challenge in EI & AI in Lebanon  
USA, Lida Asilyan, MeaningfulWorld. Empowering Women & Girls Globally: Lessons learned  
Closure: Heart-to-Heart-Circle of Love, Gratitude, and Peace, Mariam Manucharyan, Komitas (Kaqavik) on piano

This panel will focus on healing traumatized women and girls globally. Our organization has volunteered in 50 countries and 26 states in the USA. Our observations have highlighted the continued violence against women and girls globally. Panelists will be focusing on challenges to healing in Guatemala, Nigeria, Uganda, Armenia, Lebanon, Palestine, and others. We will share strategies to transform women's trauma and nurture their emotional intelligence, which is increasingly important in a world full of AI. We have observed women are often leaders in their community and family, so investing in this population is investing in our future.

**When one helps another, BOTH become stronger!**

**DATE:** Thursday 12 March 2026  
**Info@meaningfulworld.com**  
RSVP by 7 March to receive zoom link!

**For more information call:**  
**Dr. Kalayjian, 201-723-9578**  
[www.meaningfulworld.com](http://www.meaningfulworld.com)

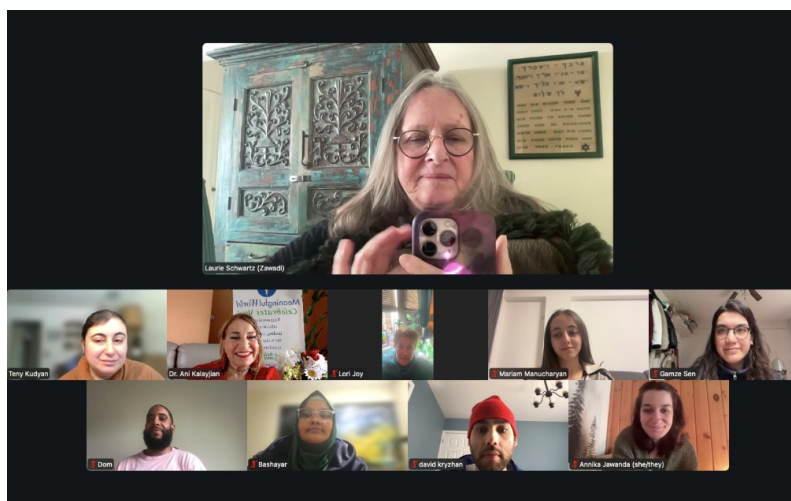
**Cosponsors:** Association for Trauma Outreach & Prevention (ATOP)  
Meaningfulworld, ACRPC, AGBU & Institute for Multicultural Counseling & Educational Services (IMCES)  
Must register for a link;  
[info@meaningfulworld.com](mailto:info@meaningfulworld.com) deadline: 6 March 2025

**Thursday 12 March 2026, 2:30 PM EST, Virtual**

**MeaningfulWorld organized a Parallel Conference at the United Nations Commission on Status of Women, 70th Anniversary**

**AI & EI: Challenges for Empowerment of Women & Girls Globally**

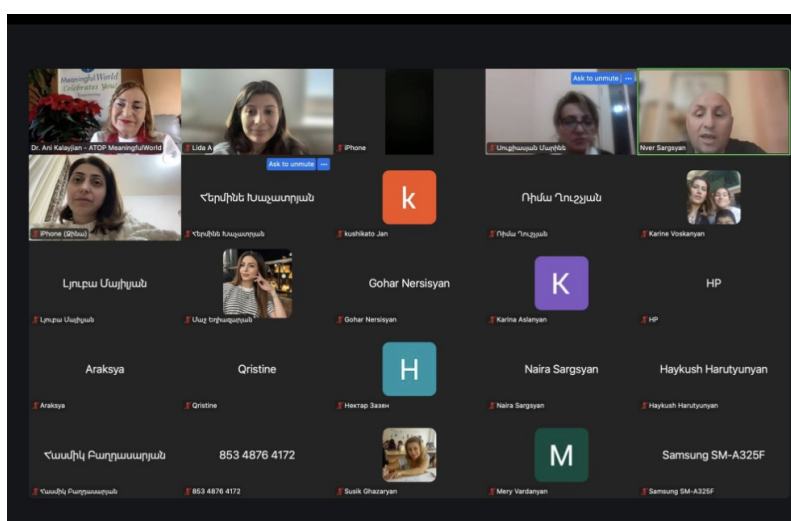
**Watch Here**



**2026 21 February, Self-Care & Meaning-Making Meaningfulworld Workshop**

The workshop was a meaningful success, bringing participants together to reflect, heal, and explore the role of self-care and meaning-making in personal and collective wellbeing.

Visionary Speaker: Laurie Schwartz



## 2025 20 December, From Empathy to Action: Teacher & Parent Master Seminar on Supporting Adolescents



# MeaningfulWorld

Pamper Yourself Holiday Gratitude Healing Party  
Saturday 6 December 2025  
4-6:30 pm Personalized Healing, and 6:30-10 pm Party



**Meaningfulworld's Annual Holiday Gratitude Healing Party**

Kindly, join us for an afternoon of celebration as we remember all that we have accomplished as a team and as a community in the world this year!





**Date:** Saturday 6 December 2025

**4-6:30 PM:** Pampering & Integrative Healing with invited healers:

- Reiki - Natalia Tomassini
- Spiral Massage (Deep Tissue) - Art Jaffe
- Energy Healing - Tanya Vartanyan
- Flower Remedies - Dr. Ani
- Mindfulness - Dana Mark
- Neurographic Art Journey - Karine Arshakyan
- LifeWave & MiCure Phototherapy - Nina Terzian

**6:30-7:00 PM:** Films & Photos from Missions

**7-10:00 PM:** Food, Drinks, Music and Games

Live music:  
DJ Harry Latiofian

**Offering:** \$39 includes 7 healing modalities, food, drinks, music, & desserts

RSVP by **29 Nov 2025**  
Info@Meaningfulworld.com


Dr. Ani Kalayjian  
Phone: 201-941-2266




## Saturday 6 December 2025, Holiday Gratitude Party

[Click Here for Summary](#)

შეცვალე ცხოვრება საკუთარი შინაგანი მალის გაღვივებით




Announcing a forum with \*


**Ana Arveladze, MS**

on

**Positive psychology for peak performance**



*How can positive psychology promote peak performance for athletes, businesspeople, and students? Ana Arveladze is an executive coach, consultant to Olympic athletes, and President of the Uznadze Institute of High Performance Psychology in Tbilisi, Georgia. Here at Fordham, she shares her experiences applying positive psychology with elite athletes and high-performing organizations.*






Moderator: **Harold Takooshian, PhD, Fordham U**  
 Welcome: **Jason R. Young, PhD, President, Psi Chi**  
 Discussants: **Dr. Ani Kalayjian, Meaningful World**

**23 November 2025, Sunday at 4 pm**  
 Fordham University, 113 West 60 St., Manhattan, room 1021

*All are welcome.*

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\* This session is hosted by Fordham University, in cooperation with Psi Chi, SPSSI-NY, ABSA, and Manhattan Psychological Association  
 For any details: [takooshian@fordham.edu](mailto:takooshian@fordham.edu)  
 NOTES: <https://www.fordham.edu/psichipointtopeakperformance>  
[https://www.linkedin.com/post/ana-arveladze-82471762\\_apsiposychology-nationalteam-psychology-activity-739873242298914394-ZY2v](https://www.linkedin.com/post/ana-arveladze-82471762_apsiposychology-nationalteam-psychology-activity-739873242298914394-ZY2v)  
[https://www.psichi.org/page/chapter\\_search](https://www.psichi.org/page/chapter_search)

## 23 November Workshop, Positive Psychology for Peak Performance

Ana Arveladze, MS

2025 11 November Radio interview with Dr. Kalayjian

Listen here



## 9 Nov. Philippines, Disaster Relief Training, Preparation, Meaning-Making & EI workshop

Read more

**MeaningfulWorld**  
ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION  
with Dr. Ani Kalayjian

Hybrid Workshop, Saturday, 25 October 2025

**Disaster Relief & Meaning-Making**  
Disaster Relief, Rehabilitation, Meaning-Making, & Empathy

Facilitator: Dr. Ani Kalayjian, Founder - ATOP Meaningfulworld  
Visionary Speaker: Sarkis Chuldjian, MDT, CCHt, Hypnotherapy

**HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?**  
Attend this program & become a Meaningful World Ambassador  
for Humanitarian Relief & Peace-Building

Hybrid workshop program focus:

- Understand the impact of disaster on survivors: children, adults, families, & communities
- Identify the interventions for rehabilitation, recovery, healing, & integration
- Mentor, empower, & support professionals & the next generation
- Empower self through Mind-Body-Eco-Spirit for health & peace-making
- Disseminate global tool, 7-Step Integrative Healing Model (Biopsychosocial and Eco-Spiritual Model)
- Describe and practice meaning-making
- Describe and list stages of disaster relief

This hybrid workshop is recommended for those seeking deeper insight into the stages of disaster, approaches to relief and recovery, meaning-making and emotional resilience, and practice the 7-Step Integrative Healing Model. This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

RSVP: [//bit.ly/MeaningfulWorldOct](https://bit.ly/MeaningfulWorldOct)  
Phone: 201-941-2266  
DATE: Saturday, 25 October 2025  
TIME: 10:00 AM - 3:30 PM  
10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker  
Presentation and Discussion  
1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises,  
Experiential Healing Session and Meditation.  
FEES: Online Participants via Zoom: \$50  
FEES (In-Person): Full (\$125), Graduate students or retired (\$75),  
Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a  
group will receive 20% off

Includes: Bach/Flower remedies, pre-post test,  
collective gratitude  
Register early as space in this workshop is limited!  
\* Pay online securely at:  
<http://meaningfulworld.com/getinvolved/donation>  
\*ALL FEES INCREASE \$10 after 18 October so  
make your payment early!  
Receive Continuing Education Credits for the  
following professions: Marriage & Family  
Therapy, Mental Health Counseling, Creative Arts  
Therapy, Music Therapy and Psychoanalysis

**When one helps another, BOTH become stronger**

## Disaster Relief & Meaning-Making Workshop, 25 October 2025

Read more




## Mission Summary, Armenia and Georgia, 7-23 October 2025

[Read more](#)

**Mission in Uganda**  
18 JUNE TO 1 JULY 2024

**Dr. Ani Kalayjian**

ATOP MeaningfulWorld



MeaningfulWorld Humanitarian Mission to Uganda will focus on healing, transforming horizontal violence, generational trauma, teaching Emotional Intelligence, empathy, ecological consciousness, and gender empowerment.

*\*Kindly click the link below for the full video:  
<https://youtu.be/gb38be4-KnA>*

**Transforming Trauma in Uganda: ATOP MeaningfulWorld's 2024 Humanitarian Mission in Uganda Film!**

[Watch Film Here!](#)



**Feed, Heal, & Teach Children in the Slums of Uganda.**

**We have fed over 7,000 children since August 2024.**

[More Information](#)



**Partnering to offer free Transcendental Meditation for mothers in the Slums of Uganda**

**More Information**



## Weekly Meetings

**Weekly Support Groups**

**\$5 tax deductible donation**

**Managing stress, anxiety, fear, and uncertainty in times of global crises**

**When: Every Thursday**

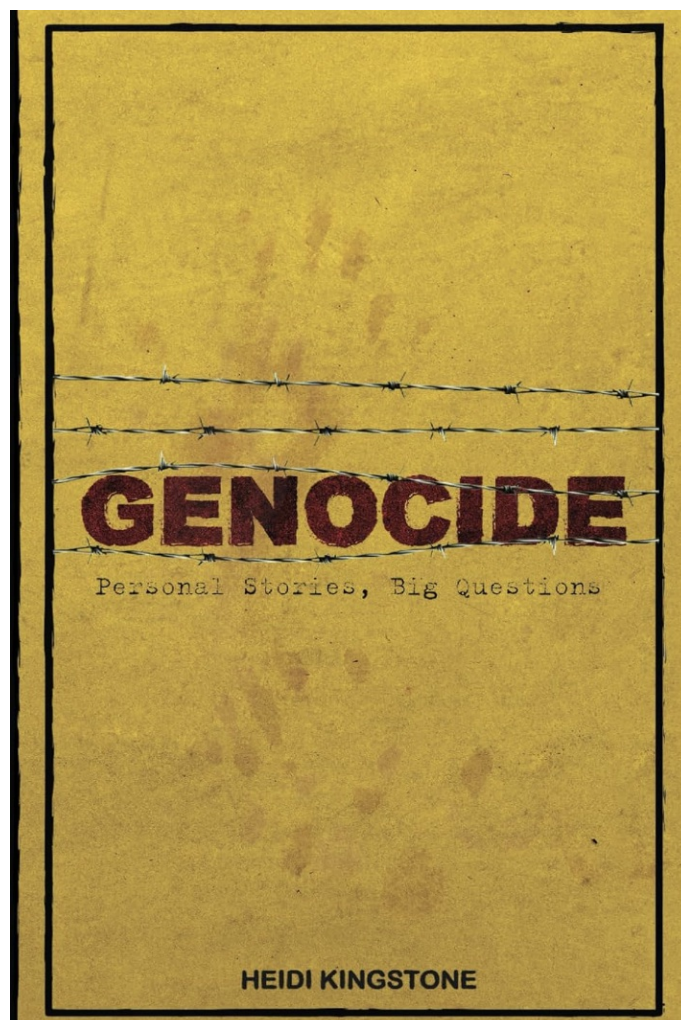
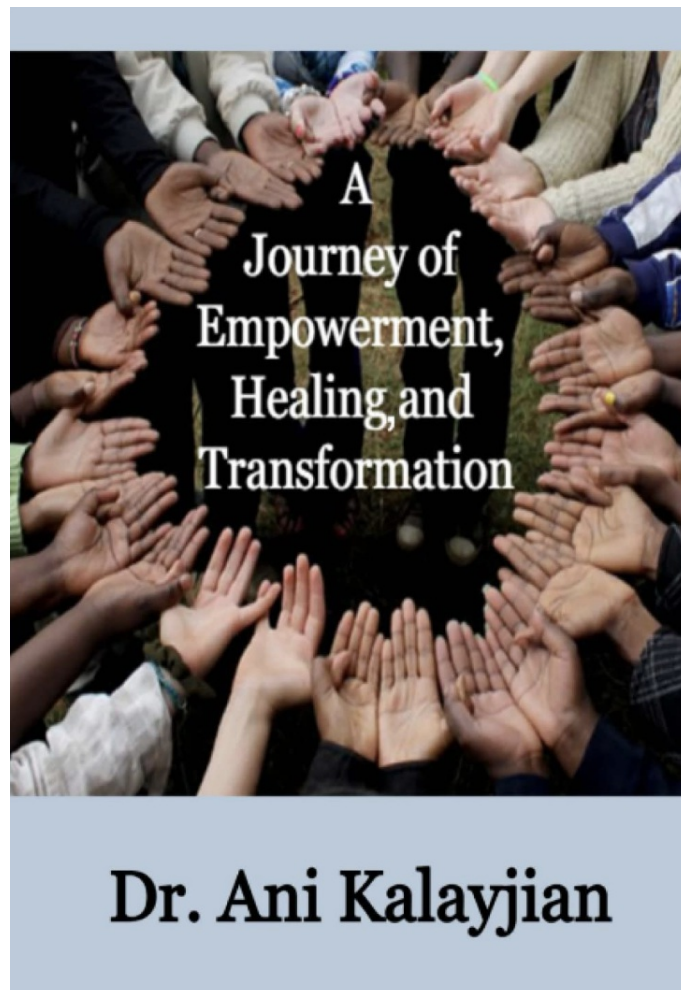
**Time: 12:00 - 1:00 PM (EST)**

**Where: [info@meaningfulworld.com](mailto:info@meaningfulworld.com) for zoom link**

**RSVP Here**

Meet Up Zoom Yoga & Soul Surfing with Dr. Ani  
ATOP MeaningfulWorld offers yoga and meditation during these times of panic and unrest.  
Join us every Tuesday & Friday at 10:00 AM EST on Zoom, by appointment.

[RSVP Here](#)



## [COFFEE TABLE BOOK RELEASE](#)

*A Journey to Empowerment, Healing, & Transformation: 35 Years of Humanitarian Relief Outreach*

By: Dr. Ani Kalayjian

A review from David Dawud said: "I love your writings in the coffee table book. I'm reading a

poem everyday, and traveling to a new country with beautiful photos of your humanitarian volunteer service. You make me think, reflect, release and it helps me clear my thoughts.”

[Click HERE for the link](#)

### ***Genocide: Personal Stories, Big Questions***

**By: Heidi Kingstone**

This book chronicles 20th and 21st-century genocide, which remains one of the most pressing topics today. To further her exploration of one of the worst human rights crimes, she has asked several experts, journalists, scholars, health care professionals, to answer 10 questions.



**The A Train to Sedona - From Victim to Survivor. ATOP MeaningfulWorld President Dr. Ani Kalayian's interview for TalkRadioNYC.**

[Click HERE for the link](#)



**Global Firearm Violence - An Integrative Review**

[More Information](#)

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## MeaningfulWorld invites you to share your love!



### REUSABLE CANVAS BAGS

Let's reduce the use of plastic and raise money for those in need! We want to continue to help launch a suicide lifeline in Armenia, educate others on emotional intelligence, and deploy our teams for humanitarian relief missions! There are 4 different colors to choose from! Buy a reusable bag and help us help others!

### MEANINGFULWORLD TSHIRTS

Show off your MeaningfulWorld spirit by wearing our newly designed t-shirts! You can choose from a range of colors and styles! Show off your MeaningfulWorld pride while simultaneously helping others! Proceeds will help us help others!

[Reusable Canvas Bags](#)

[T-Shirt Sale](#)



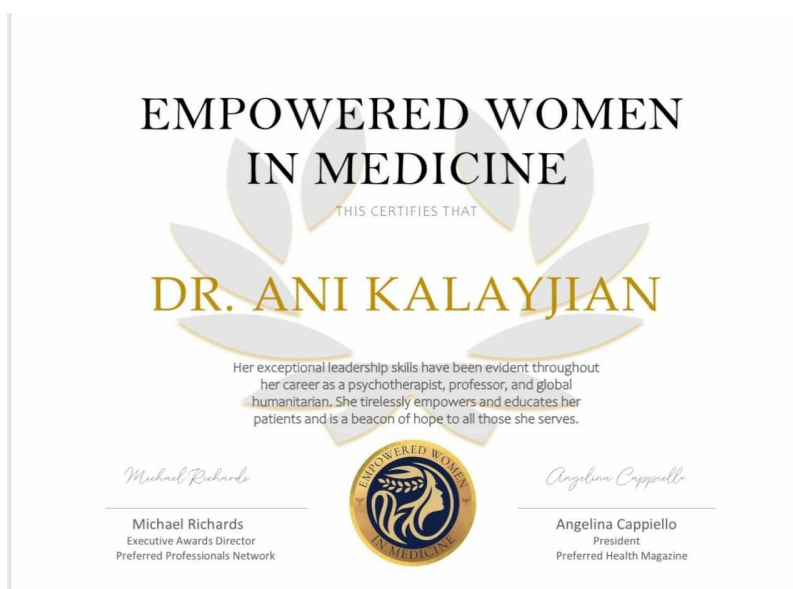
### Awards

MeaningfulWorld ATOP founder Dr. Ani Kalayjian was awarded the 2025 R. Louise McManus Medal by NEAA, created by Teachers College, Columbia University

[Watch the Video](#)



**2024 Lifetime Achievement Award in the Field of Psychology, presented to Dr. Ani Kalayjian for her exemplary dedication and leadership in trauma psychology, as well as her impactful global humanitarian efforts, transforming lives through healing and education worldwide.**



**Empowered Women in Medicine Award, given to Dr. Ani Kalayjian, for her exceptional leadership and dedication as a psychotherapist, professor, and global humanitarian.**



**Spotlight on Ani Kalayjian, Teachers College Columbia University Courier**

## More Information



**Intern Call: 2026-2027**

Association for Trauma Outreach and Prevention (ATOP)

**Mission:**

At *Meaningfulworld*, the goal is to prepare a generation of conscientious individuals who are guided by love, peace, passion, and meaning. *Meaningfulworld* is dedicated to fostering a meaningful, peaceful, and just world in which every individual enjoys physical, mental, social, economic, and spiritual health. A sense of meaning, peace, and justice, although unique to each individual, is achieved through a transformative journey that integrates knowledge and experience with a sense of responsibility and reflection. This transformative process is also attained through healthy relationships that nurture open, honest, and transparent communication, insight into forgiveness, love and spiritual connection, and sacred activism.

**Available Positions:**

All internships are conducted under the supervision of both Dr. Ani Kalayjian-Founder and CEO, Board of Directors of ATOP, and the Intern Coordinator.

1. **Grant Writer/Researcher:** Assisting the Grant Committee to research & write grants, apply for awards, disseminate the work through printed materials
2. **United Nations Internship:** Presence is essential on Thursdays to attend international meetings & join DGC and CoNGO Committees. One year minimum.
3. **Web Support:** Upload photos, press release, and reports on our website.
4. **Digital Media:** International footage from our humanitarian missions. Successful candidates could make a short film for YouTube for educational outreach.
5. **Marketing Intern:** Taking part in our active research team with local and international research from around the world.
6. **Fundraising & Outreach Intern:** To maintain sustainability of our organization, organizing fundraising events for social gatherings to raise funds.
7. **Educational Coordinator and assistant:** Managing monthly educational workshops.

**Location:** Although based in the New York Metropolitan Tri-State area, USA, other internships are welcomed. Internships are mainly virtual except the UN. Monthly meetings are virtual, mandatory on first Monday eve. Monthly training programs are mandatory and are hybrid.

**Time commitment:** 12 months–2 years, 5-6 hours a week (some internship less hrs)

Kindly send your resume, statement of purpose, internship position of interest, 3 goals consistent with our mission, 2 contacts for reference, to Dr. Kalayjian [DrKalayjian@meaningfulworld.com](mailto:DrKalayjian@meaningfulworld.com), kindly visit: [www.meaningfulworld.com](http://www.meaningfulworld.com)

## INTERN CALL: PART TIME INTERNS NEEDED

Looking for experience in research? UN? Humanitarian Work? Fundraising? Social Media?  
Only 4-5 hours a week!  
Be the change you want to see in the world!

## More Information



## ATOP Latest Publishing

1. Kshtriya, S., Kalayjian, A., Lowe, S. R., Diakonova-Curtis, D., Toussaint, L. (2022). Exploring the Association between Forgiveness, Meaning-Making, Post-Traumatic Stress Symptoms: The Case of Hurricane Maria in Puerto Rico. *International Journal of Educational Research*.
2. Kalayjian, A., Huang, K., Sabbour, S., & Yasin, M. (2022). Grassroots Collaborations to Address the Trauma of Suicide: Establishing the First Suicide Prevention Lifeline in the Republic of Armenia. *International Journal of Mental Health*.  
<https://doi.org/10.1080/00207411.2022.2983392>. View [HERE](#)
3. Toussaint, L., Kshtriya, S., Kalayjian, A., Cameron, E., & Diakonova-Curtis, D. (2022). Christian Religious Affiliation is Associated with Less Posttraumatic Stress Symptoms Through Forgiveness but Not Search for Meaning After Hurricane Irma and Maria. *American Psychological Association*.



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Association For Trauma Outreach and Prevention  
Helping people heal for 35 years!

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2. Suicide Prevention in Armenia.
3. Mental Health, Supporting Psychologists in War Torn Areas of Ukraine & Armenia.

 90% of your donation goes directly to the people!

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## Gratitude To Our Visionary Speakers

Lo Anne Mayer, Alexis Brink, Dr. Yolanda Hancock, Dr. Douglas Scherer, Laurie Schwartz, Dr. Linda Marsanico, Nupur Kothari, Paul Jaffe, Simone Coonrod, Linda Turner, Erica Rodriguez, Arthur Jaffe, Christina Nunez Gomes, Cristina Como, Mark Ackerman, Marianne Gunther, Ron Friedman, Kathleen Booker, Lata Cheri-Kennedy, Anisa Keith, Dr. Deborah Barbieri, & Ali Fischer

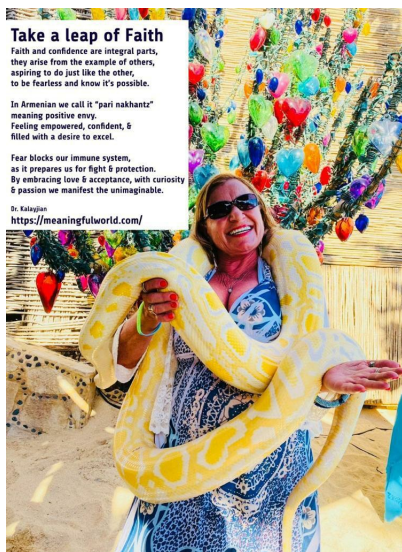
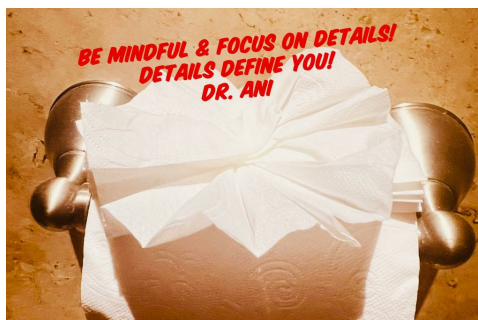
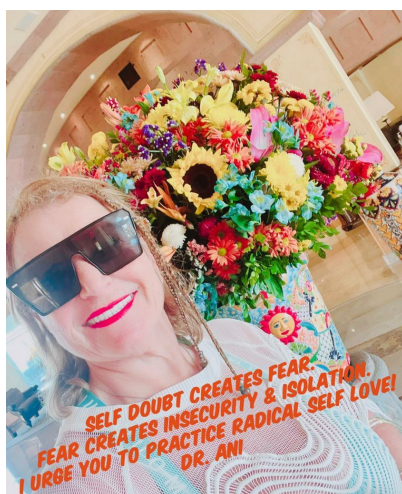
## Gratitude To Our Donors

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This QR Code is for donating to our various fundraising efforts and workshops. Please, help us to help others around the world by donating.

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#### ATTENTION: Additional Media

~ 2014 Meaningfulworld Haiti Mission - [VIEW HERE](#)

In June 2024, the Meaningfulworld team returned to Haiti for their eighth humanitarian mission, guiding communities through trauma healing, forgiveness, and empowerment using Dr. Kalayjian's Integrative Healing

Model. From university students to orphan caretakers, participants left feeling heard, hopeful, and reconnected.

~ **2025 Armenia Humanitarian Mission - [VIEW HERE](#)**

2025 marked MeaningfulWorld's 27th humanitarian mission to Armenia, where Dr. Kalayjian and Professor Takooshian spent 11 impactful days leading 14 healing and educational programs across six universities, two ministries, and eight NGOs — reaching over 600 individuals directly and 2 million through radio and social media. The team also sponsored four children in distress, including two who lost their fathers in the 2023 Artsakh attacks. Even amid political unrest, the resilience and warmth of the Armenian and Georgian people reminded us that the human spirit remains unbreakable.

~**Armenia Radio Link. [VIEW IT HERE](#).** Ի՞նչ է «խեցգետնի հիվանդությունը» և ինչպե՞ս է այն ազդում հայ հասարակության վրա. հոգեբան Անի Գալայճյան. «Սփյուռքի ձայնը»:

~**2024 Humanitarian Mission to Armenia. [VIEW IT HERE](#)**

~ **MeaningfulWorld UN International Day of Peace. [VIEW IT HERE](#)**

~ **Suicide awareness & prevention Dr. Ani interviewed by Carl Birman. [VIEW IT HERE](#)**

~ **WUFUNIF President Liliana Bucur Cress interviewed Dr. Kalayjian, President ATOP MeaningfulWorld. [VIEW IT HERE](#)**

~**February 2024: Intern Introductions from David Babigian and Terri Lao. [View it HERE](#)**

~**March 2023: Gender Equity. Transforming Gender Stereotypes. [View it HERE](#)**

~**March 2023: 12th Annual Mentoring Forum at Fordham University. [View it HERE](#)**

~**February 2023: Photography Exhibit Opening Ceremony. [View it HERE](#)**

~**January 2023: MLK Day poem by Dr. Ani:**

*I have a dream  
Dr. Kalayjian*

*Martin Luther King, Jr., you were the youngest man to have received the Nobel Peace Prize.*

*You were the King, but you led the people humbly;*

*You were the King, using your peaceful leadership to actualize your dreams.*

*You had a dream, your dream inspired us all.*

*Unfortunately, 60 years later, we are still dreaming with the hopes that “Justice will roll down like water;” and we will live in harmony.*

*You defined peaceful resistance,*

*You were the colossal of the civil rights movement.*

*You motivated thousands to stand with you,*

*In peace & justice, with faith and love!*

~**January 2023: Poem by Dr. Ani:**

*Thrust forward! Enjoying the lessons from the past. Release the negative, imagine they are clouds, let the tears clear your view, as you are now the best version of yourself!*

~**January 2023: Forget Me Not by Dr. Ani Kalayjian - book review & Lachin corridor humanitarian crisis. [View it HERE](#)**

~**January 2023: Dr. Ani Kalayjian wrote a beautiful poem for the start of the New Year. [View it HERE](#)**

~**July 2022: Humanitarian Outreach Mission to Guatemala, video by Lorraine Simmons. [View it HERE](#)**

~**9 November 2022: Belle Unobe and Kristina Khrimian discussing the objectives and activities of MeaningfulWorld's Genocide Prevention Committee. [View it HERE](#)**

~**9 November 2022: Shubhrata Shukla interviewing Dr. Ani Kalayjian on her experiences with trauma and healing. [View it HERE](#)**

~**9 November 2022: Kristina Khrimian and Rishi Guntur bringing awareness on the topic of suicide. [View it HERE](#)**

~**September 2022: Dr. Ani Kalayjian, President, MeaningfulWorld & Marietta Khurshudyan, Psychologist discuss: Anger Management: In Armenia Nurturing Emotional Intelligence. [View it HERE](#)**

~**September 2022: Dr. Ani Kalayjian and Marietta Khursduhyan have an informative conversation about Horizontal Violence in Armenia. [View it HERE](#)**

~**2 May 2022: Dr. Ani Kalyajian, Lorraine Simmons, and Andrew Dolinar spoke about Self Care and Peace Building: Healing the Self, Mother Nature, and the World. [View it HERE](#)**

~**25 April 2022: Dr. Ani Kalayjian was interviewed by freelance writer Chelsea Greenwood about the effectiveness of EMDR treatment.**

~**13 April 2022: Dr. Ani Kalayjian and Outreach Coordinator Paige McDonald met for part two of their discussion on Horizontal Violence. [View it HERE](#)**

~**30 March 2022: Dr. Ani Kalayjian and Outreach Coordinator Paige McDonald met for a series of Instagram Lives to discuss Horizontal Violence. [View part one HERE](#)**

~**24 March 2022: Interns Nola Sheehan and Alyssa Curcio spoke together about empathy and what it means. [View the video HERE](#)**

~ **15 March 2022: Dr. Ani Kalayjian sat down and spoke with intern Will Robbins about SAD. [View the video HERE](#)**

~**2020 Dignity Workshop 27.2: Message tot he World from Dr. Ani Kalayjian. [View it HERE](#)**

