

assigned? How were intellectual contributions, conflicts, and disagreements discussed and resolved? It is crucial that journals, publishers, institutions, and grant funders recognize and value this collaborative transparency as an essential complement to scientific contributions.

Article can be found here:

<https://www.nature.com/articles/s41562-026-02404-9>

Trauma, Forgiveness, Resilience & Meaning-making: International Humanitarian Relief in Uganda

by Dr. Ani Kalayjian, Romance Albarqawi, Gamze Sen, Sena Ummak and Paulina S. Sipilian

This study examines the relationships among traumatic stress, resilience, forgiveness (of self and others), and meaning in life in Uganda, a context shaped by prolonged sociopolitical conflict, environmental disasters, and limited mental health services. Drawing on trauma psychology, global mental health, and international psychology literature, this research investigates how these constructs interact in a post-conflict, crisis-prone environment. A total of 148 participants were recruited through humanitarian outreach programs during a two-week trauma healing mission in Uganda. Participants completed self-report measures assessing traumatic stress symptoms, resilience, forgiveness, and meaning in life. Results indicated



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that traumatic stress was negatively associated with resilience and presence of meaning, while positively related to the search for meaning. Forgiveness of others was positively correlated with both resilience and meaning, whereas self-forgiveness was not significantly associated with traumatic stress. Education level was positively correlated with resilience and marginally with

presence of meaning. Cultural and religious factors, particularly Pentecostal beliefs emphasizing divine rather than self-generated forgiveness, may partially explain the weaker association between self-forgiveness and trauma. These findings highlight the importance of culturally grounded, meaning-centered, and relationally informed approaches to trauma recovery in low-resource and post-conflict settings.

Further information on this work can be found here:

Trauma, Forgiveness, Resilience & Meaning-making

**Trauma, Forgiveness, Resilience & Meaning-making: International
Uganda**

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