

Meaningful World

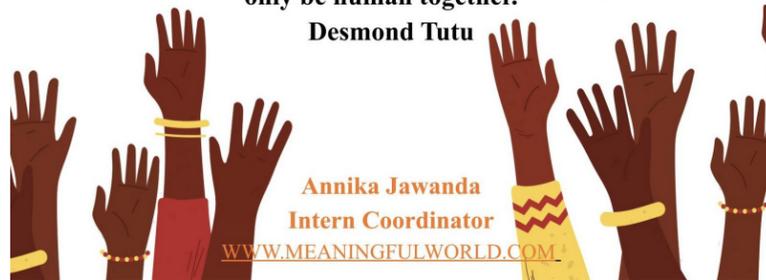
Association for Trauma Outreach and Prevention (ATOP)

Bulletin, February 2026

◆ Black History Month ◆



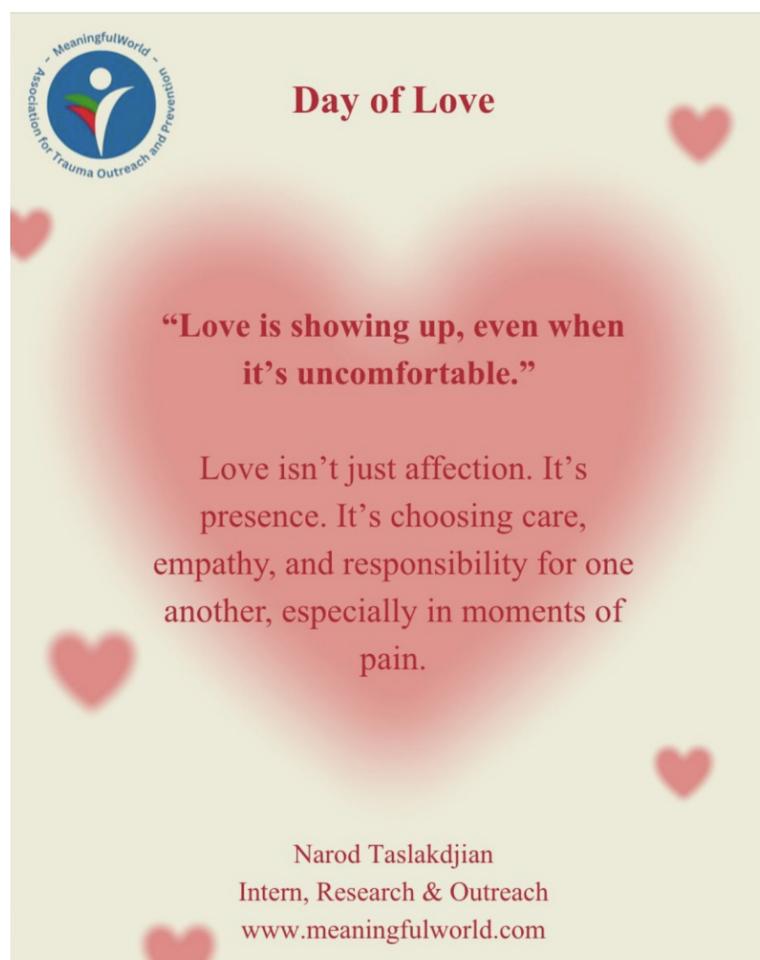
**“My humanity is bound up in yours, for we can
only be human together.”
Desmond Tutu**



**Annika Jawanda
Intern Coordinator**

WWW.MEANINGFULWORLD.COM

Black History Month



 **Day of Love**

**“Love is showing up, even when
it’s uncomfortable.”**

Love isn’t just affection. It’s
presence. It’s choosing care,
empathy, and responsibility for one
another, especially in moments of
pain.

Narod Taslakhjian
Intern, Research & Outreach
www.meaningfulworld.com

Month of Love

**Let Love Transform you
By Dr. Ani Kalayjian**

***Let the flames of Love help you focus
On all that is essential and true.
Let Love illuminate you and
Pave your road with passion...***

Let Love take you away,

*At the same time centering you
To choose the good, in-spite of evil...
Let Love help you concentrate
Always on the present,
Letting go of the past,
As well as the unknown future...*

Upcoming Events



Humanitarian Relief Certificate Program, 2026 Workshop Dates

21 February 2026, Self-Care & Meaning-Making

28 March 2026, Disaster Relief & Meaning-making

25 April 2026, Genocide Prevention & Human Rights

16 May 2026, Mindful Leadership & Forgiveness

11 June 2026, Graduation of MeaningfulWorld Ambassadors for Humanitarian Relief & Peace Building

28 July 2026, Garden Gratitude & Pampering Party

26 September 2026 Self-Care & Meaning-Making

31 October 2026 Disaster Relief & Meaning-making

21 November 20226 Conflict Transformation and Peace-Building

5 December 2026 Holiday Gratitude Party

MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian

Zoom Workshop, Saturday, 21 February 2026

Self-Care & Meaning-Making

EQ, Preventing Vicarious Trauma & Post-Traumatic Growth

Facilitator: Dr. Ani Kalayjian, Founder — ATOP Meaningfulworld
 Visionary Speaker: Laurie Schwartz, MS, LMTh, Somatic Therapy

HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?
 Attend this program & become a Meaningful World Ambassador
 for Humanitarian Relief & Peace-Building

Program focus:

- Identify the importance of self-care
- Identify the impact of, kinds, and other variables of trauma
- Review theorists: Erickson, Sullivan, Kohlberg, Freud, Frankl, & Ruiz
- Learn about United Nation's Sustainable Development Goals
- Identify interventions for recovery, healing, & integration
- Connect & empower self through Mind-Body-Eco-Spirit
- Learn ways to nurture Emotional Intelligence (EQ)
- Learn Emotional Genograms to understand family dynamics & generational transmissions
- Learn techniques of mindful meditation
- Includes didactic presentation of theory, method, research, and techniques

This workshop is recommended for those seeking a greater understanding of emotional management, lessons learned, transforming vicarious trauma and Horizontal Violence, peace building, meaning-making and transcendence.
 This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

RSVP to: [/bit.ly/MeaningfulWorldFeb](https://bit.ly/MeaningfulWorldFeb)

Phone: 201-941-2266

DATE: Saturday, 21 February 2026

TIME: 10:00 AM - 3:30 PM

10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker Presentation and Discussion

1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation.

FEES: Online Participants via Zoom: \$50

FEES (In-Person): Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a group will receive 20% off

Includes: Bach/Flower remedies, pre-post test, collective gratitude

Register early as space in this workshop is limited!

* Pay online securely at:
<http://meaningfulworld.com/getinvolved/donation>

*ALL FEES INCREASE \$10 after 14 February so make your payment early!

Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Mental Health Counseling, Creative Arts Therapy, Music Therapy and Psychoanalysis

When one helps another, BOTH become stronger

Self-Care & Meaning-Making Workshop

21 February 2026

Visionary Speaker: Laurie Schwartz, MS, LMTh, Somatic Therapy

Register Here

Pay Here



ATOP MeaningfulWorld Humanitarian Mission to Senegal

Trauma healing, gender empowerment, conflict transformation, ecological justice, and nurturing Emotional Intelligence (EI)

Pre-Press Release
Dr. Ani Kalayjian

From April 4-15, 2026, the MeaningfulWorld team will travel to Senegal, West Africa, for a Humanitarian Outreach Mission focused on trauma healing, emotional intelligence, empathy, United Nations Sustainable Development Goals, ecology, and peacebuilding. This mission continues Meaningful-World's global commitment to communities affected by political violence, poverty, gender inequality, and intergenerational trauma.

Founded by Dr. Ani Kalayjian, MeaningfulWorld has carried out over 115 humanitarian missions in 50 countries, offering trauma-informed, culturally responsive healing programs grounded in the 7-Step Integrative Healing Model and Transcendental Meditation (TM). Team members will be from the USA Dr. Kalayjian (Team leader), Natalia Tomassini, Dominico Jones, Lori Henriksen, and from Senegal Ibrahima Diallo (Field manager), & Seydou Mbengue (Transcendental Meditation Teacher).

Why Senegal? Senegal is facing multiple, intersecting forms of trauma that affect individuals, families, and communities. Between 2021 and 2024, the country experienced deadly political violence linked to contested elections, resulting in 79 deaths, widespread unrest, and psychological distress. Many young people have grown up amid fear, uncertainty, and repression. Children in Quranic schools (daaras) are often exposed to exploitation, forced begging, neglect, and abuse, creating deep emotional and developmental harm. Women and girls face gender-based violence, including female genital mutilation (FGM), domestic abuse, and sexual violence, which limits health, safety, and educational opportunity.

Senegal also continues to feel the long-term psychological impacts of the Casamance conflict, as well as refugee displacement from regional instability. These conditions contribute to anxiety, depression, unresolved grief, and PTSD, while access to mental-health services remains limited.

This humanitarian mission responds directly to these realities, offering tools for healing, resilience, dignity, and peace. Our Mission in Senegal MeaningfulWorld will work with educators, parents, NGO leaders, community members, and government partners to deliver trauma-informed healing and emotional intelligence training. We will emphasize integrative modalities, including:

The 7-Step Integrative Healing Model, Transcendental Meditation (TM), breathwork, mindfulness, emotional regulation, energy-based healing, Reiki, and empathic listening. For each of 20 scientific studies on TM and PTSD for civilians and military all around the world, there is a statistically large reduction in PTSD symptoms, often within 30 days. See research here:

<https://aptsdr.org/research-2/>

Our goals are to:

1. Provide trauma healing through the 7-Step Integrative Program with TM (SDG 4) & train faculty, NGO leaders, teachers, and parents
2. Nurture Emotional Intelligence (SDG 3)

Humanitarian Mission in Senegal, Pre-Press Release

[Click Here to Read More](#)

MeaningfulWorld
ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION
with Dr. Ani Kalayjian

Thursday 12 March 2026, 2:30 PM EST, Virtual

ATOP Meaningfulworld at United Nations Presents a parallel Program at the 70th Commission on Status of Women (CSW) on
AI & EI: Challenges for Empowerment of Women & Girls Globally

Sustainable Development Goals: 2, 3, 4, 5, 8, 10, 11, 16, 17

Chair Person: Dr. Ani Kalayjian
Welcome: Dr. Kalyani Gopal, Psychology Coalition of Accredited NGOs at the United Nations
Invocation: Mr. Eric Shokei Manigian, M.Div. Union Theological Seminary, NY.
Faculty:
Palestine/Israel, Dr. Khawla Abu Baker, Alqasemi Academic College. From Vulnerability to Resilience: Empowering Palestinian Women through AI & EI.
Guatemala, Prof. Maria Del Pilar Grazioso, Universidad Del Valle. Challenges for women in Guatemala
Armenia, Ms. Marietta Khurshudyan, WHO, Armenia. (invited)
Uganda, Mr. Jacob Bole. Hope Renewed NGO. Feeding, Healing, & Educating Women & Girls in Uganda.
USA, Lida Asilyan, MeaningfulWorld. Empowering Women & Girls Globally: Lessons learned
Closure: Heart-to-Heart-Circle of Love, Gratitude, and Peace.

This panel will focus on healing traumatized women and girls globally. Our organization has volunteered in 48 countries and 26 states in the USA. Our observations have highlighted the continued violence against women and girls globally. Panelists will be focusing on challenges to healing in Guatemala, Nigeria, Uganda, Armenia, Lebanon, Palestine, and others. We will share strategies to transform women's trauma and nurture their emotional intelligence, which is increasingly important in a world full of AI. We have observed women are often leaders in their community and family, so investing in this population is investing in our future.

When one helps another, BOTH become stronger!

DATE: Thursday 12 March 2026 Info@meaningfulworld.com	Cosponsors: Association for Trauma Outreach & Prevention (ATOP) Meaningfulworld, ACRPC, AGBU & Institute for Multicultural Counseling & Educational Services (IMCES) Must register for a link; info@meaningfulworld.com deadline: 6 March 2025
For more information call: Dr. Kalayjian, 201-723-9578 www.meaningfulworld.com	

Thursday 12 March 2026, 2:30 PM EST, Virtual

MeaningfulWorld is invited for a Parallel Conference at the United Nations Commission on Status of Women, 70th Anniversary

AI & EI: Challenges for Empowerment of Women & Girls Globally



Sign in

Dr. Ani Kalayjian Awarded FES Certification for Her Worldwide Humanitarian Social Service



Flower Essence Society's Newsletter highlights MeaningfulWorld's humanitarian work

[Read More Here](#)



[Meet MeaningfulWorld's New Team Member](#)

[Annika Jawanda, B.A. Intern Coordinator](#)

[Annika completed a bachelor's degree from Smith College, double majoring in Neuroscience and Psychology. She plans to earn her doctorate in combined school-clinical psychology, preparing for a future in clinical assessment and meaningful intervention. Annika has spent the past few years working in education, which has contributed to her desire to pursue school psychology, working with a K-12 population. She is passionate about volunteering in her local community service and is excited to contribute to the mission at ATOP MeaningfulWorld. MeaningfulWorld welcomes Annika as our Intern Coordinator.](#)

[Click here to read more about our Team](#)

Meaningfulworld Presents

A Master Class

In collaboration with schools in
Ashtarak and Nor Hachn



Empowering Teens: Nurturing Mindful Teens by Being a Good Role Model

Saturday 20 December 2025
at 11 am EST, 20:00 Armenia

Workshop faculty
Dr. Ani Kalayjian

Founder & President ATOP
MeaningfulWorld

Chairperson:
Nver Sargsyan:
sargsyan.nver@gmgail.com

Email us for the zoom
link

Our website:
<http://meaningfulworld.com/>



Successful Past Events:

2025 20 December, From Empathy to Action: Teacher & Parent Master Seminar on Supporting Adolescents

[Click Here for Summary](#)

 **MeaningfulWorld** 

Pamper Yourself Holiday Gratitude Healing Party
Saturday 6 December 2025
4-6:30 pm Personalized Healing, and 6:30-10 pm Party



Meaningfulworld's
Annual Holiday
Gratitude Healing
Party

Kindly, join us for an
afternoon of celebration as
we remember all that we
have accomplished as a team
and as a community in the
world this year!





Date: Saturday 6 December 2025

4-6:30 PM: Pampering & Integrative
Healing with invited healers:

- Reiki - Natalia Tomassini
- Spiral Massage (Deep Tissue) - Art Jaffe
- Energy Healing - Tanya Vartanyan
- Flower Remedies - Dr. Ani
- Mindfulness - Dana Mark
- Neurographic Art Journey - Karine Arshakyan
- LifeWave & MiCure Phototherapy - Nina Terzian

6:30-7:00 PM: Films & Photos from Missions

7-10:00 PM: Food, Drinks, Music and Games

Live music:
DJ Harry Latirofian

Offering: \$39 includes 7
healing modalities, food,
drinks, music, & desserts

RSVP by **29 Nov 2025**
Info@Meaningfulworld.com

Dr. Ani Kalayjian
Phone: 201-941-2266





Saturday 6 December 2025, Holiday Gratitude Party

[Click Here for Summary](#)

შეცვალე ცხოვრება საკუთარი შინაგანი ძალის გაღვივებით

Announcing a forum with *
Ana Arveladze, MS
on
Positive psychology for peak performance

How can positive psychology promote peak performance for athletes, businesspeople, and students? Ana Arveladze is an executive coach, consultant to Olympic athletes, and President of the Uznadze Institute of High Performance Psychology in Tbilisi, Georgia. Here at Fordham, she shares her experiences applying positive psychology with elite athletes and high-performing organizations.



Moderator: **Harold Takooshian, PhD, Fordham U**
 Welcome: **Jason R. Young, PhD, President, Psi Chi**
 Discussants: **Dr. Ani Kalayjian, Meaningful World**

23 November 2025, Sunday at 4 pm
 Fordham University, 113 West 60 St., Manhattan, room 1021

All are welcome.

* This session is hosted by Fordham University, in cooperation with Psi Chi, SPSSI-NY, ABSA, and Manhattan Psychological Association
 For any details: takooshian@fordham.edu

NOTES: <https://www.parliament.ge/en/press/news/sports-komitetis-sports-fikologias-da-matne-dokladinshi-sabakhatec-imjedin>
<https://www.linkedin.com/company/uznadze-institute-of-high-performance-psychology>
https://www.psichi.org/page/chapter_search



23 November Workshop, Positive Psychology for Peak Performance

Ana Arveladze, MS

2025 11 November Radio interview with Dr. Kalayjian

[Listen here](#)



9 Nov. Philippines, Disaster Relief Training, Preparation, Meaning-Making & EI workshop

[Read more](#)

MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian

Hybrid Workshop, Saturday, 25 October 2025

Disaster Relief & Meaning-Making

Disaster Relief, Rehabilitation, Meaning-Making, & Empathy

Facilitator: Dr. Ani Kalayjian, Founder - ATOP Meaningfulworld
Visionary Speaker: Sarkis Chuldjian, MDT, CCHI, Hypnotherapy

HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?
Attend this program & become a Meaningful World Ambassador for Humanitarian Relief & Peace-Building

Hybrid workshop program focus:

- Understand the impact of disaster on survivors: children, adults, families, & communities
- Identify the interventions for rehabilitation, recovery, healing, & integration
- Mentor, empower, & support professionals & the next generation
- Empower self through Mind-Body-Eco-Spirit for health & peace-making
- Disseminate global tool, 7-Step Integrative Healing Model (Biopsychosocial and Eco-Spiritual Model)
- Describe and practice meaning-making
- Describe and list stages of disaster relief

This hybrid workshop is recommended for those seeking deeper insight into the stages of disaster, approaches to relief and recovery, meaning-making and emotional resilience, and practice the 7-Step Integrative Healing Model. This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

RSVP: [/bit.ly/MeaningfulWorldOct](https://bit.ly/MeaningfulWorldOct)

Phone: 201-941-2266

DATE: Saturday, 25 October 2025

TIME: 10:00 AM - 3:30 PM

10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker Presentation and Discussion

1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation.

FEES: Online Participants via Zoom: \$50

FEES (In-Person): Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a group will receive 20% off

Includes: Bach/Flower remedies, pre-post test, collective gratitude

Register early as space in this workshop is limited!

* Pay online securely at:
<http://meaningfulworld.com/getinvolved/donation>

*ALL FEES INCREASE \$10 after 18 October so make your payment early!

Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Mental Health Counseling, Creative Arts Therapy, Music Therapy and Psychoanalysis

When one helps another, BOTH become stronger

Disaster Relief & Meaning-Making Workshop, 25 October 2025

Read more



Mission Summary, Armenia and Georgia, 7-23 October 2025

Read more





27 June 2025, AAMHA Conference, Partnership Amongst Armenian Organizations

Summary

5 June 2025, Partnering for SDGs: Human Rights & Emotional Intelligence (EI): Healing Humanity

Summary

Photo Gallery

Mission in Uganda
18 JUNE TO 1 JULY 2024

Dr. Ani Kalayjian

ATOP MeaningfulWorld



MeaningfulWorld Humanitarian Mission to Uganda will focus on healing, transforming horizontal violence, generational trauma, teaching Emotional Intelligence, empathy, ecological consciousness, and gender empowerment.

**Kindly click the link below for the full video:
<https://youtu.be/gb38be4-KnA>*

Transforming Trauma in Uganda: ATOP MeaningfulWorld's 2024 Humanitarian Mission in Uganda Film!

Watch Film Here!



Feed, Heal, & Teach Children in the Slums of Uganda

More Information

GOFUNDME Link



Partnering to offer free Transcendental Meditation for mothers in the Slums of Uganda

More Information



Weekly Meetings

Weekly Support Groups

\$5 tax deductible donation

Managing stress, anxiety, fear, and uncertainty in times of global crises

When: Every Thursday

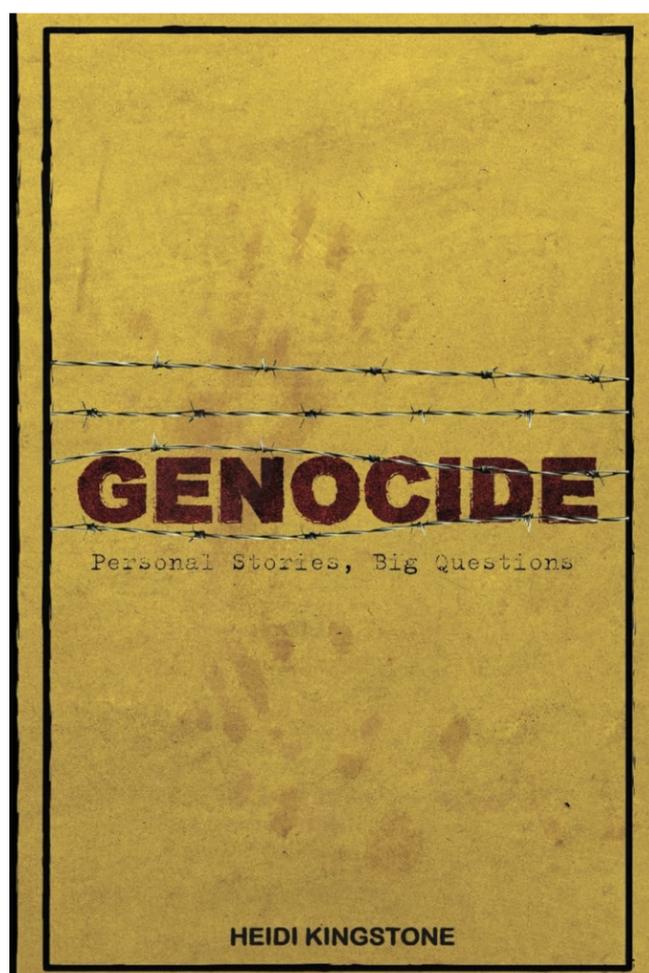
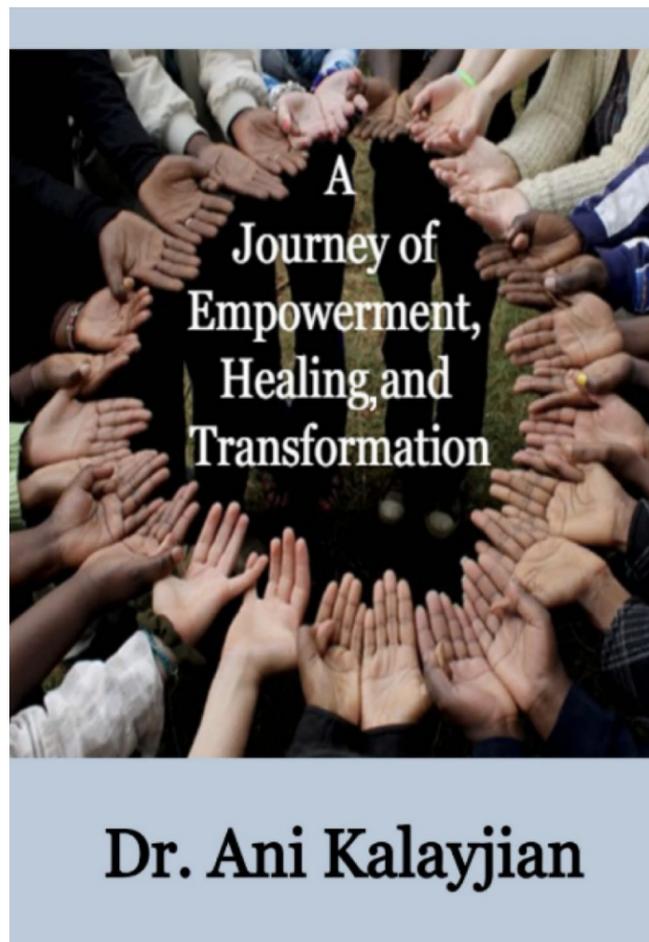
Time: 12:00 - 1:00 PM (EST)

Where: info@meaningfulworld.com for zoom link

RSVP Here

Meet Up Zoom Yoga & Soul Surfing with Dr. Ani
ATOP MeaningfulWorld offers yoga and meditation during these times of panic and unrest.
Join us every Tuesday & Friday at 10:00 AM EST on Zoom, by appointment.

RSVP Here



COFFEE TABLE BOOK RELEASE

A Journey to Empowerment, Healing, & Transformation: 35 Years of Humanitarian Relief Outreach

By: Dr. Ani Kalayjian

A review from David Dawud said: "I love your writings in the coffee table book. I'm reading a poem everyday, and traveling to a new country with beautiful photos of your humanitarian volunteer service. You make me think, reflect, release and it helps me clear my thoughts."

Click [HERE](#) for the link

Genocide: Personal Stories, Big Questions

By: Heidi Kingstone

This book chronicles 20th and 21st-century genocide, which remains one of the most pressing topics today. To further her exploration of one of the worst human rights crimes, she has asked several experts, journalists, scholars, health care professionals, to answer 10 questions.



The A Train to Sedona - From Victim to Survivor. ATOP MeaningfulWorld President Dr. Ani Kalayian's interview for TalkRadioNYC.

Click [HERE](#) for the link



Global Firearm Violence - An Integrative Review

More Information

MeaningfulWorld invites you to share your love!



REUSABLE CANVAS BAGS

Let's reduce the use of plastic and raise money for those in need! We want to continue to help launch a suicide lifeline in Armenia, educate others on emotional intelligence, and deploy our teams for humanitarian relief missions! There are 4 different colors to choose from! Buy a reusable bag and help us help others!



MEANINGFULWORLD TSHIRTS

Show off your MeaningfulWorld spirit by wearing our newly designed t-shirts! You can choose from a range of colors and styles! Show off your MeaningfulWorld pride while simultaneously helping others! Proceeds will help us help others!

Reusable Canvas Bags

T-Shirt Sale



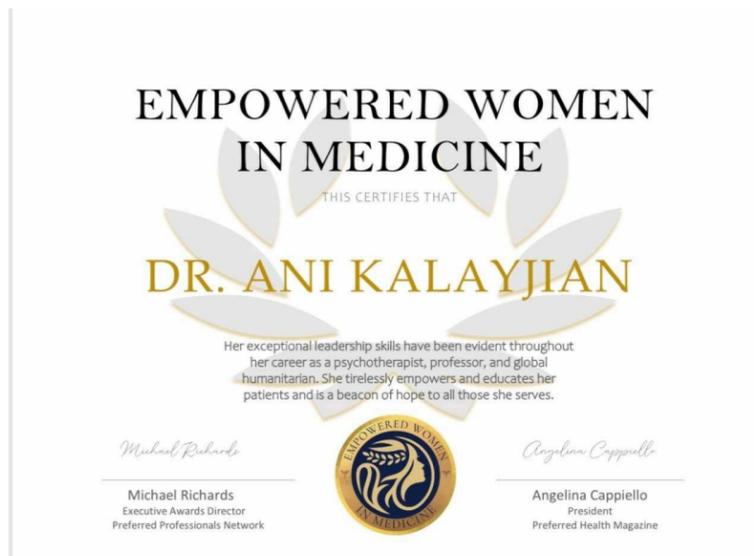
Awards

MeaningfulWorld ATOP founder Dr. Ani Kalayjian was awarded the 2025 R. Louise McManus Medal by NEAA, created by Teachers College, Columbia

Watch the Video



2024 Lifetime Achievement Award in the Field of Psychology, presented to Dr. Ani Kalayjian for her exemplary dedication and leadership in trauma psychology, as well as her impactful global humanitarian efforts, transforming lives through healing and education worldwide.



Empowered Women in Medicine Award, given to Dr. Ani Kalayjian, for her exceptional leadership and dedication as a psychotherapist, professor, and global humanitarian.



Courier

Official Publication of the Nursing Education Alumni Association

Spotlight on Ani Kalayjian, EdD, BC-RN, BCETS, DDL

By Diane J. Mancino

Dr. Ani Kalayjian is a graduate of Columbia University Teachers College with Master's and Doctoral Degrees and holds an Honorary Doctor of Science Degree from Long Island University. She is the founder and President of the Association for Trauma Outreach and Prevention (ATOP) Meaningfulworld. Since 1998, she has been a consultant at the United Nations (UN), and more recently has been the representative of ATOP Meaningfulworld at the UN. She is an editor and author of numerous books and scholarly articles. Dr. Kalayjian has been recognized by many different organizations including the American Nurses Association Honorary Human Rights Award. The following interview offers insight into Dr. Kalayjian's professional development as a nurse and as a humanitarian extraordinaire.

Editor: When did you decide to become a RN? What attracted you to nursing as a career?

I was 8 years of age, growing up in Aleppo Syria, and saw my parents extremely sad and angrily shuffling the papers looking for their lost family members from the Ottoman Turkish Genocide of the Armenians (1915). When I asked them what was wrong, they brushed me off to do my homework. I went to the outhouse and cried. I did not know at that time that I had inherited their post-traumatic stress disorder, and even though they never told me about the Genocide, I felt the gravity of being amongst traumatized people. I witnessed my grandfather at his death bed having night terrors and yelling "close the doors, the Turks are coming, my love, please close the doors, lock the windows too, its (Genocide) starting again." I then, at an early age, decided to help people become strong and resilient and be able to share their feelings assertively without feeling shame of their sadness and hiding in the outhouse. Additionally, I was in between two brothers one older and one younger, who tor-



Dr. Ani Kalayjian

mented me and who were benefiting from their male advantage by going outside to play and ride a bicycle, while I was forbidden from it all. While I was forced to stay home for my safety, and to learn domestic talents such as crochet, needle point, and cleaning.

Editor: Please describe your early nursing career. Where did you get your basic nursing education? Your early practice settings?

I first studied at Long Island University (LIU), Brooklyn campus, receiving a BS. Then I studied at Teachers College Columbia University, receiving both MEd and EdD, without any breaks.

Editor: How was your academic progression planned? Why did you choose Teachers College for your master's and doctorate?

I am still unsure as to why at Fort Lee High School I was not guided by the counseling center to help me with my higher education.

In fact, my parents were very poor, just immigrated from Syria, they were struggling to find jobs, while none of us spoke in English, all of us were struggling financially and we were unable to communicate our needs. So, as a new immigrant, I thought I had to take a year off. I worked in a meat market (in a food market) and I saved money to be able to secure university education. At work, I learned from my customers that there is financial assistance and that there are community colleges to start, as they are less expensive. So, I began at Manhattan Community College, where I traveled by bus and train from New Jersey. After a semester, while at a career fair, I was discovered by LIU offering scholarships for securing 4.0 GPA. From LIU I was discovered by Teachers College, and once again I received a traineeship and was able to work at night as a registered professional nurse (RN) at Metropolitan Hospital in East Harlem, NY in a psychiatric ward. I attended classes during the day at TC experiencing the most amazing, enlightening, and informative years of my life. By this time, I had a command of the English language, and could read, understand, and express my needs well. I am beyond sad that our nursing program is closing. I am wiping my tears as I type these sentences.

Editor: Please describe your progression as a psychotherapist.

From childhood, inheriting generational trauma, collective trauma, and horizontal violence all around me in Syria, I knew the problem was called lack of Emotional Intelligence, EI. Of course, I did not have the proper words at that time, but I knew that negative emotions, unexpressed and untransformed, will cause physical problems and then get passed on to our offsprings. I saw how my brothers had the anger that my father had suppressed, as they dumped those on me, and the obsessive cleaning that my mother suffered from was passed on as well.

(continued on page 15)

Spotlight on Ani Kalayjian, Teachers College Columbia University Courier

More Information

Meaningful World

Intern Call: 2026-2027

Association for Trauma Outreach and Prevention (ATOP)

Mission:

At Meaningfulworld, the goal is to prepare a generation of conscientious individuals who are guided by love, peace, passion, and meaning. Meaningfulworld is dedicated to fostering a meaningful, peaceful, and just world in which every individual enjoys physical, mental, social, economic, and spiritual health. A sense of meaning, peace, and justice, although unique to each individual, is achieved through a transformative journey that integrates knowledge and experience with a sense of responsibility and reflection. This transformative process is also attained through healthy relationships that nurture open, honest, and transparent communication, insight into forgiveness, love and spiritual connection, and sacred activism.

Available Positions:

All internships are conducted under the supervision of both Dr. Ani Kalayjian-Founder and CEO, Board of Directors of ATOP, and the Intern Coordinator.

1. **Grant Writer/Researcher:** Assisting the Grant Committee to research & write grants, apply for awards, disseminate the work through printed materials
2. **United Nations Internship:** Presence is essential on Thursdays to attend international meetings & join DGC and CoNGO Committees. One year minimum.
3. **Web Support:** Upload photos, press release, and reports on our website.
4. **Digital Media:** International footage from our humanitarian missions. Successful candidates could make a short film for YouTube for educational outreach.
5. **Marketing Intern:** Taking part in our active research team with local and international research from around the world.
6. **Fundraising & Outreach Intern:** To maintain sustainability of our organization, organizing fundraising events for social gatherings to raise funds.
7. **Educational Coordinator and assistant:** Managing monthly educational workshops.

Location: Although based in the New York Metropolitan Tri-State area, USA, other internships are welcomed. Internships are mainly virtual except the UN. Monthly meetings are virtual, mandatory on first Monday eve. Monthly training programs are mandatory and are hybrid.

Time commitment: 12 months-2 years, 5-6 hours a week (some internship less hrs)

Kindly send your resume, statement of purpose, internship position of interest, 3 goals consistent with our mission, 2 contacts for reference, to Dr. Kalayjian DrKalayjian@meaningfulworld.com, kindly visit: www.meaningfulworld.com

INTERN CALL: PART TIME INTERNS NEEDED

Looking for experience in research? UN? Humanitarian Work? Fundraising? Social Media? Only 4-5 hours a week!
Be the change you want to see in the world!

More Information



ATOP Latest Publishing

- 1. Kshtriya, S., Kalayjian, A., Lowe, S. R., Diakonova-Curtis, D., Toussaint, L. (2022). Exploring the Association between Forgiveness, Meaning-Making, Post-Traumatic Stress Symptoms: The Case of Hurricane Maria in Puerto Rico. *International Journal of Educational Research*.**
 - 2. Kalayjian, A., Huang, K., Sabbour, S., & Yasin, M. (2022). Grassroots Collaborations to Address the Trauma of Suicide: Establishing the First Suicide Prevention Lifeline in the Republic of Armenia. *International Journal of Mental Health*. <https://doi.org/10.1080/00207411.2022.2983392>. View [HERE](#)**
 - 3. Toussaint, L., Kshtriya, S., Kalayjian, A., Cameron, E., & Diakonova-Curtis, D. (2022). Christian Religious Affiliation is Associated with Less Posttraumatic Stress Symptoms Through Forgiveness but Not Search for Meaning After Hurricane Irma and Maria. American Psychological Association.**
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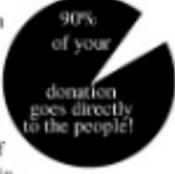
 **MeaningfulWorld**
Association For Trauma, Childhood and Prevention

Helping people heal for 35 years!

SCAN ME

1. Sponsor a Child in Haiti or Armenia.
2. Suicide Prevention in Armenia.
3. Mental Health, Supporting Psychologists in War Torn Areas of Ukraine & Armenia.



90% of your donation goes directly to the people!

www.Meaningfulworld.com



Gratitude To Our Visionary Speakers

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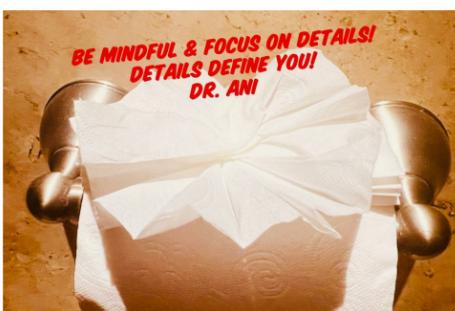
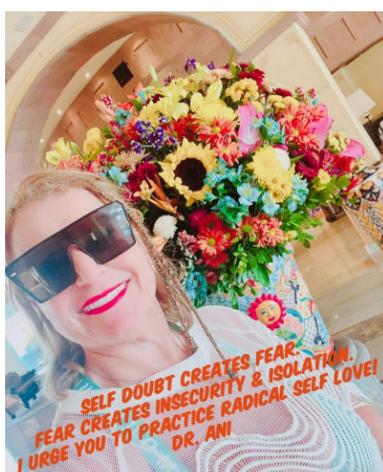
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This QR Code is for donating to our various fundraising efforts and workshops. Please, help us to help others around the world by donating.

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ATTENTION: Additional Media

~Armenia Radio Link. **VIEW IT [HERE](#)**. Ի՞նչ է «խեցգետնի հիվանդությունը» և ինչպե՞ս է այն ազդում հայ հասարակության վրա. հոգեբան Անի Գալայնյան. «Միջուռի ձայնը»:

~2024 Humanitarian Mission to Armenia. VIEW IT [HERE](#)

~ MeaningfulWorld UN International Day of Peace. VIEW IT [HERE](#)

~ Suicide awareness & prevention Dr. Ani interviewed by Carl Birman. VIEW IT [HERE](#)

~ WUFUNIF President Liliana Bucur Cress interviewed Dr. Kalayjian, President ATOP MeaningfulWorld. VIEW IT [HERE](#)

~February 2024: Intern Introductions from David Babigian and Terri Lao. View it [HERE](#)

~March 2023: Gender Equity. Transforming Gender Stereotypes. View it [HERE](#)

~March 2023: 12th Annual Mentoring Forum at Fordham University. View it [HERE](#)

~February 2023: Photography Exhibit Opening Ceremony. View it [HERE](#)

~January 2023: MLK Day poem by Dr. Ani:

*I have a dream
Dr. Kalayjian*

*Martin Luther King, Jr., you were the youngest man to have received the Nobel Peace Prize.
You were the King, but you led the people humbly;
You were the King, using your peaceful leadership to actualize your dreams.
You had a dream, your dream inspired us all.
Unfortunately, 60 years later, we are still dreaming with the hopes that "Justice will roll down like water;"
and we will live in harmony.
You defined peaceful resistance,
You were the colossal of the civil rights movement.
You motivated thousands to stand with you,
In peace & justice, with faith and love!*

~January 2023: Poem by Dr. Ani:

Thrust forward! Enjoying the lessons from the past. Release the negative, imagine they are clouds, let the tears clear your view, as you are now the best version of yourself!

~January 2023: Forget Me Not by Dr. Ani Kalayjian - book review & Lachin corridor humanitarian crisis. View it [HERE](#)

~January 2023: Dr. Ani Kalayjian wrote a beautiful poem for the start of the New Year. View it [HERE](#)

~July 2022: Humanitarian Outreach Mission to Guatemala, video by Lorraine Simmons. View it [HERE](#)

~9 November 2022: Belle Unobe and Kristina Khrimian discussing the objectives and activities of MeaningfulWorld's Genocide Prevention Committee. View it [HERE](#)

~9 November 2022: Shubhrata Shukla interviewing Dr. Ani Kalayjian on her experiences with trauma and healing. View it [HERE](#)

~9 November 2022: Kristina Khrimian and Rishi Guntur bringing awareness on the topic of suicide. View it [HERE](#)

~September 2022: Dr. Ani Kalayjian, President, MeaningfulWorld & Marietta Khurshudyan, Psychologist discuss: Anger Management: In Armenia Nurturing Emotional Intelligence. View it [HERE](#)

~September 2022: Dr. Ani Kalayjian and Marietta Khursduhyan have an informative conversation about Horizontal Violence in Armenia. View it [HERE](#)

~2 May 2022: Dr. Ani Kalyajian, Lorraine Simmons, and Andrew Dolinar spoke about Self Care and Peace Building: Healing the Self, Mother Nature, and the World. View it [HERE](#)

~25 April 2022: Dr. Ani Kalayjian was interviewed by freelance writer Chelsea Greenwood about the effectiveness of EMDR treatment.

~13 April 2022: Dr. Ani Kalayjian and Outreach Coordinator Paige McDonald met for part two of their discussion on Horizontal Violence. View it [HERE](#)

~30 March 2022: Dr. Ani Kalayjian and Outreach Coordinator Paige McDonald met for a series of Instagram Lives to discuss Horizontal Violence. View part one [HERE](#)

~24 March 2022: Interns Nola Sheehan and Alyssa Curcio spoke together about empathy and what it means. View the video [HERE](#)

~ 15 March 2022: Dr. Ani Kalayjian sat down and spoke with intern Will Robbins about SAD. View the video [HERE](#)

~2020 Dignity Workshop 27.2: Message tot he World from Dr. Ani Kalayjian. View it [HERE](#)

