



## **Association for Trauma Outreach and Prevention (ATOP)**

### **Bulletin, October 2025**

#### Upcoming Events

**MeaningfulWorld**  
ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION  
with Dr. Ani Kalayjian

**Hybrid Workshop, Saturday, 25 October 2025**

**Disaster Relief & Meaning-Making**  
Disaster Relief, Rehabilitation, Meaning-Making, & Empathy

Facilitator: Dr. Ani Kalayjian, Founder - ATOP Meaningfulworld  
Visionary Speaker: Sarkis Chuldjian, MDT, CCHt, Hypnotherapy

**HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?**  
Attend this program & become a Meaningful World Ambassador for Humanitarian Relief & Peace-Building

Hybrid workshop program focus:

- Understand the impact of disaster on survivors: children, adults, families, & communities
- Identify the interventions for rehabilitation, recovery, healing, & integration
- Mentor, empower, & support professionals & the next generation
- Empower self through Mind-Body-Eco-Spirit for health & peace-making
- Disseminate global tool, 7-Step Integrative Healing Model (Biopsychosocial and Eco-Spiritual Model)
- Describe and practice meaning-making
- Describe and list stages of disaster relief

This hybrid workshop is recommended for those seeking deeper insight into the stages of disaster, approaches to relief and recovery, meaning-making and emotional resilience, and practice the 7-Step Integrative Healing Model.

This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

RSVP: <http://bit.ly/meaningfulWorldOct>  
Phone: 201-941-2266  
DATE: Saturday, 25 October 2025  
TIME: 10:00 AM - 3:30 PM  
10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker Presentation and Discussion  
1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation.

FEES: Online Participants via Zoom: \$50  
FEES (In-Person): Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a group will receive 20% off

Includes: Bach/Flower remedies, pre-post test, collective gratitude  
Register early as space in this workshop is limited!  
\* Pay online securely at: [http://meaningfulworld.com/get\\_involved/donation](http://meaningfulworld.com/get_involved/donation)  
\* ALL FEES INCREASE \$10 after 18 October so make your payment early!  
Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Mental Health Counseling, Creative Arts Therapy, Music Therapy and Psychoanalysis

**When one helps another, BOTH become stronger**



## **MeaningfulWorld**

The Association for Trauma Outreach & Prevention (ATOP)

Mission in Armenia and Georgia

Diary of 7-23 October 2025

Dr. Ani Kalayjian

MeaningfulWorld mission to Armenia

We began with a 3-day conference! It was Yerevan State University's 10th international conference on applied psychology! Psychology of consciousness was the keynote speaker! How and why consciousness? Let's ask how we could make consciousness matter! Axel Cleermans, a scientist from Belgium delivered a thought-provoking message!

We were impressed to see banners everywhere stating Yerevan is love ❤️

Our next meeting was at the State Radio Station. Deep gratitude to Naira Aghapetyan, for an amazing and insightful interview on the World Mental Health Day 10/10/25. We discussed MeaningfulWorld goals in this mission which is our 115th mission, 28th in Armenia! We focused on prevention of mental illness and promoting mental health through 2 campaigns:

- 1: When One helps another, BOTH become stronger! Ask how to help yourself and then others? The second campaign is:
2. Don't be a crab in the bucket pulling one another down! Be a true Armenian by pulling one another up!

A miracle happened and we met Ruben Matevosyan, Armenian folk musician, popular musician, and singer, and and Martin Vardazaryan (composer)!

In the afternoon we had an incredible seminar at School 94 Gurgen Markaryan high school, where the principal, Ms. Tashyan, warmly welcomed us and invited teachers to embark on a transformative journey of emotional intelligence, mastering emotions, and uplifting one another. We empowered them to become beacons of hope, positive role models, and humanitarian champions, inspiring others to rise above challenges. We also presented them with a banner to display, serving as a constant reminder of our shared commitment to creating a lasting impact. Moreover, we sponsored two young girls from poor backgrounds, providing them with financial aid, essential necessities, and clothing.

Thanks to Tatev Yeghiazaryan, artistic Director of the State Symphony of Armenia, for including us in an amazing concert honoring John Williams with Armenian Symphony Orchestra, famous conductor Sergey Smbatyan! Over 2,000 people in a sold-out concert at the sports complex in Yerevan, Armenia!

Day 3: We began with a welcome reception by Psi Chi members and chairperson Hrant Avanesyan!

Our first panel was on AI & EI: Transforming our life through Nurturing Emotional Intelligence, as part of a panel discussion on Mental Health Innovation & Sports Psychology! Close to fifty participants joined from several countries and a stimulating discussion took place!

We then conducted a workshop on our 7-step Integrative Healing Model! Soul-Surfing and concluded with Transcendental meditation information by Jon Gyumishyan.

Our last program was on the Diasporan partnership: Armenian Behavioral Scientists in the Diaspora, moderators were Hrant Avanesyan (Armenia), & Harold Takooshian (USA). Speakers were Ani Kalayjian, EDD, DDL, BCRN, DSC, Columbia University &

MeaningfulWorld's 35 Years Humanitarian Relief for Armenia & the Globe. Harold Takooshian, PhD, Fordham Behavioral Science Association: 38 Years later.

Diana Vartan, PhD, Washington DC, Psychology of U.S. Armenian Families. A case study.

Mary Haopian, PsyD, Portland OR Treatment for PTSD

Sedrak Sedrakyan, Urartu, Armenia. Memorial speech regarding Meline Karakashian! A very active Q&A followed!

Gratitude to all participants, and to Prof Takooshian, volunteers from Center Up Armenia, Grigor Mikayelyan, Jon Gyumishyan, Prof. Hrant Avanesyan, & Psi Chi chapter of Yerevan State University!



# MeaningfulWorld

The Association for Trauma Outreach & Prevention (ATOP) &

Armenian Behavioral Science Association (ABSA)

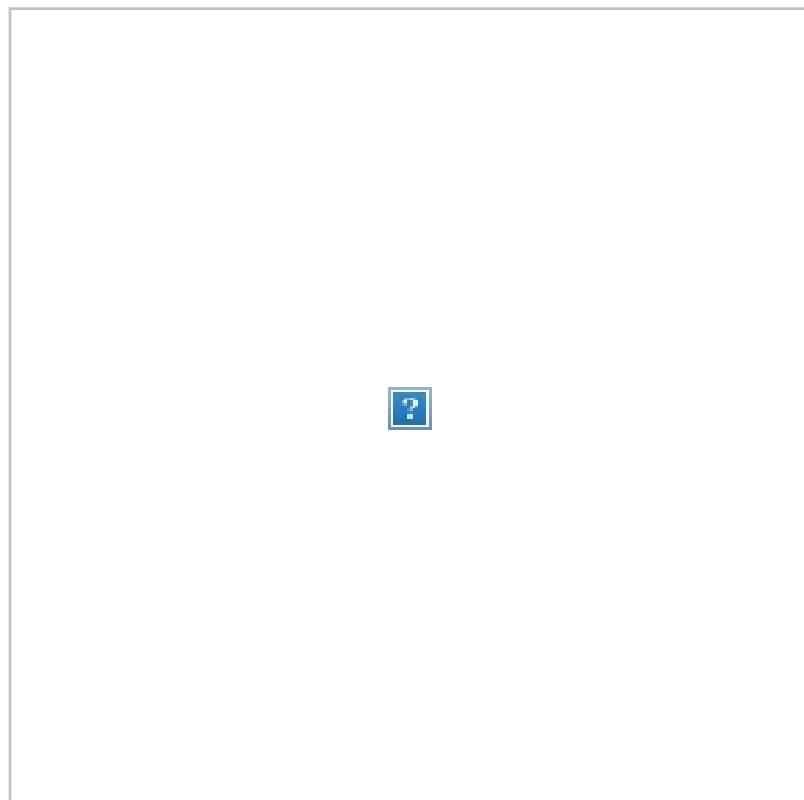
Mission in Armenia & Georgia

Pre-Press Release 7-23 October 2025

We join forces to nurture sustainable collaboration with Armenia for Trauma Healing, Human Rights education, transforming Domestic, Horizontal, Collective, & Generational Trauma, Nurturing Emotional Intelligence, establishing Psi Chi Honor societies, nurture mindful leadership with transparency & inclusion, & nurture heroism.

MeaningfulWorld partnering with Armenian Behavioral Science Association will travel to Armenia & Georgia, for a Humanitarian Outreach Mission for Health, Well-being, and nurturing Sustainable Partnership (as per United Nations Sustainable Development Goals, #17). Dr. Ani Kalayjian initiated and led the first outreach mission immediately after the devastating earthquake in 1988; since then, we have continued to volunteer consistently in Armenia over 27 missions. Our team will be comprised of Dr. Ani Kalayjian and Prof. Harold Takooshian. In 2021 we helped establish Psi Chi chapter in YSU & plan to continue in other universities.

**Dr. Ani Kalayjian**, psychology faculty at Meaningfulworld & Columbia University, multilingual and multilingual Psychotherapist, Genocide Prevention Scholar, International Humanitarian Outreach Administrator, Integrative Healer, author of 6 books, poet, with 52 films, and United Nations Representative. She is Int. Ambassador of Psi Chi, was awarded Outstanding Psychologist of the Year Award from American Psychological Association (2016, Trauma Division), a Humanitarian Award from the University of Missouri-Columbia (2014), the 2010 ANA Honorary Human Rights Award, the Honorary Doctor of Science degree from Long Island University (2001) recognizing 30 years as a pioneering clinical researcher, professor in 78 universities, humanitarian, & psycho-spiritual facilitator around the globe and at United Nations. Columbia University awarded her 2025 Highest Medal of Honor & Distinguished Alumni of the Year (2007) awards. Dr. Ani has led 114 humanitarian missions in 50 countries, 27 of those were in Armenia since the devastating earthquake. Her last mission in Armenia was in April 2024. She could offer workshops on EI (Emotional Intelligence), Trauma healing, generational transmission of trauma, 7-step Integrative Healing Model, stress reduction, Transforming Horizontal Violence, Vagus Nerve activation, Tapping Solution, and much more.



## Saturday 25 October 2025, Disaster Relief & Meaning-Making Workshop

Contact for RSVP

See Past Events

Donate Here

## **Mission in Armenia and Georgia, Diary of 7-23 October 2023**

**October 7-23, MeaningfulWorld's humanitarian mission to Armenia and Georgia**

**Donate Here**

**October 10 is World Mental Health Day**



MeaningfulWorld Ambassador for Humanitarian Relief & Peace Building  
2025 Graduating Class



Carmen M. Velez

[www.MeaningfulWorld.com](http://www.MeaningfulWorld.com)

"When one helps another, both become stronger." These words defined my experience with ATOP MeaningfulWorld. The program taught me that service is not only about offering support, but about building strength through connection, empathy and purpose. What stays with me most is the experience of being surrounded by a community rooted in compassion, healthier habits and a deeper sense of responsibility to help build peace and dignity in a world that truly needs it.



## Meet MeaningfulWorld's New Interns

### **Nairy Bzdigian, B.A., Educational Coordinator**

Nairy is a first-year master's student in Anthropology and Education at Teachers

College, Columbia University. She was born and raised in Anjar, a small Armenian town in Lebanon's Beqaa Valley. Growing up in the diaspora, she was deeply engaged in conversations about identity and belonging. In 2021, she moved to Yerevan, Armenia to pursue her undergraduate degree in English and Communications...

## **Angelique Santiago, B.A., M.A., M.S., Intern Coordinator**

Angelique Santiago is a Development Practitioner that brings 10-years of experience to the field. She has developed a “knack” for bridging the gap between theory and practice through her education and hands-on experience in academic, government, and non-profit settings. Ms. Santiago studied political science and rhetoric and received a certification in humanitarian engineering and social entrepreneurship from the Pennsylvania State University (University Park) where she applied her liberal arts background to health ventures in the Horn of Africa...

**[Click here to read more about our Team](#)**

**[Learn More About Our Team](#)**

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## **Celebrating our 2025 Graduates of Meaningful World Global Humanitarian Ambassador Carmen Velez!**

**[More Information](#)**

MeaningfulWorld Ambassador for Humanitarian Relief & Peace Building  
2025 Graduating Class



Diana Shipman

[www.MeaningfulWorld.com](http://www.MeaningfulWorld.com)

I really enjoyed being apart of MeaningfulWorld. It has given me a greater understanding of how empathy is healing. Lessons on trauma, healing, listening and forgiveness has given me a better understanding of myself, my family & my friends. Moving forward I plan to be able to share this experience with others.



## **Celebrating our 2025 Graduates of Meaningful World Global Humanitarian Ambassador Diana Shipman!**

## More Information

MeaningfulWorld Ambassador for Humanitarian Relief & Peace Building  
**2025 Graduating Class**



**Sena Ummak, B.A.**

[www.MeaningfulWorld.com](http://www.MeaningfulWorld.com)

Working with MeaningfulWorld has been an extremely fulfilling experience. This internship has provided me a unique opportunity to make lasting positive impacts on communities in need. In less than 1 year I have learned how to select & research grants, presented at national conferences, contributed to writing a research paper, and acquired leadership skills as an outreach coordinator. Joining ATOP Meaningfulworld has taught me many skills I never knew I could achieve in a single internship experience.



**Celebrating our 2025 Graduates of Meaningful World Global Humanitarian Ambassador Sena Unmak!**

## More Information

MeaningfulWorld Ambassador for Humanitarian Relief & Peace Building  
**2025 Graduating Class**



**Sharon E. Feldeine**

[www.MeaningfulWorld.com](http://www.MeaningfulWorld.com)

I am really appreciative for MeaningfulWorld, Dr. Ani Kalayjian and all the lessons I am learning to implement in my own life for personal healing & growth. I've learned more about empathy and how it's so important to listen. We have all experienced some sort of trauma in our lives and I am glad to be an Ambassador for such an organization where I can help others heal via my own life experiences.



**Celebrating our 2025 Graduates of Meaningful World Global Humanitarian Ambassador Sharon E. Feldeine!**

## More Information



Paulina Sipilian

[www.MeaningfulWorld.com](http://www.MeaningfulWorld.com)

As the Education Coordinator at MeaningfulWorld & Fellow at the United Nations, I engage in comprehensive literature reviews and collaborate on research projects with a dedicated team. My role involves attending weekly meetings at the UN, where I work closely with colleagues to plan and develop forthcoming initiatives, gaining valuable insights into policy development processes. Additionally, I coordinate and moderate meetings, workshops, and various educational events, fostering a collaborative environment to promote learning, healing, and transformation.



## Celebrating our 2025 Graduates of Meaningful World Global Humanitarian Ambassador Paulina Sipilian!

[More Information](#)



## Feed, Heal, & Teach Children in the Slums of Uganda

[More Information](#)

[GOFUNDME Link](#)



## Partnering to offer free Transcendental Meditation for mothers in the Slums of Uganda

[More Information](#)



## [Weekly Meetings](#)

**Free Weekly Support Groups**

**Managing stress, anxiety, fear, and uncertainty in times of global crises**

**When: Every Thursday**

**Time: 12:00 - 1:00 PM (EST)**

**Where: [info@meaningfulworld.com](mailto:info@meaningfulworld.com) for zoom link**

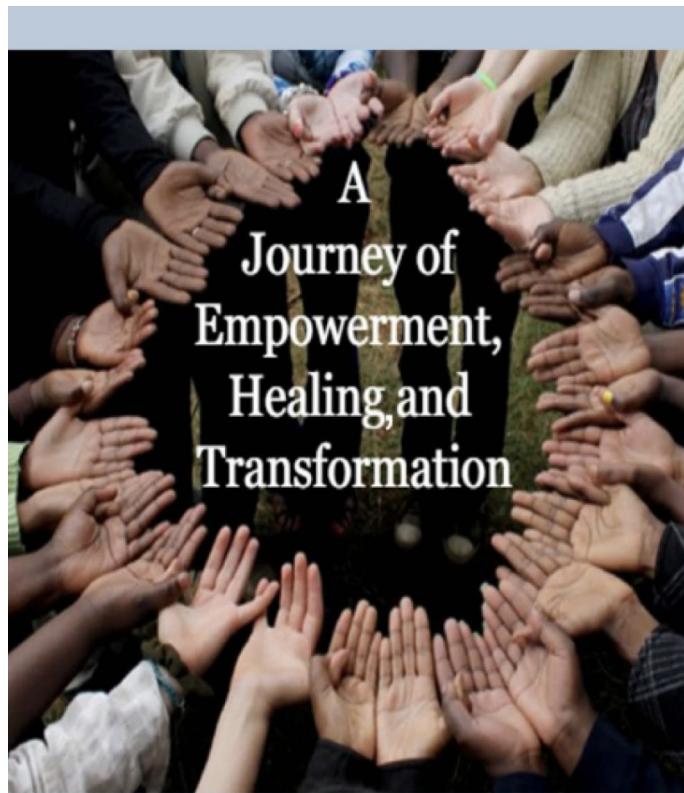
[RSVP Here](#)

**Meet Up Zoom Yoga & Soul Surfing with Dr. Ani**

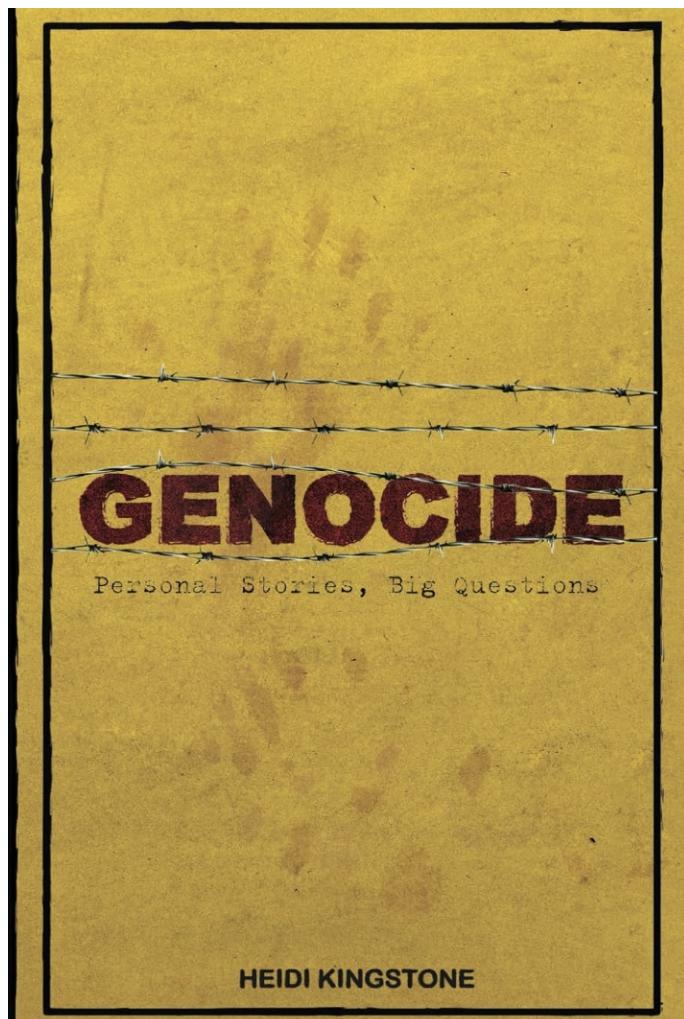
**ATOP MeaningfulWorld offers yoga and meditation during these times of panic and unrest.**

**Join us every Tuesday & Friday at 10:00 AM EST on Zoom, by appointment.**

[RSVP Here](#)



Dr. Ani Kalayjian



## COFFEE TABLE BOOK RELEASE

***A Journey to Empowerment, Healing, & Transformation: 35 Years of Humanitarian Relief Outreach***  
By: Dr. Ani Kalayjian

**A review from David Dawud said: "I love your writings in the coffee table book. I'm reading a poem everyday, and traveling to a new country with beautiful photos of your humanitarian volunteer service. You make me think, reflect, release and it helps me clear my thoughts."**

**Click [HERE](#) for the link**

## ***Genocide: Personal Stories, Big Questions***

**By: Heidi Kingstone**

**This book chronicles 20th and 21st-century genocide, which remains one of the most pressing topics today. To further her exploration of one of the worst human rights crimes, she has asked several experts, journalists, scholars, health care professionals, to answer 10 questions.**



**The A Train to Sedona - From Victim to Survivor. ATOP MeaningfulWorld President Dr. Ani Kalayian's interview for TalkRadioNYC.**

**Click [HERE](#) for the link**



**Global Firearm Violence - An Integrative Review**

**More Information**

# MeaningfulWorld invites you to share your love!



## REUSABLE CANVAS BAGS

Let's reduce the use of plastic and raise money for those in need! We want to continue to help launch a suicide lifeline in Armenia, educate others on emotional intelligence, and deploy our teams for humanitarian relief missions! There are 4 different colors to choose from! Buy a reusable bag and help us help others!



## MEANINGFULWORLD TSHIRTS

Show off your MeaningfulWorld spirit by wearing our newly designed t-shirts! You can choose from a range of colors and styles! Show off your MeaningfulWorld pride while simultaneously helping others! Proceeds will help us help others!

**Reusable Canvas Bags**

**T-Shirt Sale**



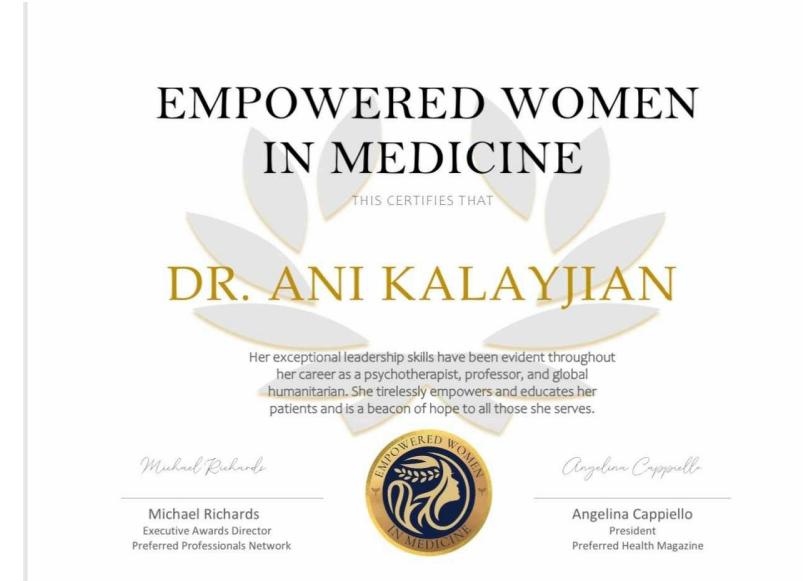
## Awards

**MeaningfulWorld ATOP founder Dr. Ani Kalayjian was awarded the 2025 R. Louise McManus Medal by by NEAA, created by Teachers College, Columbia University**

**Watch the Video**



**2024 Lifetime Achievement Award in the Field of Psychology, presented to Dr. Ani Kalayjian for her exemplary dedication and leadership in trauma psychology, as well as her impactful global humanitarian efforts, transforming lives through healing and education worldwide.**



**Empowered Women in Medicine Award, given to Dr. Ani Kalayjian, for her exceptional leadership and dedication as a psychotherapist, professor, and global humanitarian.**

**Spotlight on Ani Kalayjian, EdD, BC-RN, BCETS, DDL**

By Diane J. Mancino

**Dr. Ani Kalayjian**

**Editor: When did you decide to become a RN? What attracted you to nursing as a career?**

I was 8 years of age, growing up in Aleppo, Syria, and saw my parents extremely sad and angrily shuffling the papers looking for their lost family members from the Ottoman Turkish Genocide of the Armenians (1915). When I asked them what was wrong, they brushed me off to do my homework. I went to the outhouse and cried. I did not know at that time that I had inherited their post-traumatic stress disorder, and even though they never told me about the Genocide, I felt the gravity of being amongst traumatized people. I witnessed my grandfather at his death bed having night terrors and yelling "close the doors, the Turks are coming, my love, please close the doors, lock the windows too, its (Genocide) starting, lock again." I then, at an early age, decided to help again." I then, at an early age, decided to help people become strong and resilient and be able to share their feelings assertively without feeling shame of their sadness and hiding in the feelings of their sadness and hiding in the outhouse. Additionally, I was in between two brothers one older and one younger, who tormented me and who were benefiting from their male advantage by going outside to play and ride a bicycle, while I was forbidden from it all. While I was forced to stay home for my safety, and to learn domestic talents such as crochet, needle point, and cleaning.

**Editor: Please describe your early nursing career. Where did you get your basic nursing education? Your early practice settings?**

I first studied at Long Island University (LIU), Brooklyn campus, receiving a BS. Then I studied at Teachers College Columbia University, receiving both MEd and EdD, without any breaks.

**Editor: How was your academic progression planned? Why did you choose Teachers College for your master's and doctorate?**

I am still unsure as to why at Fort Lee High School I was not guided by the counseling center to help me with my higher education.

**In fact, my parents were very poor, just immigrated from Syria, they were struggling to find jobs, while none of us spoke in English, all of us were struggling financially and we were unable to communicate our needs. So, as a new immigrant, I thought I had to take a year off. I worked in a meat market (in a food market) and I saved money to be able to secure university education. At work, I learned from my customers that there is financial assistance and that there are community colleges to start, as they are less expensive. So, I began at Manhattan Community College, where I traveled by bus and train from New Jersey. After a semester, while at a career fair, I was discovered by LIU offering scholarships for securing 4.0 GPA. From LIU I was discovered by Teachers College, and once again I received a traineeship and was able to work at night as a registered professional nurse (RN) at Metropolitan Hospital in East Harlem, NY in a psychiatric ward. I attended classes during the day at TC experiencing the most amazing, enlightening, and informative years of my life. By this time, I had a command of the English language, and could read, understand, and express my needs well. I am beyond sad that my nursing program is closing. I am wiping my tears as I type these sentences.**

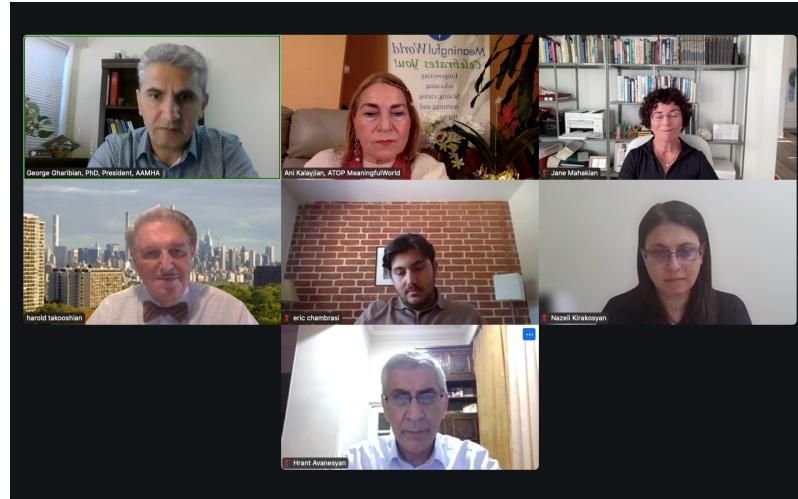
**Editor: Please describe your progression as a psychotherapist.**

From childhood, inheriting generational trauma, collective trauma, and horizontal violence all around me in Syria, I knew the problem was lack of Emotional Intelligence, EI. Of course, I did not have the proper words at that time, but I knew that negative emotions, unexpressed and untransformed, will cause physical problems and then get passed on to our offspring. I saw how my brothers had the anger that my father had suppressed, as they dumped those feelings, and the obsessive cleaning that my mother suffered from was passed on as well.

*(continued on page 15)*

**Spotlight on Ani Kalayjian, Teachers College Columbia University Courier**

## More Information



## Successful Past Events

**27 June 2025, AAMHA Conference, Partnership Amongst Armenian Organizations**

**Summary**

**5 June 2025, Partnering for SDGs: Human Rights & Emotional Intelligence (EI): Healing Humanity**

**Summary**

**Photo Gallery**

**MeaningfulWorld**  
ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION  
with Dr. Ani Kalayjian

Hybrid Workshop, Saturday, 17 May 2025

**Mindful Leadership & Forgiveness**  
Conscientious Leadership, Forgiveness, MeaningfulWorld View, Logotherapy  
Facilitator: Dr. Ani Kalayjian, Founder — ATOP Meaningfulworld  
Visionary Speaker: Laura Cerrano, Feng Shui

**HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?**  
Attend this program & become a Meaningful World Ambassador for Humanitarian Relief & Peace-Building

Program Focus:

- \* Review the importance of service
- \* Learn to integrate mind-body-spirit-soul-environment connection
- \* Learn the 5 shadows impacting us negatively and 5 pillars of service
- \* List & describe 12 steps of mindful leadership
- \* Integrate benefits of forgiveness while shedding light on myths of forgiveness
- \* Practice forgiveness and forgiveness meditation and learn about religions and forgiveness
- \* Learn healthy patterns of connecting with ourselves, the world, those we serve, and the universe
- \* Includes didactic presentation of theory, method, research, and techniques

This workshop is recommended for those seeking a greater understanding of emotional management, lessons learned, transforming vicarious trauma and Horizontal Violence, peace building, meaning-making and transcendence. This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

For details to participate, contact: [EdCoordinator@meaningfulworld.com](mailto:EdCoordinator@meaningfulworld.com)

RSVP to: [EdCoordinator@Meaningfulworld.com](mailto:EdCoordinator@Meaningfulworld.com)  
Phone: 201-941-2266  
DATE: Saturday, 17 May 2025  
TIME: 10:00 AM - 3:30 PM  
10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker Presentation and Discussion  
1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation.  
**FEES:** Online Participants via Zoom: \$50  
**FEES (In-Person):** Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a group will receive 20% off

Includes: Bach/Flower remedies, pre-post test, collective gratitude  
Register early as space in this workshop is limited!  
\* Pay online securely at: [http://meaningfulworld.com/get\\_involved/donation](http://meaningfulworld.com/get_involved/donation)  
\* ALL FEES INCREASE \$10 after 10 May so make your payment earlier!  
Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Mental Health Counseling, Creative Arts Therapy, Music Therapy and Psychoanalysis

When one helps another, BOTH become stronger

**17 May 2025, Mindful Leadership & Forgiveness, Hybrid Workshop**  
**Facilitator: Dr. Ani Kalayjian, Founder, ATOP Meaningfulworld**  
**Visionary Speaker: Laura Cerrano, Feng Shui**

## More Information

heartfulness  
Advancing in love

## Nurturing Inner Peace and Joy

**Dr. Ani Kalaijian**  
Author and Psychotherapist

**PROGRAM FOCUS**

- ✓ Empower Self and others to nurture self-love
- ✓ Forgiveness transforms Trauma
- ✓ Forgive and forgo the past memories
- ✓ Self Transcendence with forgiveness to self love to universal love
- ✓ Learn techniques of Heartfulness Meditation



**DATE : May 10<sup>th</sup>**  
**TIME : 9:00 AM TO 11:30 AM**

**Venue:**  
Heartfulness Meditation Center  
45 Wyckoff Mills Road, Monroe Township, NJ 08831

**Scan to Register**  
or  
[Register at nurturingpeace.eventbrite.com](http://nurturingpeace.eventbrite.com)

**Dr. Kalayjian's keynote address was received by close to a hundred people; who embraced her message with gratitude and appreciation!**

## More Information

**MeaningfulWorld**  
ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

**Genocide Prevention, upholding United Nations Human Rights Declaration and SDG's**

Saturday 26 April 2025 10:00 am - 12:00 pm Fordham  
12:30 pm - 3:30 pm Healing Circle and Emotional Intelligence

**Sustainable Development Goals: 2, 3, 4, 5, 10, 11, 13, 16, 17**

Welcome: Professor Harold Takooshian Fordham University  
Moderator: Dr. Ani Kalayjian, ATOP MeaningfulWorld  
Invocation: Rev. Fr. Davit Karamyan, Vicar St. Vartan Cathedral, Diocese, Armenian Church of America-Eastern  
Faculty: Consolee Nishimwe, Rwandan Genocide Survivor. "Healing & Transformation"  
Dn.Hovannes Khosdeghian, Diocese of the American Church of the Armenian Church of American-Eastern Stephanie Fagin-Jones, Ph.D. Columbia University, Teachers College, Heroism During the Holocaust  
Film: Genocide 2.0: Artsakh Ethnic Cleansing - under production - is part of the [Faces of Persecution](#) docuseries led by Bared Maronian a 4-time regional Emmy Award-winning filmmaker.  
Performance: Hamazkayin of NJ Nayiri Dance Ensemble, Barkev Sanossian, Choreography & Instructor  
Closure: Heart-to-Heart-Circle-of-Love-and-Gratitude

The United Nations Convention defines genocide as any of five "acts committed with intent to destroy, in whole or in part, a national, ethical, racial or religious group." These five acts include killing members of the group, causing them serious bodily or mental harm, imposing living conditions intended to destroy the group, preventing births, and forcibly transferring children out of the group.  
9th December: International Day Commemoration and Dignity of the Victims of the Crime of Genocide and the Prevention of this Crime.

**When one helps another, BOTH become stronger!**

**DATE:** Saturday, 26 April 2025  
Fordham University at Lincoln Center  
113 W 60th St, New York SL-11 (1<sup>st</sup> Floor)  
[Info@meaningfulworld.com](mailto:Info@meaningfulworld.com)  
Dr. Kalayjian, 201-723-9578  
Prof. Takooshian, [Takoosh@aol.com](mailto:Takoosh@aol.com)  
[www.meaningfulworld.com](http://www.meaningfulworld.com)

**Cosponsors:** Association for Trauma Outreach & Prevention (ATOP) Meaningfulworld, ACRPC, ABSA, AGBU, & Fordham University

## 26 April 2025 Genocide Prevention, upholding United Nations Human Rights Declaration and SDG's

**Welcome: Professor Harold Takooshian, Fordham University**

**Moderator: Dr. Ani Kalayjian, ATOP MeaningfulWorld**

**Summary**

**Watch the Video**



**On 3 May 2025, MeaningfulWorld ATOP presented a panel at the 53rd Hunter Psychology Convention**

## More Information



**18th Annual Psychology Day at the United Nations**

Date: April 24, 2025  
Time: 11 AM EST (4 PM GMT) - 2 PM EST (7 PM GMT)  
Location: Virtual – via Zoom

For 17 years, Psychology Day has inspired action by demonstrating how psychological science can contribute to building a healthier, more peaceful, and more just world. This year, we shine a light on psychology's influence to promote global resiliency through four transformative themes:

- *Climate Change & Sustainability*: Harnessing psychology for climate action and community resilience
- *Peace & Security*: Promoting healing, conflict resolution, and peaceful societies
- *AI & Technology*: Exploring ethical and psychological implications of emerging tech
- *Silenced Voices*: Amplifying marginalized perspectives and fostering inclusive dialogue

Register Here: [bit.ly/PsychDayUN2025](https://bit.ly/PsychDayUN2025)  
Or scan QR code to register  
(Free and open to all – registration required)

SCAN ME

A QR code is located in the center of the poster, with the text "SCAN ME" below it.

**24 April 2025, 18th Annual Psychology Day at the United Nations, virtual, co-sponsored by MeaningfulWorld was a success!**

## More Information



**14th Annual Mentoring Forum**

Fri, March 28 @ 6:30 PM  
Hosted by Fordham University  
113 W 60 St (+9 Ave), 10th Floor

• Free Admission  
• Chance to win Gift Cards

**Network      Learn      Advance**

**Connecting and Empowering Armenian Students and Professionals**

The program will include a short panel on networking for employment followed by breakouts

Register at [ArmenianMentors.org](http://ArmenianMentors.org)

Please submit questions to the panel on the website

Questions / Follow Up : [info@armenianmentors.org](mailto:info@armenianmentors.org)  
Raffi Jamgotchian, AESA NE - Dr. Larry Najarian, AAHPO

A QR code is located in the bottom right corner of the poster.

**28 March 2025 Connecting and Empowering Armenian Students and Professionals. The 14th Annual Mentoring Forum.**

## More Information

**MeaningfulWorld**  
ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION  
with Dr. Ani Kalayjian

**Thursday 13 March 2025 at 6:30 pm - 8:30 pm EST**

ATOP Meaningfulworld at United Nations Presents a parallel Program at the 69th Commission of Status of Women (CSW) on

**AI and EI: Challenges to Healing Traumatized Women Locally and Globally**

**Sustainable Development Goals: 2, 3, 4, 5, 8, 10, 11, 16, 17**

Co-Chairs: Dr. Kalayjian and Paulina Sipilian  
Invocation: Sharon Hamilton-Getz, World Harmony Council and Art Forum  
Faculty: Houry Guedelekian, B.A., Chair of NGOCSW/NY, "EI in Feminist Advocacy at UN, Beijing +30 Implementation"  
Audrey Kitagawa, J.D., International Academy for Multicultural Cooperation, "Strong Emotional Intelligence Enhances Resilience In Women Facing Crises and Distress"  
Paulina Sipilian, M.S., MeaningfulWorld, "Nurturing EI Locally and Globally"  
Sunitha Kshatriya Ph.D, American University in Dubai, "Empowering Women in Business Education: The Role of AI & EI in Advancing Wellbeing and Leadership in the UAE"  
Musical Interlude: William Ruiz, Mayahuelan Drumming  
Convocation: Mr. Eric Shōkei Manigian, Union Theological Seminary

This panel will focus on healing traumatized women and girls globally. Our organization has volunteered in 48 countries and 26 states in the USA. Our observations have highlighted the continued violence against women and girls globally. Panelists will be focusing on challenges to healing in Guatemala, Nigeria, Uganda, Armenia, Lebanon, Palestine, and others. We will share strategies to transform women's trauma and nurture their emotional intelligence, which is increasingly important in a world full of AI. We have observed women are often leaders in their community and family, so investing in this population is investing in our future.

**When one helps another, BOTH become stronger!**

**DATE:** Thursday, 13 March 2025  
[Info@meaningfulworld.com](mailto:Info@meaningfulworld.com)  
777 UN Plaza (Church Center) 10th Fl (44th St at First Ave, NYC)  
**For more information call:**  
Dr. Kalayjian, 201-723-9578  
[www.meaningfulworld.com](http://www.meaningfulworld.com)

**Cosponsors:** Association for Trauma Outreach & Prevention (ATOP)  
Meaningfulworld, ACRPC, AGBU & Institute for Multicultural Counseling & Educational Services (IMCES)  
Must register for a link;  
[info@meaningfulworld.com](mailto:info@meaningfulworld.com) deadline: 6 March 2025

## 13 March 2025 AI and EI: Challenges to Healing Traumatized Women Locally and Globally

**Co-Chairs: Dr. Kalayjian and Paulina Sipilian**

**Invocation: Sharon Hamilton-Getz, World Harmony Council and Art Forum**

**More Information**

**Summary**



**On 12 March 2025, MeaningfulWorld ATOP had a wonderful, energizing and inspiring internship program at Hunter College, CUNY on Park Ave.**

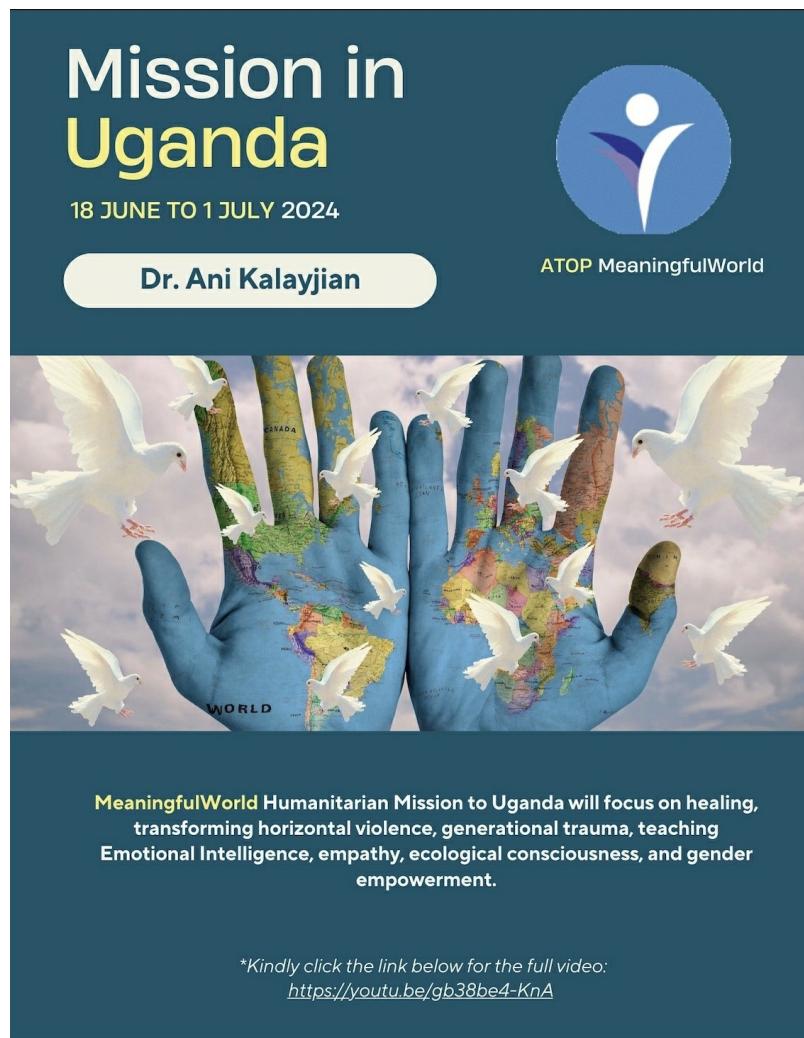
**More Information**



**On 8 March 2025, MeaningfulWorld participated in the Eastern psychological Association conference.**

**Summary**

**More Information**



**Transforming Trauma in Uganda: ATOP MeaningfulWorld's 2024 Humanitarian Mission in Uganda Film!**

**Watch Film Here!**



**Day of Peace. End Wars through EQ, Empathy and NVC on 21 September at Strawberry Fields in Central Park NYC 3pm-5pm  
Cochairs: Dr. Ani Kalayjian & Andrew Dolinar.**



**18 June - 1 July 2024 Meaningfulworld Humanitarian Mission to Uganda. Our teams worked with 500 people directly and 7+ million indirectly, transforming lives, planting trees, sponsoring girl children's tuitions, and uplifting communities at large!**

**Summary**

**MeaningfulWorld**  
ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION  
with Dr. Ani Kalayjian

Thursday, 6 June 2024 5-7pm at UN Interfaith Chapel

**Partnering for SDGs:**  
**Mind-Body-Eco-Spirit Integrative Healing**  
**Sustainable Developmental Goals: #3 #4 #5 #8 #10 #11 #16 #17**

Chairpersons: Dr. Ani Kalayjian & Andrew Dolinar  
Invocation: Mr. Eric Shōkei Manigian, M.Div. Union Theology Seminary  
Faculty:  
Dr. Douglas Scherer, Columbia University, Mindfulness  
Dr. Lorne Schussel, Columbia University, Contemplative Practices in Human Connectivity  
Dr. Mitchell Saksin, Columbia University, Integration of Spiritual Meditation  
Dr. Ruth Rosenbaum, TC Columbia University, Tibetan Buddhist Philosophy and Psychology  
Mr. David Babigian & Ms. Terri Lao, ATOP MeaningfulWorld, 7-Step Integrative Healing Model

**29th Annual Kriegar Contest on Genocide Prevention**  
High School Winners: Yeva Grigoryan (USA), Vladimir Mkrtchian (USA), Diana Antonyan (Armenia)  
College Winners: Ezgi Gülistan Güll (Armenia-Germany), Shushan Barseghyan (Armenia)

Culture of peace is achieved through integration of mind, body, ecology, and spirit. This program focuses on integrative and holistic approaches to healing. Multidisciplinary, rights-based, gender-sensitive, and ecological approaches will be shared to address inequalities and good health for humans and all living things. Our aim is to empower individuals to achieve greater health, resilience, and inner peace - even in times of crisis. Join us as we explore transformative practices that unite mind, body, ecology, and spirit. We support, educate, and disseminate the Sustainable Development Goals to foster a healthier, peaceful, and sustainable world.

**2024 MeaningfulWorld Ambassadors for Humanitarian Relief and Peace Building**  
Graduation ceremony

Graduating Class: David Babigian, David Kryzhanovskiy, and Terri Lao

When one helps another, BOTH become stronger!

Location: 777 United Nations Plaza, New York, NY 10017 (44 St Corner and 1st Ave, NYC)  
RSVP Required: [info@meaningfulworld.com](mailto:info@meaningfulworld.com)  
[www.meaningfulworld.com](http://www.meaningfulworld.com)

Co-sponsors: ATOP Meaningfulworld, AGBU, Armenia Bar Association, & ACRPC  
Cosponsoring Healers: Next Step Strategies LLC, Stella Badalyan (Breath Work), Dr. Rosenbaum, Kathleen Booker (Jedi of Calm), & Sarkis Chuljian (Hypnosis)

**Partnering for SDG's: Mind-Body-Eco Spirit Integrative Healing**  
**Thursday, 6 June 2024, 5:00**  
**Graduating class: David Babigian, David Kryzhanovskiy, & Terri Lao**

### Event Summary

### Winners of Essay Contest

### Graduates



**Humanitarian Mission to Armenia returns with great success**

## Summary



### MeaningfulWorld's Humanitarian Relief Post Azeri Ethnic Cleansing in Nagorno-Karabakh, Armenia Film!

[Watch Film Here!](#)

Meaningful World ATOP 2023-2024  
Intern Call

## Part-Time INTERNS NEEDED!

"MEANINGFULWORLD'S GOAL IS  
TO PREPARE A GENERATION OF  
CONSCIENTIOUS INDIVIDUALS  
WHO ARE GUIDED BY LOVE,  
PEACE, PASSION, JUSTICE, AND  
MEANING"

Looking for experience in research? UN?  
humanitarian work? Fundraising? Social  
Media? Only 4-5 hours a week!

Be part of an innovative  
team of change makers  
who foster a meaningful,  
peaceful, and just world  
in which every individual  
enjoys physical, mental,  
social, economic,  
ecological, and spiritual  
health!

PREVENTION MEANINGFULWORLD ASSOCIATION FOR PEACE, JUSTICE, & SPIRITUALITY



Scan this  
code to open  
our page and  
see available  
positions !

For more information, visit [meaningfulworld.com](http://meaningfulworld.com)

### INTERN CALL: PART TIME INTERNS NEEDED

Looking for experience in research? UN? Humanitarian Work? Fundraising?  
Social Media? Only 4-5 hours a week!  
Be the change you want to see in the world!

## More Information



### ATOP Latest Publishing

1. Kshetriya, S., Kalayjian, A., Lowe, S. R., Diakonova-Curtis, D., Toussaint, L. (2022). Exploring the Association between Forgiveness, Meaning-Making, Post-Traumatic Stress Symptoms: The Case of Hurricane Maria in Puerto Rico. *International Journal of Educational Research.*
2. Kalayjian, A., Huang, K., Sabbour, S., & Yasin, M. (2022). Grassroots Collaborations to Address the Trauma of Suicide: Establishing the First Suicide Prevention Lifeline in the Republic of Armenia. *International Journal of Mental Health.* <https://doi.org/10.1080/00207411.2022.2983392>. View [HERE](#)
3. Toussaint, L., Kshetriya, S., Kalayjian, A., Cameron, E., & Diakonova-Curtis, D. (2022). Christian Religious Affiliation is Associated with Less Posttraumatic Stress Symptoms Through Forgiveness but Not Search for Meaning After Hurricane Irma and Maria. American Psychological Association.



## Gratitude To Our Visionary Speakers

**Lo Anne Mayer, Alexis Brink, Dr. Yolanda Hancock, Dr. Douglas Scherer, Laurie Schwartz, Dr. Linda Marsanico, Nupur Kothari, Paul Jaffe, Simone Coonrod, Linda Turner, Erica Rodriguez, Arthur Jaffe, Christina Nunez Gomes, Cristina Como, Mark Ackerman, Marianne Gunther, Ron Friedman, Kathleen Booker, Lata Cheri-Kennedy, Anisa Keith, Dr. Deborah Barbiere, & Ali Fischer**

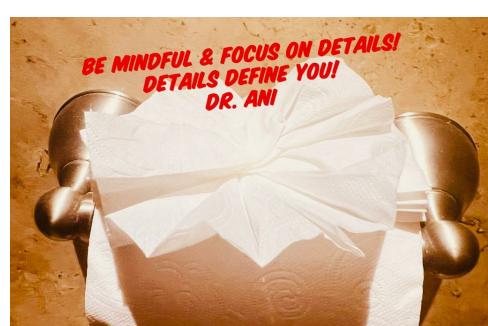
## Gratitude To Our Donors

**Anonymous; Armenian Constitutional Rights Protective Center; Armenian General Benevolent Union of America; Kari Akgulian; Dr. Maggie Avedissian; Lola Aznavur; Vanessa Billups; Ara & Joyce Boghosian; Dr. Garen & Diana Boghosian; Zarmine & Missak Boghosian; Mark Chenian; Jacob Yahiayan; Suzanne Crespo; David Dawud; Dr. Dominique Eugene; FesFlowers.com; Mary Ryan Garcia; Taleen Gergerian; Randolph Giudice; Anisa Goz; Dr. Andrew Hahn; Dr. Noyemi Isnar; Art Jaffe; Dr. Marianne Jeffreys; Dr. Ani Kalayjian; Nayri Kalayjian; Dr. Mallika Kamana; Jackie Kazarian; Sylia Koroglu; Betty Labine; Carol Lachman; The Life Centered Therapy Training Institute; Long Island Psychological Consulting (Dr. Roy Aranda); Eric Manigian; Talin Manukian; Janet Marcarian; Yeran Marcoosi; Linda Marsanico; Jinnie & Chuck McCormick; Siroun Terzian Meguerditchian; Alice Movsesian; Ray Paloutzian;**

**Dr. Sreeram Parupudi; Kailash Peri; Psychology Coalition at United Nations; Supriya Reddy; Betty Anne Rougier; Margie Satian; Lisa Schiller; Dr. Geetha Seerangan; Ilene Serlin; Lorraine Simmons; Deborah Stiles; Karri Swathi; Prof. Harold Takooshian; Irene Tananyan; Randal E Tellalian; Suresh Tipimeni; Natalia Tomassini; Lynne Tracey; Carla Tufenkjian; Kevork Ucaryan; Kiranmai Valluri; Tanya & Siroon Vartanian; Sree Venuthurupalli; P. Vinaya; Marian Weisberg; & Rita Zoroglian.**

**This QR Code is for donating to our various fundraising efforts and workshops. Please, help us to help others around the world by donating.**

**Donate Here**



**ATTENTION: Additional Media**

**~2024 Humanitarian Mission to Armenia. [VIEW IT HERE](#)**

~ MeaningfulWorld UN International Day of Peace. [VIEW IT HERE](#)

~ Suicide awareness & prevention Dr. Ani interviewed by Carl Birman. [VIEW IT HERE](#)

~ WUFUNIF President Liliana Bucur Cress interviewed Dr. Kalayjian, President ATOP MeaningfulWorld. [VIEW IT HERE](#)

~February 2024: Intern Introductions from David Babigian and Terri Lao. [View it HERE](#)

~March 2023: Gender Equity. Transforming Gender Stereotypes. [View it HERE](#)

~March 2023: 12th Annual Mentoring Forum at Fordham University. [View it HERE](#)

~February 2023: Photography Exhibit Opening Ceremony. [View it HERE](#)

~January 2023: MLK Day poem by Dr. Ani:

*I have a dream  
Dr. Kalayjian*

*Martin Luther King, Jr., you were the youngest man to have received the Nobel Peace Prize.  
You were the King, but you led the people humbly;  
You were the King, using your peaceful leadership to actualize your dreams.  
You had a dream, your dream inspired us all.  
Unfortunately, 60 years later, we are still dreaming with the hopes that "Justice will roll down like water;" and we will live in harmony.  
You defined peaceful resistance,  
You were the colossal of the civil rights movement.  
You motivated thousands to stand with you,  
In peace & justice, with faith and love!*

~January 2023: Poem by Dr. Ani:

*Thrust forward! Enjoying the lessons from the past. Release the negative, imagine they are clouds, let the tears clear your view, as you are now the best version of yourself!*

~January 2023: Forget Me Not by Dr. Ani Kalayjian - book review & Lachin corridor humanitarian crisis. [View it HERE](#)

~January 2023: Dr. Ani Kalayjian wrote a beautiful poem for the start of the New Year. [View it HERE](#)

~July 2022: Humanitarian Outreach Mission to Guatemala, video by Lorraine Simmons. [View it HERE](#)

~9 November 2022: Belle Unobe and Kristina Khrimian discussing the objectives and activities of MeaningfulWorld's Genocide Prevention Committee. [View it HERE](#)

~9 November 2022: Shubhrata Shukla interviewing Dr. Ani Kalayjian on her experiences with trauma and healing. [View it HERE](#)

~9 November 2022: Kristina Khrimian and Rishi Guntur bringing awareness on the topic of suicide. [View it HERE](#)

~September 2022: Dr. Ani Kalayjian, President, MeaningfulWorld & Marietta Khurshudyan, Psychologist discuss: Anger Management: In Armenia Nurturing Emotional Intelligence. [View it HERE](#)

~September 2022: Dr. Ani Kalayjian and Marietta Khurshudyan have an informative conversation about Horizontal Violence in Armenia. [View it HERE](#)

~2 May 2022: Dr. Ani Kalyajian, Lorraine Simmons, and Andrew Dolinar spoke about Self Care and Peace Building: Healing the Self, Mother Nature, and the World. [View it HERE](#)

~25 April 2022: Dr. Ani Kalayjian was interviewed by freelance writer Chelsea Greenwood about the effectiveness of EMDR treatment.

~13 April 2022: Dr. Ani Kalayjian and Outreach Coordinator Paige McDonald met for part two of their discussion on Horizontal Violence. [View it HERE](#)

~30 March 2022: Dr. Ani Kalayjian and Outreach Coordinator Paige McDonald met for a series of Instagram Lives to discuss Horizontal Violence. [View part one HERE](#)

~24 March 2022: Interns Nola Sheehan and Alyssa Curcio spoke together about empathy and what it means. [View the video HERE](#)

~ 15 March 2022: Dr. Ani Kalayjian sat down and spoke with intern Will Robbins about SAD. [View the video HERE](#)

~2020 Dignity Workshop 27.2: Message to the World from Dr. Ani Kalayjian. [View it HERE](#)

