

More Information



MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian



Hybrid Workshop, Saturday, 26 October 2024




Disaster Relief & Mindfulness

Disaster Relief, Rehabilitation, Mindfulness, & Empathy

Facilitator: Dr. Ani Kalayjian, Founder - ATOP Meaningfulworld

Visionary Speaker: Beej Christie Karpen, Mindfulness-Based Transformational Coaching

HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?

Attend this program & become a Meaningful World Ambassador for Humanitarian Relief & Peace-Building

Program focus:

- Understand the impact of disaster on survivors: children, adults, families, & communities
- Identify the interventions for rehabilitation, recovery, healing, & integration
- Mentor, empower, & support professionals & the next generation
- Empower self through Mind-Body-Eco-Spirit for health & peace-making
- Disseminate global tool, 7-Step Integrative Healing Model (Biopsychosocial and Eco-Spiritual Model)
- Describe and practice mindfulness meditation
- Describe and list stages of disaster relief

This workshop is recommended for those seeking a greater understanding of emotional management, lessons learned, transforming vicarious trauma and Horizontal Violence, peace building, meaning-making and transcendence.

It is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

RSVP to: EdCoordinator@Meaningfulworld.com

Phone: 201-941-2266

DATE: Saturday, 26 October 2024

TIME: 10:00 AM - 3:30 PM

10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker Presentation and Discussion

1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation.

FEES: Online Participants via Zoom: \$40

FEES (In-Person): Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a group will receive 20% off

Includes: Bach/Flower remedies, pre-post test, collective gratitude

Register early as space in this workshop is limited!

* Pay online securely at:
<http://meaningfulworld.com/getinvolved/donation>

*ALL FEES INCREASE \$10 after 19 October so make your payment early!

Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Mental Health Counseling, Creative Arts Therapy, Music Therapy and Psychoanalysis

When one helps another, BOTH become stronger

26 October 2024 Disaster Relief & Mindfulness, Hybrid Workshop
Facilitator: Dr. Ani Kalayjian, Founder, ATOP Meaningfulworld
Visionary Speaker: Beej Christie Karpen, Mindfulness-Based Transformational Coaching

RSVP HERE

Donation Link



Please join the William Paterson University Center for Holocaust and Genocide Studies and the University Galleries during the 2024-25 academic year for two exhibitions exploring the cultural and artistic impact of the Armenian Genocide:



The Zakarian Family at an Armenian Picnic in Philadelphia

The Armenian Genocide: One Family's Story August 27, 2024 – May 14, 2025
First Floor Reference Area, Cheng Library

One Family's Story traces the journey of Arek and Moses Zakarian from the turn of the 20th century during the Ottoman Empire through genocide, survival, migration, and reemergence in the United States. Visitors will engage with the family's personal photos, memoirs, musical instruments, artifacts, and artwork which serve as a backdrop to the broader history of the Armenian Genocide. The exhibition is made possible by the Zakarian grandchildren, led by Susan Arpajian Jolley and Allan Arpajian.

University Galleries
WILLIAM PATERSON UNIVERSITY



William Paterson University Exhibit: Surviving the Ottoman Turkish Genocide of the Armenians. August 2024-May 2025.
Panel discussion to follow on 12 Nov. at 4:30 pm. Transforming Victimhood to Victorhood. Resilience & Post-Traumatic Growth with Dr. Kalayjian

More Information



Announcing a forum on **
International psychology today

“How can psychologists and students become more involved in international work?” Psychologists today are increasingly active in global programs, like the Psychology Coalition at the United Nations (PCUN). This forum brings together several experts to speak about their diverse international activities.

Moderator: **Harold Takooshian, PhD, Psychology, Fordham**
Welcome: **Elaine P. Congress, DSW, MA, Book Editor, PCUN**
Melissa Malley, LMSW, book series, Psychology Coalition at the UN
Jamilla T. Perez-Hosein, President, Fordham-LC Psi Chi Honor Society

Presenters:
Sheri R. Levy, PhD, Stony Brook University
Human rights-based approach to global climate injustices
Ani Kalayjian, EdD, Columbia University & Meaningful World
AI and EI: A global challenge
Alireza Zareian Jahromi, MA, PhD student, Fordham University
Psychological experiences of immigrants: The Case of Iran
Dinesh J. Sharma, PhD, Britt Romagna, Zara Lowenthal, Fordham University
Feminism in India and the USA: From Suffragists to Kamala Harris


8 October 2024, Tuesday 2:30-3:40 pm
Fordham University, 113 West 60 St., room 518 (floor 5)

Refreshments are served. All are welcome.

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** This forum is hosted by the Fordham Social Psychology seminar, in cooperation with Psi Chi, SPSSI-NY, Manhattan Psychological Assoc, Psychology Coalition at the United Nations.
For any details: takooshh@aol.com
Notes: <https://ps-news.fordham.edu/uncategorized/event-behavioral-science-at-the-united-nations-forum/>
www.psychologycoalitionun.org , www.spssi.org/ny
www.infoagepub.com/series/International-Psychology





On 8 October, 2024, Fordham University hosted an International Psychology Panel of Experts. Leading professionals discussed a range of global issues in psychology, offering valuable insights into international work and its challenges.

Summary

MEANINGFUL WORLD

CELEBRATING OUR

TREASURED VOLUNTEERS

15 YEARS OF SERVICE



NATALIA MARIA TOMASSINI

M.ED., LDTC, OMBUDSPERSON

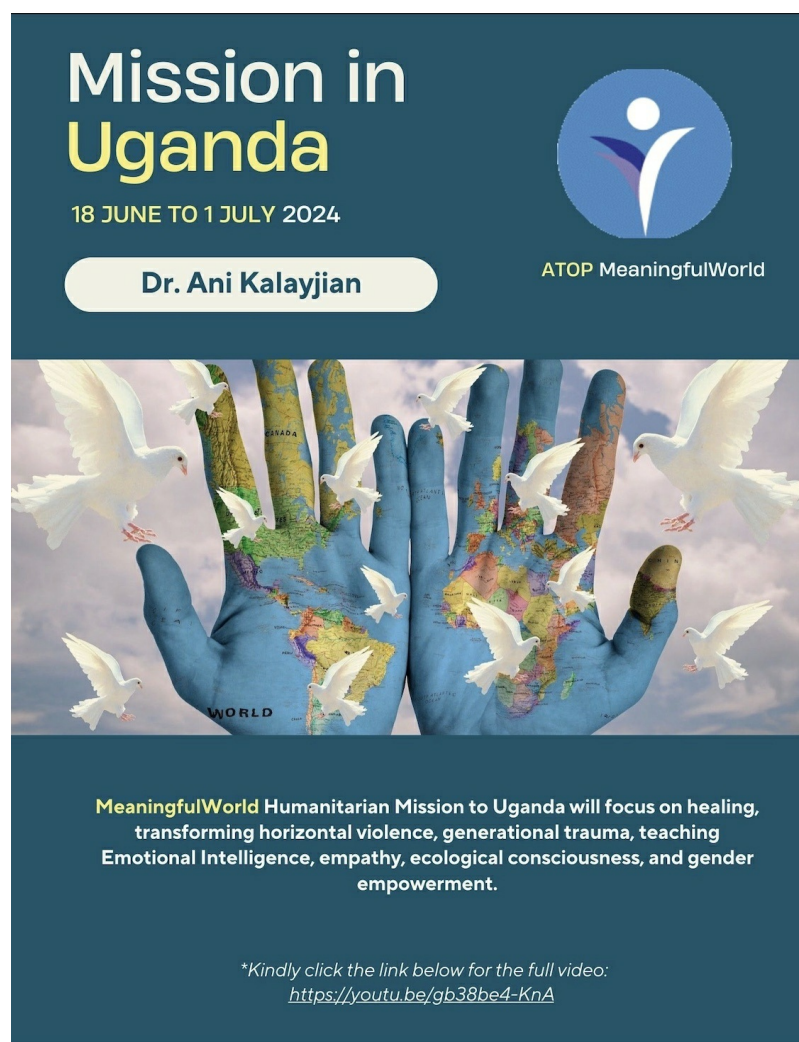
Natalia is a certified Learning Disabilities Teacher Consultant and Education Diagnostician in New Jersey, with experience as a teacher and psychotherapist. She has worked in the criminal justice system, providing therapy and educational testing to incarcerated individuals. Natalia holds a master's degree from Temple University and a postgraduate certification in Education Supervision from Kean University. Drawn to ATOP MeaningfulWorld's mind-body-spirit approach, she completed their Humanitarian Training Program and Teacher's Training in Trauma Psychology. A Reiki Master, Natalia volunteers at Meaningfulworld events and is a Fellow at the United Nations. She is also a member of Queen Mother's New Future Foundation, enjoys creative writing and poetry, and serves as Meaningfulworld's Ombudsperson.



<https://meaningfulworld.com>

October - Celebrating Our Treasured Volunteers: Natalia Maria Tomassini, Ombudsperson of ATOP MeaningfulWorld
This October, MeaningfulWorld is thrilled to celebrate Natalia Maria Tomassini, a dedicated volunteer for 15 years! Her invaluable work has played a crucial role in our mission. Join us in honoring her outstanding commitment to our community as Ombudsperson.

More information



Transforming Trauma in Uganda: ATOP MeaningfulWorld's 2024 Humanitarian Mission in Uganda Film!

Watch Film Here!



Weekly Meetings

Free Weekly Support Groups

Managing stress, anxiety, fear, and uncertainty in times of global crises

When: Every Thursday

Time: 12:00 - 1:00 PM (EST)

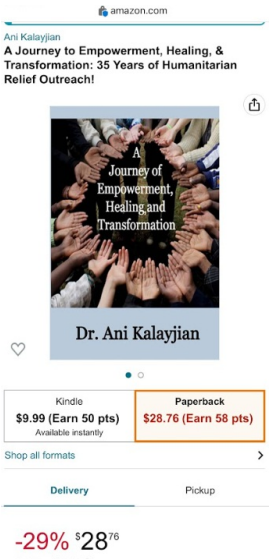
Where: info@meaningfulworld.com for zoom link

RSVP Here

Meet Up Zoom Yoga & Soul Surfing with Dr. Ani
ATOP MeaningfulWorld offers yoga and meditation during these times of panic and unrest.
Join us every Tuesday & Friday at 10:00 AM EST on Zoom, by appointment.

RSVP Here

More Information



COFFEE TABLE BOOK RELEASE

A review from David Dawud said: “I love your writings in the coffee table book. I’m reading a poem everyday, and traveling to a new country with beautiful photos of your humanitarian volunteer service. You make me think, reflect, release and it helps me clear my thoughts.”

Click HERE for the link



MeaningfulWorld invites you to share your love!



REUSABLE CANVAS BAGS

Let's reduce the use of plastic and raise money for those in need! We want to continue to help launch a suicide lifeline in Armenia, educate others on emotional intelligence, and deploy our teams for humanitarian relief missions! There are 4 different colors to choose from! Buy a reusable bag and help us help others!



MEANINGFULWORLD TSHIRTS

Show off your MeaningfulWorld spirit by wearing our newly designed t-shirts! You can choose from a range of colors and styles! Show off your MeaningfulWorld pride while simultaneously helping others! Proceeds will help us help others!

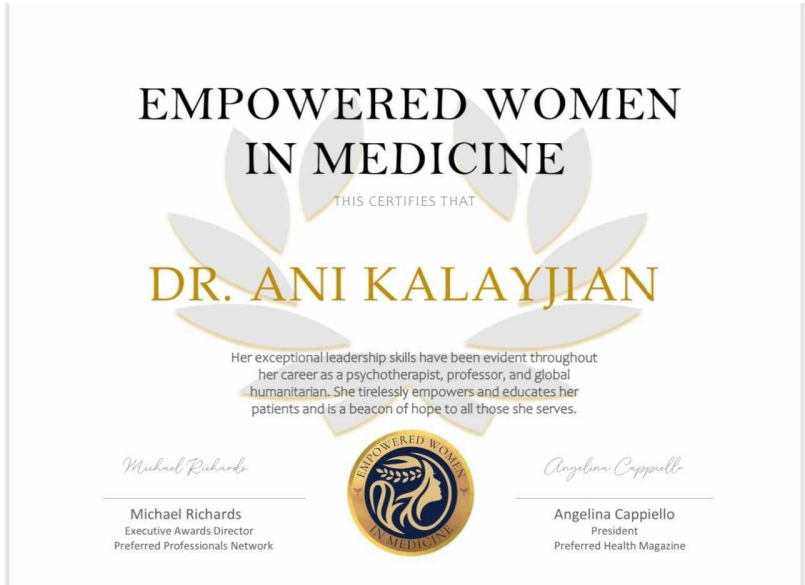
Reusable Canvas Bags

T-Shirt Sale




Awards


2024 Lifetime Achievement Award in the Field of Psychology, presented to Dr. Ani Kalayjian for her exemplary dedication and leadership in trauma psychology, as well as her impactful global humanitarian efforts, transforming lives through healing and education worldwide.



Empowered Women in Medicine Award, given to Dr. Ani Kalayjian, for her exceptional leadership and dedication as a psychotherapist, professor, and global humanitarian.



MeaningfulWorld
In collaboration with Monroe College



Affiliated with The United Nations

2024 United Nations International Day of Peace
End Wars through EI, Empathy and NVC

WHEN: Saturday, 21 September 2024
TIME: 3:00 pm to 5:00 pm

Sustainable Development Goals: 1, 3, 4, 5, 8, 10, 11, 16, 17

Cochairs: Dr. Ani Kalayjian & Andrew Dolinar
Meditation: Mr. Eric Shōkei Manigian, M.Div. Union Theological Seminary

Movement, Meditation & Soul-Surfing Yoga for Peace.
Messages of Peace from Youth.
Live music by Tatev with Wings & her band.
Musical interlude, Peace Ambassador Peter Jam.

WHAT IS THE INTERNATIONAL DAY OF PEACE?
The International Day of Peace ("Peace Day") is observed around the world each year on 21 September. Established in 1981 by a unanimous United Nations resolution, Peace Day provides a globally shared date for all humanity to commit to Peace above all differences and to contribute to building a Culture of Peace. This is a long-established universal commemoration that serves all involved in Peace Day, beginning annually with the 100-day Countdown. MeaningfulWorld has begun its 10 week countdown; check our social media every Wednesday!

RSVP: info@meaningfulworld.com
WHERE: Central Park at Strawberry Fields (near the west 72nd Street entrance), NYC

Sponsors: ATOP Meaningfulworld, Armenian Constitutional Rights Protective Center, World Yoga Community, AGBU, PCUN, WAFUNIF, Next Step Strategies, LLC & Alliance for PTSD Recovery

When one helps another, Both become stronger.

Peace is always beautiful!

Successful Past Events

Day of Peace. End Wars through EQ, Empathy and NVC on 21 September at Strawberry Fields in Central Park NYC 3pm-5pm
Cochairs: Dr. Ani Kalayjian & Andrew Dolinar.

MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian



Hybrid Workshop, Saturday, 28 September 2024



Self-Care & Meaning-Making

EQ, Preventing Vicarious Trauma & Post-Traumatic Growth

Facilitator: Dr. Ani Kalayjian, Founder — ATOP Meaningfulworld
Visionary Speaker: Stella Badalyan, LMHC, CLC, Healing with Breathwork

HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?

Attend this program & become a Meaningful World Ambassador for Humanitarian Relief & Peace-Building

Program focus:

- Complete pre-workshop & post-workshop questionnaires
- Identify the importance of self-care
- Identify the impact of, kinds, and other variables of trauma
- Review theorists: Erickson, Sullivan, Kohlberg, Freud, Frankl, & Ruiz
- Learn about United Nation's Sustainable Development Goals
- Identify interventions for recovery, healing, & integration
- Connect & empower self through Mind-Body-Eco-Spirit
- Learn ways to nurture Emotional Intelligence (EQ)
- Learn Emotional Genograms to understand family dynamics & generational transmissions
- Learn techniques of mindful meditation
- Includes didactic presentation of theory, method, research, and techniques

This workshop is recommended for those seeking a greater understanding of emotional management, lessons learned, transforming vicarious trauma and Horizontal Violence, peace building, meaning-making and transcendence.
This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

RSVP to: EdCoordinator@Meaningfulworld.com
Phone: 201-941-2266
DATE: Saturday, 28 September 2024
TIME: 10:00 AM - 3:30 PM
10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker
Presentation and Discussion
1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation.
FEES: Online Participants via Zoom: \$40

Includes: Bach/Flower remedies, pre-post test, collective gratitude
Register early as space in this workshop is limited!
* **Pay online securely at:**
<http://meaningfulworld.com/getinvolved/donation>
* ALL FEES INCREASE \$10 after 21 September so make your payment early!
Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Mental Health Counseling, Creative Arts Therapy, Music Therapy and Psychoanalysis

When one helps another, BOTH become stronger

28 September 2024 Self-Care & Meaning-Making, Hybrid Workshop
Facilitator: Dr. Ani Kalayjian, Founder, ATOP Meaningfulworld
Visionary Speaker: Stella Badalyan, LMHC, CLC, Healing with Breathwork




18 June - 1 July 2024 Meaningfulworld Humanitarian Mission to Uganda. Our teams worked with 500 people directly and 7+ million indirectly, transforming lives, planting trees, sponsoring girl children's tuitions, and uplifting communities at large!

Summary

MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian



Thursday, 6 June 2024 5-7pm at UN Interfaith Chapel

Partnering for SDGs:
Mind-Body-Eco-Spirit Integrative Healing

Sustainable Developmental Goals: #3 #4 #5 #8 #10 #11 #16 #17

Chairpersons: Dr. Ani Kalayjian & Andrew Dolinar

Invocation: Mr. Eric Shōkei Manigian, M.Div. Union Theology Seminary

Faculty:

Dr. Douglas Scherer, Columbia University, Mindfulness

Dr. Lorne Schussel, Columbia University, Contemplative Practices in Human Connectivity

Dr. Mitchell Saskin, Columbia University, Integration of Spiritual Meditation

Dr. Ruth Rosenbaum, TC Columbia University, Tibetan Buddhist Philosophy and Psychology

Mr. David Babigian & Ms. Terri Lao, ATOP MeaningfulWorld, 7-Step Integrative Healing Model

29th Annual Kriegar Contest on Genocide Prevention

High School Winners: Yeva Grigoryan (USA), Vladimir Mkrтчian (USA), Diana Antonyan (Armenia)

College Winners: Ezgi Gülistan Gül (Armenia-Germany), Shushan Barseghyan (Armenia)

Culture of peace is achieved through integration of mind, body, ecology, and spirit. This program focuses on integrative and holistic approaches to healing. Multidisciplinary, rights-based, gender-sensitive, and ecological approaches will be shared to address inequalities and good health for humans and all living things. Our aim is to empower individuals to achieve greater health, resilience, and inner peace - even in times of crisis. Join us as we explore transformative practices that unite mind, body, ecology, and spirit. We support, educate, and disseminate the Sustainable Development Goals to foster a healthier, peaceful, and sustainable world.

2024 MeaningfulWorld Ambassadors for Humanitarian Relief and Peace Building
Graduation ceremony

Graduating Class: David Babigian, David Kryzhanovskiy, and Terri Lao

When one helps another, BOTH become stronger!

Location: 777 United Nations Plaza, New York, NY 10017 (44 St Corner and 1st Ave, NYC)

RSVP Required:
info@meaningfulworld.com
www.meaningfulworld.com

Co-sponsors: ATOP Meaningfulworld, AGBU, Armenia Bar Association, & ACRPC

Cosponsoring Healers: Next Step Strategies LLC, Stella Badalyan (Breath Work), Dr. Rosenbaum, Kathleen Booker (Jedi of Calm), & Sarkis Chuldjian (Hypnosis)

Partnering for SDG's: Mind-Body-Eco Spirit Integrative Healing
Thursday, 6 June 2024, 5:00
Graduating class: David Babigian, David Kryzhanovskiy, & Terri Lao

Event Summary


Winners of Essay Contest

Graduates

MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION


with Dr. Ani Kalayjian



Hybrid Workshop, Saturday, 18 May 2024

Mindful Leadership & Forgiveness

Conscientious Leadership, Forgiveness, MeaningfulWorld View, Logotherapy



Facilitator: Dr. Ani Kalayjian, Founder — ATOP Meaningfulworld

Visionary Speaker: Deanna Danielian, LMFT, Somatic Experiencing Practitioner

HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?

Attend this program & become a Meaningful World Ambassador for Humanitarian Relief & Peace-Building

Program Focus:

- * Review the importance of service
- * Learn to integrate mind-body-spirit-soul-environment connection
- * Learn the 5 shadows impacting us negatively and 5 pillars of service
- * List & describe 12 steps of mindful leadership
- * Integrate benefits of forgiveness while shedding light on myths of forgiveness
- * Practice forgiveness and forgiveness meditation and learn about religions and forgiveness
- * Learn healthy patterns of connecting with ourselves, the world, those we serve, and the universe
- * Includes didactic presentation of theory, method, research, and techniques

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For details to participate, contact: EdCoordinator@meaningfulworld.com

RSVP to: EdCoordinator@Meaningfulworld.com

Phone: 201-941-2266

DATE: Saturday, 18 May 2024

TIME: 10:00 AM - 3:30 PM

10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker Presentation and Discussion

1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation.

FEES: Online Participants via Zoom: \$40

FEES (In-Person): Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a group will receive 20% off

Includes: Bach/Flower remedies, pre-post test, collective gratitude

Register early as space in this workshop is limited!

* Pay online securely at:
http://meaningfulworld.com/get_involved/donation

* ALL FEES INCREASE \$10 after 11 May so make your payment early!

Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Mental Health Counseling, Creative Arts Therapy, Music Therapy and Psychoanalysis

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18 May 2024 Mindful Leadership & Forgiveness, Hybrid Workshop
Facilitator: Dr. Ani Kalayjian, Founder, ATOP Meaningfulworld

**Visionary Speaker: Deanna Danielian, LMFT, Somatic Experiencing Practitioner
Dr. Douglas Scherer**



Humanitarian Mission to Armenia returns with great success

Summary



MeaningfulWorld's Humanitarian Relief Post Azeri Ethnic Cleansing in Nagorno-Karabakh, Armenia Film!

Watch Film Here!



Meaningful World ATOP 2023-2024
Intern Call

Part-Time INTERNS NEEDED!

“MEANINGFULWORLD'S GOAL IS TO PREPARE A GENERATION OF CONSCIENTIOUS INDIVIDUALS WHO ARE GUIDED BY LOVE, PEACE, PASSION, JUSTICE, AND MEANING”

Looking for experience in research? UN? humanitarian work? Fundraising? Social Media? Only 4-5 hours a week!

Be part of an innovative team of change makers who foster a meaningful, peaceful, and just world in which every individual enjoys physical, mental, social, economic, ecological, and spiritual health!






Scan this code to open our page and see available positions !

For more information, visit meaningfulworld.com

INTERN CALL: PART TIME INTERNS NEEDED

Looking for experience in research? UN? Humanitarian Work? Fundraising? Social Media? Only 4-5 hours a week!
 Be the change you want to see in the world!

More Information



ATOP Latest Publishing

1. Kshtriya, S., Kalayjian, A., Lowe, S. R., Diakonova-Curtis, D., Toussaint, L. (2022). Exploring the Association between Forgiveness, Meaning-Making, Post-Traumatic Stress Symptoms: The Case of Hurricane Maria in Puerto Rico. *International Journal of Educational Research*.

2. Kalayjian, A., Huang, K., Sabbour, S., & Yasin, M. (2022). Grassroots Collaborations to Address the Trauma of Suicide: Establishing the First Suicide Prevention Lifeline in the Republic of Armenia. *International Journal of Mental Health*. <https://doi.org/10.1080/00207411.2022.2983392>. View [HERE](#)

3. Toussaint, L., Kshtriya, S., Kalayjian, A., Cameron, E., & Diakonova-Curtis, D. (2022). Christian Religious Affiliation is Associated with Less Posttraumatic Stress Symptoms Through Forgiveness but Not Search for Meaning After Hurricane Irma and Maria. American Psychological Association.



**MeaningfulWorld**
Association For Trauma Outreach and Prevention

Helping people heal for 35 years!



SCAN ME

1. Sponsor a Child in Haiti or Armenia.

2. Suicide Prevention in Armenia.

3. Mental Health, Supporting Psychologists in War Torn Areas of Ukraine & Armenia.



90% of your donation goes directly to the people!

www.Meaningfulworld.com



Gratitude To Our Visionary Speakers

Lo Anne Mayer, Alexis Brink, Dr. Yolanda Hancock, Dr. Douglas Scherer, Laurie Schwartz, Dr. Linda Marsanico, Nupur Kothari, Paul Jaffe, Simone Coonrod, Linda Turner, Erica Rodriguez, Arthur Jaffe, Christina Nunez Gomes, Cristina Como, Mark Ackerman, Marianne Gunther, Ron Friedman, Kathleen Booker, Lata Cheri-Kennedy, Anisa Keith, Dr. Deborah Barbieri, & Ali Fischer

Gratitude To Our Donors

Anonymous; Armenian Constitutional Rights Protective Center; Armenian General Benevolent Union of America; Kari Akgulian; Dr. Maggie Avedissian; Lola Aznavur; Vanessa Billups; Ara & Joyce Boghosian; Dr. Garen & Diana

Boghosian; Zarmine & Missak Boghosian; Mark Chenian; Jacob Yahiaayan; Suzanne Crespo; David Dawud; Dr. Dominique Eugene; FesFlowers.com; Mary Ryan Garcia; Taleen Gergerian; Randolph Giudice; Anisa Goz; Dr. Andrew Hahn; Dr. Noyemi Isnar; Art Jaffe; Dr. Marianne Jeffreys; Dr. Ani Kalayjian; Nayri Kalayjian; Dr. Mallika Kamana; Jackie Kazarian; Sylia Koroglu; Betty Labine; Carol Lachman; The Life Centered Therapy Training Institute; Long Island Psychological Consulting (Dr. Roy Aranda); Eric Manigian; Talin Manukian; Janet Marcarian; Yeran Marcoosi; Linda Marsanico; Jinnie & Chuck McCormick; Siroun Terzian Meguerditchian; Alice Movsesian; Ray Paloutzian; Dr. Sreeram Parupudi; Kailash Peri; Psychology Coalition at United Nations; Supriya Reddy; Betty Anne Rougier; Margie Satian; Lisa Schiller; Dr. Geetha Seerangan; Ilene Serlin; Lorraine Simmons; Deborah Stiles; Karri Swathi; Prof. Harold Takooshian; Irene Tananyan; Randal E Tellalian; Suresh Tipimeni; Natalia Tomassini; Lynne Tracey; Carla Tufenkdjian; Kevork Ucaryan; Kiranmai Valluri; Tanya & Siroun Vartanian; Sree Venuthurupalli; P. Vinaya; Marian Weisberg; & Rita Zoroghlian.

This QR Code is for donating to our various fundraising efforts and workshops. Please, help us to help others around the world by donating [HERE](#).



ATTENTION: Additional Media

~February 2024: Intern Introductions from David Babigian and Terri Lao. View it [HERE](#)

~March 2023: Gender Equity. Transforming Gender Stereotypes. View it [HERE](#)

~March 2023: 12th Annual Mentoring Forum at Fordham University. View it [HERE](#)

~February 2023: Photography Exhibit Opening Ceremony. View it [HERE](#)

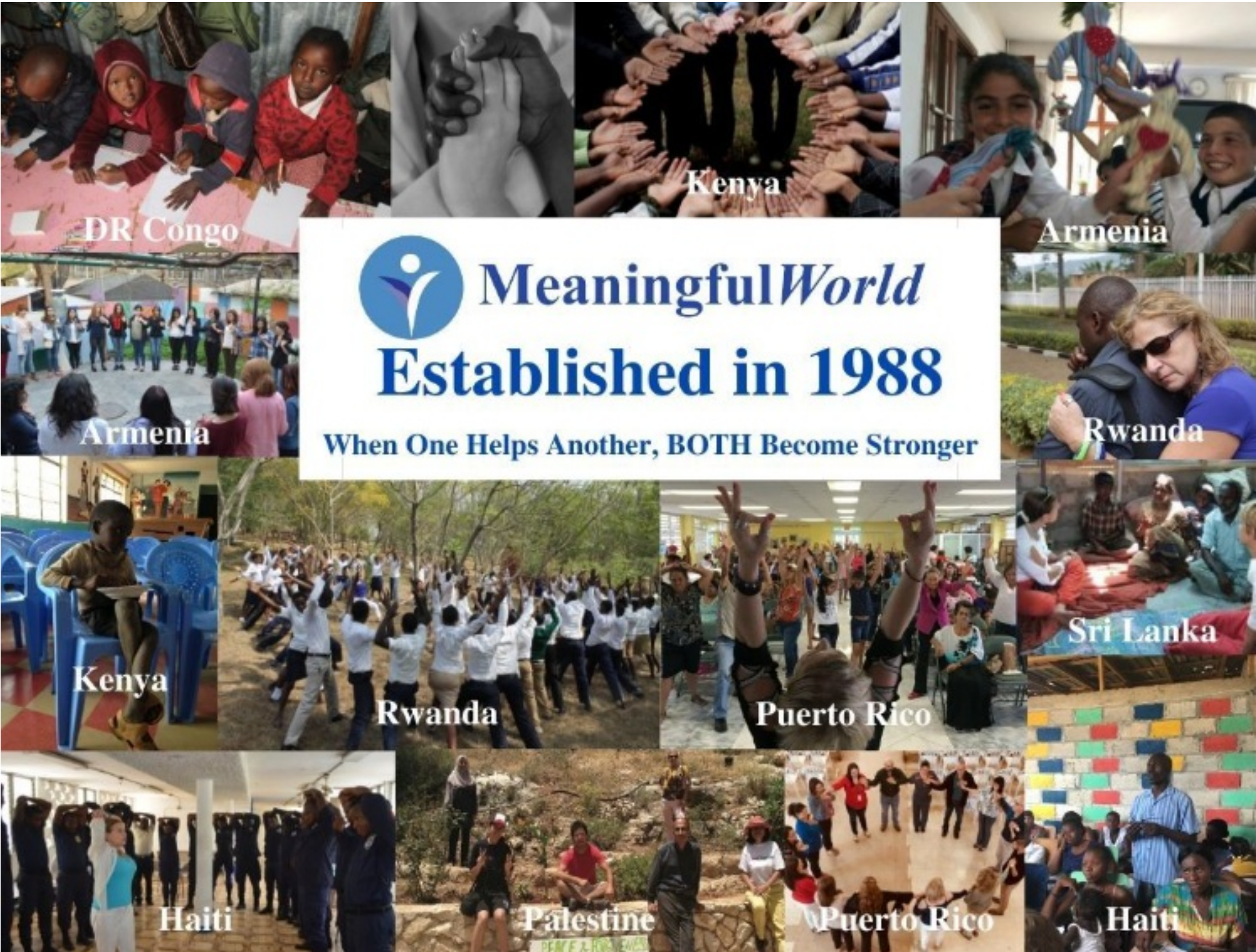
~January 2023: MLK Day poem by Dr. Ani:

I have a dream
Dr. Kalayjian

Martin Luther King, Jr., you were the youngest man to have received the Nobel Peace Prize.
You were the King, but you led the people humbly;
You were the King, using your peaceful leadership to actualize your dreams.
You had a dream, your dream inspired us all.
Unfortunately, 60 years later, we are still dreaming with the hopes that “Justice will roll down like water;”
and we will live in harmony.
You defined peaceful resistance,
You were the colossal of the civil rights movement.
You motivated thousands to stand with you,
In peace & justice, with faith and love!

~January 2023: Poem by Dr. Ani:
Thrust forward! Enjoying the lessons from the past. Release the negative, imagine they are clouds, let the tears clear your view, as you are now the best version of yourself!

- ~January 2023: Forget Me Not by Dr. Ani Kalayjian - book review & Lachin corridor humanitarian crisis. View it [HERE](#)
- ~January 2023: Dr. Ani Kalayjian wrote a beautiful poem for the start of the New Year. View it [HERE](#)
- ~July 2022: Humanitarian Outreach Mission to Guatemala, video by Lorraine Simmons. View it [HERE](#)
- ~9 November 2022: Belle Unobe and Kristina Khrimian discussing the objectives and activities of MeaningfulWorld's Genocide Prevention Committee. View it [HERE](#)
- ~9 November 2022: Shubhrata Shukla interviewing Dr. Ani Kalayjian on her experiences with trauma and healing. View it [HERE](#)
- ~9 November 2022: Kristina Khrimian and Rishi Guntur bringing awareness on the topic of suicide. View it [HERE](#)
- ~September 2022: Dr. Ani Kalayjian, President, MeaningfulWorld & Marietta Khurshudyan, Psychologist discuss: Anger Management: In Armenia Nurturing Emotional Intelligence. View it [HERE](#)
- ~September 2022: Dr. Ani Kalayjian and Marietta Khursduhyan have an informative conversation about Horizontal Violence in Armenia. View it [HERE](#)
- ~2 May 2022: Dr. Ani Kalyajian, Lorraine Simmons, and Andrew Dolinar spoke about Self Care and Peace Building: Healing the Self, Mother Nature, and the World. View it [HERE](#)
- ~25 April 2022: Dr. Ani Kalayjian was interviewed by freelance writer Chelsea Greenwood about the effectiveness of EMDR treatment.
- ~13 April 2022: Dr. Ani Kalayjian and Outreach Coordinator Paige McDonald met for part two of their discussion on Horizontal Violence. View it [HERE](#)
- ~30 March 2022: Dr. Ani Kalayjian and Outreach Coordinator Paige McDonald met for a series of Instagram Lives to discuss Horizontal Violence. View part one [HERE](#)
- ~24 March 2022: Interns Nola Sheehan and Alyssa Curcio spoke together about empathy and what it means. View the video [HERE](#)
- ~ 15 March 2022: Dr. Ani Kalayjian sat down and spoke with intern Will Robbins about SAD. View the video [HERE](#)
- ~2020 Dignity Workshop 27.2: Message tot he World from Dr. Ani Kalayjian. View it [HERE](#)



 Share on Facebook

 Share on Twitter

