

# Meaningful World

## Association for Trauma Outreach and Prevention (ATOP) Bulletin, December 2024

### Upcoming Events

#### Meaningful World



On 7 December Meaningful World had organized Holiday Gratitude & Healing Party with live music, international foods, 7 healing modalities, drinks, films, music, deserts, gifts & much more!

Summary

Watch The Video



### **MEANINGFUL WORLD LAUNCHES THE 2025, 30TH ANNUAL KRIEGER CONTEST**

**FOR HIGH SCHOOL AND COLLEGE STUDENTS**

**Subject:**

**"What the Legacy of Genocide Means to Me"**



2024 Winners at the United Nations

For more information visit  
meaningfulworld.com, or use the link below!  
<https://meaningfulworld.com/uncategorized/2025-krieger-essay-contest>

**Enter and Win BIG With The Krieger Genocide Prevention Contest, awards at the United Nations! Meaningful World launches the 2025, 30th Annual Krieger Contest for High School and College Students. Subject: What the Legacy of Genocide Means to Me?**

## More Information



# MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian



## Hybrid Workshop, Saturday, 23 November 2024

### Conflict Transformation & Peace-Building

Assertiveness, Anger Management, Non-Violent Communication, & Forgiveness

**Facilitator:** Dr. Ani Kalayjian, Founder — ATOP Meaningfulworld  
**Visionary Speaker:** Mika Ichihara, M.S., L.Ac., LL.M, B.Pharm

#### HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?

Attend this program & become a Meaningful World Ambassador for Humanitarian Relief & Peace-Building

**Program focus:**

- Understand the impact of our past on our present
- Learn methods to release emotional, physical, & spiritual anger & pain
- Describe methods of dialogue
- Learn & integrate assertiveness skills
- Regain healthy relationships with ourselves & others
- Learn & practice listening skills
- Care for self on mind-body-spirit levels
- Focus on United Nation's Sustainable Development Goals #3, #4, #16, & #17

This workshop is recommended for those seeking a greater understanding of emotional management, lessons learned, transforming vicarious trauma and Horizontal Violence, peace building, meaning-making and transcendence.

This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.




RSVP to: [EdCoordinator@Meaningfulworld.com](mailto:EdCoordinator@Meaningfulworld.com)  
 Phone: 201-941-2266  
 DATE: Saturday, 23 November 2024  
 TIME: 10:00 AM - 3:30 PM  
 10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker Presentation and Discussion  
 1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation.  
**FEES:** Online Participants via Zoom: \$40  
**FEES (In-Person):** Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a group will receive 20% off

Includes: Bach/Flower remedies, pre-post test, collective gratitude

Register early as space in this workshop is limited!

\* Pay online securely at:  
<http://meaningfulworld.com/getinvolved/donation>

\*ALL FEES INCREASE \$10 after 16 November so make your payment early!

Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Mental Health Counseling, Creative Arts Therapy, Music Therapy and Psychoanalysis

**When one helps another, BOTH become stronger**

**On 23 November 2024 Meaningful World had organized Conflict Transformation & Peace-Building, Hybrid Workshop**  
**Facilitator: Dr. Ani Kalayjian, Founder, ATOP Meaningfulworld**  
**Visionary Speaker: Mika Ichihara, M.S., L.Ac., LL.M, Feng Shui**

## Summary

COMMON WORD ALLIANCE CLERGY INTERFAITH ORGANIZATION and  
MINISTRY AND SPIRITUALITY CENTERS FOR HUMANITY

 **Invite you to Interfaith Conference**  
**246th "HEALING PRAYER FOR HUMANITY"** 

By the Worldwide Religious and Spiritual Leaders

**FRIDAY, December 13, 2024, at 3 PM ET 2 PM CT**

**ZOOM Meeting ID: 205 074 5624 Passcode: 3Uu6yk**

Imam Arif Huskic  
President CWA and MASCH  
Program Moderator

Interfaith Community Healing Garden

Dr. Ani Kalayjian  
President of ATOP Meaningfulworld  
New York, USA

**Love Your Neighbor as Yourself**

Topic: **What are Women`s Rights in Your Faith**  
Let`s Diminish Homelessness and Poverty Everywhere  
501(c)3 ID: 81-3432366 Donate through Cash App:  
**\$healingprayer**  
Mail Checks to MASCH 5656 Harold Street Detroit MI 48212

Contact: **Imam Arif Huskic**  
**Minister of Interfaith Relations**

 **1-313-999-5483 arifhuskic@gmail.com www.masch1.org**  
Ministry and Spirituality Centers for Humanity and/or Common Word Alliance

**On 13 December, Meaningful World participated in the 246th Interfaith Conference, “Healing**



## Prayer for Humanity,” on the topic “What Are Women’s Rights in Your Faith?”



# MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian



## Hybrid Workshop, Saturday, 22 February 2025

### Mindful Leadership & Forgiveness

Conscientious Leadership, Forgiveness, MeaningfulWorld View, Logotherapy

**Facilitator:** Dr. Ani Kalayjian, Founder — ATOP MeaningfulWorld

**Visionary Speaker:** Tanya Vartanyan - Reiki Energetic Healing

#### HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?

Attend this program & become a Meaningful World Ambassador for Humanitarian Relief & Peace-Building

**Program Focus:**

- \* Review the importance of service
- \* Learn to integrate mind-body-spirit-soul-environment connection
- \* Learn the 5 shadows impacting us negatively and 5 pillars of service
- \* List & describe 12 steps of mindful leadership
- \* Integrate benefits of forgiveness while shedding light on myths of forgiveness
- \* Practice forgiveness and forgiveness meditation and learn about religions and forgiveness
- \* Learn healthy patterns of connecting with ourselves, the world, those we serve, and the universe
- \* Includes didactic presentation of theory, method, research, and techniques




This workshop is recommended for those seeking a greater understanding of emotional management, lessons learned, transforming vicarious trauma and Horizontal Violence, peace building, meaning-making and transcendence. This is also for those planning to become MeaningfulWorld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

**For details to participate, contact:** [EdCoordinator@meaningfulworld.com](mailto:EdCoordinator@meaningfulworld.com)

RSVP to: [EdCoordinator@Meaningfulworld.com](mailto:EdCoordinator@Meaningfulworld.com)

Phone: 201-941-2266

DATE: Saturday, 22 February 2025

TIME: 10:00 AM - 3:30 PM

**10:00 AM - 12:30 PM** - Welcome, Lecture, Visionary Speaker Presentation and Discussion

**1:00 PM - 3:30 PM** - Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation.

**FEES:** Online Participants via Zoom: \$50

**FEES (In-Person):** Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$30), ATOP interns (\$30), 4 or more in a group will receive 20% off

Includes: Bach/Flower remedies, pre-post test, collective gratitude

Register early as space in this workshop is limited!

**\* Pay online securely at:**

[http://meaningfulworld.com/get\\_involved/donation](http://meaningfulworld.com/get_involved/donation)

**\*ALL FEES INCREASE \$10 after 15 February** so make your payment early!

**Receive Continuing Education Credits** for the following professions: Marriage & Family Therapy, Mental Health Counseling, Creative Arts Therapy, Music Therapy and Psychoanalysis

**When one helps another, BOTH become stronger**

**22 February 2025, Self-Care & Meaning-Making, Hybrid Workshop**  
**Facilitator: Dr. Ani Kalayjian, Founder, ATOP Meaningfulworld**  
**Visionary Speaker: Tanya Vartanyan - Reiki Energetic Healing**

## RSVP HERE

## Donation Link



# SAVE THE DATE

ATOP MEANINGFUL WORLD

**SAVE THE DATE! On 8 March 2025, join the Eastern psychological Association conference panel presentation with Meaningful World!**

## More Information



SAVE THE DATE! On 13 March 2025, Meaningful World will participate in the United Nations commission on status of women, parallel program!

More Information

# MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian

Zoom Workshop, Saturday, 29 March 2025

## Self-Care & Meaning-Making

EQ, Preventing Vicarious Trauma & Post-Traumatic Growth

Facilitator: Dr. Ani Kalayjian, Founder — ATOP Meaningfulworld  
Visionary Speaker: Mary Ng - Transforming Grief

**HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?**  
Attend this program & become a Meaningful World Ambassador  
for Humanitarian Relief & Peace-Building

Program focus:

- Complete pre-workshop & post-workshop questionnaires
- Identify the importance of self-care
- Identify the impact of, kinds, and other variables of trauma
- Review theorists: Erickson, Sullivan, Kohlberg, Freud, Frankl, & Ruiz
- Learn about United Nation's Sustainable Development Goals
- Identify interventions for recovery, healing, & integration
- Connect & empower self through Mind-Body-Eco-Spirit
- Learn ways to nurture Emotional Intelligence (EQ)
- Learn Emotional Genograms to understand family dynamics & generational transmissions
- Learn techniques of mindful meditation
- Includes didactic presentation of theory, method, research, and techniques

This workshop is recommended for those seeking a greater understanding of emotional management, lessons learned, transforming vicarious trauma and Horizontal Violence, peace building, meaning-making and transcendence.  
This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

RSVP to: [EdCoordinator@Meaningfulworld.com](mailto:EdCoordinator@Meaningfulworld.com)  
Phone: 201-941-2266  
DATE: Saturday, 29 March 2025  
TIME: 10:00 AM - 3:30 PM  
10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker Presentation and Discussion  
1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation.  
FEES: Online Participants via Zoom: \$50  
FEES (In-Person): Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a group will receive 20% off

Includes: Bach/Flower remedies, pre-post test, collective gratitude  
Register early as space in this workshop is limited!  
\* Pay online securely at:  
<http://meaningfulworld.com/getinvolved/donation>  
\*ALL FEES INCREASE \$10 after 22 March so make your payment early!  
Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Mental Health Counseling, Creative Arts Therapy, Music Therapy and Psychoanalysis

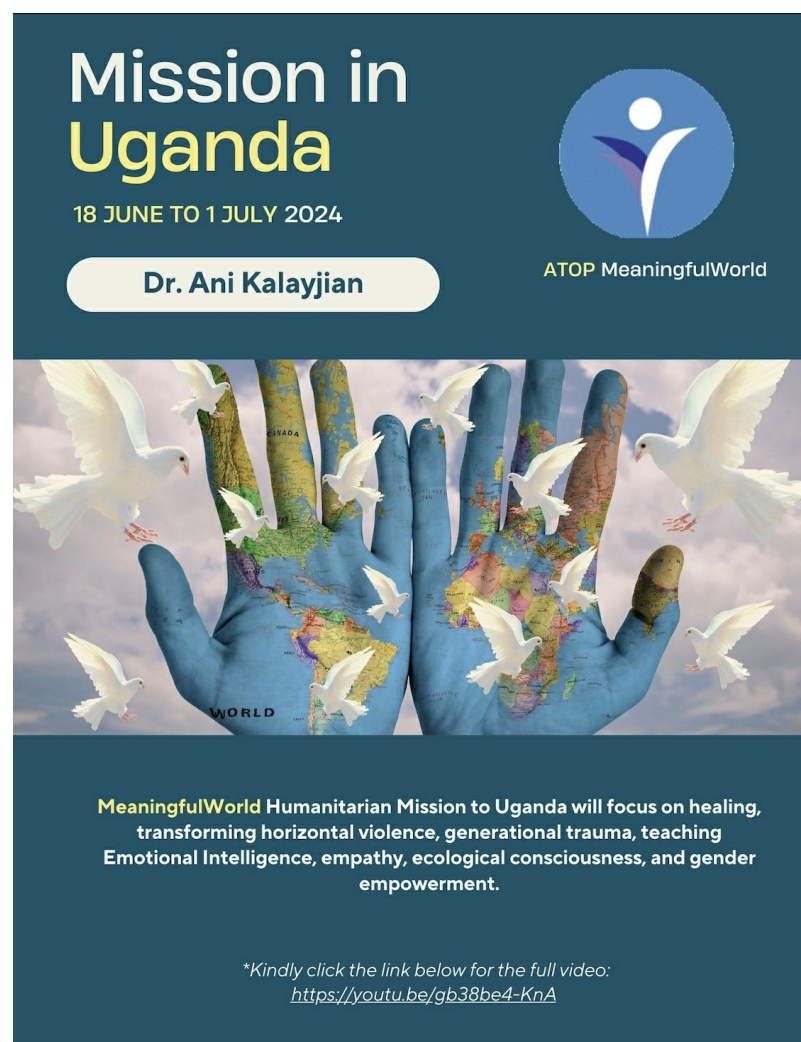
When one helps another, BOTH become stronger

29 March 2025 Self-Care & Meaning-Making, Hybrid Workshop  
Facilitator: Dr. Ani Kalayjian, Founder, ATOP Meaningfulworld  
Visionary Speaker: Mary Ng - Transforming Grief

RSVP HERE

Donation Link





## Transforming Trauma in Uganda: ATOP MeaningfulWorld's 2024 Humanitarian Mission in Uganda Film!

**Watch Film Here!**



## Weekly Meetings

### Free Weekly Support Groups

Managing stress, anxiety, fear, and uncertainty in times of global crises

When: Every Thursday

Time: 12:00 - 1:00 PM (EST)

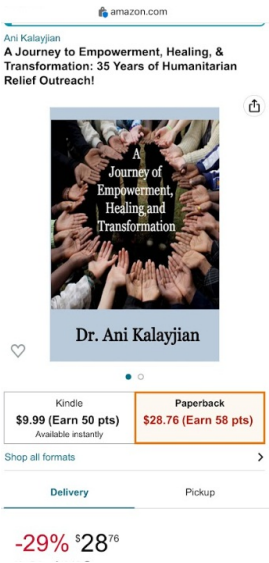
Where: [info@meaningfulworld.com](mailto:info@meaningfulworld.com) for zoom link

[RSVP Here](#)

Meet Up Zoom Yoga & Soul Surfing with Dr. Ani  
ATOP MeaningfulWorld offers yoga and meditation during these times of panic and unrest.  
Join us every Tuesday & Friday at 10:00 AM EST on Zoom, by appointment.

[RSVP Here](#)

[More Information](#)



COFFEE TABLE BOOK RELEASE

A review from David Dawud said: “I love your writings in the coffee table book. I’m reading a poem everyday, and traveling to a new country with beautiful photos of your humanitarian volunteer service. You make me think, reflect, release and it helps me clear my thoughts.”

[Click HERE for the link](#)





# MeaningfulWorld invites you to share your love!



## REUSABLE CANVAS BAGS

Let's reduce the use of plastic and raise money for those in need! We want to continue to help launch a suicide lifeline in Armenia, educate others on emotional intelligence, and deploy our teams for humanitarian relief missions! There are 4 different colors to choose from! Buy a reusable bag and help us help others!



## MEANINGFULWORLD TSHIRTS

Show off your MeaningfulWorld spirit by wearing our newly designed t-shirts! You can choose from a range of colors and styles! Show off your MeaningfulWorld pride while simultaneously helping others! Proceeds will help us help others!

Reusable Canvas Bags

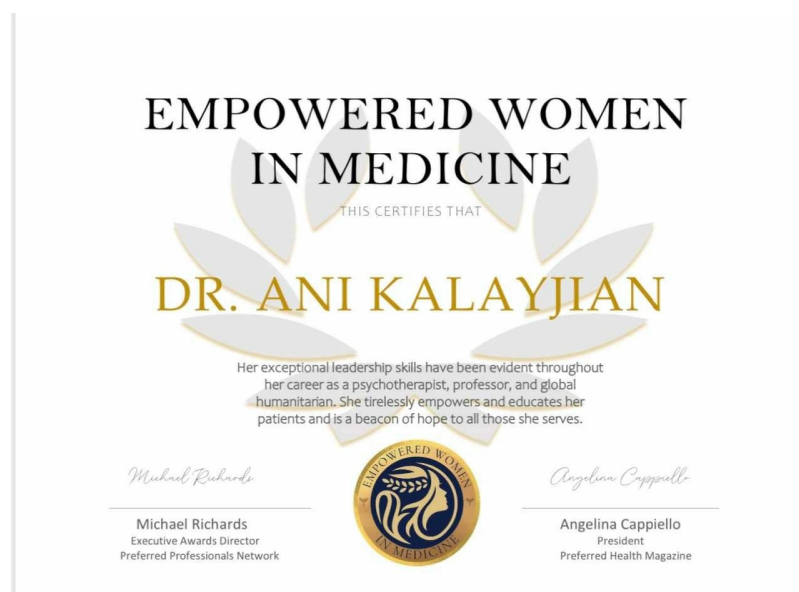
T-Shirt Sale



### Awards

2024 Lifetime Achievement Award in the Field of Psychology, presented to Dr. Ani Kalayjian for her exemplary dedication and leadership in trauma psychology, as well as her impactful global humanitarian efforts, transforming lives through healing and education worldwide.





**Empowered Women in Medicine Award, given to Dr. Ani Kalayjian, for her exceptional leadership and dedication as a psychotherapist, professor, and global humanitarian.**



**Successful Past Events**

**Meaningful World participated in the William Paterson University Exhibit: Surviving the Ottoman Turkish Genocide of the Armenians, which runs from August 2024 to May 2025. On 12 November, we joined the powerful panel discussion Transforming Victimhood to Victorhood: Resilience & Post-Traumatic Growth with Dr. Kalayjian, exploring resilience and the journey from trauma to growth.**





On 2 November 2024 MeaningfulWorld ATOP had organized a symposium on AI & EI: Challenges to global outreach In Armenia, Guatemala, Uganda and Palestine at St Francis College in Brooklyn, New York!

Summary

# MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian

Hybrid Workshop, Saturday, 26 October 2024

## Disaster Relief & Mindfulness

Disaster Relief, Rehabilitation, Mindfulness, & Empathy

Facilitator: Dr. Ani Kalayjian, Founder - ATOP Meaningfulworld

Visionary Speaker: Beej Christie Karpen, Mindfulness-Based Transformational Coaching

**HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?**

Attend this program & become a Meaningful World Ambassador for Humanitarian Relief & Peace-Building

Program focus:

- Understand the impact of disaster on survivors: children, adults, families, & communities
- Identify the interventions for rehabilitation, recovery, healing, & integration
- Mentor, empower, & support professionals & the next generation
- Empower self through Mind-Body-Eco-Spirit for health & peace-making
- Disseminate global tool, 7-Step Integrative Healing Model (Biopsychosocial and Eco-Spiritual Model)
- Describe and practice mindfulness meditation
- Describe and list stages of disaster relief

This workshop is recommended for those seeking a greater understanding of emotional management, lessons learned, transforming vicarious trauma and Horizontal Violence, peace building, meaning-making and transcendence. This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

RSVP to: [EdCoordinator@Meaningfulworld.com](mailto:EdCoordinator@Meaningfulworld.com)

Phone: 201-941-2266

DATE: Saturday, 26 October 2024

TIME: 10:00 AM - 3:30 PM

10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker Presentation and Discussion

1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation.

FEES: Online Participants via Zoom: \$40

FEES (In-Person): Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a group will receive 20% off

Includes: Bach/Flower remedies, pre-post test, collective gratitude

Register early as space in this workshop is limited!

\* Pay online securely at: <http://meaningfulworld.com/getinvolved/donation>

\*ALL FEES INCREASE \$10 after 19 October so make your payment early!

Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Mental Health Counseling, Creative Arts Therapy, Music Therapy and Psychoanalysis

When one helps another, BOTH become stronger

26 October 2024 Disaster Relief & Mindfulness, Hybrid Workshop  
Facilitator: Dr. Ani Kalayjian, Founder, ATOP Meaningfulworld  
Visionary Speaker: Beej Christie Karpen, Mindfulness-Based Transformational Coaching





**Day of Peace. End Wars through EQ, Empathy and NVC on 21 September at Strawberry Fields in Central Park NYC 3pm-5pm**  
**Cochairs: Dr. Ani Kalayjian & Andrew Dolinar.**



**18 June – 1 July 2024 Meaningfulworld Humanitarian Mission to Uganda. Our teams worked with 500 people directly and 7+ million indirectly, transforming lives, planting trees, sponsoring girl children's tuitions, and uplifting communities at large!**


**Summary**



MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian



Thursday, 6 June 2024 5-7pm at UN Interfaith Chapel

Partnering for SDGs:  
Mind-Body-Eco-Spirit Integrative Healing

Sustainable Developmental Goals: #3 #4 #5 #8 #10 #11 #16 #17

Chairpersons: Dr. Ani Kalayjian & Andrew Dolinar

Invocation: Mr. Eric Shōkei Manigian, M.Div. Union Theology Seminary

Faculty:

Dr. Douglas Scherer, Columbia University, Mindfulness

Dr. Lorne Schussel, Columbia University, Contemplative Practices in Human Connectivity

Dr. Mitchell Saskin, Columbia University, Integration of Spiritual Meditation

Dr. Ruth Rosenbaum, TC Columbia University, Tibetan Buddhist Philosophy and Psychology

Mr. David Babigian & Ms. Terri Lao, ATOP MeaningfulWorld, 7-Step Integrative Healing Model

29th Annual Kriegar Contest on Genocide Prevention

High School Winners: Yeva Grigoryan (USA), Vladimir Mkrтчian (USA), Diana Antonyan (Armenia)

College Winners: Ezgi Gülistan Gül (Armenia-Germany), Shushan Barseghyan (Armenia)

Culture of peace is achieved through integration of mind, body, ecology, and spirit. This program focuses on integrative and holistic approaches to healing. Multidisciplinary, rights-based, gender-sensitive, and ecological approaches will be shared to address inequalities and good health for humans and all living things. Our aim is to empower individuals to achieve greater health, resilience, and inner peace - even in times of crisis. Join us as we explore transformative practices that unite mind, body, ecology, and spirit. We support, educate, and disseminate the Sustainable Development Goals to foster a healthier, peaceful, and sustainable world.

2024 MeaningfulWorld Ambassadors for Humanitarian Relief and Peace Building  
Graduation ceremony

Graduating Class: David Babigian, David Kryzhanovskiy, and Terri Lao

When one helps another, BOTH become stronger!

Location: 777 United Nations Plaza, New York, NY 10017 (44 St Corner and 1st Ave, NYC)

RSVP Required:  
info@meaningfulworld.com  
www.meaningfulworld.com

Co-sponsors: ATOP Meaningfulworld, AGBU, Armenia Bar Association, & ACRPC

Cosponsoring Healers: Next Step Strategies LLC, Stella Badalyan (Breath Work), Dr. Rosenbaum, Kathleen Booker (Jedi of Calm), & Sarkis Chuldjian (Hypnosis)

Partnering for SDG's: Mind-Body-Eco Spirit Integrative Healing  
Thursday, 6 June 2024, 5:00  
Graduating class: David Babigian, David Kryzhanovskiy, & Terri Lao

Event Summary


Winners of Essay Contest

Graduates

MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION


with Dr. Ani Kalayjian



Hybrid Workshop, Saturday, 18 May 2024

Mindful Leadership & Forgiveness

Conscientious Leadership, Forgiveness, MeaningfulWorld View, Logotherapy




Facilitator: Dr. Ani Kalayjian, Founder — ATOP Meaningfulworld

Visionary Speaker: Deanna Danielian, LMFT, Somatic Experiencing Practitioner

HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?

Attend this program & become a Meaningful World Ambassador for Humanitarian Relief & Peace-Building



Program Focus:

- \* Review the importance of service
- \* Learn to integrate mind-body-spirit-soul-environment connection
- \* Learn the 5 shadows impacting us negatively and 5 pillars of service
- \* List & describe 12 steps of mindful leadership
- \* Integrate benefits of forgiveness while shedding light on myths of forgiveness
- \* Practice forgiveness and forgiveness meditation and learn about religions and forgiveness
- \* Learn healthy patterns of connecting with ourselves, the world, those we serve, and the universe
- \* Includes didactic presentation of theory, method, research, and techniques

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RSVP to: [EdCoordinator@Meaningfulworld.com](mailto:EdCoordinator@Meaningfulworld.com)

Phone: 201-941-2266

DATE: Saturday, 18 May 2024

TIME: 10:00 AM - 3:30 PM

10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker Presentation and Discussion

1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation.

FEES: Online Participants via Zoom: \$40

FEES (In-Person): Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a group will receive 20% off

Includes: Bach/Flower remedies, pre-post test, collective gratitude

Register early as space in this workshop is limited!

\* Pay online securely at: [http://meaningfulworld.com/get\\_involved/donation](http://meaningfulworld.com/get_involved/donation)

\* ALL FEES INCREASE \$10 after 11 May so make your payment early!

Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Mental Health Counseling, Creative Arts Therapy, Music Therapy and Psychoanalysis

When one helps another, BOTH become stronger

18 May 2024 Mindful Leadership & Forgiveness, Hybrid Workshop  
Facilitator: Dr. Ani Kalayjian, Founder, ATOP Meaningfulworld



Visionary Speaker: Deanna Danielian, LMFT, Somatic Experiencing Practic  
Dr. Douglas Scherer



Humanitarian Mission to Armenia returns with great success

Summary



MeaningfulWorld’s Humanitarian Relief Post Azeri Ethnic Cleansing in Nagorno-Karabakh,  
Armenia Film!

Watch Film Here!





Meaningful World ATOP 2023-2024  
Intern Call

# Part-Time INTERNS NEEDED!

“MEANINGFULWORLD'S GOAL IS TO PREPARE A GENERATION OF CONSCIENTIOUS INDIVIDUALS WHO ARE GUIDED BY LOVE, PEACE, PASSION, JUSTICE, AND MEANING”

Looking for experience in research? UN? humanitarian work? Fundraising? Social Media? Only 4-5 hours a week!

Be part of an innovative team of change makers who foster a meaningful, peaceful, and just world in which every individual enjoys physical, mental, social, economic, ecological, and spiritual health!






Scan this code to open our page and see available positions !

For more information, visit [meaningfulworld.com](http://meaningfulworld.com)

## INTERN CALL: PART TIME INTERNS NEEDED

Looking for experience in research? UN? Humanitarian Work? Fundraising? Social Media? Only 4-5 hours a week!  
Be the change you want to see in the world!

[More Information](#)



## ATOP Latest Publishing

1. Kshtriya, S., Kalayjian, A., Lowe, S. R., Diakonova-Curtis, D., Toussaint, L. (2022). Exploring the Association between Forgiveness, Meaning-Making, Post-Traumatic Stress Symptoms: The Case of Hurricane Maria in Puerto Rico. *International Journal of Educational Research*.
2. Kalayjian, A., Huang, K., Sabbour, S., & Yasin, M. (2022). Grassroots Collaborations to

Address the Trauma of Suicide: Establishing the First Suicide Prevention Lifeline in the Republic of Armenia. *International Journal of Mental Health*.  
<https://doi.org/10.1080/00207411.2022.2983392>. View [HERE](#)  
3. Toussaint, L., Kshtriya, S., Kalayjian, A., Cameron, E., & Diakonova-Curtis, D. (2022). Christian Religious Affiliation is Associated with Less Posttraumatic Stress Symptoms Through Forgiveness but Not Search for Meaning After Hurricane Irma and Maria. American Psychological Association.



Gratitude To Our Visionary Speakers

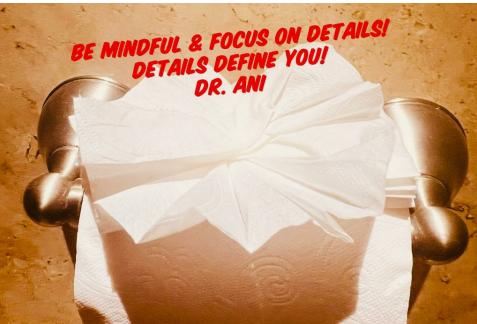
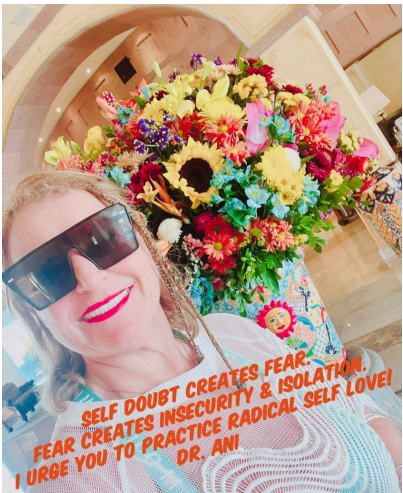
Lo Anne Mayer, Alexis Brink, Dr. Yolanda Hancock, Dr. Douglas Scherer, Laurie Schwartz, Dr. Linda Marsanico, Nupur Kothari, Paul Jaffe, Simone Coonrod, Linda Turner, Erica Rodriguez, Arthur Jaffe, Christina Nunez Gomes, Cristina Como, Mark Ackerman, Marianne Gunther, Ron Friedman, Kathleen Booker, Lata Cheri-Kennedy, Anisa Keith, Dr. Deborah Barbieri, & Ali Fischer

Gratitude To Our Donors

Anonymous; Armenian Constitutional Rights Protective Center; Armenian General Benevolent Union of America; Kari Akgulian; Dr. Maggie Avedissian; Lola Aznavur; Vanessa Billups; Ara & Joyce Boghosian; Dr. Garen & Diana Boghosian; Zarmine & Missak Boghosian; Mark Chenian; Jacob Yahiayan; Suzanne Crespo; David Dawud; Dr. Dominique

Eugene; FesFlowers.com; Mary Ryan Garcia; Taleen Gergerian; Randolph Giudice; Anisa Goz; Dr. Andrew Hahn; Dr. Noyemi Isnar; Art Jaffe; Dr. Marianne Jeffreys; Dr. Ani Kalayjian; Nayri Kalayjian; Dr. Mallika Kamana; Jackie Kazarian; Sylia Koroglu; Betty Labine; Carol Lachman; The Life Centered Therapy Training Institute; Long Island Psychological Consulting (Dr. Roy Aranda); Eric Manigian; Talin Manukian; Janet Marcarian; Yeran Marcoosi; Linda Marsanico; Jinnie & Chuck McCormick; Siroun Terzian Meguerditchian; Alice Movsesian; Ray Paloutzian; Dr. Sreeram Parupudi; Kailash Peri; Psychology Coalition at United Nations; Supriya Reddy; Betty Anne Rougier; Margie Satian; Lisa Schiller; Dr. Geetha Seerangan; Ilene Serlin; Lorraine Simmons; Deborah Stiles; Karri Swathi; Prof. Harold Takooshian; Irene Tananyan; Randal E Tellalian; Suresh Tipimeni; Natalia Tomassini; Lynne Tracey; Carla Tufenkdjian; Kevork Ucaryan; Kiranmai Valluri; Tanya & Siroun Vartanian; Sree Venuthurupalli; P. Vinaya; Marian Weisberg; & Rita Zoroghlian.

This QR Code is for donating to our various fundraising efforts and workshops. Please, help us to help others around the world by donating [HERE](#).



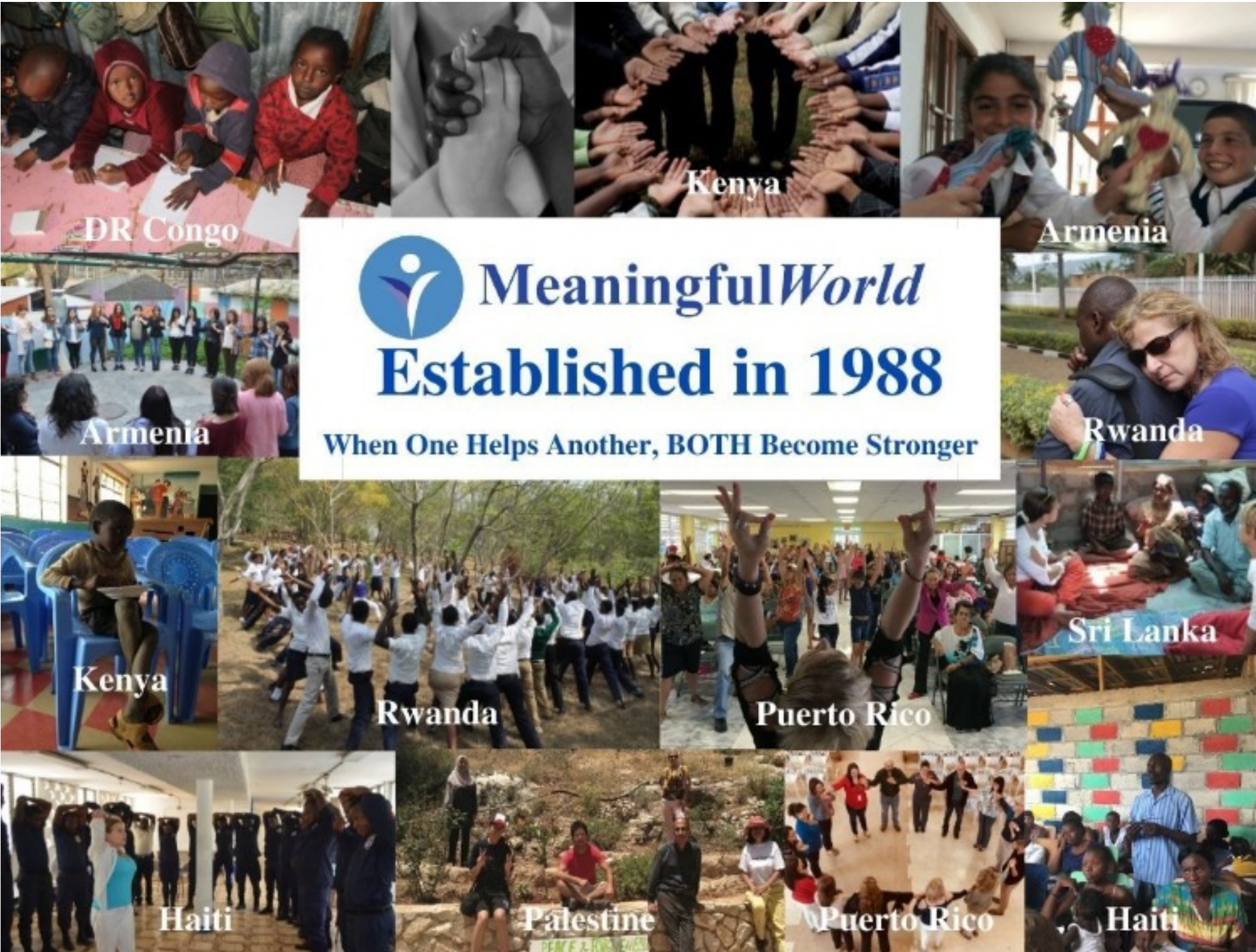
ATTENTION: Additional Media



- ~2024 Humanitarian Mission to Armenia. VIEW IT [HERE](#)
- ~ MeaningfulWorld UN International Day of Peace. VIEW IT [HERE](#)
- ~ Suicide awareness & prevention Dr. Ani interviewed by Carl Birman. VIEW IT [HERE](#)
- ~ WUFUNIF President Liliana Bucur Cress interviewed Dr. Kalayjian, President ATOP MeaningfulWorld. VIEW IT [HERE](#)
- ~February 2024: Intern Introductions from David Babigian and Terri Lao. View it [HERE](#)
- ~March 2023: Gender Equity. Transforming Gender Stereotypes. View it [HERE](#)
- ~March 2023: 12th Annual Mentoring Forum at Fordham University. View it [HERE](#)
- ~February 2023: Photography Exhibit Opening Ceremony. View it [HERE](#)
- ~January 2023: MLK Day poem by Dr. Ani:  
  
*I have a dream*  
*Dr. Kalayjian*  
  
*Martin Luther King, Jr., you were the youngest man to have received the Nobel Peace Prize.*  
*You were the King, but you led the people humbly;*  
*You were the King, using your peaceful leadership to actualize your dreams.*  
*You had a dream, your dream inspired us all.*  
*Unfortunately, 60 years later, we are still dreaming with the hopes that “Justice will roll down like water;” and we will live in harmony.*  
*You defined peaceful resistance,*  
*You were the colossal of the civil rights movement.*  
*You motivated thousands to stand with you,*  
*In peace & justice, with faith and love!*
- ~January 2023: Poem by Dr. Ani:  
*Thrust forward! Enjoying the lessons from the past. Release the negative, imagine they are clouds, let the tears clear your view, as you are now the best version of yourself!*
- ~January 2023: Forget Me Not by Dr. Ani Kalayjian - book review & Lachin corridor humanitarian crisis. View it [HERE](#)
- ~January 2023: Dr. Ani Kalayjian wrote a beautiful poem for the start of the New Year. View it [HERE](#)
- ~July 2022: Humanitarian Outreach Mission to Guatemala, video by Lorraine Simmons. View it [HERE](#)
- ~9 November 2022: Belle Unobe and Kristina Khrimian discussing the objectives and activities of MeaningfulWorld's Genocide Prevention Committee. View it [HERE](#)
- ~9 November 2022: Shubhrata Shukla interviewing Dr. Ani Kalayjian on her experiences with trauma and healing. View it [HERE](#)
- ~9 November 2022: Kristina Khrimian and Rishi Guntur bringing awareness on the topic of suicide. View it [HERE](#)
- ~September 2022: Dr. Ani Kalayjian, President, MeaningfulWorld & Marietta Khurshudyan, Psychologist discuss: Anger Management: In Armenia Nurturing Emotional Intelligence. View it [HERE](#)
- ~September 2022: Dr. Ani Kalayjian and Marietta Khursduhyan have an informative conversation about Horizontal Violence in Armenia. View it [HERE](#)
- ~2 May 2022: Dr. Ani Kalyajian, Lorraine Simmons, and Andrew Dolinar spoke about Self Care and Peace Building: Healing the Self, Mother Nature, and the World. View it [HERE](#)
- ~25 April 2022: Dr. Ani Kalayjian was interviewed by freelance writer Chelsea Greenwood about the effectiveness of EMDR treatment.
- ~13 April 2022: Dr. Ani Kalayjian and Outreach Coordinator Paige McDonald met for part two of their discussion on Horizontal Violence. View it [HERE](#)
- ~30 March 2022: Dr. Ani Kalayjian and Outreach Coordinator Paige McDonald met for a series of Instagram Lives to discuss Horizontal Violence. View part one [HERE](#)
- ~24 March 2022: Interns Nola Sheehan and Alyssa Curcio spoke together about empathy and what it means. View the video [HERE](#)
- ~ 15 March 2022: Dr. Ani Kalayjian sat down and spoke with intern Will Robbins about SAD. View the video [HERE](#)
- ~2020 Dignity Workshop 27.2: Message tot he World from Dr. Ani Kalayjian. View it [HERE](#)







MeaningfulWorld

Established in 1988

When One Helps Another, BOTH Become Stronger

