



Association for Trauma Outreach and Prevention (ATOP)

Bulletin, September 2025

Upcoming Events

Stand Up For Peace

**UNITED NATIONS
INTERNATIONAL DAY OF PEACE!
MEANINGFULWORLD**

International Day of Peace is observed annually on 21 September, It is a day dedicated to promoting global peace and non-violence among nations and individuals. ATOP MeaningfulWorld is committed to peace and will celebrate International Day of Peace.

Donate Here



Learn More






MEANINGFULWORLD
CELEBRATES



UNITED NATIONS INTERNATIONAL DAY OF PEACE 2025

Join us to
#STANDUP4PEACE

 Sunday, 21 September 2025

 11:00 am – 12:00 pm EST

Hybrid Yoga and Soul-Surfing Class
Optional Group Hike afterward (weather permitting)

 Celebrating Dr. Ani's Birthday, healthy snacks, & social media coverage

DONATION: \$15

<https://meaningfulworld.com/get-involved/donation>

Location: Bergen County, NJ

Email: info@meaningfulworld.com
www.meaningfulworld.com



MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian



Zoom Workshop, Saturday, 27 September 2025



Self-Care & Mindfulness

EQ, Preventing Vicarious Trauma & Post-Traumatic Growth



Facilitator: Dr. Ani Kalayjian, Founder — ATOP Meaningfulworld
Visionary Speaker: Sarkis Chuldjian, MDT, CCHt, Hypnotherapy
HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?
Attend this program & become a Meaningful World Ambassador
for Humanitarian Relief & Peace-Building

Program focus:

- Complete pre-workshop & post-workshop questionnaires
- Identify the importance of self-care
- Identify the impact of, kinds, and other variables of trauma
- Review theorists: Erickson, Sullivan, Kohlberg, Freud, Frankl, & Ruiz
- Learn about United Nation's Sustainable Development Goals
- Identify interventions for recovery, healing, & integration
- Connect & empower self through Mind-Body-Eco-Spirit
- Learn ways to nurture Emotional Intelligence (EQ)
- Learn Emotional Genograms to understand family dynamics & generational transmissions
- Learn techniques of mindful meditation
- Includes didactic presentation of theory, method, research, and techniques

This workshop is recommended for those seeking a greater understanding of emotional management, lessons learned, transforming vicarious trauma and Horizontal Violence, peace building, meaning-making and transcendence.
This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

RSVP to: EdCoordinator@Meaningfulworld.com

Phone: 201-941-2266

DATE: Saturday, 27 September 2025

TIME: 10:00 AM - 3:30 PM

10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker
Presentation and Discussion

1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises,
Experiential Healing Session and Meditation.

FEES: Online Participants via Zoom: \$50

FEES (In-Person): Full (\$125), Graduate students or retired (\$75),
Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a
group will receive 20% off

Includes: Bach/Flower remedies, pre-post test,
collective gratitude

Register early as space in this workshop is limited!

* Pay online securely at:

<http://meaningfulworld.com/get-involved/donation>

*ALL FEES INCREASE \$10 after 20 September
so make your payment early!

Receive Continuing Education Credits for the
following professions: Marriage & Family
Therapy, Mental Health Counseling, Creative Arts
Therapy, Music Therapy and Psychoanalysis

When one helps another, BOTH become stronger



**Sunday 21 September 2025, International Day of Peace
2025 Theme: Act Now for a Peaceful World**

[Learn More Here](#)

[See Past Events](#)

**Sunday 21 September 2025, #STANDUP4PEACE Hybrid Yoga & Soul-Surfing
Class with Dr. Kalayjian. Wear comfortable clothes to stretch.
After class with Dr. Kalayjian, celebrating her birthday and Independence of
Armenia**

[Donate Here](#)

**Saturday 27 September 2025, Self-Care & Mindfulness Hybrid Workshop
Faculty, Dr. Kalayjian, Visionary Speaker Sarkis Chuldjian, Hypnotherapy
Must register by 20 September**

[Register Here](#)

[Donate Here](#)

September is Suicide Prevention Awareness Month

According to the United Nations WHO more than 720,000 people die due to suicide every year. More than 50% of these are younger than 50 years of age.


[Click Here](#)






MeaningfulWorld Ambassador for Humanitarian Relief & Peace Building


2025 Graduating Class





Carmen M. Velez

"When one helps another, both become stronger." These words defined my experience with ATOP MeaningfulWorld. The program taught me that service is not only about offering support, but about building strength through connection, empathy and purpose. What stays with me most is the experience of being surrounded by a community rooted in compassion, healthier habits and a deeper sense of responsibility to help build peace and dignity in a world that truly needs it.



www.MeaningfulWorld.com

Meet MeaningfulWorld's New Interns

Narod Taslakdjian, Fundraising & Outreach Intern

Narod is an undergraduate at the University of Toronto double-majoring in Psychology and Nutritional Sciences. Her interests center on child and adolescent mental health, eating disorders, and trauma-informed care. She is certified by the Canadian Red Cross in Psychological First Aid (Self-Care and Caring for Others). On campus, Narod mentors students registered with Accessibility Services. Beyond campus, she volunteers as a frontline crisis responder with Kids Help Phone’s national text/chat line, providing immediate support to youth across Canada. She has also tutored Syrian refugees in Lebanon. At SickKids, Narod gained experience in the SCAN (Suspected Child Abuse and Neglect) program, where she learned the importance of trauma-informed care and sensitivity when supporting vulnerable children and families. As Director of Philanthropy for Kappa Kappa Gamma, she has organized fundraisers for

youth mental health initiatives.

Lida Asilyan, M.Ed. Grant Coordinator and Research Assistant

Lida Asilyan is an early-career education professional from Ijevan, Armenia, with experience in education coordination, oral history research, and human rights documentation. In 2025 she completed her master’s degree in education policy and analysis at the Harvard Graduate School of Education, where she focused on global and comparative education and examined how education systems can respond to trauma, conflict, and displacement. Lida has worked with the U.S. State Department-funded programs supporting students from Armenia’s border regions, contributed to documentation efforts with the Center for Truth and Justice and the University Network for Human Rights, and collaborated with the Rerooted Archive on oral history preservation. These experiences have shaped her commitment to rethinking how history education in Armenia can support identity development, critical thinking, and collective healing. At ATOP MeaningfulWorld, Lida serves as Grant Coordinator and Research Assistant, where she supports fundraising efforts, contributes to peace and healing-focused research, and assists in proposal writing and program development. She is also engaged in a short-term initiative with the Information Systems Agency of Armenia, helping launch an education policy blog and Community of Practice that connects local and diaspora experts. Outside of her work, Lida enjoys hiking, photography, and writing – creative outlets that help her process and reflect. She continues to explore her next steps in both research and practice, with the longer-term goal of contributing to education reform in Armenia.

Learn More About Our Team

Celebrating our 2025 Graduates of Meaningful World Global Humanitarian Ambassador Carmen Velez!

More Information

MeaningfulWorld Ambassador for Humanitarian Relief & Peace Building

2025 Graduating Class





Diana Shipman

I really enjoyed being apart of MeaningfulWorld. It has given me a greater understanding of how empathy is healing. Lessons on trauma, healing, listening and forgiveness has given me a better understanding of myself, my family & my friends. Moving forward I plan to be able to share this experience with others.

www.MeaningfulWorld.com



Celebrating our 2025 Graduates of Meaningful World Global Humanitarian Ambassador Diana Shipman!

More Information

MeaningfulWorld Ambassador for Humanitarian Relief & Peace Building

2025 Graduating Class





Sena Ummak, B.A.

Working with MeaningfulWorld has been an extremely fulfilling experience. This internship has provided me a unique opportunity to make lasting positive impacts on communities in need. In less than 1 year I have learned how to select & research grants, presented at national conferences, contributed to writing a research paper, and acquired leadership skills as an outreach coordinator. Joining ATOP Meaningfulworld has taught me many skills I never knew I could achieve in a single internship experience.

www.MeaningfulWorld.com



Celebrating our 2025 Graduates of Meaningful World Global Humanitarian Ambassador Sena Unmak!

More Information

MeaningfulWorld Ambassador for Humanitarian Relief & Peace Building

2025 Graduating Class





Sharon E. Feldeine


I am really appreciative for MeaningfulWorld, Dr. Ani Kalayjian and all the lessons I am learning to implement in my own life for personal healing & growth. I've learned more about empathy and how it's so important to listen. We have all experienced some sort of trauma in our lives and I am glad to be an Ambassador for such an organization where I can help others heal via my own life experiences.


www.MeaningfulWorld.com



Celebrating our 2025 Graduates of Meaningful World Global Humanitarian Ambassador Sharon E. Feldeine!


More Information

MeaningfulWorld Ambassador for Humanitarian Relief & Peace Building
2025 Graduating Class




Paulina Sipilian

As the Education Coordinator at MeaningfulWorld & Fellow at the United Nations, I engage in comprehensive literature reviews and collaborate on research projects with a dedicated team. My role involves attending weekly meetings at the UN, where I work closely with colleagues to plan and develop forthcoming initiatives, gaining valuable insights into policy development processes. Additionally, I coordinate and moderate meetings, workshops, and various educational events, fostering a collaborative environment to promote learning, healing, and transformation.



www.MeaningfulWorld.com

Celebrating our 2025 Graduates of Meaningful World Global Humanitarian Ambassador Paulina Sipilian!

More Information



Feed, Heal, & Teach Children in the Slums of Uganda

More Information

GOFUNDME Link



Partnering to offer free Transcendental Meditation for mothers in the Slums of Uganda

More Information



Weekly Meetings

Free Weekly Support Groups

Managing stress, anxiety, fear, and uncertainty in times of global crises

When: Every Thursday

Time: 12:00 - 1:00 PM (EST)

Where: info@meaningfulworld.com for zoom link

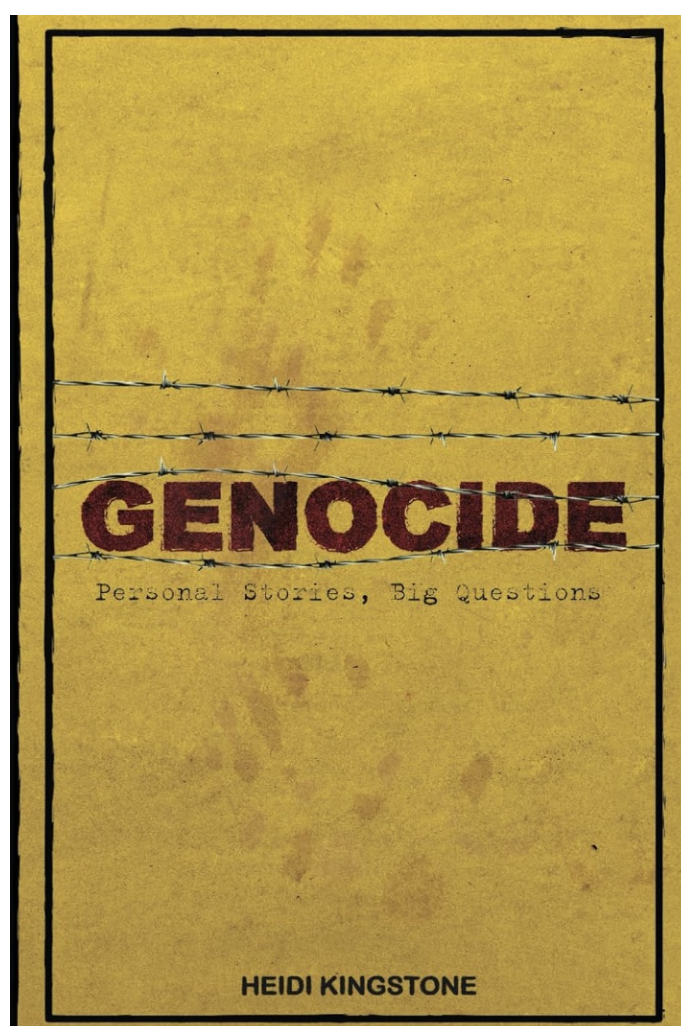
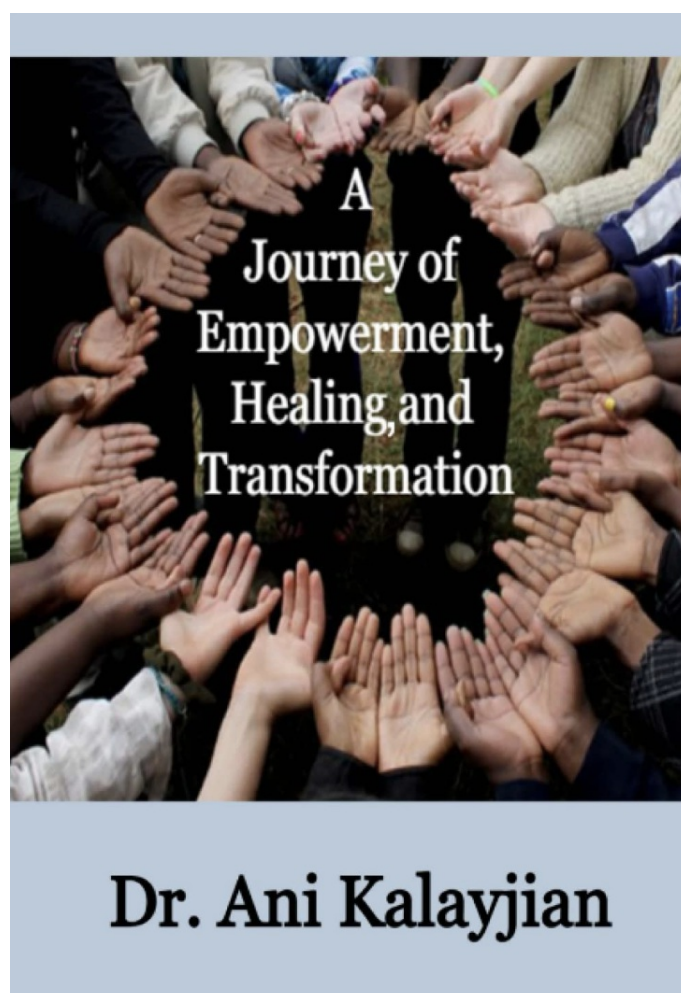
RSVP Here

Meet Up Zoom Yoga & Soul Surfing with Dr. Ani

ATOP MeaningfulWorld offers yoga and meditation during these times of panic and unrest.

Join us every Tuesday & Friday at 10:00 AM EST on Zoom, by appointment.

RSVP Here



COFFEE TABLE BOOK RELEASE

A Journey to Empowerment, Healing, & Transformation: 35 Years of Humanitarian Relief Outreach

By: Dr. Ani Kalayjian

A review from David Dawud said: “I love your writings in the coffee table book. I’m reading a poem everyday, and traveling to a new country with beautiful photos of your humanitarian volunteer service. You make me think, reflect, release and it helps me clear my thoughts.”

Click [HERE](#) for the link

Genocide: Personal Stories, Big Questions
By: Heidi Kingstone

This book chronicles 20th and 21st-century genocide, which remains one of the most pressing topics today. To further her exploration of one of the worst human rights crimes, she has asked several experts, journalists, scholars, health care professionals, to answer 10 questions.



The A Train to Sedona - From Victim to Survivor. ATOP MeaningfulWorld President Dr. Ani Kalayian's interview for TalkRadioNYC.

[Click HERE for the link](#)



Global Firearm Violence - An Integrative Review

[More Information](#)



MeaningfulWorld invites you to share your love!



REUSABLE CANVAS BAGS

Let's reduce the use of plastic and raise money for those in need! We want to continue to help launch a suicide lifeline in Armenia, educate others on emotional intelligence, and deploy our teams for humanitarian relief missions! There are 4 different colors to choose from! Buy a reusable bag and help us help others!



MEANINGFULWORLD TSHIRTS

Show off your MeaningfulWorld spirit by wearing our newly designed t-shirts! You can choose from a range of colors and styles! Show off your MeaningfulWorld pride while simultaneously helping others! Proceeds will help us help others!

Reusable Canvas Bags

T-Shirt Sale



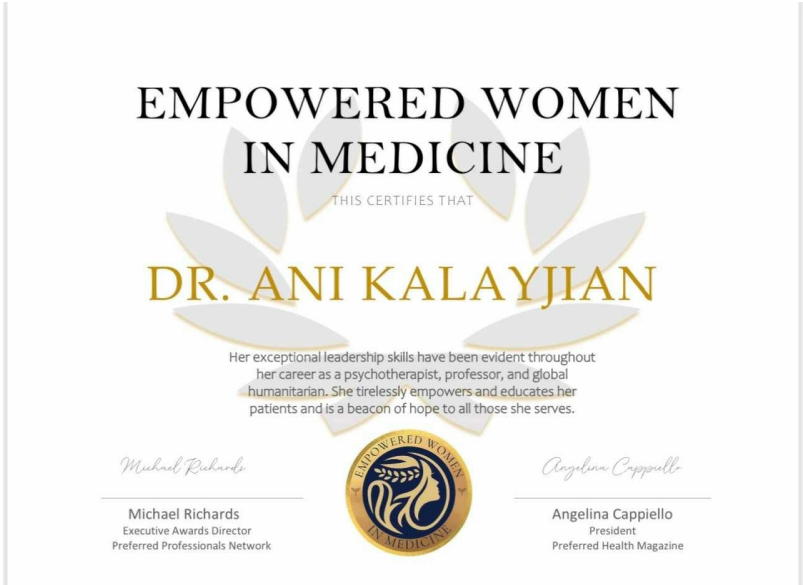
Awards

MeaningfulWorld ATOP founder Dr. Ani Kalayjian was awarded the 2025 R. Louise McManus Medal by NEAA, created by Teachers College, Columbia University

Watch the Video



2024 Lifetime Achievement Award in the Field of Psychology, presented to Dr. Ani Kalayjian for her exemplary dedication and leadership in trauma psychology, as well as her impactful global humanitarian efforts, transforming lives through healing and education worldwide.



Empowered Women in Medicine Award, given to Dr. Ani Kalayjian, for her exceptional leadership and dedication as a psychotherapist, professor, and global humanitarian.



Spotlight on Ani Kalayjian, Teachers College Columbia University Courier

More Information



Successful Past Events

27 June 2025, AAMHA Conference, Partnership Amongst Armenian Organizations

Summary

5 June 2025, Partnering for SDGs: Human Rights & Emotional Intelligence (EI): Healing Humanity

Summary

Photo Gallery

MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian



Hybrid Workshop, Saturday, 17 May 2025



Mindful Leadership & Forgiveness

Conscientious Leadership, Forgiveness, MeaningfulWorld View, Logotherapy

Facilitator: Dr. Ani Kalayjian, Founder — ATOP Meaningfulworld

Visionary Speaker: Laura Cerrano, Feng Shui



HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?

Attend this program & become a Meaningful World Ambassador for Humanitarian Relief & Peace-Building



Program Focus:

- * Review the importance of service
- * Learn to integrate mind-body-spirit-soul-environment connection
- * Learn the 5 shadows impacting us negatively and 5 pillars of service
- * List & describe 12 steps of mindful leadership
- * Integrate benefits of forgiveness while shedding light on myths of forgiveness
- * Practice forgiveness and forgiveness meditation and learn about religions and forgiveness
- * Learn healthy patterns of connecting with ourselves, the world, those we serve, and the universe
- * Includes didactic presentation of theory, method, research, and techniques

This workshop is recommended for those seeking a greater understanding of emotional management, lessons learned, transforming vicarious trauma and Horizontal Violence, peace building, meaning-making and transcendence.

This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

For details to participate, contact: EdCoordinator@meaningfulworld.com

RSVP to: EdCoordinator@Meaningfulworld.com

Phone: 201-941-2266

DATE: Saturday, 17 May 2025

TIME: 10:00 AM - 3:30 PM

10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker Presentation and Discussion

1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation.

FEES: Online Participants via Zoom: \$50

FEES (In-Person): Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a group will receive 20% off

Includes: Bach/Flower remedies, pre-post test, collective gratitude

Register early as space in this workshop is limited!

* Pay online securely at: http://meaningfulworld.com/get_involved/donation

* ALL FEES INCREASE \$10 after 10 May so make your payment early!

Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Mental Health Counseling, Creative Arts Therapy, Music Therapy and Psychoanalysis

When one helps another, BOTH become stronger

17 May 2025, Mindful Leadership & Forgiveness, Hybrid Workshop
Facilitator: Dr. Ani Kalayjian, Founder, ATOP Meaningfulworld
Visionary Speaker: Laura Cerrano, Feng Shui

More Information

heartfulness

advancing in love

Nurturing Inner Peace and Joy

Dr. Ani Kalaijian

Author and Psychotherapist

PROGRAM FOCUS

- ✓ Empower Self and others to nurture self-love
- ✓ Forgiveness transforms Trauma
- ✓ Forgive and forgo the past memories
- ✓ Self Transcendence with forgiveness to self love to universal love
- ✓ Learn techniques of Heartfulness Meditation





Scan to Register

or

Register at nurturingpeace.eventbrite.com

DATE : May 10th

TIME : 9:00 AM TO 11:30 AM

Venue:

Heartfulness Meditation Center

45 Wycoff Mills Road, Monroe Township, NJ 08831

Dr. Kalayjian’s keynote address was received by close to a hundred people; who embraced her message with gratitude and appreciation!

More Information

MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

Genocide Prevention, upholding United Nations Human Rights Declaration and SDG's

Saturday 26 April 2025 10:00 am - 12:00 pm Fordham
12:30 pm - 3:30 pm Healing Circle and Emotional Intelligence

Sustainable Development Goals: 2, 3, 4, 5, 10, 11, 13, 16, 17

Welcome: Professor Harold Takooshian Fordham University
Moderator: Dr. Ani Kalayjian, ATOP MeaningfulWorld
Invocation: Rev. Fr. Davit Karamyan, Vicar St. Vartan Cathedral, Diocese, Armenian Church of America-Eastern
Faculty: Consolée Nishimwe, Rwandan Genocide Survivor, "Healing & Transformation"
Dn. Hovhannes Khosdeghian, Diocese of the American Church of the Armenian Church of American-Eastern Stephanie Fagin-Jones, Ph.D. Columbia University, Teachers College, Heroism During the Holocaust
Film: *Genocide 2.0: Artsakh Ethnic Cleansing* - under production - is part of the *Faces of Persecution* docuseries led by *Bared Maronian* a 4-time regional Emmy Award-winning filmmaker.
Performance: Hamazkayin of NJ Nayiri Dance Ensemble, Barkev Sanossian, Choreography & Instructor
Closure: Heart-to-Heart-Circle-of-Love-and-Gratitude

The United Nations Convention defines genocide as any of five "acts committed with intent to destroy, in whole or in part, a national, ethnical, racial or religious group." These five acts include killing members of the group, causing them serious bodily or mental harm, imposing living conditions intended to destroy the group, preventing births, and forcibly transferring children out of the group.
9th December: International Day Commemoration and Dignity of the Victims of the Crime of Genocide and the Prevention of this Crime.

When one helps another, BOTH become stronger!

DATE: Saturday, 26 April 2025
Fordham University at Lincoln Center
113 W 60th St, New York SL-11 (1st Floor)
Info@meaningfulworld.com
Dr. Kalayjian, 201-723-9578
Prof. Takooshian, Takoosh@aol.com

www.meaningfulworld.com

Cosponsors: Association for Trauma Outreach & Prevention (ATOP) Meaningfulworld, ACRPC, ABSA, AGBU, & Fordham University

26 April 2025 Genocide Prevention, upholding United Nations Human Rights Declaration and SDG's
Welcome: Professor Harold Takooshian, Fordham University
Moderator: Dr. Ani Kalayjian, ATOP MeaningfulWorld

Summary

Watch the Video



On 3 May 2025, MeaningfulWorld ATOP presented a panel at the 53rd Hunter Psychology Convention

More Information

 **18th Annual Psychology Day at the United Nations**

Date: April 24, 2025
Time: 11 AM EST (4 PM GMT) - 2 PM EST (7 PM GMT)
Location: Virtual – via Zoom

For 17 years, Psychology Day has inspired action by demonstrating how psychological science can contribute to building a healthier, more peaceful, and more just world. This year, we shine a light on psychology's influence to promote global resiliency through four transformative themes:

- *Climate Change & Sustainability:* Harnessing psychology for climate action and community resilience
- *Peace & Security:* Promoting healing, conflict resolution, and peaceful societies
- *AI & Technology:* Exploring ethical and psychological implications of emerging tech
- *Silenced Voices:* Amplifying marginalized perspectives and fostering inclusive dialogue

Register Here: bit.ly/PsychDayUN2025
Or scan QR code to register
(Free and open to all – registration required)



SCAN ME

24 April 2025, 18th Annual Psychology Day at the United Nations, virtual, co-sponsored by MeaningfulWorld was a success!

More Information

14th Annual Mentoring Forum

Fri, March 28 @ 6:30 PM
Hosted by Fordham University
113 W 60 St (+9 Ave), 10th Floor

- Free Admission
- Chance to win Gift Cards

 **Network**  **Learn**  **Advance**

Connecting and Empowering Armenian Students and Professionals

The program will include a short panel on networking for employment followed by breakouts

Register at ArmenianMentors.org

Please submit questions to the panel on the website

Questions / Follow Up: info@armenianmentors.org
Raffi Jamgotchian, AESA NE - Dr. Larry Najarian, AAHPO



28 March 2025 Connecting and Empowering Armenian Students and Professionals. The 14th Annual Mentoring Forum.

More Information



**Day of Peace. End Wars through EQ, Empathy and NVC on 21 September at Strawberry Fields in Central Park NYC 3pm-5pm
Cochairs: Dr. Ani Kalayjian & Andrew Dolinar.**



18 June - 1 July 2024 Meaningfulworld Humanitarian Mission to Uganda. Our teams worked with 500 people directly and 7+ million indirectly, transforming lives, planting trees, sponsoring girl children's tuitions, and uplifting communities at large!

Summary

Summary



MeaningfulWorld’s Humanitarian Relief Post Azeri Ethnic Cleansing in Nagorno-Karabakh, Armenia Film!

Watch Film Here!

Meaningful World ATOP 2023-2024
Intern Call

**Part-Time INTERNS
NEEDED!**

“MEANINGFULWORLD'S GOAL IS
TO PREPARE A GENERATION OF
CONSCIENTIOUS INDIVIDUALS
WHO ARE GUIDED BY LOVE,
PEACE, PASSION, JUSTICE, AND
MEANING”

Looking for experience in research? UN?
humanitarian work? Fundraising? Social
Media? Only 4-5 hours a week!

Be part of an innovative
team of change makers
who foster a meaningful,
peaceful, and just world
in which every individual
enjoys physical, mental,
social, economic,
ecological, and spiritual
health!





Scan this
code to open
our page and
see available
positions !

For more information, visit meaningfulworld.com

INTERN CALL: PART TIME INTERNS NEEDED

Looking for experience in research? UN? Humanitarian Work? Fundraising?
Social Media? Only 4-5 hours a week!
Be the change you want to see in the world!

More Information



ATOP Latest Publishing

1. Kshtriya, S., Kalayjian, A., Lowe, S. R., Diakonova-Curtis, D., Toussaint, L. (2022). Exploring the Association between Forgiveness, Meaning-Making, Post-Traumatic Stress Symptoms: The Case of Hurricane Maria in Puerto Rico. *International Journal of Educational Research*.
2. Kalayjian, A., Huang, K., Sabbour, S., & Yasin, M. (2022). Grassroots Collaborations to Address the Trauma of Suicide: Establishing the First Suicide Prevention Lifeline in the Republic of Armenia. *International Journal of Mental Health*. <https://doi.org/10.1080/00207411.2022.2983392>. View [HERE](#)
3. Toussaint, L., Kshtriya, S., Kalayjian, A., Cameron, E., & Diakonova-Curtis, D. (2022). Christian Religious Affiliation is Associated with Less Posttraumatic Stress Symptoms Through Forgiveness but Not Search for Meaning After Hurricane Irma and Maria. American Psychological Association.



Gratitude To Our Visionary Speakers

Lo Anne Mayer, Alexis Brink, Dr. Yolanda Hancock, Dr. Douglas Scherer, Laurie Schwartz, Dr. Linda Marsanico, Nupur Kothari, Paul Jaffe, Simone Coonrod, Linda Turner, Erica Rodriguez, Arthur Jaffe, Christina Nunez Gomes, Cristina Como, Mark Ackerman, Marianne Gunther, Ron Friedman, Kathleen Booker, Lata Cheri-Kennedy, Anisa Keith, Dr. Deborah Barbieri, & Ali Fischer

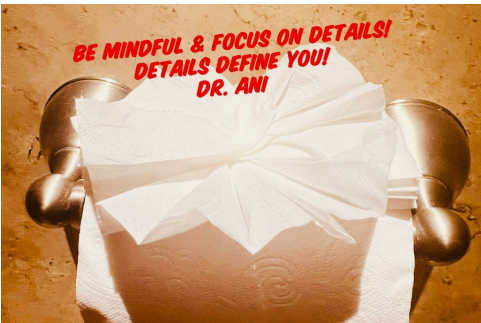
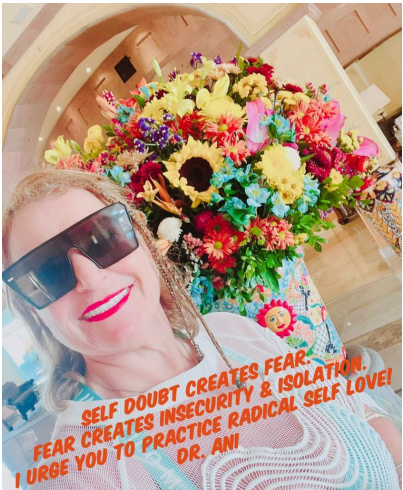
Gratitude To Our Donors

Anonymous; Armenian Constitutional Rights Protective Center; Armenian General Benevolent Union of America; Kari Akgulian; Dr. Maggie Avedissian; Lola Aznavur; Vanessa Billups; Ara & Joyce Boghosian; Dr. Garen & Diana Boghosian; Zarmine & Missak Boghosian; Mark Chenian; Jacob Yahian; Suzanne Crespo; David Dawud; Dr. Dominique Eugene; FesFlowers.com; Mary Ryan Garcia; Taleen Gergerian; Randolph Giudice; Anisa Goz; Dr. Andrew Hahn; Dr. Noyemi Isnar; Art Jaffe; Dr. Marianne Jeffreys; Dr. Ani Kalayjian; Nayri Kalayjian; Dr. Mallika Kamana; Jackie Kazarian; Sylia Koroglu; Betty Labine; Carol Lachman; The Life Centered Therapy Training Institute; Long Island Psychological Consulting (Dr. Roy Aranda); Eric Manigian; Talin Manukian; Janet Marcarian; Yeran Marcoosi; Linda Marsanico; Jinnie & Chuck McCormick; Siroun Terzian Meguerditchian; Alice Movsesian; Ray Paloutzian;

Dr. Sreeram Parupudi; Kailash Peri; Psychology Coalition at United Nations; Supriya Reddy; Betty Anne Rougier; Margie Satian; Lisa Schiller; Dr. Geetha Seerangan; Ilene Serlin; Lorraine Simmons; Deborah Stiles; Karri Swathi; Prof. Harold Takooshian; Irene Tananyan; Randal E Tellalian; Suresh Tipimeni; Natalia Tomassini; Lynne Tracey; Carla Tufenkdjian; Kevork Ucaryan; Kiranmai Valluri; Tanya & Siroun Vartanian; Sree Venuthurupalli; P. Vinaya; Marian Weisberg; & Rita Zoroghlian.

This QR Code is for donating to our various fundraising efforts and workshops. Please, help us to help others around the world by donating.

Donate Here



ATTENTION: Additional Media

~2024 Humanitarian Mission to Armenia. VIEW IT [HERE](#)

- ~ MeaningfulWorld UN International Day of Peace. VIEW IT [HERE](#)
- ~ Suicide awareness & prevention Dr. Ani interviewed by Carl Birman. VIEW IT [HERE](#)
- ~ WUFUNIF President Liliana Bucur Cress interviewed Dr. Kalayjian, President ATOP MeaningfulWorld. VIEW IT [HERE](#)
- ~February 2024: Intern Introductions from David Babigian and Terri Lao. View it [HERE](#)
- ~March 2023: Gender Equity. Transforming Gender Stereotypes. View it [HERE](#)
- ~March 2023: 12th Annual Mentoring Forum at Fordham University. View it [HERE](#)
- ~February 2023: Photography Exhibit Opening Ceremony. View it [HERE](#)
- ~January 2023: MLK Day poem by Dr. Ani:
*I have a dream
Dr. Kalayjian*

*Martin Luther King, Jr., you were the youngest man to have received the Nobel Peace Prize.
You were the King, but you led the people humbly;
You were the King, using your peaceful leadership to actualize your dreams.
You had a dream, your dream inspired us all.
Unfortunately, 60 years later, we are still dreaming with the hopes that “Justice will roll down like water;”
and we will live in harmony.
You defined peaceful resistance,
You were the colossal of the civil rights movement.
You motivated thousands to stand with you,
In peace & justice, with faith and love!*
- ~January 2023: Poem by Dr. Ani:
Thrust forward! Enjoying the lessons from the past. Release the negative, imagine they are clouds, let the tears clear your view, as you are now the best version of yourself!
- ~January 2023: Forget Me Not by Dr. Ani Kalayjian - book review & Lachin corridor humanitarian crisis. View it [HERE](#)
- ~January 2023: Dr. Ani Kalayjian wrote a beautiful poem for the start of the New Year. View it [HERE](#)
- ~July 2022: Humanitarian Outreach Mission to Guatemala, video by Lorraine Simmons. View it [HERE](#)
- ~9 November 2022: Belle Unobe and Kristina Khrimian discussing the objectives and activities of MeaningfulWorld's Genocide Prevention Committee. View it [HERE](#)
- ~9 November 2022: Shubhrata Shukla interviewing Dr. Ani Kalayjian on her experiences with trauma and healing. View it [HERE](#)
- ~9 November 2022: Kristina Khrimian and Rishi Guntur bringing awareness on the topic of suicide. View it [HERE](#)
- ~September 2022: Dr. Ani Kalayjian, President, MeaningfulWorld & Marietta Khurshudyan, Psychologist discuss: Anger Management: In Armenia Nurturing Emotional Intelligence. View it [HERE](#)
- ~September 2022: Dr. Ani Kalayjian and Marietta Khursduhyan have an informative conversation about Horizontal Violence in Armenia. View it [HERE](#)
- ~2 May 2022: Dr. Ani Kalyajian, Lorraine Simmons, and Andrew Dolinar spoke about Self Care and Peace Building: Healing the Self, Mother Nature, and the World. View it [HERE](#)
- ~25 April 2022: Dr. Ani Kalayjian was interviewed by freelance writer Chelsea Greenwood about the effectiveness of EMDR treatment.
- ~13 April 2022: Dr. Ani Kalayjian and Outreach Coordinator Paige McDonald met for part two of their discussion on Horizontal Violence. View it [HERE](#)
- ~30 March 2022: Dr. Ani Kalayjian and Outreach Coordinator Paige McDonald met for a series of Instagram Lives to discuss Horizontal Violence. View part one [HERE](#)
- ~24 March 2022: Interns Nola Sheehan and Alyssa Curcio spoke together about empathy and what it means. View the video [HERE](#)
- ~ 15 March 2022: Dr. Ani Kalayjian sat down and spoke with intern Will Robbins about SAD. View the video [HERE](#)
- ~2020 Dignity Workshop 27.2: Message tot he World from Dr. Ani Kalayjian. View it [HERE](#)



