

# Meaningful World

## The Association for Trauma Outreach and Prevention Garden Gratitude & Healing Party Saturday July 26, 2025 Pelé & Sarine

The garden was beautifully decorated with vibrant flowers, colorful lights, and cozy seating. Balloons added a playful touch, and guests walked an inviting red carpet to enter the party.

A variety of private healing sessions were offered. Our integrative healers included Tanya Vartanyan who offered crystal energy healing, Natalia Tomassini provided Reiki energetic healing, Nicki Naturals filled the air with soothing aromatherapy, and Dr. Ani Kalayjian shared calming flower essences. Each station offered 10 minutes of rest and reflection. Everyone was so kind and open to teaching about their healing practices and their benefits.



Our AGBU Summer interns shared, “The smell of the oil was so refreshing I felt my mind clear up and closed my eyes as I inhaled the aroma. Nicki was so kind and knew a lot about aromatherapy, it was a great 10 minutes spent”.



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“The crystal healing session made me feel grounded, at peace, and reconnected with myself in a way I didn’t know I needed.”

Later, everyone gathered to watch a short film documenting last year’s Humanitarian Mission to Uganda. It was a powerful reminder of the impact we’ve had and the work that still lies ahead as we prepare for our return. Our next humanitarian mission will take us to Armenia in October 2025 to support the healing of trauma from the Azeri ethnic cleansing that took place in 2023.

After the film, we gathered for a lovely feast of home cooked international food which included several appetizers, flavorful Brazilian BBQ, rice and beans, pea salad, assorted nuts and cheeses, and chilled watermelon.

We then moved outside to enjoy the beautiful weather. The sun was shining, a gentle breeze rustled through the trees, and bubbles floated through the air. The spirit was high with 50 year veteran DJ BERJ and his music that transformed all pains & discomforts & people danced the night away! Guest David Dawud said, "Even though my hip was hurting, the music was irresistible, and I surprised myself and went up and danced."

The sun was shining and a breeze was blowing through the trees in the decorated garden with scarves & shoffons. The music was so invigorating that a dance party erupted as everyone danced in a circle, and invited members to step inside the circle, and show their moves, and huge smiles on everyone’s faces arose. Just before the end, Dr. Ani was revealed as a butterfly or angel, and presented a dance with her wings that inspired all participants.

The night closed with thoughtful parting gifts: organic herbs from Dr. Kalayjian’s Peace & Forgiveness garden and handmade jewelry, a beautiful way to end a meaningful healing party.

Your continued support is appreciated immensely. Kindly share your tax-deductible offering on our website [Link to donation page](#) to continue our outreach in Armenia and Uganda, as well as to reach other countries in dire need of support such as Ethiopia, Columbia, Indonesia, and Malaysia.

