

AAMHA 2025 Conference

Healing Across Generations: Breaking the Silence on Mental Health in Armenian Families

Conference Opening Remarks by Anna Grigorian-Routon, PsyD, AAMHA President

Friday June 27thm 5:00 pm Pacific Time (Los Angeles Time)

1st Panel (Opinions on Psychology, Parental Love and Affection, Intergenerational Trauma and Somatization).

Friday June 27thm 5:15 pm – 6:15 pm, Pacific Time

- Armen Gharabetian, MA & George Gharibian, PhD – Expressions of Love in Armenian-Iranian Immigrant Families: A Cross-Cultural Examination of Parental Affection and Attachment
- Anoush Guluzian, MA & George Gharibian, PhD - Intergenerational Trauma and Somatization Symptoms: Exploring the Legacy of Historical Trauma in The Armenian-American Community
- Karolina Minasyan, Elia Kappa, and Yeva Grigoryan (Armenian Behavioral Science Students) (ABSS)- Opinions on Psychology of the Armenian Diaspora

2nd Panel (Increasing cooperation among Armenian psychology organizations):

Friday June 27thm 6:15 pm – 7:15 pm, Pacific Time

- George Gharibian, PhD, AAMHA: Armenian American Mental Health Association
- Harold Takooshian, PhD, ABSA: Armenian Behavioral Science Association
- Jane L. Mahakian, PhD, ACA: Alzheimer Care Armenian
- Nazeli Kirakosyan, MA ASRF: Armenian Spiritual Revival Foundation
- Ani Khalajian, EdD ATOP: Meaningful World
- Hrant Avanesyan, PhD, PUA: Psychologists Union of Armenia

3rd Panel (Immigration and Mental Health):

○ *Friday June 27thm 7:30 – 8:30 pm, Pacific Time*

- Shakeh Hovhannisyan, PsyD - The Acculturation and Adaptation of the Armenian Americans: Strength Based Approach
- Katia Hovsepian, MA & George Gharibian, PhD – The Psychological Impact of Forced Migration from Artsakh
- George Gharibian, PhD - Mindfulness and Acceptance Approaches in Psychotherapy for Armenian Immigrants

4th Panel (Mental Health in Armenia)

Saturday June 28th , 10:00 am – 11am, Pacific Time ; 9:00 pm -10:00 pm (21:00 - 22:00) Yerevan time

- Ani Yengibaryan, Master's degree in Psychology- Healing generations on the path of intergenerational dialogue
- Մարիամ Ռաֆիկի Հերգնյան, Master's degree in Psychology- Վշտի նյութական բաղադրիչը՝ մահացածի իրերից հրաժարվելու հոգեբանական և մշակութային վերլուծություն (Mariam Rafiki Hergnyans, Master's degree in Psychology – The Material Component of Grief: A Psychological and Cultural Analysis of Letting Go of the Deceased's Belongings)
- Preny Alahverdian, PsyD & George Gharibian, PhD – When Culture Meets Care: Armenians and Seeking Support

5th Panel (Armenian Elderly and Mental Health)

Saturday June 28th , 11:15 am – 12:15 pm, Pacific Time; 10:15 pm – 11:15 pm (22:15- 23:15) Yerevan time

- Maral Aghvinian, PhD & Lily Kamalyan, PhD - Culturally Responsive Approaches to Promoting Mental and Brain Health for Armenian Older Adults with Dementia
- Jane L. Mahakian, PhD - Artsakh Elders Support Café