



MeaningfulWorld
 ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION
 with Dr. Ani Kalayjian



Hybrid Workshop, Saturday, 17 May 2025

Mindful Leadership & Forgiveness

Conscientious Leadership, Forgiveness, MeaningfulWorld View, Logotherapy

Facilitator: Dr. Ani Kalayjian, Founder — ATOP Meaningfulworld

Visionary Speaker: Laura Cerrano, Feng Shui




HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?

Attend this program & become a Meaningful World Ambassador for Humanitarian Relief & Peace-Building

Program Focus:

- * Review the importance of service
- * Learn to integrate mind-body-spirit-soul-environment connection
- * Learn the 5 shadows impacting us negatively and 5 pillars of service
- * List & describe 12 steps of mindful leadership
- * Integrate benefits of forgiveness while shedding light on myths of forgiveness
- * Practice forgiveness and forgiveness meditation and learn about religions and forgiveness
- * Learn healthy patterns of connecting with ourselves, the world, those we serve, and the universe
- * Includes didactic presentation of theory, method, research, and techniques

This workshop is recommended for those seeking a greater understanding of emotional management, lessons learned, transforming vicarious trauma and Horizontal Violence, peace building, meaning-making and transcendence. This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

For details to participate, contact: EdCoordinator@meaningfulworld.com

RSVP to: EdCoordinator@Meaningfulworld.com
 Phone: 201-941-2266
 DATE: Saturday, 17 May 2025
 TIME: 10:00 AM - 3:30 PM
 10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker Presentation and Discussion
 1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation.
 FEES: Online Participants via Zoom: \$50
FEES (In-Person): Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a group will receive 20% off

Includes: Bach/Flower remedies, pre-post test, collective gratitude
 Register early as space in this workshop is limited!
*** Pay online securely at:**
http://meaningfulworld.com/get_involved/donation
 *ALL FEES INCREASE \$10 after 10 May so make your payment early!

Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Mental Health Counseling, Creative Arts Therapy, Music Therapy and Psychoanalysis

When one helps another, BOTH become stronger

RSVP HERE

MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian

Thursday, 5 June 2025 5-7pm at UN Interfaith Chapel





Partnering for SDGs: Human Rights & Emotional Intelligence (EI): Healing Humanity

Sustainable Developmental Goals: # 2 #3 #4 #5 #8 #10 #11 #16 #17

Chairpersons: Dr. Ani Kalayjian & Trishla Saran
Invocation: Ms. Nupur Kothari, Heartfulness Institute
Ambassador Graduation
Faculty:
Prof. Helen Verdeli, Teachers College, Columbia University. Mental Health & Humanitarian Outreach
Prof. Kumru Toktamis, Pratt Institute. Human Rights: Preventing Violence in Women
Dr. Michele C. Bell, The Grief Warrior. Authenticity, Trust & Compassion
Convocation: Guruji Dileepji, World Yoga Community
Closure: Heart-to-Heart-Circle-of-Love-and-Gratitude

30th Annual Krieger Contest on Genocide Prevention

Culture of peace is achieved through integration of mind, body, ecology, and spirit. This program focuses on integrative and holistic approaches to healing. Multidisciplinary, rights-based, gender-sensitive, and ecological approaches will be shared to address inequalities and good health for humans and all living things. Our aim is to empower individuals to achieve greater health, resilience, and inner peace - even in times of crisis. Join us as we explore transformative practices that unite mind, body, ecology, and spirit. We support, educate, and disseminate the Sustainable Development Goals to foster a healthier, peaceful, and sustainable world.

2025 MeaningfulWorld Ambassadors for Humanitarian Relief and Peace Building Graduation ceremony

Graduating Class: Sharon Feldine, Diana Shipman, Paulina Sipilian, Sena Ummak, and Carmen Velez

When one helps another, BOTH become stronger!

Location: 777 United Nations Plaza, New York, NY 10017 (44 St at the corner of 1st Ave, New York City)
RSVP Required:
info@meaningfulworld.com
www.meaningfulworld.com

Co-sponsors: ATOP Meaningfulworld, AGBU, Armenia Bar Association, & ACRPC
Cosponsoring Healers:

5 June 2025, Partnering for SDGs: Human Rights & Emotional Intelligence (EI): Healing Humanity

More Information

RSVP HERE

MeaningfulWorld Ambassador for Humanitarian Relief & Peace Building

2025 Graduating Class





Diana Shipman

I really enjoyed being apart of MeaningfulWorld. It has given me a greater understanding of how empathy is healing. Lessons on trauma, healing, listening and forgiveness has given me a better understanding of myself, my family & my friends. Moving forward I plan to be able to share this experience with others.

www.MeaningfulWorld.com



Join us to Celebrate our 2025 Graduates of Meaningful World Global Humanitarian Ambassadors!

More Information



**MEANINGFUL WORLD LAUNCHES THE
2025, 30TH ANNUAL KRIEGER CONTEST**

FOR HIGH SCHOOL AND COLLEGE STUDENTS

Subject:
"What the Legacy of Genocide Means to Me"



2024 Winners at the United Nations

For more information visit
meaningfulworld.com, or use the link below!
<https://meaningfulworld.com/uncategorized/2025-krieger-essay-contest>

Enter and Win BIG With The Krieger Genocide Prevention Contest, awards at the United Nations! Meaningful World launches the 2025, 30th Annual Krieger Contest for High School and College Students. Subject: What the Legacy of Genocide Means to Me? Submissions are due by May 20, 2025.

More Information



Feed, Heal, & Teach Children in the Slums of Uganda

More Information



Partnering to offer free Transcendental Meditation for mothers in the Slums of Uganda

More Information



Weekly Meetings

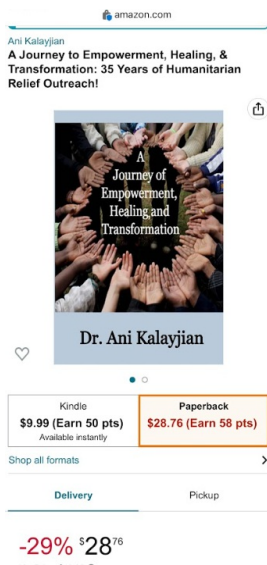
Free Weekly Support Groups
Managing stress, anxiety, fear, and uncertainty in times of global crises
When: Every Thursday
Time: 12:00 - 1:00 PM (EST)
Where: info@meaningfulworld.com for zoom link

RSVP Here

Meet Up Zoom Yoga & Soul Surfing with Dr. Ani
ATOP MeaningfulWorld offers yoga and meditation during these times of panic and unrest.
Join us every Tuesday & Friday at 10:00 AM EST on Zoom, by appointment.

RSVP Here

More Information



COFFEE TABLE BOOK RELEASE

A review from David Dawud said: “I love your writings in the coffee table book. I’m reading a poem everyday, and traveling to a new country with beautiful photos of your humanitarian volunteer service. You make me think, reflect, release and it helps me clear my thoughts.”

Click HERE for the link



The A Train to Sedona - From Victim to Survivor. ATOP MeaningfulWorld President Dr. Ani Kalayian's interview for TalkRadioNYC.

Click HERE for the link



Global Firearm Violence - An Integrative Review

More Information

MeaningfulWorld invites you to share your love!



REUSABLE CANVAS BAGS

Let's reduce the use of plastic and raise money for those in need! We want to continue to help launch a suicide lifeline in Armenia, educate others on emotional intelligence, and deploy our teams for humanitarian relief missions! There are 4 different colors to choose from! Buy a reusable bag and help us help others!

MEANINGFULWORLD TSHIRTS

Show off your MeaningfulWorld spirit by wearing our newly designed t-shirts! You can choose from a range of colors and styles! Show off your MeaningfulWorld pride while simultaneously helping others! Proceeds will help us help others!

Reusable Canvas Bags

T-Shirt Sale



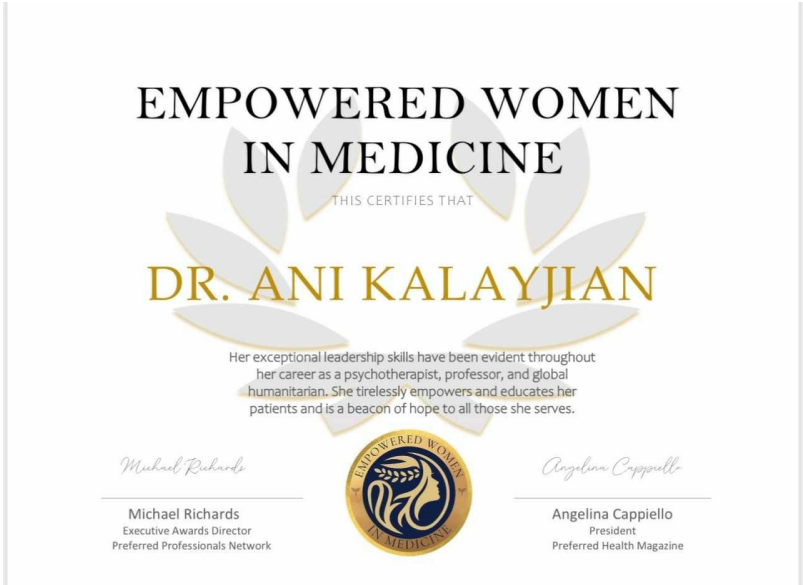
Awards

MeaningfulWorld ATOP founder Dr. Ani Kalayjian was awarded the 2025 R. Louise McManus Medal by NEAA, created by Teachers College, Columbia University

Watch the Video



2024 Lifetime Achievement Award in the Field of Psychology, presented to Dr. Ani Kalayjian for her exemplary dedication and leadership in trauma psychology, as well as her impactful global humanitarian efforts, transforming lives through healing and education worldwide.



Empowered Women in Medicine Award, given to Dr. Ani Kalayjian, for her exceptional leadership and dedication as a psychotherapist, professor, and global humanitarian.



Spotlight on Ani Kalayjian, Teachers College Columbia University Courier

More Information

heartfulness
advancing in love

Nurturing Inner Peace and Joy

Dr. Ani Kalaijian
Author and Psychotherapist

PROGRAM FOCUS

- ✓ Empower Self and others to nurture self-love
- ✓ Forgiveness transforms Trauma
- ✓ Forgive and forgo the past memories
- ✓ Self Transcendence with forgiveness to self love to universal love
- ✓ Learn techniques of Heartfulness Meditation





Scan to Register

or

Register at nurturingpeace.eventbrite.com

DATE : May 10th
TIME : 9:00 AM TO 11:30 AM

Venue:
Heartfulness Meditation Center
45 Wycoff Mills Road, Monroe Township, NJ
08831

Successful Past Events

Dr. Kalayjian’s keynote address was received by close to a hundred people; who embraced her message with gratitude and appreciation!


More Information

MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

Genocide Prevention, upholding United Nations Human Rights Declaration and SDG’s

Saturday 26 April 2025 10:00 am - 12:00 pm Fordham
12:30 pm - 3:30 pm Healing Circle and Emotional Intelligence



Sustainable Development Goals: 2, 3, 4, 5, 10, 11, 13, 16, 17

Welcome: Professor Harold Takooshian Fordham University

Moderator: Dr. Ani Kalayjian, ATOP MeaningfulWorld

Invocation: Rev. Fr. Davit Karamyan, Vicar St. Vartan Cathedral, Diocese, Armenian Church of America-Eastern

Faculty: Consolée Nishimwe, Rwandan Genocide Survivor, “Healing & Transformation”

Dn. Hovhannes Khosdeghian, Diocese of the American Church of the Armenian Church of American-Eastern

Stephanie Fagin-Jones, Ph.D. Columbia University, Teachers College, Heroism During the Holocaust

Film: *Genocide 2.0: Artsakh Ethnic Cleansing* - under production - is part of the *Faces of Persecution* docuseries led by *Bared Maronian* a 4-time regional Emmy Award-winning filmmaker.

Performance: Hamazkayin of NJ Nayiri Dance Ensemble, Barkev Sanossian, Choreography & Instructor

Closure: Heart-to-Heart-Circle-of-Love-and-Gratitude

The United Nations Convention defines genocide as any of five "acts committed with intent to destroy, in whole or in part, a national, ethnical, racial or religious group." These five acts include killing members of the group, causing them serious bodily or mental harm, imposing living conditions intended to destroy the group, preventing births, and forcibly transferring children out of the group.

9th December: International Day Commemoration and Dignity of the Victims of the Crime of Genocide and the Prevention of this Crime.

When one helps another, BOTH become stronger!

DATE: Saturday, 26 April 2025
Fordham University at Lincoln Center
113 W 60th St, New York SL-11 (1st Floor)
Info@meaningfulworld.com
Dr. Kalayjian, 201-723-9578
Prof. Takooshian, Takoosh@aol.com
www.meaningfulworld.com

Cosponsors: Association for Trauma Outreach & Prevention (ATOP) Meaningfulworld, ACRPC, ABSA, AGBU, & Fordham University

26 April 2025 Genocide Prevention, upholding United Nations Human Rights Declaration and SDG's
Welcome: Professor Harold Takooshian, Fordham University
Moderator: Dr. Ani Kalayjian, ATOP MeaningfulWorld

Summary

Watch the Video



On 3 May 2025, MeaningfulWorld ATOP presented a panel at the 53rd Hunter Psychology Convention

More Information

18th Annual

Psychology Day at the United Nations

Date: April 24, 2025
Time: 11 AM EST (4 PM GMT) - 2 PM EST (7 PM GMT)
Location: Virtual – via Zoom

For 17 years, Psychology Day has inspired action by demonstrating how psychological science can contribute to building a healthier, more peaceful, and more just world. This year, we shine a light on psychology’s influence to promote global resiliency through four transformative themes:

- *Climate Change & Sustainability:* Harnessing psychology for climate action and community resilience
- *Peace & Security:* Promoting healing, conflict resolution, and peaceful societies
- *AI & Technology:* Exploring ethical and psychological implications of emerging tech
- *Silenced Voices:* Amplifying marginalized perspectives and fostering inclusive dialogue

Register Here: bit.ly/PsychDayUN2025
Or scan QR code to register
(Free and open to all – registration required)



SCAN ME

24 April 2025, 18th Annual Psychology Day at the United Nations, virtual, co-sponsored by MeaningfulWorld was a success!

More Information

14th Annual

Mentoring Forum

Fri, March 28 @ 6:30 PM
Hosted by Fordham University
113 W 60 St (+9 Ave), 10th Floor

- Free Admission
- Chance to win Gift Cards

Network

Learn

Advance

**Connecting and Empowering
Armenian Students and Professionals**

The program will include a short panel on networking for employment followed by breakouts

Register at ArmenianMentors.org

Please submit questions to the panel on the website




Questions / Follow Up : info@armenianmentors.org
Raffi Jamgotchian, AESA NE - Dr. Larry Najarian, AAHPO



28 March 2025 Connecting and Empowering Armenian Students and Professionals. The 14th Annual Mentoring Forum.


More Information



MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian



Thursday 13 March 2025 at 6:30 pm - 8:30 pm EST

ATOP Meaningfulworld at United Nations Presents a parallel Program at the 69th Commission of Status of Women (CSW) on

AI and EI: Challenges to Healing Traumatized Women Locally and Globally

Sustainable Development Goals: 2, 3, 4, 5, 8, 10, 11, 16, 17

Co-Chairs: Dr. Kalayjian and Paulina Sipilian
 Invocation: Sharon Hamilton-Getz, World Harmony Council and Art Forum
 Faculty: Houry Guedelekan, B.A., Chair of NGOCSW/NY, "EI in Feminist Advocacy at UN, Beijing +30 Implementation"
 Audrey Kitagawa, J.D., International Academy for Multicultural Cooperation, "Strong Emotional Intelligence Enhances Resilience In Women Facing Crisis and Distress"
 Paulina Sipilian, M.S., MeaningfulWorld, "Nurturing EI Locally and Globally"
 Sunitha Kshatriya Ph.D, American University in Dubai, "Empowering Women in Business Education: The Role of AI & EI in Advancing Wellbeing and Leadership in the UAE"
 Musical Interlude: William Ruiz, Mayohuacan Drumming
 Convocation: Mr. Eric Shōkei Manigian, Union Theological Seminary

This panel will focus on healing traumatized women and girls globally. Our organization has volunteered in 48 countries and 26 states in the USA. Our observations have highlighted the continued violence against women and girls globally. Panelists will be focusing on challenges to healing in Guatemala, Nigeria, Uganda, Armenia, Lebanon, Palestine, and others. We will share strategies to transform women's trauma and nurture their emotional intelligence, which is increasingly important in a world full of AI. We have observed women are often leaders in their community and family, so investing in this population is investing in our future.

When one helps another, BOTH become stronger!

DATE: Thursday, 13 March 2025
Info@meaningfulworld.com
777 UN Plaza (Church Center) 10th
Fl (44th St at First Ave, NYC)
For more information call:
Dr. Kalayjian, 201-723-9578
www.meaningfulworld.com

Cosponsors: Association for Trauma Outreach & Prevention (ATOP)
 Meaningfulworld, ACRPC, AGBU & Institute for Multicultural Counseling & Educational Services (IMCES)
Must register for a link;
info@meaningfulworld.com deadline: 6 March 2025

13 March 2025 AI and EI: Challenges to Healing Traumatized Women Locally and Globally

Co-Chairs: Dr. Kalayjian and Paulina Sipilian

Invocation: Sharon Hamilton-Getz, World Harmony Council and Art Forum

More Information

Summary



On 12 March 2025, MeaningfulWorld ATOP had a wonderful, energizing and inspiring internship program at Hunter College, CUNY on Park Ave.

More Information



On 8 March 2025, MeaningfulWorld participated in the Eastern psychological Association conference.

Summary

More Information



ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian



Zoom Workshop, Saturday, 22 February 2025



Self-Care & Meaning-Making
EQ, Preventing Vicarious Trauma & Post-Traumatic Growth

Facilitator: Dr. Ani Kalayjian, Founder — ATOP Meaningfulworld
Visionary Speaker: Tanya Vartanyan - Reiki Energetic Healing

HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?
Attend this program & become a Meaningful World Ambassador
for Humanitarian Relief & Peace-Building




Program focus:

- Identify the importance of self-care
- Identify the impact of, kinds, and other variables of trauma
- Review theorists: Erickson, Sullivan, Kohlberg, Freud, Frankl, & Ruiz
- Learn about United Nation's Sustainable Development Goals
- Identify interventions for recovery, healing, & integration
- Connect & empower self through Mind-Body-Eco-Spirit
- Learn ways to nurture Emotional Intelligence (EQ)
- Learn Emotional Genograms to understand family dynamics & generational transmissions
- Learn techniques of mindful meditation
- Includes didactic presentation of theory, method, research, and techniques

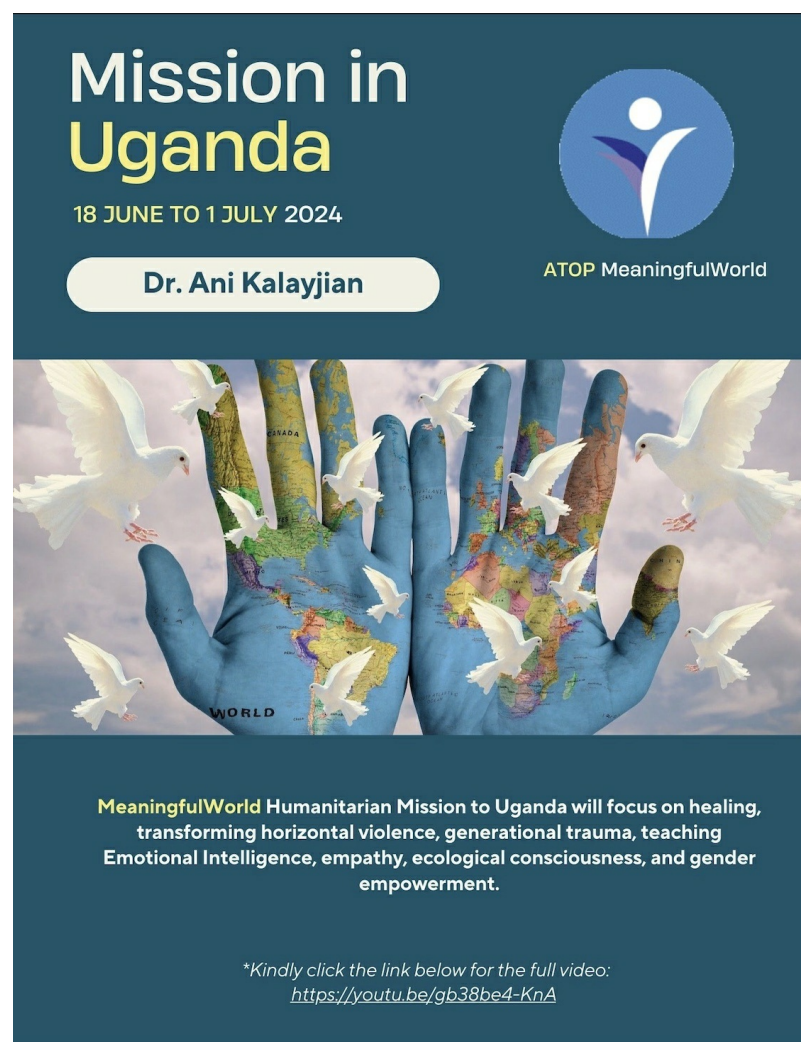
This workshop is recommended for those seeking a greater understanding of emotional management, lessons learned, transforming vicarious trauma and Horizontal Violence, peace building, meaning-making and transcendence.
This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

RSVP to: EdCoordinator@Meaningfulworld.com
Phone: 201-941-2266
DATE: Saturday, 22 February 2025
TIME: 10:00 AM - 3:30 PM
10:00 AM - 12:30 PM - Welcome, Lecture, Visionary Speaker
Presentation and Discussion
1:00 PM - 3:30 PM - Film, Experiential Soul-Surfing Exercises,
Experiential Healing Session and Meditation.
FEES: Online Participants via Zoom: \$50
FEES (In-Person): Full (\$125), Graduate students or retired (\$75),
Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a
group will receive 20% off

Includes: Bach/Flower remedies, pre-post test,
collective gratitude
Register early as space in this workshop is limited!
* Pay online securely at:
<http://meaningfulworld.com/getinvolved/donation>
*ALL FEES INCREASE \$10 after 15 February so
make your payment early!
Receive Continuing Education Credits for the
following professions: Marriage & Family
Therapy, Mental Health Counseling, Creative Arts
Therapy, Music Therapy and Psychoanalysis

When one helps another, BOTH become stronger

22 February 2025, Self-Care & Meaning-Making, Hybrid Workshop
Facilitator: Dr. Ani Kalayjian, Founder, ATOP Meaningfulworld
Visionary Speaker: Tanya Vartanyan - Reiki Energetic Healing



Transforming Trauma in Uganda: ATOP MeaningfulWorld's 2024 Humanitarian Mission in Uganda Film!

Watch Film Here!



**Day of Peace. End Wars through EQ, Empathy and NVC on 21 September at Strawberry Fields in Central Park NYC 3pm-5pm
Cochairs: Dr. Ani Kalayjian & Andrew Dolinar.**



18 June - 1 July 2024 Meaningfulworld Humanitarian Mission to Uganda. Our teams worked with 500 people directly and 7+ million indirectly, transforming lives, planting trees, sponsoring girl children's tuitions, and uplifting communities at large!

Summary

MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian

Thursday, 6 June 2024 5-7pm at UN Interfaith Chapel

Partnering for SDGs:
Mind-Body-Eco-Spirit Integrative Healing

Sustainable Developmental Goals: #3 #4 #5 #8 #10 #11 #16 #17

Chairpersons: Dr. Ani Kalayjian & Andrew Dolinar

Invocation: Mr. Eric Shōkei Manigian, M.Div. Union Theology Seminary

Faculty:

Dr. Douglas Scherer, Columbia University, Mindfulness

Dr. Lorne Schussel, Columbia University, Contemplative Practices in Human Connectivity

Dr. Mitchell Saskin, Columbia University, Integration of Spiritual Meditation

Dr. Ruth Rosenbaum, TC Columbia University, Tibetan Buddhist Philosophy and Psychology

Mr. David Babigian & Ms. Terri Lao, ATOP MeaningfulWorld, 7-Step Integrative Healing Model

29th Annual Kriegar Contest on Genocide Prevention

High School Winners: Yeva Grigoryan (USA), Vladimir Mkrtchian (USA), Diana Antonyan (Armenia)

College Winners: Ezgi Gülistan Gül (Armenia-Germany), Shushan Barseghyan (Armenia)

Culture of peace is achieved through integration of mind, body, ecology, and spirit. This program focuses on integrative and holistic approaches to healing. Multidisciplinary, rights-based, gender-sensitive, and ecological approaches will be shared to address inequalities and good health for humans and all living things. Our aim is to empower individuals to achieve greater health, resilience, and inner peace - even in times of crisis. Join us as we explore transformative practices that unite mind, body, ecology, and spirit. We support, educate, and disseminate the Sustainable Development Goals to foster a healthier, peaceful, and sustainable world.

2024 MeaningfulWorld Ambassadors for Humanitarian Relief and Peace Building

Graduation ceremony

Graduating Class: David Babigian, David Kryzhanovskiy, and Terri Lao

When one helps another, BOTH become stronger!

Location: 777 United Nations Plaza, New York, NY 10017 (44 St Corner and 1st Ave, NYC)

RSVP Required:
info@meaningfulworld.com
www.meaningfulworld.com

Co-sponsors: ATOP Meaningfulworld, AGBU, Armenia Bar Association, & ACRPC

Cosponsoring Healers: Next Step Strategies LLC, Stella Badalyan (Breath Work), Dr. Rosenbaum, Kathleen Booker (Jedi of Calm), & Sarkis Chuldjian (Hypnosis)

Partnering for SDG's: Mind-Body-Eco Spirit Integrative Healing
Thursday, 6 June 2024, 5:00
Graduating class: David Babigian, David Kryzhanovskiy, & Terri Lao

Event Summary

Winners of Essay Contest

Graduates



Humanitarian Mission to Armenia returns with great success

Summary



MeaningfulWorld’s Humanitarian Relief Post Azeri Ethnic Cleansing in Nagorno-Karabakh, Armenia Film!

Watch Film Here!

Meaningful World ATOP 2023-2024
Intern Call

**Part-Time INTERNS
NEEDED!**

“MEANINGFULWORLD'S GOAL IS
TO PREPARE A GENERATION OF
CONSCIENTIOUS INDIVIDUALS
WHO ARE GUIDED BY LOVE,
PEACE, PASSION, JUSTICE, AND
MEANING”

Looking for experience in research? UN?
humanitarian work? Fundraising? Social
Media? Only 4-5 hours a week!

Be part of an innovative
team of change makers
who foster a meaningful,
peaceful, and just world
in which every individual
enjoys physical, mental,
social, economic,
ecological, and spiritual
health!



Scan this
code to open
our page and
see available
positions !

For more information, visit meaningfulworld.com

INTERN CALL: PART TIME INTERNS NEEDED

**Looking for experience in research? UN? Humanitarian Work? Fundraising?
Social Media? Only 4-5 hours a week!
Be the change you want to see in the world!**

More Information



1. Kshtriya, S., Kalayjian, A., Lowe, S. R., Diakonova-Curtis, D., Toussaint, L. (2022). Exploring the Association between Forgiveness, Meaning-Making, Post-Traumatic Stress Symptoms: The Case of Hurricane Maria in Puerto Rico. *International Journal of Educational Research*.

2. Kalayjian, A., Huang, K., Sabbour, S., & Yasin, M. (2022). Grassroots Collaborations to Address the Trauma of Suicide: Establishing the First Suicide Prevention Lifeline in the Republic of Armenia. *International Journal of Mental Health*. <https://doi.org/10.1080/00207411.2022.2983392>. View [HERE](#)

3. Toussaint, L., Kshtriya, S., Kalayjian, A., Cameron, E., & Diakonova-Curtis, D. (2022). Christian Religious Affiliation is Associated with Less Posttraumatic Stress Symptoms Through Forgiveness but Not Search for Meaning After Hurricane Irma and Maria. American Psychological Association.



**MeaningfulWorld**
Association For Trauma Outreach and Prevention

Helping people heal for 35 years!



SCAN ME

1. Sponsor a Child in Haiti or Armenia.

2. Suicide Prevention in Armenia.

3. Mental Health, Supporting Psychologists in War Torn Areas of Ukraine & Armenia.

90%

of your donation goes directly to the people!

www.Meaningfulworld.com



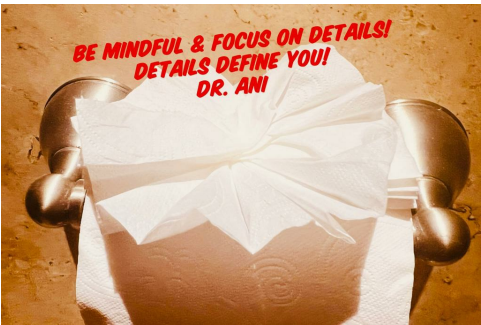
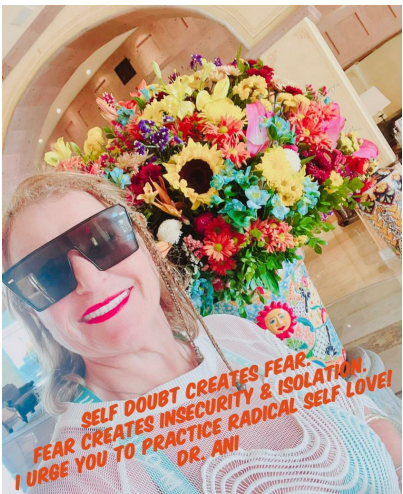
Gratitude To Our Visionary Speakers

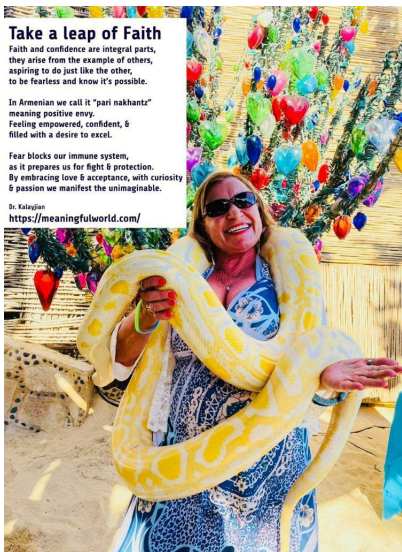
Lo Anne Mayer, Alexis Brink, Dr. Yolanda Hancock, Dr. Douglas Scherer, Laurie Schwartz, Dr. Linda Marsanico, Nupur Kothari, Paul Jaffe, Simone Coonrod, Linda Turner, Erica Rodriguez, Arthur Jaffe, Christina Nunez Gomes, Cristina Como, Mark Ackerman, Marianne Gunther, Ron Friedman, Kathleen Booker, Lata Cheri-Kennedy, Anisa Keith, Dr. Deborah Barbriere, & Ali Fischer

Gratitude To Our Donors

Anonymous; Armenian Constitutional Rights Protective Center; Armenian General Benevolent Union of America; Kari Akgulian; Dr. Maggie Avedissian; Lola Aznavur; Vanessa Billups; Ara & Joyce Boghosian; Dr. Garen & Diana Boghosian; Zarmine & Missak Boghosian; Mark Chenian; Jacob Yahiaayan; Suzanne Crespo; David Dawud; Dr. Dominique Eugene; FesFlowers.com; Mary Ryan Garcia; Taleen Gergerian; Randolph Giudice; Anisa Goz; Dr. Andrew Hahn; Dr. Noyemi Isnar; Art Jaffe; Dr. Marianne Jeffreys; Dr. Ani Kalayjian; Nayri Kalayjian; Dr. Mallika Kamana; Jackie Kazarian; Sylia Koroglu; Betty Labine; Carol Lachman; The Life Centered Therapy Training Institute; Long Island Psychological Consulting (Dr. Roy Aranda); Eric Manigian; Talin Manukian; Janet Marcarian; Yeran Marcoosi; Linda Marsanico; Jinnie & Chuck McCormick; Siroun Terzian Meguerditchian; Alice Movsesian; Ray Paloutzian; Dr. Sreeram Parupudi; Kailash Peri; Psychology Coalition at United Nations; Supriya Reddy; Betty Anne Rougier; Margie Satian; Lisa Schiller; Dr. Geetha Seerangan; Ilene Serlin; Lorraine Simmons; Deborah Stiles; Karri Swathi; Prof. Harold Takooshian; Irene Tananyan; Randal E Tellalian; Suresh Tipimeni; Natalia Tomassini; Lynne Tracey; Carla Tufenkdjian; Kevork Ucaryan; Kiranmai Valluri; Tanya & Siroun Vartanian; Sree Venuthurupalli; P. Vinaya; Marian Weisberg; & Rita Zoroghlian.

This QR Code is for donating to our various fundraising efforts and workshops. Please, help us to help others around the world by donating [HERE](#).





Take a leap of Faith
Faith and confidence are integral parts,
they arise from the example of others,
aspiring to do just like the other,
to be fearless and know it's possible.

In Armenian we call it "suri nakhantz"
meaning positive envy.
Feeling empowered, confident, &
filled with a desire to excel.

Fear blocks our immune system,
as it prepares us for fight & protection.
By embracing love & acceptance, with curiosity
& passion we manifest the unimaginable.

Dr. Kalayjian
<https://meaningfulworld.com/>

ATTENTION: Additional Media

~2024 Humanitarian Mission to Armenia. VIEW IT [HERE](#)

~ MeaningfulWorld UN International Day of Peace. VIEW IT [HERE](#)

~ Suicide awareness & prevention Dr. Ani interviewed by Carl Birman. VIEW IT [HERE](#)

~ WUFUNIF President Liliana Bucur Cress interviewed Dr. Kalayjian, President ATOP MeaningfulWorld. VIEW IT [HERE](#)

~February 2024: Intern Introductions from David Babigian and Terri Lao. View it [HERE](#)

~March 2023: Gender Equity. Transforming Gender Stereotypes. View it [HERE](#)

~March 2023: 12th Annual Mentoring Forum at Fordham University. View it [HERE](#)

~February 2023: Photography Exhibit Opening Ceremony. View it [HERE](#)

~January 2023: MLK Day poem by Dr. Ani:

I have a dream
Dr. Kalayjian

Martin Luther King, Jr., you were the youngest man to have received the Nobel Peace Prize.
You were the King, but you led the people humbly;
You were the King, using your peaceful leadership to actualize your dreams.
You had a dream, your dream inspired us all.
Unfortunately, 60 years later, we are still dreaming with the hopes that "Justice will roll down like water;"
and we will live in harmony.
You defined peaceful resistance,
You were the colossal of the civil rights movement.
You motivated thousands to stand with you,
In peace & justice, with faith and love!

~January 2023: Poem by Dr. Ani:
Thrust forward! Enjoying the lessons from the past. Release the negative, imagine they are clouds, let the tears clear your view, as you are now the best version of yourself!

~January 2023: Forget Me Not by Dr. Ani Kalayjian - book review & Lachin corridor humanitarian crisis. View it [HERE](#)

~January 2023: Dr. Ani Kalayjian wrote a beautiful poem for the start of the New Year. View it [HERE](#)

~July 2022: Humanitarian Outreach Mission to Guatemala, video by Lorraine Simmons. View it [HERE](#)

~9 November 2022: Belle Unobe and Kristina Khrimian discussing the objectives and activities of MeaningfulWorld's Genocide Prevention Committee. View it [HERE](#)

~9 November 2022: Shubhrata Shukla interviewing Dr. Ani Kalayjian on her experiences with trauma and healing. View it [HERE](#)

~9 November 2022: Kristina Khrimian and Rishi Guntur bringing awareness on the topic of suicide. View it [HERE](#)

~September 2022: Dr. Ani Kalayjian, President, MeaningfulWorld & Marietta Khurshudyan, Psychologist discuss: Anger Management: In Armenia Nurturing Emotional Intelligence. View it [HERE](#)

~September 2022: Dr. Ani Kalayjian and Marietta Khursduhyan have an informative conversation about Horizontal Violence in Armenia. View it [HERE](#)

~2 May 2022: Dr. Ani Kalyajian, Lorraine Simmons, and Andrew Dolinar spoke about Self Care and Peace Building: Healing the Self, Mother Nature, and the World. View it [HERE](#)

~25 April 2022: Dr. Ani Kalayjian was interviewed by freelance writer Chelsea Greenwood about the effectiveness of EMDR treatment.

~13 April 2022: Dr. Ani Kalayjian and Outreach Coordinator Paige McDonald met for part two of their discussion on Horizontal Violence. View it [HERE](#)

~30 March 2022: Dr. Ani Kalayjian and Outreach Coordinator Paige McDonald met for a series of Instagram Lives to discuss Horizontal Violence. View part one [HERE](#)

~24 March 2022: Interns Nola Sheehan and Alyssa Curcio spoke together about empathy and what it means. View the video [HERE](#)

~ 15 March 2022: Dr. Ani Kalayjian sat down and spoke with intern Will Robbins about SAD. View the video [HERE](#)

~2020 Dignity Workshop 27.2: Message tot he World from Dr. Ani Kalayjian. View it [HERE](#)

