

**Association for Trauma Outreach & Prevention (ATOP)**  
**MEANINGFULWORLD HUMANITARIAN OUTREACH PROJECTS (MHOP)**  
**1989 - 2025**

**List of Mental Health Outreach Projects and post disaster healing, conflict transformation, training of mental health professionals, peace building, mental health policy development, collaborative research & publications**

June 2024	Uganda	First mission of empowerment & healing
April/May 2024	Armenia	Artsakh survivors' oral history & HV
April 2024	Palestine	Ongoing zoom support groups for relief from war
October 2023	Armenia	Healing Artsakh post Azeri Ethnic Cleansing
July 2022	Armenia	Yerevan State University & meaning-making
March 2022	Guatemala	Healing generational trauma & Ecological Consciousness
April/May 2021	Armenia	Healing survivors of Azerbaijan's war
August 2020	Haiti	Post quake recovery by MeaningfulWorld chapter in Haiti
April 2020	Armenia	Transforming impact of 44-day Azeri war
October 2019	Armenia	Follow-up Humanitarian Outreach Mission
October 2019	Georgia	First invitation from Tbilisi, Georgia
August 2019	Haiti	Healing & establishing MeaningfulWorld chapter
June 2019	Nigeria	Mental Health Outreach Project for healing
August 2018	Haiti	Humanitarian mission for empowerment
July 2018	Puerto Rico	Hurricane Maria & established new MeaningfulWorld chapter
June 2018	Haiti	Humanitarian mission post quake recovery
December 2017	Puerto Rico	Humanitarian relief post Hurricane Maria
July 2017	Haiti	Humanitarian relief post Earthquake
April 2017	Armenia	Follow-up Humanitarian Outreach Mission
September 2016	Armenia	Humanitarian relief, post Azeri Ethnic Cleansing
June 2016	Haiti	Post-quake mission & empowerment of women
August 2015	Armenia	Humanitarian relief, Azeri Ethnic Cleansing
June 2015	Haiti	Post Earthquake relief & Integrative Healing
May 2015	Palestine	AAUJ, Faculty of Allied Medical Sciences
May 2015	Israel	AAUJ, Faculty of Allied Medical Sciences
May 2015	Jordan	AAUJ, Faculty of Allied Medical Sciences
August 2015	Haiti	Post earthquake recovery
November 2014	India	Peace building, healing, Forgiveness Gardens
October 2014	Armenia	Ethnic Cleansing support

2014	Jordan	Healing for syrians refugees
August 2014	Haiti	Post quake recovery
January 2014	Rwanda	Peace building, healing, Forgiveness Gardens
2013 Nov 24-30	Pakistan	Psychological First Aid & EQ
2013 October	The Republic of Armenia	Healing Syrian refugees, trauma healing, transforming horizontal violence
June 2013	Kenya (Nairobi)	Peace building, healing, Forgiveness Gardens
June 2013	Rwanda (Kigali)	Post Genocide follow up 3 <sup>rd</sup> team
June 2013	Burundi	Post militia war relief & meaning-making
2013 June	Haiti	Post earthquake relief, 15 <sup>th</sup> team
2013 May	Palestine	Peace building, healing, empowering
2013 May	Israel	Peace building, healing, empowering
2013 May	Jordan	Peace building, healing, empowering
2013 May	Lebanon	Peace building, healing, empowering
2012 July	DR Congo	Peace building, post war recovery
2012 July	Kenya	Peace building, post war recovery
2012 June	Haiti	Post earthquake rehabilitation
2011	Rwanda	Peace building, post war recovery
2011 Sept/Oct	Romania	Ancestral healing, Forgiveness & working with children in orphanage and working with women healing domestic violence
2011 July	DR Congo	Peace building & Forgiveness
2011 July	Rwanda	Peace building & Forgiveness
2011 June	Haiti	Disaster Healing & Spirituality
2011 Jan	Haiti	Psychosocial relief training professionals
2011	Syria	Humanitarian mission for peace building
2010	Kenya, Nairobi & Kisumu	Solar cooking training and HIV/AIDS education
2010	Haiti (March –April)	Post earthquake relief
2009	Sierra Leone Africa	Post war & HIV/AIDS orphans
2009 Nov	Republic of Armenia	Training in Learning disabilities
2009	Saudi Arabia	Women's empowerment
2008	Mexico	23-yr follow up to Earthquake
2008	The Republic of Armenia	Second team of MHOP (Human-made and natural)
2007	The Republic of Armenia	Post war follow up (Human-made and natural)
2007	Sarajevo, Bosnia	Post war follow up (Human-made)
2007-2011	Armenian Turkish Reconciliation	CREATE Art project for peace building
2007	Serbia	Post-war and breakup of Yugoslavia

2007	Lebanon	Post war (Human-made)
2007	Syria	Humanitarian mission & education in mindfulness & meditation
2007	Greece	Transforming Generational Trauma
2006	Pakistan/ Rawalpindi	Post earthquake of Oct 10 2005
2006	New Orleans, LA, USA	Post Hurricane Katrina One year follow-up
2005	Texas, USA	Post Hurricane Katrina & Rita
2005	Lebanon	Climate change and disaster relief
2005	Morocco	Transforming trauma in children and parents
2005	Taiwan	Empowerment and peace
2004	Sri Lanka/Navaldy/Zahira	Post Tsunami (6 months of service involving 6 teams of MHOP)
2003	Ireland	Human rights violations
2003	Argentina	Ecological consciousness & transforming psychological impact of generational trauma of genocide
2001	New York City, USA	9/11 attacks (Training for mental health Professionals for 6 months, working with survivors, etc)
2001	Korea	Women's empowerment and healing mission
1999	Mexico	Earthquake psychosocial recovery
1999	Turkey	Post Quake Recovery
1999	Turkey	Psychopathology and human rights
1999-Present	Armenia Turkish Reconciliation	Turkey & US (5 teams)
1998	Dominican Republic	Hurricane George
1998	Pakistan	PTSD integrative modalities for healing
1997	Jordan	Post war recovery and empowerment
1997	Palestine	Post war recovery and empowerment
1997	Israel	Post war recovery and empowerment
1997	Cyprus	Post war recovery and empowerment
1997	England	Mass grieving post Lady Diana's death
1997	Syria	Humanitarian mission for peace building
1996	Former Yugoslavia	Ethnic Cleansing
1996	Canada	Climate Consciousness mental health impact
1996	Egypt	Women's empowerment and healing
1995	Kuwait/NYC/DC	Gulf War
1995	Kobe, Japan	Post Kobe Earthquake relief
1995	China	UN 4th world conference for women

1995	Germany	Coping with generational trauma
1994	California, USA	Northridge Earthquake
1994	Russia	Humanitarian relief post earthquake
1993	Former Yugoslavia	Ethnic Cleansing
1993	Southern Florida, USA	Hurricane Andrew, one year follow up
1993	Spain	Politics of organizing & managing mental health outreach programs globally
1992	Southern Florida, USA	Hurricane Andrew
1992	The Netherlands	Transforming secondary or vicarious trauma & teaching logotherapy
1990	Armenia (Soviet Republic)	One year follow-up to earthquake
1989	Armenia (Soviet Republic)	Earthquake of Dec 1988 (55 volunteers over 15 teams sent out over a two-year period)
1988	Armenia	Working locally with Armenian survivors of the Ottoman Turkish Genocide
1982	Jamaica	Transforming trauma in children

**116 missions in total across 46 countries**

8 Regions:

Africa (Uganda, Nigeria, Rwanda, Kenya, Burundi, Sierra Leone, DR Congo, Morocco)

Middle East (Armenia, Palestine, Lebanon, Syria, Saudi Arabia, Jordan, Israel)

Central America (Guatemala)

Caribbean (Haiti, Puerto Rico, Dominican Republic, Jamaica)

South America (Argentina)

Europe (Armenia, Georgia, Romania, Bosnia, Turkey, Serbia, Ireland, Cyprus, England, Netherlands, Germany, Spain, Russia, former Yugoslavia, Greece)

North America (USA, Canada, Mexico)

Asia (India, Pakistan, Japan, China, Taiwan, Sri Lanka, Korea)

