

# meaningful world



## Association for Trauma Outreach and Prevention Meaningfulworld Spring/Summer Newsletter 2014

1 June 2014

### Greetings!

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### Our Annual UN Mind-Body-Eco-Spiritual Festival

- 🔗 Welcoming remarks by Ambassador Dr. Hamid Al Bayati, the Happiness Consortium
- 🔗 Keynote address by Dr. Lisa Miller, Director, Spirituality & Mind-Body Institute, Teachers College, Columbia University
- 🔗 Drumming meditation by Peter Maniscalco
- 🔗 Panelists: Kurt Johnson, Eileen Marder-Mirman, and Dr. Ani Kalayjian
- 🔗 Eight Meaningfulworld Ambassadors will be initiated;
- 🔗 Film from the field of Humanitarian Relief
- 🔗 Food, healing, music, and more

**Come celebrate with us! Bring your family and friends!**

## Past Humanitarian Training and Educational Programs

### 2014 training and educational programs:

25 January  
22 February  
29 March  
26 April &  
17 May

To learn more about the humanitarian training programs offered by ATOP kindly read the following press releases [29 March](#) and [17 May](#).



17 May Training Session

## Indiegogo Campaign

Association for Trauma Outreach and Prevention Meaningfulworld would like to extend their deepest gratitude and thanks to those who donated to the Indiegogo campaign in support of the Spring 2014 Middle East Mission:

**Mr. & Mrs. Boghosian, Dr. Sharon Brennan, Kier Hansen, Azniv Kalayjian, Katherine Kaze, Antonio Lugris, Blerina Marku, Alice Movsesian, Abigail Ortega, Margaret Ruiz, Lisa Schiller, Lorraine Simmons, Dr. Harold Takooshian, Marian Weisberg, Janet Yassen and all of our anonymous donors.**  
Your aid was crucial to

## Humanitarian Missions 2014

### Past Humanitarian Mission

#### 1-15 May Palestine, Israel, and Jordan

ATOP's mission to the Middle Eastern Countries of Jordan, Palestine, and Israel was a success. The team comprised of; Dr. Ani Susan Smith and Dareen Qaddoumi. Dr. Ani gives an account of the work done and experiences had, [here](#). A press release is available [here](#). For photos of the mission kindly visit our [facebook page](#).



University of Jordan

### Upcoming Humanitarian Missions

12-22 June, Haiti post-earthquake psychosocial rehabilitation follow up. A pre-press release can be read [here](#).

24 August- 7 September, Mission to Armenia, generational transmission and working with Syrian refugees

21 November- 1 December, India 5 Day intensive training with NGO's and universities.

## Publications

**"Healing the Trauma of Domestic Violence around the Globe"** by Katrina Martinez, UN Youth Representative, ATOP Meaningfulworld. *In NGO Reporter*; This article can be read [here](#).

**Sexting: An Old Problem with a New Name. Challenges for Education and Empowerment** Dr. Kalayjian and Liya Zhu (Submitted for publishing)

Kalayjian, A. (May 2014). Establishing Forgiveness and Peace Gardens Around the Globe. *International Psychologist*. 54.1 (B). pp 19-21.

This article can be read [here](#).

Kalayjian, A. (2014). Workbook on Post Stress, Trauma and Crisis Chakra & Energetic Balancing

Film on Meaningfulworld Humanitarian Mission in Africa, 2013

the success of our mission and we appreciate your continued support and dedication.



Al-Faraa' Refugee Camp '14



Palestinian social workers and psychologists practice breathing exercises

## Meaningfulworld Ambassadors

The following professionals will be graduating as Meaningfulworld Ambassadors on 5 June 2014 at the United Nations:

*Blanka Angyal*



*Emily Bales*



*Evelyn Lopez-Castillo*

## Events

### UPCOMING EVENTS

**26 July, Gratitude Garden Party at Dr. Kalayjian's Home**

**7-10 August, American Psychological Association Convention, Washington, D.C. [www.apa.org](http://www.apa.org)**

**21 September, United Nations International Day of Peace, [Click here to view last year's program.](#)**

**2 October, Conflict Resolution Career Fair, Columbia University [Click here for details and registration.](#)**

**7 October, Keynote address, Dr. Kalayjian at Transit Authority on Transportation, health, and healing.**

### PAST EVENTS

**20 March, Healing Wounds of Trauma**

In conjunction with the 58th Session of the United Nations Commission on the Status of Women, ATOP Meaningfulworld presented a symposium on "Healing the Trauma of Domestic Violence Around the Globe" at 777 UN Plaza; For a detailed press release of the event, [click here.](#)



**17 April, Symposium Toward Preventing Genocide**  
**"Nations acknowledge their dark history, transforming denial"**  
[Press Release Here](#)



17 April Panel at United Nations



*Victoria Garrick*



*Alexa Kauffman*



*Shulamit Lazarus*



*Blerina Marku*



*Lorraine Simmons*



**To read more about our  
graduating  
ambassadors  
click [here](#).**

**17 April, Kreiger Essay "What the legacy of  
genocide means to me?"**

**Contest Winners:**

*Courtney Erizpohov  
Mehreen kabir  
Anson Mah  
Alina Merkhassina  
Sidra Muntaha  
Hurain Saleem*



**24 April, Psychology Day at  
the UN:**

**ATOP Meaningfulworld is an  
ongoing co-sponsor**

**[Click here for coverage of the  
2014 Psychology Day at the  
UN.](#)**



**15 May, Sri Tathata at Teachers College, Columbia  
University**

ATOP Meaningfulworld collaborating with TeachersCollege Spirituality and Mind-Body Institute, and Dharma Portland Association hosted the Indian Sage Sri Tathata for an unforgettable evening. Dr. Lisa Miller, Director of the Spirituality and the Mind-Body Institute, opened the evening and introduced Dr Kalayjian, who shared her gratitude and set the stage for openness, mindfulness and healing. A chanting and meditation followed with live music and sacred instruments.

Then Sri Tathata told us how our consciousness is sleeping, and that is the reason for all the wars and distress in the world. He shared that in order to awaken our consciousness we need to have the answer to the following three (3) questions: Where do we come from (our routes)? 2. Where are we going? (Our direction), and 3. What is our meaning or purpose in life? When we are able to respond to these 3 questions in a healthy and meaningful way, we have begun awakening our consciousness.



**Sri Tathata**


**16 May, Keynote presentation by Dr. Ani Kalayjian**  
to Armenian American Health Professionals  
Organization of New York, New Jersey,



## Welcome to our new Interns

-  Amanda M Shields, PA, Secretary
-  Anne Molly, New Jersey, Intern Coordinator
-  Joanna Bhaskaran, Canada, Grants and Research Committee
-  Julia Fox, Grants and Research Committee
-  Liya Zhu, New York, Grants and Research Committee
-  Mikaella Caruncho, New York, Assistant Clinical Coordinator
-  Weijia Shi, British Columbia, Grants and Research Committee
- From Italy, two full time summer Interns:*
-  Alessia Ferraro, Research and Grants Committee
-  Giulia Conti, Research and Grants Committee

## Intern Accomplishments

-  Evelyn Lopez, Montefiore Medical Center, Gastroenterology Department, Patient Navigator


Jersey. The theme of her presentation was Psychosocial and Spiritual Well-Being. Over fifty professional were gathered to learn about this much needed topic. Dr. Kalayjian gave a very enthusiastic, heartfelt, and humorous presentation with power points on health issues, addressing mind-body-eco-spirit health. An insightful discussion followed, collaborative ideas were exchanged, and plans for follow up workshops were discussed.


**1-2 June, NYPSA New Horizons in Psychology: Diverse Approaches for Integrated Health Care in Diverse Contexts, New York**

**5 June, ATOP Meaningfulworld UN Mind-Body-Eco-Spiritual Festival, [Click here for event details.](#)**

**6 June, Urban Psychology Lecture and Psi Chi Gala 2014 Reunion of 500+ FLC alumni, hosted by Fordham President McShane, [Details here](#)**

## Community Service

 2 October 2014, ATOP Meaningfulworld at the Conflict Resolution Career Fair. The event will take place in Roone Arledge Auditorium of Alfred Lerner Hall on the Columbia University Morningside Heights campus from 11 am to 1 pm.

 Dr. Kalayjian is volunteering with Hands of Hope, NGO, providing mindfulness and teaching the principles of 7-step Integrative Healing Model with the women in Prisons in New Jersey.

Sincerely,

Dr. Ani Kalayjian



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