

MeaningfulWorld

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

with Dr. Ani Kalayjian



Saturday, 30 October 2021



Post-Trauma Healing & Meaning-Making

Managing stress, anxiety & fear: transforming trauma & coping with disasters

Facilitator: Dr. Ani Kalayjian, Founder — ATOP Meaningfulworld

Visionary Speaker: Christine Marcarian, LAc, Acupuncture

HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?

Attend this program & become a Meaningful World Ambassador for
Humanitarian Relief & Peace-Building transformation.

Program Focus:

- Understand the impact of disaster on survivors: children, adults, families, & communities
- Identify the interventions for rehabilitation, recovery, healing, & integration
- Transform fear, anxiety, stress & collective trauma into healing & lessons-learned
- Empower self through Mind-Body-Eco-Spirit for health & peace-making
- Disseminate global tool, 7-Step Integrative Healing Model (Biopsychosocial and Eco-Spiritual Model)
- Describe and practice mindfulness meditation
- Describe and list stages of disaster relief
- Includes didactic presentation of theory, method, research, clinical interventions, fieldwork photo diaries, & techniques.



For details to participate, contact EdCoordinator@meaningfulworld.com

This workshop is recommended for those seeking a greater understanding of emotional management, lessons learned, transforming vicarious trauma and Horizontal Violence, peace building, meaning-making and transcendence.

This is also for those planning to become Meaningfulworld Ambassadors and for joining our Humanitarian Outreach Programs around the globe.

RSVP to: EdCoordinator@Meaningfulworld.com

Phone: 201-941-2266

DATE: 30 October 2021

PLACE: ZOOM

TIME: 10:00 am – 3:30 pm - Welcome, Lecture, Visionary Speaker Presentation and Discussion, Film, Experiential Soul-Surfing Exercises, Experiential Healing Session and Meditation.

FEES: Full (\$90), Graduate students or retired (\$75), Undergraduate students (\$60), ATOP interns (\$20), 4 or more in a group will receive 20%

Includes: Research package, handouts, aroma therapy, Bach/Flower remedies, pre-post test, collective gratitude, & celebration gift. .

Register early as space in this workshop is limited!

* Pay online securely at:

<http://meaningfulworld.com/get-involved/donation>

* ALL FEES INCREASE \$10 after 22 October so make your payment early!

When one helps another, BOTH become stronger