

***Association for Trauma Outreach and
Prevention (ATOP)
Meaningfulworld Bulletin
February 2020***

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Editorial Assistant: Erinn Cameron, M.A.



HAPPY VALENTINE'S DAY !



"Let the flames of Love help you focus On all that is essential and true; Let Love illuminate you and Pave your road with passion..."
Kalayjian, Ani. (2010). Let the love transform you. Poem. Available at: <https://meaningfulworld.com/wp-content/uploads/2020/02/Let-love-Transform-you-poem-by-Dr.-Kalayjian.pdf>

ATOP celebrates love everyday! We believe in the power of love that can be shared in so many ways.

Wishing a Meaningful Valentine`s day to everyone!

SAVE THE DATE

NEXT ATOP MEANINGFULWORLD WORKSHOP



Self-Care & Transforming Vicarious Trauma: EQ, Preventing Vicarious Trauma & Post-Traumatic Growth

Facilitator: Dr. Ani Kalayjian, Founder – ATOP Meaningfulworld

Visionary Speaker: Mark Ackerman - Music Therapy

Saturday, 29 February

RSVP by 2/22/20 and take advantage of the promo to bring a guest!

For more information: <https://meaningfulworld.com/our-work/workshops>

NEXT ATOP MEANINGFULWORLD CELEBRATION



Summer Healing Party

Saturday, 25 July

Time: 4-6:30 pm

Address: 135 Cedar Street, Cliffside Park, NJ

RSVP at Info@Meaningfulworld.com or Phone: 201-941-2266

For more information and tax-deductible donations:

<https://meaningfulworld.com/get-involved/donation>

Here is the link to our Summer Garden Gratitude & Healing Party from 2019:

<https://www.youtube.com/watch?v=PzwYeQl8ia8&feature=youtu.be>

ATOP MEANINGFULWORLD MARCH 2020 COMMISSION ON THE STATUS OF WOMEN (CSW 64) CONFERENCE PARALLEL EVENT



Witnessing Gender Based Violence Stories: Nurturing Inner Peace with Empathy and Empowerment: Dr. Ani Kalayjian

Tuesday, 17 March

Time: 4:30 pm

Address: Venue: Church Center for the United Nations, NY, NY, (10th Floor)

For more information:

<http://voiceofarmenians.com/programs/women-at-the-frontier-healing-empowering-and-nurturing-mindful-leaders>

ATOP MEANINGFULWORLD VOLUNTEER OPPORTUNITIES



Call for Interns, Fellows and Coordinators

The following positions are available:

- 1. Grants**
- 2. Outreach**
- 3. Digital Media**
- 4. Fundraising**

For more information:

<http://meaningfulworld.com/get-involved/internship>

ATOP MEANINGFULWORLD ESSAY CONTESTS

Youth Empowerment Program (YEP) Essay, Poetry, Rap Skit Contest

Essay subject: "Creating Inner Peace: Transforming Bullying"

AWARDS: \$40 Grade School Winner; \$50 Middle School Winner; \$75 High School Winner; \$150 College Student Winner

Deadline 1 May, 2020

For more information: <http://meaningfulworld.com/our-work/awards-essay-contest/2020-atop-meaningfulworld-peace-essay-contest-1-may-deadline>

Twenty-Sixth Annual Krieger Essay Contest on Preventing Genocide

Essay Subject: "What the Legacy of Genocide Means to Me"

AWARDS: \$100.00 for High School student winner (2 Awards)

\$200.00 for College/University student winner (2 awards)

Deadline 24 April, 2020

For more information: <http://meaningfulworld.com/our-work/essay-contest/2020-meaningfulworld-genocide-prevention-krieger-essay-contest-24-april>

NEW ATOP MEET UP GROUP



ATOP Meditation and Soul-Surfing group in New York City

Mondays: 10 February; 9 March; 13 April, and 11 May

Facilitators: Drs. Kalayjian & Justina Medina

Address: 185 East 85th Street, Mez #4, NYC 10028

Time: Networking at 6:15 pm, start at 6:30, end at 7:30 pm

Fee: \$15 to be paid on line: <https://meaningfulworld.com/get-involved/donation>

Meet up link: <https://www.meetup.com/New-York-Self-Exploration-Meetup-Group/events/267899224/>

UPCOMING SPEECHES WITH DR. ANI KALAYJIAN



Emotional Intelligence: 7-Step Integrative Healing Model

Tuesday, 18 February, 12 pm

Ridgewood Rotary Club

Old Paramus Reformed Church

660 E Glen Ave, Ridgewood, NJ 07450

RSVP to Dr. Knarig Meyer at knarigmeyer@hotmail.com

For more information: <https://meaningfulworld.com/wp-content/uploads/2020/02/MW-Rotary-Club-presentation-2020-scaled.jpg>



Managing Stress & Anxiety in Our Lives

Tuesday, March 10

Fair Lawn, NJ 07410, Abajian Hall, Program 8 -9 pm (following 7:30 pm

Women's Guild General Meeting) Open to St. Leon Community and Friends.

St. Leon Armenian Church, 12-61 Saddle River Rd

For more information: [https://meaningfulworld.com/our-](https://meaningfulworld.com/our-work/workshops/2020-10-march-dr-kalayjian-keynote-at-st-leon-nj)

[work/workshops/2020-10-march-dr-kalayjian-keynote-at-st-leon-nj](https://meaningfulworld.com/our-work/workshops/2020-10-march-dr-kalayjian-keynote-at-st-leon-nj)

Or contact Donna at @donnadhortian2552@verizon.net or 201-390-2098



ATOP'S LATEST PUBLISHING

Kalayjian, A., Medina, J., Simmons, L. (Fall 2019). Stepping into health with Joy: 7-Steps for healing our mind, body, spirit & mother earth, in collaboration with Meaningfulworld Haiti Chapter. Meaningfulworld 14th Humanitarian Mission to Haiti. Trauma Psychology News, pp 14-19.

Avedisian, M. (Fall 2019). Genocide, Trauma, & Forgiveness. Trauma Psychology News, page 38, APA Annual Conference session.

GRATITUDE TO OUR VISIONARY SPEAKERS

Arthur Jaffe, Ali Fischer, Christina Nunez Gomes, Cristina Como, Mark Ackerman, Marianne Gunther, Ron Friedman, Kathleen Booker, and Lata Chettri-Kennedy

GRATITUDE TO OUR DONORS

Dr. Grace Hanyan; Natalia Tomassini; Talin Manukian; Taleen Gergerian; Irene Tananyan; Dr. Marianne Jeffreys; Dr. Noyemi Isnar; Dr. Harold Takooshian; Randolph Giudice; Percy Lambert; Lisa Chin; Ara Boghosian; Betty Labine; Hina Syed; Rita Zoroghlian; Anisa Polatoglu Goz; Siroun Terzian Meguerditchian; Carla Tufenkdjian; Bourquin Consulting; Alma Daniel; Supriya Reddy; Lisa Schiller; Lisa Tan; Shulamit Lazarus; Victoria Sirota; Lory Lazarus; Young Kim; Nayri Kalayjian; Dr. Tara Pir; Dr Carol Lachman; The Tapping Solution; Life Centered Therapy; Lorraine Simmons; Kathy Blount; Art Jaffe; Marian Weisberg; Janet Demirjian-DiDonato; Jackie Kazarian; Gloria Smith Cole; Eric Manigian; Kevork Ucaryan; Dr. Garen Boghosian; Ilka Peck; Jinnie & Chuck McCormick; Maureen Britt; and Dr. Maggie Avedisian; Joyce Boghosian; Marquerite Satian; Clara Andonian; and Dr. Edmund Gergerian.



The Association for Trauma Outreach & Prevention (ATOP)

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