

ASSOCIATION FOR TRAUMA OUTREACH AND PREVENTION (ATOP) MEANINGFULWORLD BULLETIN

Current issue: July 2019

In this Issue

**The 2019
MeaningfulWorld
Garden Gratitude
and Healing Party**

**14th ATOP
Meaningfulworld
Humanitarian
Mission to Haiti:
Post Trauma
Healing,
Transforming
Horizontal
Violence & EQ**

**International
Post Graduate
Fellowship
Program at the
United Nations in
International
Psychology,
Global
Humanitarian
Relief, Human
Rights and Policy
Development**

A Letter from the Editor

Greetings!

Welcome to the Association For Trauma Outreach and Prevention (ATOP) Meaningfulworld Bulletin's first volume! The past month was filled with joy and pride at ATOP Meaningfulworld and we are in a festive mood! Our 2019 Meaningfulworld Garden Gratitude and Healing Party is coming soon, on Saturday, July 27, 2019. Everyone is invited! RSVP by July 20, 2019 to Cheryl Rodrigues at: info@meaningfulworld.com.

Our Humanitarian Relief Mission team is back from Nigeria with positive outcomes. Dr Kalayjian conducted workshops at the Institute of the African and Diasporan Studies, the Akowonjo Orphanage for boys, the Rock Garden Home for Seniors, the Police Officers, the University of Lagos, and the Teaching Hospital of the Lagos University. The workshops included topics of emotional intelligence, peace building, conflict transformation, breath work, mindfulness, and our 7-step Integrative Healing Model. The team also began establishing the Peace and Forgiveness Garden. Many thanks to our donors, volunteers and all the people who supported us and welcomed us to accomplish this wonderful mission!

Our 14th Humanitarian Relief Mission Team will be in Haiti from August 16 thru 25, 2019. Haiti has political, economical and social challenges in addition to the devastating earthquake in 2010. The Humanitarian Relief team will provide workshops on trauma healing, stress reduction, and violence prevention. Please let us know how do you wish to support us on this mission.

For the second year, our International Post Graduate Fellowship Program at the United Nations in International Psychology, Global Humanitarian Relief, Human Rights and Policy Development is enrolling. We are grateful to a cadre of professionals making a difference at the United Nations and beyond. We also like to invite you to become a change agent at ATOP Meaningfulworld. We have many opportunities for volunteers, interns, fellows, and donors, among others. For tax-deductible donations please click on this link: <http://meaningfulworld.com/get-involved/donation>.

Congratulations to our team members on their new positions at ATOP Meaningfulworld! We warmly welcome Sowmya Kshtriya, MA, as an United Nations Coordinator; and Amna Khan, MA, and Justina Medina, PsyD, as Co-Coordinators of the Clinical and Educational Workshops. Finally, our farewell and gratitude to Dr. Leslie Popoff and Patricia Mura Desert, MSSW, for their volunteer service.

Sincerely,

Carla Hisatugo

ATOP Meaningfulworld Bulletin Editor

Upcoming Events



2019 MeaningfulWorld Garden Gratitude and Healing Party

Saturday, 27 July 2019

RSVP to Cheryl Rodrigues at info@meaningfulworld.com

For more information:

<http://meaningfulworld.com/our-work/programs/2019-meaningfulworld-garden-gratitude-healing-party-27-july>

Register at:

<http://meaningfulworld.com/get-involved/donation>

ATOP MeaningfulWorld Next Mission



14th ATOP Meaningfulworld Humanitarian Mission to Haiti: Post Trauma Healing, Transforming Horizontal Violence & EQ. With Dr Ani Kalayjian;

Justina Medina; Lorraine Symmons and Arthur Jaffe.

16-25 August 2019

For more information:

<http://meaningfulworld.com/our-work/global-missions/meaningful-world-haiti-2nd-integrative-healing-workshop>

For Tax-deductible donations:

<http://meaningfulworld.com/get-involved/donation>

ATOP Meaningfulworld Latest News



Mission Accomplished! Mental Health Outreach Project to Nigeria:

Healing Peace Building & Mindful Leadership. Our special gratitude to

our Nigerian Collaborators, King Dakota, Juliet Ottoh, Fr Paul Akin

Otiko at St Thomas Church, Dr Afolabi, Rev Mrs George, Uchenna

Ekezie, Faystino Babatunde, Dr Churchill, Lamu Dimeji, Mr Okpaku

and his family, Nkechi Anyagwa, Alex Oni, donors and volunteers.

For more information:

<http://meaningfulworld.com/our-work/global-missions/mental-health-outreach-project-to-nigeria-and-niger-delta-healing-peace-building-mindful-leadership>

ATOP Meaningfulworld Latest Publication



**INTEGRATED
CARE FOR THE
TRAUMATIZED**

Kalayjian, A., & Diakonova-Curtis, D. (2019). Meaningfulworld trauma

outreach and prevention across cultures: Utilizing the 7-step integrative healing

model for resilience and meaning-making. In I. Serlin, S. Krippner, & K.

Rockefeller (Eds.). Integrated care for the traumatized: A whole person

approach. Lanham, MD: Rowman & Littlefield Publishers.

Buy it from Amazon at:

https://www.amazon.com/Integrated-Care-Traumatized-ILENE-SERLIN/dp/1538121387/ref=sr_1_fkmr0_2?

ATOP Meaningfulworld Opportunities



Calling for Interns and Coordinators

The following positions are available:

1. Grant
2. Outreach
3. Research
4. Digital Media
5. Fundraising

For more information:

<http://meaningfulworld.com/get-involved/jobs>



International Post Graduate Fellowship Program at the United Nations in International Psychology, Global Humanitarian Relief, Human Rights and Policy Development

For more information:

<http://meaningfulworld.com/wp-content/uploads/2018/02/International-Post-Graduate-Fellowship-Program-at-the-United-Nations.pdf>

Be a Change Agent



Donate Sewing Machines to Haiti!

Empowering young girls and women!

Help us to continue providing sewing machines to empower girls & young women to earn daily sustenance in Haiti (\$300). Preventing street begging, sexual exploitation. and other traumas.



Sponsor a Child in Haiti, Porto Rico, Africa, Armenia or Middle East!

Stop Children`s Vulnerability around the world!

Help us continue to help children at risk to have a better life. With a \$300 donation you could change a child`s life!

Donate at: <http://meaningfulworld.com/get-involved/donation>

ATOP Meaningfulworld Team 2019

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Educational Workshop Co-Coordinators: Amna Khan, MA
& Justina Medina, PsyD
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ATOP Meaningfulworld Fellows at the United Nations

Kathy Blount, LMSW; Justina Medina, PsyD; Palak Shah, MA, LLM;
Bao-Tran Nguyen, PsyD & Kinda Zongo

United Nations` Interns

Nanar Nakashian, BA & Skyler Abraham (and research)

ATOP Meaningfulworld Volunteers

Gloria Cole-Smith; Lorraine Simmons, BA; David Daud
& Marian Weisberg, LMSW

Gratitude to Our Visionary Speakers



Arthur Jaffe, Ali Fischer, Christina Nunez Gomes, Cristina Como, Mark Ackerman, Marianne Gunther, Ron Friedman, Kathleen Booker, and Lata Chettri-Kennedy.

Gratitude to Our Donors



Armenian Constitutional Rights Protective Center, Armenian General Benevolent Union of America, Art Jaffe, Carol Lachman, Dr Andrew Hahn, FesFlowers, Gloria Smith, Institute of Multicultural Counseling & Educational Services, Jackie Kazarian, Kevoork Ucarian, Kim, Marianne Weisberg, Psychology Coalition at United Nations, The Life Centered Therapy Training Institute, and The Tapping Solutions. Past Donors: Goldman Sachs: Matching fund, Jewish Communal Fund, Michael Reda, Nelson Bach Company, Tekeyan Cultural Association of America, The TISCH Foundation, Trader Joe's, Whole Foods, and YogaFit Beth Shaw.

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