



MeaningfulWorld

30 Years of Service to Humanity

Introducing the 2018 Association for Trauma Outreach and Prevention (ATOP) MeaningfulWorld Ambassadors



Meredith Carbonell, MS

Meredith Carbonell holds a Masters in Negotiation and Conflict Resolution from Columbia University and a Bachelors from New York University in Human Rights and Genocide Studies. She is a trained mediator, negotiator and researcher. She has conducted research on peace building in Uganda, Israel and Jordan. She currently is the United Nations intern for Association for Trauma Outreach and Prevention (ATOP) Meaningfulworld. Her academic interests consist of human rights, genocide, conflict resolution, trauma, and peace building.



Daria Diakonova-Curtis, PhD

Daria Diakonova-Curtis Daria holds a PhD in clinical psychology from the California School of Professional Psychology at Alliant International University in San Francisco, CA. Daria is originally from St. Petersburg, Russia, where she worked for the last three years as a research fellow in HIV prevention. Currently, Daria holds a position as a psychologist for CHE Behavioral Health Services in New York and coordinates research and publication projects for The Association for Trauma Outreach and Prevention (ATOP) Meaningfulworld. Daria is passionate about international psychology, healing individuals after traumatic events around the world, advocating for human rights and peace building.



Sowmya Kshtriya, MA

Sowmya Kshtriya holds A Masters in Clinical Psychology from Teachers College, Columbia University. She currently is the United Nations intern for The Association for Trauma Outreach and Prevention (ATOP) Meaningfulworld. She identifies herself as a Global Citizen, and is very passionate about Mental Health and its intersection with Global Humanitarian Issues. She aspires to advance research and clinical initiatives in helping ameliorate mental health issues for disadvantaged individuals across the globe who are victims of natural or human-made adversities.

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Erin Reilly, MA

Erin Reilly holds A Masters in Clinical Psychology from Teachers College, Columbia University. Erin has her Bachelors of Science degree in psychology with a minor in Spanish from the University of Nebraska-Lincoln. Erin has completed several internships; project SAFE (Sexual Abuse Family Education) with the University of Nebraska-Lincoln, Children's Hospital of Omaha's Eating Disorder Program, a research assistant position at St. Lukes-Roosevelt, researching trauma-informed interactions with those in juvenile detention programs in New York City. Erin is the Clinical and Educational Coordinator for The Association for Trauma Outreach and Prevention (ATOP) Meaningfulworld.



Christabel Unobe, MA

Christabel (Belle) Unobe is a development practitioner with a Masters in International Development & Social Change from Clark University, Worcester, MA. She has extensive experience working with marginalized populations and communities in sub-Saharan Africa, the United States, as well as other International countries. She possesses a wealth of knowledge and experience advocating for inclusion of youth in decision-making processes. She has researched and written on women and girls rights and health. Presently, Belle is undertaking a research in understanding the challenges of resettlement of Syrian Refugees in the Tri-State area. Belle is the Youth Empowerment Program Coordinator for The Association for Trauma Outreach and Prevention (ATOP) Meaningfulworld.



Elizabeth Zick, PhD

Elizabeth (Beth) Zick holds a PhD in clinical psychology from the City University of New York and Barnard College. She specializes in the treatment of children and families with histories of complex trauma and disrupted attachments, provides forensic psychological evaluations for children applying for asylum in the U.S., and supervises doctoral psychology students at City College and Long Island University - Brooklyn. She serves as the Intern Coordinator for The Association for Trauma Outreach and Prevention (ATOP) Meaningful World.

The Association for Trauma Outreach and Prevention (ATOP) Meaningfulworld promotes the advancement of knowledge about the immediate and long-term human consequences of traumatic events and promotes effective methods of prevention, relief and restoration to those traumatized and to those treating traumatized populations. This goal is accomplished through the recognition of achievement in the advancement of knowledge in the area and through dissemination of knowledge through discussion, education, training, workshops, networking, support of professionals, collaboration with other trauma organizations in the area, mentoring, and the use of knowledge transfer media. ATOP Meaningfulworld is dedicated to fostering a meaningful, peaceful, and just world in which every individual enjoys physical, mental, social, financial, ecological, and spiritual health. A sense of meaning, peace, and justice, although unique to each individual, is achieved through a transformative journey that integrates knowledge and experience with a sense of responsibility and reflection. This transformative process is also attained through healthy relationships that nurture open, honest, and transparent communication, insight into forgiveness, love and spiritual connection, and active collaborations. ATOP Meaningfulworld facilitates this journey through providing information on formal lectures, opportunities for informal networking, outreach to communities local and global humanitarian outreach programs, research and publications. Individual and collective opportunities for change, development, and transcendence are also provided through workshops, clinical interventions, and referrals. These services are provided in a peaceful atmosphere of acceptance, respect, and compassion. At Meaningfulworld, the ultimate goal is to prepare a generation of conscientious individuals who are guided by love, peace, passion, and meaning.