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## Meaningful *World* Newsletter February, 2018



**Saturday, 24 February, 2018**

**Meaningfulworld Full Day**

**Workshop; Integrative Healing & Self-Care**

EQ, Preventing Vicarious Trauma & Post-Traumatic Growth

Program Focus:

- Identify the importance of self-care
- Identify the impact, kinds and other variables of trauma
- Review theorists: Ericsson, Sullivan, Kohlberg, Freud, Frankl
- Learn about United Nation's Sustainable Development Goals
- Identify interventions for recovery, healing, and integration
- Connect and empower self through Mind-Body-Eco-

Spirit

- Integrate tools i.e.: The 7-Step Integrative Healing Model
- Learn ways to nurture Emotional Intelligence (EQ)
- Learn to develop Emotional Genograms
- Learn techniques of mindfulness & meditation

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**Meaningful World**

ASSOCIATION FOR TRAUMA OUTREACH & PREVENTION

**Interns Needed Immediately!**

[www.meaningfulworld.com](http://www.meaningfulworld.com)

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**Meaningfulworld & The Commission On The  
Status of Women  
Parallel Event, 14 March, 2018**

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**ATOP Meaningfulworld  
Youth Empowerment  
Program:**

**Summer Youth Leadership Institute at The  
United Nations**

**24 August - 01 September,  
2018**

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**Meaningful World and The Kupferberg Holocaust  
Center  
At Queensborough Community College  
Launch The 24th Annual Krieger Essay Contest on Preventing**



## Genocides

### FOR HIGH SCHOOL AND COLLEGE STUDENTS

Essay Subject: "What The Legacy Of Genocide Means To Me"

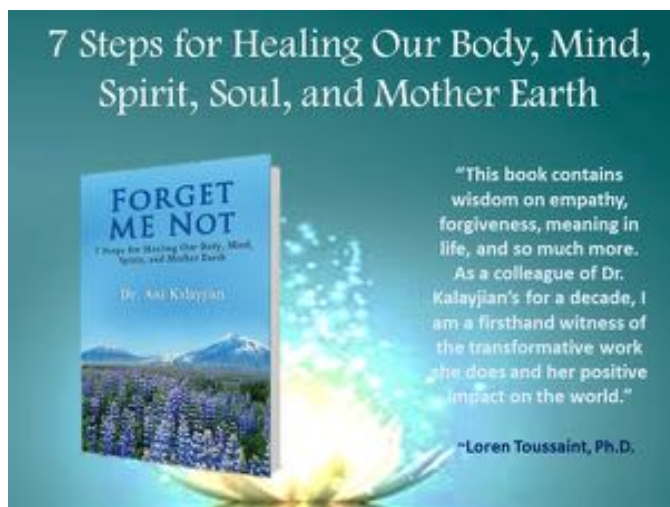
#### Awards

\$100.00 for High School student winner (2 Awards)

\$200.00 for College/University student winner (2 awards)

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## AMAZON BEST SELLER!



**Dr. Ani Kalayjian is living proof that there is a reason people from all over the globe choose to immigrate to America. It was her desire to come to this country with the hopes and the dreams of being free, to receive a good education, find a good occupation, and exercise her human rights. While**

**transcending adolescence and gender discrimination in her former country, she has found a higher level of caring and healthy practices for the prevention of disease and promotion of holistic health, educating the mind and the heart. Her analogy of peeling an onion describes how she found her inner core, the gem, the jewel and the diamond that is her.**

**Dr. Ani Kalayjian's latest book is available on Amazon, get your copy now!**

[ORDER HERE>](#)

## Meaningful World

**Dr. Ani Kalayjian & Lorraine Simmons  
Interviewed by Daren Jaime  
on  
Bronx Net, 18 October, 2017**

Click on the watch video button below to watch full interview.

[WATCH VIDEO >](#)



## Media & Publications

[Forgiveness and  
Meaning of Life](#)



[Radio Interview](#)

[Eye on  
Psi Chi](#)

[Riverdale Press Interview](#)



[Bronx Net Interview](#)

[International Psychology Bulletin](#)

Support! Meaningful projects around the world

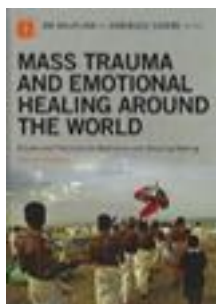
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Download The 7-step Integrative Healing Model



[Download](#)  
*Free resource*

Mass Trauma and Emotional Healing Around the World



[Order](#)

From War to Peace: Meditation CD



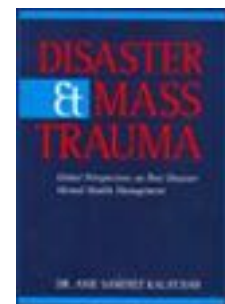
[Order](#)

Forgiveness and Reconciliation



[Order](#)

Disaster & Mass Trauma



[Order](#)

### **ATOP Meaningfulworld:**

Founded in 1990, the Association for Trauma Outreach & Prevention (ATOP) Meaningfulworld, charitable organization affiliated with the United Nations Dept. of Public Information, has achieved international recognition as a leader in training humanitarian outreach professionals as well as responding to two decades of global and local disasters. ATOP is committed to health and global education promoting state-of-the-art scientific theory, peace, forgiveness, consciousness research, internship, and the development of technical skills to train mental health professionals, teachers, psychologists, art therapists, nutritionists, alternative medicine practitioners, clergy, nurses, mediators, interfaith ministers, and lay persons committed to service the self and humanity. Meaningfulworld Humanitarian Outreach Teams have helped rehabilitate survivors from over 45 countries, making a daily difference in people's lives helping to transform tragedy and trauma into healing and meaning-making through post trauma growth, resilience, emotional intelligence, mindfulness, mind-body-eco-spirit health, visionary leadership, empowerment and artful collaboration through a new world view.

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