

# ATOP MeaningfulWorld with Dr. Ani Kalayjian



Saturday, 19 November, 2016



## Post Trauma Healing & Meaning-Making

### Disaster Relief, Rehabilitation, Mindfulness, & Empathy

**Facilitator:** Dr. Ani Kalayjian, Founder – ATOP Meaningfulworld

**Visionary Speaker:** Katherine Hamer, Tibetan Singing Bowls Therapy

#### HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?

Attend this ATOP Humanitarian Relief Certificate Program Transforming Self, Family, Work & Home Environments Utilizing the 7-Step Integrative Healing Model.



#### Program Focus:

- \* Identify impact of trauma on survivors: children, adults, families & communities
- \* Identify interventions for rehabilitation, recovery, healing, and integration
- \* Mentor, empower, and support professionals & the next generation
- \* Empower self through Mind-Body-Eco-Spirit for health & peace-making
- Disseminate global tool, i.e.: 7-step Integrative Healing Model (Biopsychosocial and Eco-Spiritual Model).
- \* Includes didactic presentation of theory, method, research, clinical interventions, fieldwork photo diaries, and techniques



\* This workshop is recommended for those seeking greater understanding of emotional management, lessons learned, transforming vicarious trauma, and Horizontal Violence, peace building, meaning-making and transcendence.

\* This is also for those planning to become Meaningfulworld Ambassadors, and for joining our Humanitarian Outreach Programs around the globe.



**RSVP to:** Lorraine Simmons: [EdCoordinator@Meaningfulworld.com](mailto:EdCoordinator@Meaningfulworld.com)

**Phone:** 201-941-2266

**DATE:** Saturday, 19 November, 2016

**PLACE:** 185 East 85th Street, Mez #4, 2nd floor, Corner of 3rd Avenue

**TIME:** 9am-Breakfast & Registration

9:30 am – 5 pm - Welcome, Lecture, Visionary Speaker, Film, Experiential Soul- Surfing Exercises, Experiential Healing Session and Meditation.

**FEES:** Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$60), ATOP interns (\$30), 4 or more in a group will receive 20% discounts

**Includes:** Breakfast, homemade organic lunch, research package, handouts, film viewing & discussion with Visionary Speaker, Experiential sessions, physical release, Soul-Surfing, meditation, aroma therapy, Bach/Flower remedies, chakra balance, pre- post test, collective gratitude & celebration gift.

Register early as space in this workshop is limited!

\*Pay online by clicking the Sponsor link below and then click on Donate button;

\*Or mail your check to: ATOP, 135 Cedar Street, Cliffside Park, NJ 07010-1003

Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Social Work, Mental Health Counseling, Creative Arts Therapy, and Psychoanalysis

Our Motto: When one helps another, BOTH become stronger

Event:  
Post Trauma Healing and Meaning Making

Register:  
[edcoordinator@meaningfulworld.com](mailto:edcoordinator@meaningfulworld.com)  
or

Call: Dr. Kalayjian at 201-941-2266  
Visit Us: [www.meaningfulworld.com](http://www.meaningfulworld.com)

Thank you to our co-sponsors:

**Co-Sponsors:** The Armenian Constitutional Rights Protective Centre of Armenia, Armenian American Society for Studies on Stress & Genocide (AASSG), Armenian General Benevolent Union of America, and The Tekeyan Cultural Association of Greater New York, Mr. Ucarian, Dr. Gergerian.

**Visionary Speakers:** Joanne L. Harpel, Ranae Jensen, Dawn Bhat, Rev. Jane Y. Lipnitsky, David Kirshbaum, Suzi Tucker & Brooke Marlin