

ATOP MeaningfulWorld with Dr. Ani Kalayjian



Saturday, 29 October, 2016



Integrative Healing & Nurturing Self Care

EQ, preventing vicarious trauma & post traumatic growth

Facilitator: Dr. Ani Kalayjian, Founder – ATOP Meaningfulworld

Visionary Speaker: Kathleen Booker, Conscious Connected Breath Work

HOW CAN YOU MAKE YOUR LIFE MORE MEANINGFUL?

Attend this ATOP Humanitarian Relief Certificate Program Transforming Self, Family, Work & Home Environments Utilizing the 7-Step Integrative Healing Model.



Program Focus:

- Identify importance of self care
- Identify impact, kinds and other variables of trauma
- Review theorists: Erickson, Sullivan, Kohlberg, Freud, Frankl & Ruiz
- Learn about United Nation's Sustainable Development Goals
- Identify interventions for recovery, healing, and integration
- Connect and Empower self through Mind-Body-Eco-Spirit
- Integrate and disseminate global tools i.e: The 7-step Integrative Healing Model
- Learn ways to nurture Emotional Intelligence (EQ)
- Learn to develop Emotional Genograms to understand family dynamics & generational transmissions
- Learn techniques of mindfulness & meditation
- Includes didactic presentation of theory, method, research, clinical interventions, fieldwork photo diaries, and techniques



* This training is recommended for those seeking greater understanding of emotional management, lessons learned, transforming vicarious trauma, and Horizontal Violence, peacebuilding, meaning-making and transcendence.

* This is also for those planning to become Meaningfulworld Ambassadors, and for joining our Humanitarian Outreach Programs around the globe.



RSVP to: Lorraine Simmons: EdCoordinator@Meaningfulworld.com

Phone: 201-941-2266

DATE: Saturday, 29 October, 2016

PLACE: 185 East 85th Street, Mez #4, 2nd floor, Corner of 3rd Avenue

TIME: 9am-Breakfast & Registration

9:30 am – 5 pm - Welcome, Lecture, Visionary Speaker, Film, Experiential Soul Exercises, Experiential Healing Session and Meditation.

FEES: Full (\$125), Graduate students or retired (\$75), Undergraduate students (\$60),

ATOP interns (\$30), 4 or more in a group will receive 20% off

Includes: Breakfast, homemade organic lunch, research package, handouts, film viewing & discussion with Visionary Speaker, Experiential sessions, physical release, Soul Surfing, meditation, aroma therapy, Bach/Flower remedies, chakra balance, pre-post test, collective gratitude & celebration gift.

Register early as space in this workshop is limited!

*Pay online by clicking the Sponsor link below and then click on Donate button;

*Or mail your check to: ATOP, 135 Cedar Street, Cliffside Park, NJ 07010-1003

Receive Continuing Education Credits for the following professions: Marriage & Family Therapy, Social Work, Mental Health Counseling, Creative Arts Therapy, and Psychoanalysis

Our Motto: When one helps another, BOTH become stronger

Event:
Nurturing Self Care and Integrative Healing

Register:
edcoordinator@meaningfulworld.com

or
Call: Dr. Kalayjian at 201-941-2266

Thank you to our co-sponsors:

Co-Sponsors: The Armenian Constitutional Rights Protective Centre of Armenia, Armenian American Society for Studies on Stress & Genocide (AASSG), Armenian General Benevolent Union of America, and The Tekeyan Cultural Association of Greater New York, Mr. Ucarian, Dr. Gergerian.

Visionary Speakers: Joanne L. Harpel, Ranae Jensen, Dawn Bhat, Rev. Jane Y. Lipnitsky, David Kirshbaum, Suzi Tucker & Brooke Marlin