

A TOP MEANINGFULWORLD NEWSLETTER



WHEN ONE HELPS ANOTHER BOTH BECOME STRONGER

November 2015



Meaningfulworld Newsletter: Fall

November 2015

Meaningfulworld and U.N. Celebrate International Day of Peace

20 Sept 2015: The theme of this year's commemoration was "Partnerships for PeaceDignity for All," which aims to highlight the importance of all segments of society working together to strive



for peace. The IDP Committee was successful in getting the UN Secretary-General to launch a 100-day countdown to prepare for meaningful observance of the IDP 2008. This practice of issuing a countdown has continued since then. For the past two years Meaningfulworld has followed this wonderful practice and we have done our 30-day countdown, sending messages of peace through quotations, poetry, and songs on peace and nonviolence. In 2008 the UN Secretary General had stated, "Over the next 100 days, let us stand with the millions of people across the world who are suffering the devastating impact of violence and conflict. Let us share ideas and plans for helping and supporting them in their time of dire need." The seed of peace exists in all of us, but like a diamond we must be able to discover it, clean it, nurture it, and work on it to see its brilliance. [>> Read More](#)



Thank you for your contributions!

Meaningfulworld Humanitarian Mission to Nepal

Imagine suddenly having your home and loved ones ripped away from you. Imagine not having a livelihood, employment, food, and electricity. This is what is motivating us to leave the comfort of our homes and go to Nepal and make a difference in the struggling communities. According to the Humanitarian Data Exchange, over 8,000 people have been killed, and there are 2,800,000 who are still in need of assistance (OSCO, 2015). Meaningfulworld is going to Nepal to empower the survivors by helping them to release their grief, trauma and suffering, to give them tools for healing through workshops, empathy, dialogue, conflict transformation, and to teach trainers and healers, as well as to conduct research to share with the scientific and diplomatic communities around the world. [>> Read More](#)



Meaningfulworld Humanitarian Training Program

On Saturday, 26 September 2015, approximately 20 people gathered to be educated on humanitarian relief and self-care. The day included a presentation, visionary speaker on suicide bereavement, Heart-to-Heart Circle, Soul Surfing, the sharing of wisdom and encouragement for those expressing past traumas and essentially, acceptance, validation, empathy, and mindfulness. The tranquility and peacefulness ruminating throughout the space only strengthened the bond between the attendees, proving to be an open, loving and empathic space. Thus began the first day of Meaningfulworld Ambassador Training 2015-2016. [>> Read](#)

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ATOP Meaningfulworld: Founded in 1990, the Association for Trauma Outreach & Prevention (ATOP) Meaningfulworld, charitable organization affiliated with the United Nations Dept. of Public Information, has achieved international recognition as a leader in training humanitarian outreach professionals as well as responding to two decades of



global and local disasters. A TOP is committed to health and global education promoting state-of-the-art scientific theory, peace, forgiveness, consciousness research, internship, and the development of technical skills to train mental health professionals, teachers, psychologists, art therapists, nutritionists, alternative medicine practitioners, clergy, nurses, mediators, interfaith ministers, and lay persons committed to service the self and humanity. Meaningfulw orld Humanitarian Outreach Teams have helped rehabilitate survivors from over 45 countries, making a daily difference in people's lives helping to transform tragedy and trauma into healing and meaning-making through post trauma grow th, resilience, emotional intelligence, mindfulness, mind-body-eco-spirit health, visionary leadership, empow erment and artful collaboration through a new w orld view .

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