

Meaningfulworld Ambassadors

International Humanitarian Integrative Healing & Outreach Practitioners

www.Meaningfulworld.com

2014 Graduates

Blanka Angyal



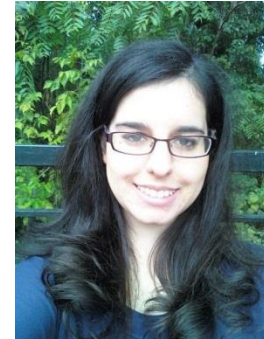
Blanka is an ethnic Hungarian who grew up in Romania and immigrated to the US ten years ago. She received an undergraduate degree in Forensic Psychology at John Jay College of Criminal Justice, and a Masters of Arts and Masters of Education in Counseling Psychology from Columbia's Teachers College. Blanka participated in an ATOP humanitarian outreach mission to the Middle East where she had an opportunity to observe and help facilitate the healing of diverse communities exposed to acute and chronic trauma. Blanka serves as ATOP Meaningfulworld's Clinical Coordinator and Research Intern.

Emily Bales



Emily received a BS from the University of California at Davis in psychology. She is currently working on her Master's degree in Psychology in Education at Teachers College, Columbia University. After graduation, Emily plans to pursue a PhD, and to utilize mindfulness-based practices and the skills she has learned through Meaningfulworld to help individuals with anxiety disorders and PTSD. She will be traveling to Haiti with Dr. Kalayjian and the Meaningfulworld Team later this month on a Humanitarian outreach mission, follow up to other teams who've worked in Haiti since the devastating earthquake in 2010.

Victoria Garrick



Victoria graduated in 2012 with a BS in Diplomacy and International Relations from Seton Hall University. Prior to ATOP Meaningfulworld, Victoria interned for Amnesty International's New York Office, as well as a research center at the University of Strasbourg. Victoria will be working for AmeriCorps in the near future, while she looks into perusing a joint JD/MSW Degrees. Victoria's aim is to learn about the fields of psychology and social work while contributing to ATOP's missions locally and globally. She currently works as Press Secretary and Research Intern for ATOP Meaningfulworld.



Alexa Kauffman

Alexa received a BA in psychology from Drew University in 2012. Alexa is currently a student at Teachers College, Columbia University where she will receive an MA in psychology by May 2015. Currently, Alexa is focusing her studies on spiritually oriented psychotherapy with a goal of researching how psycho-spiritual treatment methods can and are integrated into established evidence-based treatment strategies. This June, Alexa will join the ATOP Meaningfulworld humanitarian mission to Haiti to help teach and implement the 7-step Biopsychosocial and Eco-Spiritual model of healing to those traumatized by the 2010 earthquake, as well as to students of psychology, social work and nursing.

Shulamit Lazarus



Shulamit EFT is an alumna of The Columbia University School of Nursing since 1984. The focus of her work is clearing beliefs that limit the full expression of abundance in her clients' lives. To that end she addresses loss, fears, trauma, addictive behaviors, as well as success, creativity and personal performance and intimacy blocks. Shulamit integrates the following in her work as an Intuitive Psychosynthesist: advanced Emotional Freedom Techniques, Imagery, Matrix Reimprinting, Homeopathy, Energetic Healing, and Life Coaching.

Evelyn Lopez-Castillo



Evelyn holds a medical degree from her Native Dominican Republic as well as a double Master's degree from Western Michigan University in Public Administration & International Development. Her main focus has been International Health Care Services, and in particular the design, implementation and evaluation of programs aimed at averting preventable diseases in developing countries. This interest was largely influenced by her year-long tenure with the National Program against Malaria in the Dominican Republic. Evelyn currently serves as Coordinator of ATOP Meaningfulworld's Research and Grants Committees.

Blerina Marku



Blerina holds a Bachelor's Degree in Social Work from the University of Tirana, Albania. While she was a student she interned at the Mental Development Community Center in Albania. Her passion is to pursue social justice and equal rights for everyone regardless of gender, race, or social class. She embraces the internship at ATOP as a precious opportunity to expand her knowledge and further develop her skills in the field of social work. Currently, Ms. Marku works in the tourism field communicating with a multilingual clientele, which brings richness to her work. Ms. Marku plans to pursue a master's degree in social work. Blerina Marku is the Public Relations Coordinator at ATOP Meaningfulworld.

Lorraine Simmons



Lorraine received dual Bachelor's degrees in Fine Arts and Education from the University of Southern Maine in 1982 and she is certified through The New School in Art therapy. She has worked in the New York City School system as a teacher and a parent coordinator. Currently, Lorraine volunteers at the Cathedral of St. John of the Divine as a licensed Lay Eucharistic Minister and senior altar server. Lorraine has experience assisting with choreography and organizing the other volunteers at the Cathedral for weekly and special services, she is also a member of the Vestry for the congregation of St. Saviour. Lorraine is an active member of The Order of Urban Missioners with the NY chapter. Lorraine comes to Meaningfulworld with excitement and a deep commitment to support Dr. Ani Kalayjian and Meaningfulworld Ambassadors who are graduating as humanitarian outreach practitioners.