

Meaningful World

The Association for Trauma Outreach & Prevention (ATOP)

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Meaningfulworld Participates in 28th Behavioral Conference at Fordham University on Promoting Human Rights around the World

Andre' Der-Artinian and Viviana Velastegui

New York City, October 23, 2016

On Sunday October 23rd, student and faculty researchers from over 25 institutions converged on Fordham University for the 28th Greater New York Conference on Behavioral Research. This Conference included 44 presentations by 70 presenters in 15 panels of scientific presentations, selected by a review committee of faculty from area colleges. About one-third of these presenters were student researchers delivering their first conference presentation.

Meaningfulworld organized and held a panel entitled: Youth nurturing peace globally: At United Nations and at Meaningfulworld. Dr. Kalayjian as the chair and mentor for the students welcomed the audience with an introduction of Meaningfulworld, the purpose of Meaningfulworld humanitarian missions, and opportunities for internship, research, mentorship, and local and global healing. The presenters were Andre' Der-Artinian, Viviana Velastegui, and Irene Ananyan.



Andre' Der-Artinian



Viviana Velastegui



Irene Ananyan

Andre' started his presentation on the UN International Day of Happiness. The 20th of March the UN celebrates the "International Day of Happiness." This date was chosen because the sun is on the same plane as the earth's equator, so that day and night are of equal length, creating balance in the earth's celestial coordinate systems. The International Day of Happiness is a movement to promote happiness as a universal goal

and aspiration in the lives of human beings around the world. An annual global day of awareness is scheduled with activities to provide connectivity and education.

Viviana followed and presented on the mission of Meaningfulworld in Armenia. When a disaster strikes anywhere in the world, countries and their citizens become devastated. Whether the disaster is natural or human-made, all who are involved experience some form of trauma. Our Team witnessed examples of these traumas while working in Armenia. Our teams trained social workers, psychologists, physicians, and orphanage personnel to utilize the seven-step Integrative Healing Model and helped facilitate these agencies' implementation of the model in their own practices. Many common themes were shared. Among these were generational transmission of trauma of the Ottoman-Turkish Genocide of 1915 and the ongoing territorial conflict with Azerbaijan.

Our next presenter, Irene gave a detailed information re the **7-Step Integrative Healing Model**. The seven steps of this model are: 1) assess levels of post-traumatic stress; 2) encourage expression of feelings; 3) provide empathy and validation; 4) encourage discovery and expression of meaning; 5) provide information 6) Connect with Mother Earth, and 7) conduct breathing and movement exercises.

A short film about Meaningfulworld's Mission in Haiti followed. Dr. Kalayjian spoke about the **Meaningfulworld Heart-Hug Dolls**, and invited the group to join in on the Heart-to-Heart Circle of Love and Gratitude.



Heart-to-Heart Circle of Love and Gratitude

The reception saluted five Guests of Honor for their leadership in international work: Ambassador Hamid Al-Bayati from Iraq, Maria Pia Belloni-Mignatti a member of the Executive Committee of the NGO Committee on Migration, Lisa M. Lancia director of the Office of International Initiatives is Linda C. Lubranski Coordinator of Global Studies; Director of Academic Engagement at St. Joseph's College, and Francis Petit Associate Dean of Global Initiatives, Gabelli School of Business.

The next scheduled training workshop will be on Saturday, November 19 2016, all are welcome. Kindly, RSVP info@meaningfulworld.com, visit: www.meaningfulworld.com

Founded in 1990, Meaningfulworld, the Association for Trauma Outreach & Prevention (ATOP), affiliated with the United Nations, has achieved international recognition as a leader in training humanitarian outreach professionals as well as responding to two decades of global and local disasters. Meaningfulworld is committed to global education promoting state-of-the-art scientific theory, peace and consciousness research, and the development of technical skills to train mental health professionals, teachers, psychologists, art therapists, nutritionists, alternative medicine practitioners, clergy, nurses, mediators, interfaith ministers, and laypeople committed to service. Meaningfulworld Humanitarian Outreach teams make a daily difference in 45 countries in people's lives helping to transform tragedy and trauma into healing through post-trauma growth, guidance, empowerment, mindfulness, and meaning-making through a new worldview. Ask yourself... Ask your friends... What makes your world more meaningful?

Our Motto: When one helps another, BOTH become stronger