MEANINGFULWORLD

NEWSLETTER SUMMER ISSUE 15 AUGUST 2012

Photography by Wesley Beeks & Dr. Ani Kalayjian

ATOP Meaningfulworld at United Nations

Save The Date!

ATOP Meaningfulworld, has collaborated with the Bronx Museum of Arts and other like-minded organizations, to commemorate the United Nations International Day of Peace, on 21 September. Please join us in celebration and recognition of those who create peace in our local and global communities.

Location: Bronx Museum of Arts. Located 1040 Grand Concourse Bronx, NY
www.bronxmuseum.org
Date: Friday, 21 September, 2012
Time: 4:00pm to 6:00pm
Organized by: ATOP Meaningfulworld
Music: Elizabeth Tomboulian, Jazz, Nevard Shadarevian, classical and others
Awardees: Are selected from the United Nations, Academia, Corporations, NGO's and local and national government
Co-Chairs: Dr Ani Kalayjian & Wesley James Beeks
Event Manager: Mileka Ackie
Planning Committee: Leysa Cerswell, Nira Shah, Kelsi Kimball, Michael Reda, Katrina Martinez, Richard Griff, Jessica Harlow
Artistic Director: Lisa Schiller
Youth Art will be displayed from around the globe
Kindly RSVP: by 1 Sept. to Leysa cersl233@newschool.edu, or call Dr. Kalayjian at 201-941-2266

United Nations

The Secretary-General's comments on the meeting of the High Level Task Force on Global

Food Security
New York, 27 June 2012

On the morning of June 27, 2012 the Secretary-General chaired a meeting of the High Level Task Force on Global Food Security. The Secretary-General welcomes the strong outcome from Rio+20 on foods and nutrition security. Following the launch of the Zero Hunger Challenge last week, the High Level Task Force will be reoriented to focus on the Challenge's five objectives as a guide for a coherent UN system approach to food and nutrition security. The Secretary General noted that since it was established in 2008, the Task Force had made progress in devising a common comprehensive framework for action for the UN system in food and nutrition security, particularly during recent food crises. It helped forge united positions among its member agencies in Rio and at the G8 and G20 summits. The High Level Task Force also supports the Committee on World Food Security as the primary governance body for food and nutrition. But with close to 1 billion people still experiencing chronic hunger, he urged agencies, governments, businesses, civil society organizations and the scientific community to eliminate hunger in our lifetimes.

NGO Relations, DPI
United Nations
Read more at www.un.org/dpi/ngosection

ATOP MEANINGFUL WORLD AT UN

DPI Briefing, Annual Town Hall Meeting
28 June 2012
North Lawn Building, Conference Room 4
Katrina Martinez, UN Intern, ATOP Meaningfulworld

The UN Department of Public Information held its last meeting of the season, town hall style on Thursday 28 June 2012. Due to some minor miscommunication, I walked into the meeting about 15 minutes late, missing the opening remarks from Maria Luis-Chavez. When I walked in, Gail Bindley- Taylor and Felipe Queipo had just begun the introduction to the newly designed DPI/NGO Relations website. This newly launched website is at outreach.un.org/ngorelations. The website was created to increase efficiency and communication, which many were glad to hear as some had been confused about the location of this last meeting. Gail and Felipe spent about 45 minutes going over all of the new features and links on the website, which looks amazing. What will be particularly useful on the website is its Calendar link, which will show the dates, times, and locations of the briefings, as well as for NGO events that are reported to the DPI at least a week in advance. They also announced the launch of the new DPI NGO Twitter and Facebook. The account name for Twitter is @UNDPINGO, and the Facebook name is the same without the @ sign. Everyone was very excited about these new communication and networking tools now available to the NGO community.

read more at http://meaningfulworld.com/images//dpi%20briefing%20town%20hall%2028%20june%202012.pdf
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ATOP Meaningfulworld Youth Empowerment Program

The goals of the Youth Empowerment Program (YEP) are to diminish bullying/cyber bullying, increase awareness about its harmful consequences, to promote positive growth and empowerment through relationship building, non-violent communication, Emotional Quotient (EQ), improved empathy and self-esteem. Other goals include increase trust, improve relations among the students in each class, and encourage response instead of reaction. If you like to make a difference in the life of a youth, kindly contact Director of the YEP:

Crystal:crystalbfree@gmail.com

Conflict Resolution: A Discussion with Leaders in the Field
25 June 2012
Australian Consulate-General

Katrina Martinez, UN Intern, ATOP Meaningfulworld

On Monday 25 June, the New York Young Leaders' Program (NYYLP) held a panel discussion at the Australian Consulate-General. The presentation included discussion from three prominent women in the field, Judge Memooda Ebrahim-Carstens, Dr. Beth Fisher-Yoshida, and Rachel Dore-Weeks, mostly speaking about their experience in the field of conflict resolution. These women were able to provide us with insightful information in and around the field, which finds its way into almost every field of work we encounter.

read more at http://meaningfulworld.com/images//conflict%20resolution%40australian%20ambassy%202012.pdf

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Preventing War, Violence, & Genocide- Critical New Approaches to Making Prevention Work
12 June 2012
United Nations Church Center

Katrina Martinez, UN Intern, ATOP Meaningfulworld

"We must be attentive to the smoke so we don't have to put out many fires," Dr. Robert Zuber said as he opened up the presentation on new approaches to preventing war, violence, and genocide. Brief introductions were given by Volker Lehmann, policy analyst of Friedrich- Ebert-Stiftung, and Chetan Kumar, senior conflict prevention advisor of the UN Development Programme. Mr. Kumar took special care to note that it is important for us to build capacities for individual country prevention and healing through organized structures. We must transform from intervention to accompaniment in countries that are affected by violence, he advised.
After the brief introductions by Dr. Zuber, Mr. Lehmann, and Mr. Kumar, Kai Brand-Jacobsen, director of the Department of Peace Operations in Romania shared a PowerPoint presentation.

read more at: http://meaningfulworld.com/images//preventing%20war%20un%20final%20aug%202012.pdf

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ATOP MEANINGFULWORLD MIND-BODY-ECO-SPIRIT HEALTH CONFERENCE & GRADUATION OF MW: NURTURING RESILIENT & SUSTAINABLE COMMUNITIES

United Nations, New York City Headquarters, 14 June 2012

ATOP Meaningfulworld Team: Meaningfulworld Ambassadors, interns, officers, and volunteers.

ATOP Meaningfulworld hosted its annual Mind-Body-Eco-Spirit Health Conference on 14 June 2012.The program placed emphasis on health, unity and peace as global solutions for vulnerable populations. Concomitantly, the conference focused on nurturing resilient and peaceful communities. The conference aimed at presenting insight about healing and holistic remedies with a panel of distinguished speakers and researchers, and it honored the work of ATOP Meaningfulworld Ambassadors and Interns. The keynote speaker, Gary Null, delivered a very insightful and motivating presentation.

Alvona Mindlin in yoga practice

Read more at http://meaningfulworld.com/images//mind_body_spirit_14_june_2012.pdf

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ATOP Meaningfulworld Humanitarian Outreach

Meaningfulworld Humanitarian Outreach Projects in 2012

May: Palestine/Israel, June: Haiti
28 June -13 July: Kenya, Rwanda & DR Congo
October: Palestine/Israel
November: Punjab, India

ATOP Meaningfulworld humanitarian outreach projects 2013

April: Republic of Armenia: healing and transforming generational transmission of trauma
June: Haiti, rehabilitation, meaning making, and empowerment
28 June- 14 July 2013 Africa: Kenya, Rwanda, DR Congo: healing, empowerment, and mind-body-eco-spirit health.

2012 PSYCHOSOCIAL GLOBAL OUTREACH PROJECTS

ATOP Meaningfulworld Follow up Humanitarian Mission to Africa:
Kenya, Rwanda, and DR Congo
Dr. Ani Kalayjian

The 7-Step Integrative Model was used successfully. People reported feeling relaxed, reporting a reduction in stress and an inner peace after the experiential sessions. The audience received a certificate from ATOP Meaningfulworld. ATOP team worked with over 3,511 people in 3 countries, and built bridges, and committed to follow up mission next year.

read more at http://meaningfulworld.com/images/africa%20mission%20july%2026%2C%202012.pdf

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ATOP Meaningfulworld Psychosocial Rehabilitation Mission for Haiti:
Healing, Ecology & Spirituality: Utilizing the 7-step Integrative Healing Model in Haiti – ATOP Meaningfulworld Team 5
Haiti - New York 2012
Dr. Ani Kalayjian

It is difficult to imagine that although 2.5 years have passed since the devastating earthquake in Haiti, still homes are not reconstructed; there is no running water, no electricity, no food, and people are still living in tents. You are still morning for your loved ones killed in the quake. Although the pain is becoming less heart wrenching, you are extremely frustrated and disappointed for the status quo, as no one even talks about reconstruction and getting out of tent cities. The fifth team of the Association for Trauma Outreach & Prevention (ATOP) Meaningfulworld witnessed many people in these extreme situations. Well over 50% of Haiti's population is still suffering from these issues of survival. Our team began the mission with the 2nd International Conference on Spirituality and Psychotherapy, with a theme: International Conference on Spirituality, Psychotherapy and Ecology in Haiti: An interdisciplinary approach towards healing. The conference was organized by Fr. Wismick, Vice President of the University of Notre Dame in Haiti. Over 176 practitioners, students, faculty of social work, psychology, theology, and nursing gathered at the University of Notre Dame for this transformative conference. After the two-day conference, we began our outreach through the Community Hospital, the Boy's Orphanage, and other areas. The focus of all ATOP teams was to help survivors recover from feelings of helplessness, fear, nightmares and uncertainty, which are normal symptoms after such a horrendous calamity, to guide them to learn about themselves, their resilience, and to find a new meaning. The ATOP team was led by Dr Ani Kalayjian, and after her departure by Lisa Schiller, team members were: Michele Gones, Shayla Tumbling, and Richard Griff.

Haiti Rehabilitation Team 5: Lisa Schiller, Shayla Tumbling, Michele Gonen, Richard Griff, and translator Billy Prophet.

read more at ***http://meaningfulworld.com/images/atop%20haiti%20press%20release.pdf***

http://meaningfulworld.com/images/haiti%20mission%2015%20june%202012.pdf

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Reflections on Continued Human Rights Violations in Israel/Palestine: 7 Step Integrative Healing and the Role of Human Rights Education

Dr. Ani Kalayjian

Ubuntu unity circle with the Palestinian Women's group

For my first day in "Israel" I went to a very old Palestinian village called Akka, But Israelis call it Akko. Shakespeare may have inquired, "What's in a name?" but one letter can inform people of your political alliance. The beautiful old city of Akka, which is right on the Mediterranean Sea, is situated at the north of the country only about an hour away from the Lebanese border. This "old city" is surrounded by walls-not the new Israeli Apartheid walls, but rather ancient Ottoman walls. It is populated only by Palestinians, who are called "Arabs" by the Israeli government and who are forbidden from displaying their Palestinian flag. Outside the old city are several blocks that are "integrated," meaning there are a few Palestinian families residing among many new arrivals of Jews from Russia and Europe who flaunt of Israeli flags on their balconies everywhere, especially since Israelis were celebrating their independence while Palestinians remembered the horrors they experienced for the Israeli Independence.

Israelis and Palestinians coming together

The next two days were spent at the conference on Building Peace Through Knowledge, a Palestinian-Israeli project jointly implemented by USAID and Ben-Gurion University of the Negev in Beer-Sheva, Israel, and funded by the generous support of the UDAID Conflict Mitigation and Reconciliation Program. Two presentations were giving on the first day. One lecture was about the mental health impact of the Israeli occupation of Palestine led by Dr. Tawfiq Ali Mohammad Salman, a Palestinian consultant and childhood and adolescence psychiatrist, the manager of SOS Psychosocial Services in Ramallah in the West Bank, and the president of PACAMH. The second presentation was given by me. I addressed the impact of the continued Israeli political violence and how psychological science lacks clear

intervention with regard to how to heal ongoing wounds, as the Israeli-Palestine trauma is never post but rather continuous, chronic, and malignant. Violence has increased in both nations as a result of the Israeli Gaza occupation because violence is contagious: It passes through generations and makes us abuse those whom we love the most. There is no peace without peace of mind! Both nations must embrace the importance of love and respect for each other – they must acknowledge and accept the existence of the other. There is no I without Thou.

At the end of the healing circle, hugging and embracing one another

ATOP Team interviwed on MNN TV addressing global health.

read more at http://meaningfulworld.com/images/palestine%20israel%20trasnforming%20conflict.pdf

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APA NEWS

ATOP Meaningfulworld

2012 APA Convention, Orlando, Florida 1-5 August, 2012

1 August, Wed, 2-6 PM, 2012. Division 52 International Psychology Board Meeting, Atlantic Room, Peabody Hotel

2 August, Thurs, 1-1:50 PM. Survivors and Consumers of Sexual Trafficking – Research findings, causes, treatment, what the United Nations is doing. Dr. Kalayjian & Dr. Pipinelli, Co-chairs. Room W108B Convention Center

2 August, Thurs. 2-2:50 PM. Mobilizing local sustainable resources for promoting emotional health in Haiti. Dr. Kalayjian will present on ATOP Meaningfulworld's Multi-team Psychosocial Rehabilitation in Haiti. Room W311E Convention Center

4 August, 10-10:50 am, Mentoring Committee Meeting, at Div. 52 Suite (TBA) Dr. Kalayjian Chairing

4 August, 11-11:50 am, Disaster mitigation and violence prevention Committee meeting, Dr. Kalayjian Chairing

5 August 9-9:50 am, ATOP panel on: Achieving peace through forgiveness: Perspectives from the DR Congo, Kenya, Haiti, and Romania.

WNGE News

8 March, World Wide Network for Gender Empowerment at fielding graduate university had its successful first Webiner on Global Health lead by Dr. Anna Di Stefano. WNGE Fellow Latisha Ferrara was invited to speak on a panel at the United Nations, organized by ATOP Meaningfulworld. The panel took place on 8 March, on the International Women's Day and UN Commission on the Status of Women's 56th convention addressing women's issues as they impact humanity at large.the next webinar will take place on 17 october, 4:24 pm est

kindly visit www.fielding.edu for more details.

AASSSG News

Organized Symposium on Preventing Genocide at the United Nations
Nations Acknowledging their Dark History: Psychosocial, Economic and Cultural Perspectives

On 12 April, 2012 AASSSG, and the Association for Trauma Outreach and Prevention, with like-minded NGOs & a UN Mission, sponsored an important event held to spread awareness about genocide prevention. This year our symposium was entitled, “Nations Acknowledging their Dark History: Psychosocial, Economic and Cultural Perspectives” which took place in Conference Room E, at the United Nation Headquarters in New York City. Chaired by dr Kalayjian, Among the guest speakers were Dr. Carla Garapedian presented on the economic impact of genocide, Prof. Ervin Staub, PhD, Professor Emeritus and Founding Director of the doctoral program of the psychology of peace and violence at the University of Massachusetts, Prof. Dennis Papazian, PhD, noted expert on genocide, Professor Emeritus of the University of Michigan Founding Executive Director of the Armenian Assembly of America in Washington, D.C., Grand Commander of Knights & Daughters of Vartan.

read more at http://meaningfulworld.com/images/preventing%20genocide%20press%20release.pdf

ATOP MEANINGFUL WORLD OUTREACH TO THE COMMUNITY

The Fourth Annual “Run the Palisades” 5K & Diabetes Health Fair
at the Fort Lee Community Center, May 20, 2012
Katrina Martinez, ATOP Intern

On 20 May, 2012 from 9:30 AM to 12:30 PM, Fort Lee, Cliffside Park, and the Diabetes Foundation hosted their 4th annual “Run the Palisades” 5K & Diabetes Health Fair at the Fort Lee Community Center. Runners of all ages were invited to participate in the day’s events which included a Healthy Kids Fun Run and the 5K run. Local hospitals, physicians, trainers, health food and product distributors, and various other health experts participated in the health fair which was held inside the gym of the Fort Lee Community Center. Association for Trauma Outreach & Prevention (ATOP) Meaningfulworld, for the 2nd year, had a table set up to provide free emotion, depression, ADHD and self-esteem screenings. Representatives of ATOP were: Dr. Ani Kalayjian, Founder & President, Katrina Martinez, ATOP United Nations Intern, and Jaklin Tumurci, ATOP dedicated Volunteer. Overall, it was a fun and meaningful event for a beautiful Sunday morning, we were able to get a free chair massage, connect with wonderful people, guide those who wanted to integrate new modalities, and learn from other practitioners.

read more at http://meaningfulworld.com/images/diabetes%20health%20fair%20%26%20atop%202012.pdf

TOOLS FOR SELF-EMPOWERMENT

12 Secrets of Visionary Leaders
Dr. Ani Kalayjian

Leadership is the highest spiritual calling. As leaders, the starting point is with you, with me, with us; it's managing our whole self—mind, body, and eco-spirit, by utilizing the spirit that lies within. Eleanor Roosevelt once said, "A good leader inspires people to have confidence in the leader, a great leader inspires people to have confidence in themselves." It turns out, the skills and talents necessary to guide your community to raise its consciousness are possible to develop, and we can all do so with mindfulness, determination, patience, and commitment. Visionary leaders take courageous paths that others may fear to embark upon. Visionary leadership is not just about meeting a goal: It's about making a difference. A visionary leader gathers a circle of dedicated individuals, communicates effectively with team members, and other like-minded leaders, do not take things personally, area authentic and mindful, know his or her obstacles, creates a "team character", believes in their team and empowers them, gives positive reinforcement and constructive criticism, keeps the team engaged, practices calmness and meditation for inner peace, prioritizes and perceives, and is a positive role model to navigate chaos peacefully.

read more at http://meaningfulworld.com/images//12%20secrets%20of%20successful%20visionary%20leaders.doc

12 Steps for a Healthy, Happy, and Meaningful Life
Dr. Ani Kalayjian

Dr. Kalayjian suggests that twelve steps for a healthy, Happy, and Meaningful Life include: be present in the moment, monitor your thoughts to prevent them from becoming automatic negative actions, be grateful for every experience, be flexible in mind, body, and spirit, be compassionate and empathetic, be forgiving, express love daily, find your passion, purpose, and meaning, stay observant and explore, clear your mind, build trusting relationships, maintain harmony between your head, heart, gut, and hands.

read more at http://meaningfulworld.com/images//12%20steps%20for%20a%20happy%2C%20healthy%2C%20%26%20meaningful%20life.doc

Upcoming ATOP Meaningfulworld Humanitarian Psychosocial Outreach Training Programs

Healing, Peace-Building, Empowerment Training Dates for 2012-2013

29 september 2012
27 october 2012
17 november 2012
7 December Interfaith Healing Circle, no training
26 January 2013
23 February 2013
30 March 2013
27 April 2013
18 May 2013
13 June 2013 Graduation and Annual Conference

Future Events, 2012

August

2-5 August, APA Annual Convention at Orange County Convention Center, Orlando FL.
http://www.apa.org/convention/index.asp

September

September 13 6:00 pm nyu hospital for joint diseases, NAHN Annual conference, dr kalayjian will be keynote speaker.

21 September ATOP Meaningfulworld has collaborated with the Bronx Museum of Arts and other like-minded organizations, to commemorate the United Nations International Day of Peace, on 21 September. Please join us in celebration and recognition of those who create peace in our local and global communities. The following will take place at this event: ATOP film of Sierra Leone mission, award ceremonies, musical entertainment, youth artistic talent. Food and drinks will be served.

29 september ATOP Meaningfulworld Humaitarian Outreach Training Program

October

6 October, When Stress Causes Pain: Innovative Treatments for Psychophysiologic Disorders at The NY Academy of Medicine. For further info contact Frances Sommer Anderson , PhD
stree.causes.pain@gmail.com
17 October
26 October, Week of Spirituality Energy for All and Intergenerational Collaboration.

November

12-15 November, Energizing Analytical Solutions - 2012 Eastern Analytical Symposium& Exposition at Garden State Exhibit Center, Somerset NJ. http://www.eas.org/

December

7 December, 11th pre-Holiday Interfaith *Spiritual Healing Circle & Mind-Body-Spirit Festival* at John Jay College of Criminal Justice Multi-Purpose Room, 445 W 59th St (bet 9th & 10th Ave), 2nd floor

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Past Events, 2012

May

3 May, Psychology on International Humanitarian Outreach Program around the Globe: Healing, Transforming, Developing and Empowering at Teachers College Columbia University. http://www.tc.edu/ Palestine/Israel

April

12 April - ATOP Meaningfulworld Symposium on Preventing Genocide: Nations Acknowledging their Dark History: Psychological, Economic, and Cultural Perspectives, at the United Nations.

12-14 April, Behavioral Science Conference: Toward a Global Psychology at St. Francis College, Brooklyn NY. http://www.stfranciscollege.edu/eventsDetailsNoReg.aspx?Channel=/Channels/Admissions/Admissions%20Content&WorkflowItemID=b478660a-5d90-4bb8-ba6e-8b5e07de6ffa

8 April, The 8th Annual Morton Deutsch Awards for Distinguished Contributions to Social Justice at Teachers College Columbia University. Please RSVP icccr@tc.edu

March

1-3 March, ATOP organized a panel on International Disaster Relief at the International Program, Eastern Psychological Association at Westin Convention Center, Pittsburgh PA. http://meaningfulworld.com/images/epa%202012.pdf

8 March, on the International Women's day and UN commission on the status of women's 56th convention ATOP Meaningfulworld organized a symposium addressing women's issuess as they impact humanity at large.

February

29 February, ATOP was one of handful peace and conflict resolution organizations at the Columbia University Internship Fair.

8 & 22 February, Meditation Session with host A. Kalayjian, continuing every other Wednesday.

21-25 February, ATOP Meaningfulworld presented at the Annual Conference of the Trainers of School Psychology, at Philadelphia, PA.

22-25 February, Meeting of Society for Cross-Cultural Research at The Rivera Hotel & Casino, Las Vegas. http://www.sccr.org/sccr2012/

15 February, Dr Kalayjian presented a lecture at NYU Medical Center on Transforming Bullying, Teasing, and other Forms of Violence. http://meaningfulworld.com/images/transforming%20bullying%20at%20nyu%20feb%2012%202012.pdf

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Ancestral Healing CD

Transforming Generational Trauma into Healing and Meaning-Making, by Dr. Ani Kalayjian.

Ancestral Healing Meditations is available in four languages: English, German, Spanish, and Armenian.
Price: $ 20.00

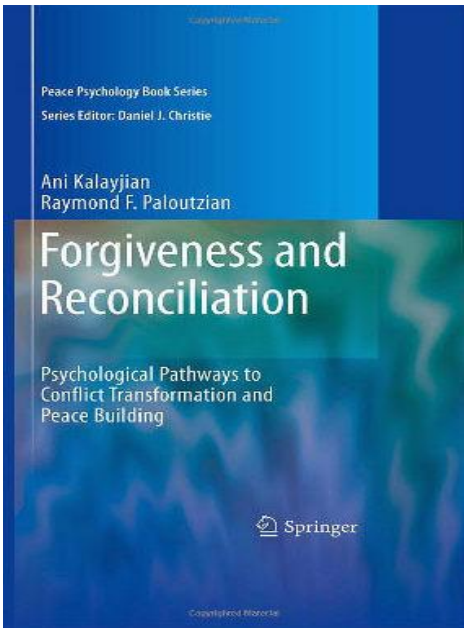
"This is a gracious and powerful vision which will help anyone relate to the difficulties of this world with deeper purpose and meaning."
Andrew Harvey, Hope a Guide to Sacred Activism

"Dr. Kalayjian, through her ancestral meditation CD From War to Peace, guides us through a magical world of transformation. Her vision brings understanding, healing, and peace."--Swamini Sri Lalitambika Devi, Author of Mantra and the Goddess

"The journey is extraordinary! I don't have the words to talk about its transformational healing on me- I just want to say, God bless you dear sister! Your CD has helped me heal."--
Dr. Christine Overton, President & CEO Hanover Area Chamber of Commerce

For more info: http://meaningfulworld.com/index.php?option=com_content&task=blogcategory&id=12&Itemid=18

New Arrivals at United Nations Bookstore



Committees

Research Committee: Vice President, Jennifer De Mucci

UN Interns & Representatives: Dr. Ani Kalayjian, Jennifer De Mucci, Katherine Kaze, Johnanne Winchester, Mileka Ackie, Katrina Martinez

Co-Chairs of Publications Committee: Jennifer Doran & Nira Shah

Grant Committee: Elizabeth Tomboulian, Kelsi Kimball, Mileka Ackie, Michael Reda, Katrina Martinez, Victoria Alexander, & Natalia Avendano

Co-Chairs of Clinical Training Program: Annie Tang & Kelsi Kimball

Co-Chairs of Fund Raising Committee: Mileka Ackie, Michael Reda & members Johnanne Winchester , Jessica Harlow

Youth Empowerment Program Director: Crystal Barry

Youth Empowerment Program Team: Kelsi Kimball and Jessica Harlow

Activities Coordinator: Jessica Harlow & Natalia Avendano

Secretary: Leysa Cerswall

Press Secretary: Wesley Beeks

Web Master: Yuki Shigemoto

Doctoral International Internship Coordinators: Richard Griff and Shayla Tumbling

Newsletter Editor: Oleg Voronov (Advisor), Michael Reda (Editor)

Conference Coordinator: Georgiana Sofletea

Coordinator of Digital Media: David M. Pressley & Tiachen Fan

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